

The OAK LEAF

Vol. 34, No. 1

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Tuesday, 4 January 1972



First Decorating Contest Winners

The results of the hospital's first Married Officers and Enlisted Men's Quarters Christmas Decorating Contest have been announced by Mr. Rose, the Housing Manager. Of the seven enlisted families participating, the winners were: First place—the HMC Leo Therrien family, who received a free rug cleaning by Kinney/Bernardi, Inc.; Second place—prize of a croquet set went to the SM1 William Schwartz family. Third and Fourth place winners each received lunch for two at Vince's Restaurant in Oakland. They were the families of HM1 Duane Bechthold and HMCS Vic Wallner.

Runners up were families of EMC Jimmie Ward, HM1 Dennis Hofarth, and HM1 Efren Reyes, who received a box of chocolates personally donated by Mr. McAllister, the Navy Exchange Manager.

Officer winners in the contest were: First place—LCDR Donald Douglas family, who also won a rug cleaning by Kinney/Bernardi; Second place went to the family of CAPT James Hayes, earning them a croquet set, and lunch for two at Vince's Restaurant was awarded to LT Michael Hogan's family for placing third.

Contest judges were CDR Thomas Carson of Dermatology, Fred Taylor of Housekeeping, SH1 Willie Fudge of Laundry, and Pat Whitton of Public Works.

Many thanks to the prize contributors, contestants, and the judges who rated the event "highly successful."

Dr. Austin Newest Captain



CAPT Frederick L. Austin received his promotion as Admiral Mahin and Mrs. Austin adjust his shoulder devices. Looking on are Rebecca, Laurel, Melissa, and Susan. Captain Austin has been at Naval Hospital Oakland since August 1970, and is on the Ophthalmology staff.

A New TRANSITION

Project TRANSITION itself is not new, having been in operation now for about four years. During this time, the program has provided thousands of civilian-bound Navymen with assistance such as vocational/educational counseling, job referral, job interview preparation, and classroom or hands-on vocational training.

Overall, Navymen connected with Project TRANSITION have had very pleasing results. But, in the mass of statistical data, there has been one continuing disappointment, the men most in need of the assistance available through Project TRANSITION normally do not step forward and volunteer for the services offered. These are men without marketable job skills, without a high school diploma, men with combat ratings but no technical training, or men not eligible to reenlist for a Navy career. Many of these men have viewed their Navy experience in a negative light and are skeptical that the Navy has any interest in their welfare. Often, too, these men are so eager to get out and go home that they tend to overlook the difficult employment situation they will meet when civilians. Consequently, the unemployment ratio for these men is nearly three times as great as that for the general public.

In an effort to deal with this problem the new Skill Center concept has been developed for administration through the Project TRANSITION Site. BUPERS Inst. 1510.110 outlines the Skill Center Program and details eligibility pro-

cedures. For the first time, Navymen in paygrade E-3 or below will be permitted to waive an early release from active duty in order to participate in skill training during the last months of their enlistment. Positive recruitment has begun to identify these Navymen and encourage them to look into available training. Every effort will be made to help a man find training that is interesting to him, training which he has an aptitude for, and that there is a job market in the area in which he plans to live following separation. While enrolled in a Skill Center training program, the man will continue to receive his full pay and allowances.

The Project TRANSITION Site Officer at Naval Station, Treasure Island, urges all who feel that they are eligible for Skill Center training to contact a counselor at Project TRANSITION, building 105, ph. X 2237 or 2238. There is no obligation! If a Skill Center training program is not available which satisfies the man, then he can still receive his early separation.



SECNAV/CNO Fellows Assume Duty

The Secretary of the Navy, John H. Chafee, and the Chief of Naval Operations, Admiral Elmo R. Zumwalt, Jr. have announced the appointment of two junior naval officers as the first Secretary of the Navy and Chief of Naval Operations Fellows.

LCDR Bernard F. McMahon (third from left in photo above) former commanding officer of the fleet minesweeper USS DETECTOR (MSO-429), has assumed the duties as Secretary of the Navy Fellow for one year; and LCDR Donald G. Gentry (standing beside Admiral Zumwalt) has reported for duty as Chief of Naval Opera-

tions Fellow. Gentry was previously assistant navigator aboard the USS KITTY HAWK.

The purpose of the Fellowship Program is to give outstanding young officers an opportunity to observe and participate in the development and administration of naval policies and doctrines.

McMahon and Gentry will work closely with high-level Navy leaders, attend policy meetings with the Secretary and the Chief of Naval Operations, and each will undertake projects assigned by Secretary Chafee or Admiral Zumwalt.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Acting Editor: HM3 Butch Walters

Photography: HM1 R. C. Bishop, HN Ira Diamond, HM3 H. Kissling

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

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+ + CHAPLAIN'S CORNER + +

Failure to take into account the total effect that the technetronic age has wrought on persons of all ages, and especially the young adults, has brought on what for better words is called the Generation Gap. This gap is not voluntarily imposed on the older generation by the young. A peculiar paradox concerning the problem between the generations is this—The harder the generations try to bridge the gap (without understanding the impact of the technetronic age upon each of us) the wider it becomes.

Now this does not mean that we are to quit trying to understand one another. Understand the forces brought to bear on all of us and you will at least understand some of us.

In the final analysis, I think that one day some wise man is going to step forward and say, "We do not have a teen-age problem or a young adult problem; we have a people problem."

Try to understand one another better and you will find out that things look better all around.

LCDR W. D. ADERS, CHC, USNR

Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*

HOLY COMMUNION: First Sunday of each month

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



Katherine Taylor, James Eiland, Helen Vogel, Edith Magnani, and Henry Stuart received Length of Service awards in the CO's office. All received twenty year service awards except James Eiland who was honored for thirty years of Civil Service.

Who's Been Doing What . . .



LT Halberdier was awarded the Navy Achievement Medal for professional services and support of combat operations in S.E. Asia; EN2 John Baldwin received the Purple Heart for wounds received in the Republic of Vietnam; Jeanne Facteau was promoted to LTJG; and HM1's James Smith and Holly Campbell reenlisted.



ENS Sylva R. Eitel was promoted to LTJG. Letters of Appreciation were awarded to CDR N. La Chapelle for his outstanding and successful efforts as chairman of the Combined Federal Campaign at NH Oakland and HM1 F. Mathews for the outstanding service he gave while assigned to Staff Sick Call. LCDR A. Kesselman received his Certificate of Residency upon completion of his residency program in ENT.



EXEC-LINE

● The Navy Exchange has stopped stocking and selling several magazines and I'd like to know why. I feel like I'm mature enough and most other men are too.

The Command's decision to remove certain publications from our Exchange magazine racks was made because of the number of young dependent children who often browse through the magazines. It was felt that they were not sufficiently mature to choose these publications and their parents are in agreement.

● Why is there no stationery or jewelry or anything with the hospital emblem or hospital corps emblem on it available in the Exchange?

The hospital combined package store recently stocked a limited supply of cups and mugs with the hospital seal inscribed thereon. This trial order proved worthwhile as the supply was quickly exhausted. More cups and mugs are on order. In view of the popularity of these two items, the addition of certain other items as you have suggested is currently under investigation.

Do you have a problem that has not been resolved after pursuing proper channels? If so, dial E-X-E-C for assistance. However, this service is not to be used as a substitute for normal channels, and anonymous calls will be disregarded.

Exchange Advisory Board Established

Another Board has been established here at the Naval Hospital which will make the Navy even more responsive to the requirements of its personnel. The Navy Exchange Advisory Board has been designed as a communications link between its patrons and hopefully will make the Navy Resale Program a more viable and integral

portion of the overall Navy benefits package. Meetings of the board's patron-members will be held on the third Thursday of each month. The membership is comprised of: CAPT J. C. Courtney, LCDR W. J. Kelly, LT A. O. Woods, HM3 Esquivel, HN Bouldin, Mr. McAllister and Mrs. Dean.

Scuttlebutt

We know a lady who had one Christmas tree in her living room, one in her backyard and you guessed it—another in her powder room. Dietitians are sure strange people (but nice).

Mary Poppins is an aviation non-qual. Some people will be planning a wetting-down party when they retire—B.S., L.H., M.D., and R.H.

We hear there is a Chicken Man on the staff of the fifth floor.

Mr. Anon Lifer says this about the Navy: "Better to stay in and say I am, than to get out and say I would have been."

Sue Sanders opening the Women's BEQ door very early one morning when someone forgot her key—Whata sight!!

Ken Shannon played a part in a story similar to the Littlest Christmas Tree. He made a home for the absolute, supreme, most ugly and probably the most lonesome Christmas bush of all time—Ain't that touching?

Which of our NHO ladies got twelve Christmas cards from one guy . . . on the same day?? Now that's love!

Talk about henpecked husbands—one guy we know had to take his child to the Kiddies Christmas Party alone while his wife was home watching the Cowboys win. Oh well, strike another blow for women's liberation.

Congratulations to LCDR's-to-be Peg Grigg, Helen Beckwith, Dotty Balkom, and Ruth Smith. Hmmm . . . Griggs, Beckwith, Balkom and Smith sounds like a law firm.

Former NHO Legal Officer Barry Scott Richards is now Chief of the Miami Division of the Florida Attorney General's Office. He also heads a group of forty University of Miami students fighting for consumer protection. He calls his group "Richards' Raiders."

Happy New Year and please get well soon, Donna Cruzan.

Michael Mahin, son of RADM and Mrs. Mahin, has been elected to Phi Beta Kappa at Oberlin College. Congratulations Mike.

Whoops, we forgot to check out a bit of news in our last issue and placed Mr. Taylor in the wrong place. Scuse Plez.

Late Hot Flash! Dr. McMahon was caught lying down off the job. During a recent toy store robbery he and his wife had to lie down with the rest of the customers while the bandits made off with the cash and wounded a guard. When a call went out for a doctor, CDR McMahon responded and rendered aid to the injured man.

(Continued on Page 4)

Sympathy

The Commanding Officer and Staff wish to convey their deepest sympathy to the family and friends of LT Anson A. Wallace, Jr., MSC, USN. LT Wallace died in an auto accident on 21 December 1971 in Turlock, California. On the staff of the PMT school, LT Wallace was a highly respected officer and a good friend to all.

Heavy Load Handled Well By Laundry

Have you ever considered what happens to the towels, sheets, pajamas and other linens after they are pushed to the bottom of the laundry bag? Probably not, most people aren't familiar with the process involved to clean 8,000 pounds of linen per day. Larry Busby and Mike Smith start the laundry on its way by removing the soiled linen from the patient care units and taking it to the laundry in Bldg. 8. Once there, the carts of soiled linen are sorted by HN Dirk Deardoff and HM3 Don Walker, who then send the sorted linen to one of the six washers. Freddie Cole and Roy Huggins then load the clothes into the washing machines. Try to imagine loading a washer with a 400 lb. capacity, compared to the average washer in the home! Our laundry is equipped with three 400-pound and one 200-pound washer-extractors plus a 400 and a 75 pound washer. With these machines,



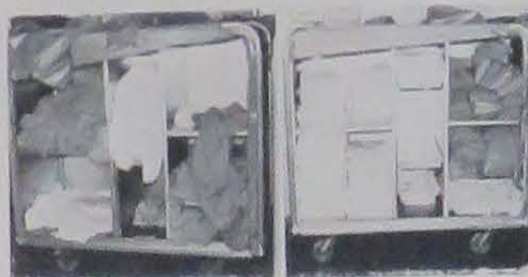
Roy Huggins, shown above, is unloading one of the huge washer-extractors.

lightweight, heavyweight, lightly or heavily soiled linen can be properly washed.

A heavy detergent good for hot and cold washings and a temperature of 180 degrees are combined to provide the cleanest wash possible. An average cycle for one load usually lasts one hour and 15 minutes.

After the wash cycle is completed, all the clothes, except the sheets and OR linen, go to Jerry Davis, who operates the huge driers. The temperature at which the clothes are dried is usually 205 to 210 degrees.

When dry, the linen is sorted and folded, with the exception of OR linens, which are kept separate and sent to CSR for sterilization. The sheets, not dried in the tum-



The two carts above are, left, what they look like when the laundry receives them and right, the way they look when leaving the laundry.

blers, are dried and folded simultaneously on the eight roller flat folder operated by Edith Taylor, Alvestor Sessions, Gertrude Williams, and Lula Mae Sanders. The towels have a separate smaller folder which is operated by Hatti Armfield. Linen requiring individual pressing such as doctors' coats and tech jackets, is sent to Ruth Riggins to be pressed. All P.J. OR Scrub suits and blankets are folded by Theo Bugges and Calvin Nuckolls.

When any linen is torn or needs repairing, it goes to Eunice Turner and Mary Beck in the sewing room for mending.

Mary Baca, Bobbie Bruton, Alice Gusimat, Gena White, and Rosetta Fain sort and fold the OR linen and press the smaller articles such as pillow cases.

From the mending room and folders everything goes to the clean linen room where Fran Holms and Maxine Beyard load the laundry into the carts they sanitize daily. Cleaning maintenance around the machinery and laundry areas is handled by Charles Kilgore.



Jerry Davis unloads one of the driers after letting the linen cool for about 10 minutes.

The night washer, Robert Glenn, cares for the OR linen after normal working hours.

Paperwork and job assignments are handled by SH1 Fudge, the Laundry supervisor, or by Emory King in his absence. Completing the direct supervisory staff is Ruby Beard, the leader, who coordinates various assignments within the laundry.



Mary Baca and Bobbie Bruton are shown putting linen on one of the big automatic folders.

Hail & Farewell

OFFICERS DETACHED

LTJG Nancy L. Anderson was detached to Aidak, Alaska.

ENLISTED REPORTING

HM1 James French reported to NH Oakland from the First Marine Aircraft Wing, HM1 Darrol Bennett from Naval Air Station Alameda, and HMC Horace Gaddis from the USS SANCTUARY.

ENLISTED DETACHED

HM2 Thomas Webb went to Hospital Corps School San Diego, HM1 Fred Mathews to the USS MIDWAY, HM3 Monty Webb to the Mobile Construction Battalion Three, and HN's Thomas Fessler and Darryl Dutke to the Naval Aerospace Institute, Pensacola, Florida.

Life Began . . .

Life Began on 19 December for Anthony David Alameda, 5 pound, 1½ ounce son of HM2 Russell Alameda of X-Ray, and wife, Gayle . . . 26 December for Aaron Robert Harper, 7 pound, 3½ ounce son of HM3 Douglas Harper of Dermatology, and wife, Sharon . . . 21 December for Terrance Michael Mandarino, 7 pound, 8 ounce son of HN Terry Mandarino of 6-South, and wife, Sue . . . 22 December for Candrin Lee Woerz, 8 pound daughter of LT Charles Woerz of Dental Clinic, and wife, Cheryl.

Movie Schedule

2 & 3 January

GOIN' DOWN THE ROAD (& short) — Doug McGrath and Paul Bradley. Drama. GP

4 & 5 January

BLACK BEAUTY — Mark Lester and Walter Slezak. Drama. G

6 & 7 January

MURDERS IN THE RUE MORGUE — Jason Robards and Herbert Lom. Horror. GP

8 January

THE McMASTERS (& short) — Brock Peters and Burl Ives. Western. GP

9 & 10 January

THE HIRED HAND — Peter Fonda and Warren Oates. Western Drama. GP

11 & 12 January

PERFECT FRIDAY — Ursula Andress and Stanley Baker. Comedy thriller. R

13 & 14 January

THE MEPHISTO WALTZ — Alan Alda and Jacqueline Bisset. Suspense drama. R

15 January

BIG JAKE — John Wayne and Maureen O'Hara. Western. GP



These staff members are responsible for cleaning and distribution of the hospital linen supply. This huge operation requires dedication and teamwork by all members.

Happy Holidays For All In 1971



A few pictured highlights of Christmas 1971 at NH Oakland were, from top left: Western Electric Girls visiting with patients and distributing gifts, the PSA party at Oakland Airport, Lottie Raines (Santa Claus) and CAPT Smoker at the Food Service Christmas Party, Raiderettes visiting patients, The Young Californians and Jerry Van Dyke entertaining staff and patients with their song and laughter, magic at the Children's Christmas party, HMC Therrien's prize-winning decorations and LT Douglas' first-place entry, another Santa distributing gifts, Mariachi Band playing at the Red Cross Christmas Eve party, and the California Highway Patrol spreading Christmas cheer.

CHAMPUS Corner

CHAMPUS DEDUCTIBLE MUST BE SATISFIED FIRST

CHAMPUS fiscal administrators reject thousands of claims each month because the annual outpatient deductible has not been met.

Officials of the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS) are reminding beneficiaries that they can help prevent the rejection of these claims and expedite processing and payment by accumulating enough bills and receipts for outpatient care to satisfy the \$50 individual or \$100 family deductible before submitting their first claim each fiscal year. It is not necessary that these bills be first paid before being used to satisfy the outpatient deductible. An itemized bill reflecting a legal obligation to pay is sufficient.

As soon as sufficient charges are incurred, the beneficiary should complete his portion of the claim form and send the form with the itemized bills or receipts to the state fiscal administrator, who will issue a deductible certificate. After the deductible is satisfied, beneficiaries are encouraged to submit claims every two or three months or more frequently when the value of the receipts or itemized statement exceeds \$25 to \$30.

Hospital Cross Country Champs



HM2 Vern Capistran, DT3 Van Bambico, LCDR Arthur White, and not pictured LCDR Edward Barvick represented the Naval Hospital Oakland at all the Cross Country meets in the Twelfth Naval District. Each meet was three to four miles long and our team took first place over-all in the class "B" Naval Stations.

Athletic Director Ron Brown has put out the call for volleyball and handball players to participate in NHO varsity sports. Varsity volleyball play will begin 10 February and be terminated by the 12ND Championships to be held 10-12 March at NAS Lemoore. The Handball Team will represent NH Oakland at NAS Lemoore 11-13 February in the singles matches and at NAS Moffett 18-20 February for the doubles matches in the 12ND Championships. So if you are interested in sharpening your game and picking up some trophies at the same time contact Dr. Woerz Ex. 2291 (volleyball) or Ron Brown Ex. 2350 for both sports.

More Scuttlebutt

We know a food service officer who can tell you how to save \$300,000. In his words, "Save one dollar 300,000 times . . ." OK Andy.

Found: One 35mm color slide of a turkey on a kitchen table (the turkey either has warts or has been badly burned). Owner must identify by diagnosis.

Heard about a gal that had never served or cooked turkey before—She cooked up an 18 lb. bird for just eight guests. The next week it was turkey creamed, sliced and diced. After a week of left-overs they finally gave old Tom a decent burial. Turkey never more.

Long live turkey. Might a man who overeats on Turkey and Christmas Day be called a gobbler? Yuk. So much for turkey jokes . . .

One of the guys who stood the Info Desk watch this last weekend

(Continued from Page 3)

ate three meals, drank a few sodas, and two large milk shakes. At 6 PM he convinced the AWO that he should go home because of a BIG tum-tum . . . ache. Zounds! the lengths these corpsmen will go for an evening at home.

Sounds like we are picking on Jane S. but we hear she does her own minor maintenance work and plans to take an auto mechanics course this next semester—that is one women's lib act attractively done!

Carroll W. had a nice party on Christmas Eve—it broke up at 7 AM the next day. Well, you know you've got to relieve the AM crew sometime.

Miss Vian didn't want to be quoted.

The Office of the Commanding Officer and the Staff of the Oak Leaf wish you and yours a very happy New Year.

The OAK LEAF

Vol. 34, No. 2

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 14 January 1972

NH Oakland's First Baby In '72



Certainly hope the expression on the face of NH Oakland's first baby for 1972 is no indication of things to come. Weighing in at 7 pounds, 15 ounces, Jennifer Lynn McCullough was born at 0010 on 1 January 1972. She is the daughter of Sgt. David James McCullough and his wife, Debby. Sgt. McCullough is stationed at the Marine Air Reserve Training Detachment at Naval Air Station, Alameda.

Need JANGOS At NH Oakland

Once again the call is out for JANGO volunteers at Oakland Naval Hospital. Eligibility for membership has been expanded to include daughters of all military personnel in the Army, Navy, Air Force, Marine Corps, and Coast Guard who are serving on active duty or who are entitled to retired pay.

To establish her eligibility, a girl must have a current identification card. Working at NH Oakland, the girls will perform such duties as bed making, assisting with admission and discharge of patients, giving bed baths, and aiding in many other ways to make the patient's hospital stay as pleasant as possible.

The next class begins 5 February from 9 a.m.-4 p.m. for the first four Saturdays of the month. The students receive 24 hours' classroom instruction from a registered nurse, followed by 76 hours of supervised work in the hospital's dependent areas. They are then capped upon completion of 100 hours' training. From then on, the young volunteers earn pins and chevrons as they reach milestones in their service and acquaint them-

(Continued on Page 4)



Enlisted Volunteers Build Playground For Children

Thanks to the volunteered efforts of the personnel living in the Married Enlisted Housing, there is now a playground area for their children. Last year about \$400 worth of playground equipment was purchased for the enlisted housing and an equal amount of similar equipment for the Officer's Quarters, paid for with Housing funds. But Housing has not had the manpower available to put any of this equipment together, as they are booked up to this early spring with prior jobs.

Upon learning this, EMC (SS) Jimmy Ward of Public Works, knowing the need of a recreation center for the more than 100 dependent children, decided to take some action and is now spearheading "Operation Self-Help." With the help of other concerned enlisted occupants, the volunteers proceeded to erect a physical fitness center in the area provided for the playground. This center includes swings, chin bars, small metal animals for the younger children to ride, and a tether ball.

There are also future plans for a slide, basketball hoop, sandbox, merry-go-round and possibly more riding animals in late spring.

Volunteers in the project are HM1 Duane Bechthold, HM1 Bob Bishop, SD2 Mariano Dulce, HMC Gary Bryan, HMC Leo Therrien, HMCM Jack Dickens, HM1 William Killian, HMCS Vic Wallner, HM1 Arthur Nicewander, HMC Max Colburn, EMC Jimmie Ward, and EMC Donald Clark.

The participants in this fine example of community spirit are to be commended, for their action has not only provided a safe play area for their children, but demonstrates the enlisted personnel's initiative in a worthwhile cause.



Some of the many enlisted volunteers and their families responsible for the success of the "Self-Help" program.

Personal Standards Stressed Z Gram 102

"During recent visits to ships and stations throughout the Navy, I have seen indications that a few of our people are interpreting some of the initiatives we have introduced as indicative of a shift to a permissive Navy, allowing a relaxation of traditional standards of smartness and cleanliness. In addition, a recent retention study group unanimously stated that there is a need for further definition of acceptable grooming and clothing standards so that this matter can be laid to rest, and all hands can get on with more substantive issues.

As an example, Z-57, concerning the elimination of demeaning and abrasive regulations, has been erroneously interpreted by some to suggest that saluting and other military courtesies can be dispensed with. Also, instances are still observed of men in public with dirty or torn uniforms, haircuts and beards which are below Z-70 standards. Therefore, I wish to reemphasize once again, that our new initiatives do not lower our standards of smartness and cleanliness.

I have stressed the need to place increased trust in each individual and want to continue and expand this recognition of confidence in him. In return each individual must assume added responsibilities for his own appearance, conduct, and performance. In case the latter has not been fully understood, commanders and commanding officers must reemphasize to all hands that military courtesies, including customary saluting and deference to seniors, and adherence to traditional standards of cleanliness, neatness, and smartness will continue to be an integral part of our Navy as they have been since our beginning. Those standards are essential elements of a proud and professional force. Commanding officers continue, as always, to have responsibility and full authority to enforce these standards."

/s/ E. R. ZUMWALT, JR.
ADMIRAL, U.S. NAVY
CHIEF OF NAVAL OPERATIONS

New Findings In Cancer Survey

It has sometimes been suggested that the association between cigarette smoking and higher death rates might result merely from an accidental association between cigarette smoking and some other factor which influences death rates. To test this theory, which was considered highly unlikely, the Cancer Prevention Study selected matched pairs of men from the 442,094 registered who were identical in 19 ways but differed only as to whether they smoked 20 or more cigarettes a day or did not smoke at all. They were alike in age, height, race, nativity, religion, marital status, residence, occupational exposures, education, drinking habits, nervous tension, use of tranquilizers, sleep, exercise,

health and past history of certain diseases. The computer found 36,975 such matched pairs. During the first 34 months, 1,385 of the paired smokers died; but only 662 of the nonsmokers. There were 110 lung cancer deaths among the smokers, but only 12 among nonsmokers; 654 coronary artery disease deaths among smokers, 304 among nonsmokers. Fifteen smokers died of emphysema, but only two nonsmokers. And the proportion of men hospitalized during the first two years of the study was much higher among smokers than among nonsmokers, with the proportion rising in ratio to the number of cigarettes smoked and the amount of inhalation.

(Excerpted from "Cancer News")

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Catallus of ancient Rome sent out the following strange invitation: "Fabullus, come to dinner at my house, but bring your own food, a pretty girl and wit, if you want a good time. For my purse is full of cobwebs. I shall give you my affection, and a rare exquisite perfume belonging to Lesbia. When you smell it, you will pray to become all nose." Often we do become all nose. It happens whenever all of life focuses upon one goal. This is idolatry. Someone has suggested that the "HELL—mark" of an idol is that, like cancer, its worship gives nourishment to one part of a man at the cost of destroying other parts. Ultimately the whole man is destroyed.

Recently in Los Angeles a man was injured in an auto accident. Enroute to the hospital the ambulance in which he was being rushed to help was struck broadside by another speeding car. Death struck with finality. The man had entrusted his life to the very thing that destroyed him. The Bible warns, "There is a way which seems right to a man, but its end is the way to death." Proverbs 14:12. It is wise to ask whether our life, our habits or pursuits are making us "all nose" and creating an idol that can only destroy us. In contrast Jesus Christ offers true life and real freedom as He invites, "Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11:28-30.

LCDR ALBERT R. TREIBEL, CHC, USN

Divine Services

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Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.

Cert. of Competency for Mr. Williams



Mr. Richard Williams is presented a Certificate of Competency as a Pest Control Operator by Lcdr

D. H. Fluharty, Public Works Officer. Mr. Williams earned the certificate by attending a one month course at the Disease Vector Control Center in Alameda. Because his performance in the course was so outstanding, certain oral testing requirements were waived.

Mr. Williams supervises pest control operations at the hospital. He is the second member of the Public Works Division to be certified and provides additional expertise in the proper use and application of pesticides and herbicides in the control of insects and other pests and plant growth.

Who's Doing What...



Mr. William Burns, a painter at NH Oakland, retired after 30 years with the Civil Service; Deborah Evans and Marcia Smith were promoted to LTJG; HM1 Warren Shepherd of X-ray reenlisted for six years; Dr. Jonathan Herschler of Ophthalmology was promoted to LCDR, with Admiral Mahin and CAPT Schmetz attaching the new shoulder marks. HM1 Robert Bishop reenlisted for two more years, and EMC Donald Clark of Public Works received a Letter of Commendation for his services aboard the USS INDEPENDENCE.

Study Now For Pay Later

Brush up now for the E-4, 5, 6, 7 Navy-wide advancement exams being held next month. Eligibility requirements are as follows:

HM3—Six months as E-3 as of 1 May 72; Complete the Military Requirements 3 and 2 course and pass the Military Leadership exam for E-4; Be recommended by your commanding officer.

HM2—One year as E-4 as of 1 May 72; Complete the Hospital Corpsman 3 and 2 course and required practical factors and pass the Military Leadership exam for E-5; Be recommended by your commanding officer.

HM1—Two years as E-5 as of 1 May 72; Complete the Hospital 1 and C and the Military Requirements 1 and C courses and required practical factors; Be recom-

mended by your commanding officer.

HMC—Three years as E-6 as of 1 May 72; Complete the required practical factors; Be recommended by your commanding officer.

Required courses and practical factors must be completed one month prior to the appropriate exam. All courses and practical factor sheets can be ordered through Education and Training. Personnel can be recommended for advancement on their Enlisted Performance Evaluations (NP-792) when they are submitted. Military Leadership exams for E-4 and E-5 are given the last Friday of every month at Education and Training, Bldg. 105, at 1300. Test times are also published in the P O D before each test.

HMC Jones Transfers to Fleet Reserve



HMC Paul Jones transferred to the Fleet Reserves on 3 January, completing over 19 years in the naval service. While attached to Oakland Naval Hospital, Chief Jones was assigned to Patient Affairs Division. He is now working as a Trauma Coordinator for the state of Illinois.

Friday, 14 January 1972

Scuttlebutt

LT Nat Sessions had a bearing go out on his car last Thursday. Instead of calling a tow truck he just picked it up and ran to the garage.

Rod Ward's cousin was one of the stewardesses on the plane that was hijacked to Cuba last week.

That Pharmacy crew is sure a bunch of mustangs, but ask Judy L. why she took off her smile button.

Heard LT Tom Hardy was an Eagle Scout but can't swim!! Whaz-zat??

At a New Year's Eve party a certain lady passed an elfish man clutching a bottle of champagne wearing a party hat and a silly grin; the gal turned to a friend and said "That's my pediatrician!"

Which of our corpswaves was trying to fly in front of the quarters without wings?

What staff nurse rides a Harley chopper during her off duty hours?

Blackjack — Craps — Roulette — Chuck-a-luck — Sound like Las Vegas? No, but it will be Las Vegas night at the O' Club on 5 February (it's only play-money, folks!)

NOTICE: HMC Douglas is retiring and has cleaned out her desk. Anyone wanting left-overs of a twenty year career come to her desk in Officer Personnel.

Pretty corpswave walking toward Bldg. 500 without a cover and not responding to a LT's cries of "Sailor! Oh sailor, get your cover on!" Guess that LT will have to rechannel his thinking about treating women sailors the same as the men.

Heard the officers' New Year's Eve party was quite an event... Everyone was dancing cheek to cheek.

HM2 Elwood has been promoted above his brown belt rank. Rumor has it his new belt is black and blue.

LCDR Corbett was getting a haircut the other day when one of his chiefs walked by and stuck her head in and asked "What's the use?"

HN Baily is getting married in June to Nancy Oliver of Walla Walla, Washington. Speaking of weddings, we hear Sid West says he too is on his way to the "poorhouse".

AIN'T NO FISH STORY! Have you ever seen a six foot sturgeon lying across the back seat of a blue Firebird, or floating in a five foot bathtub? Our sad story of the week concerns one of our shipmates who was fishing in a restricted area on a restricted bridge without a fishing license. Our man of the hour got a tremendous bite on his 30 lb. test line that snapped his "unbreakable" rod. He tied it back together with the fish still fighting, and three hours later brought the 84 pound sturgeon to the side of the pilings he was illegally fishing from. Having no gaff or net, the captor (?) began calling for help and was rescued by a gallant lady in a shining skiff who helped him land the fish and get it to shore. Once on shore, he got his just deserts—she got her picture taken on the pier beside the six foot monster. Our ardent fisherman will now spend the next few years trying to make everyone believe this

(Continued on Page 4)



EXEC-LINE

● I am working nights and I want to know why we have mid-rats at 1930 on weekends and holidays.

Mid-rats were changed to 1930-2030 during the Christmas-New Year holiday period to accommodate the bulk of night duty corpsmen who changed watch at 2100. With the close of the holiday period, ward corpsmen are once more on a three section watch and mid-rats are served from 2130-2230 every evening.

● I drove a long way tonight to see a movie and there was none.

On rare occasions we do not receive in a timely manner the films from the facility that forwards them to us. You came in on such an occasion. Because of this possibility and the fact that there may be equipment failure or special events on other occasions, it would be wise to call the information desk to inquire prior to driving from a distance.

● I am calling about a previous entry regarding the removal from sales of certain magazines from our Navy Exchange. As a father of six children I still feel that the primary purpose of the Exchange is to service the people on active duty and not the dependents. Do Navy wives have control over what type of literature is sold?

In the matter of what items are made available in the Exchange it is sometimes very difficult to please everyone who has Exchange privileges. The Exchange is for all active duty, retired and their dependents and there are no priorities or discriminating practices in this regard. The Command has the prerogative to eliminate any items from sale that we considered objectionable, inferior, or unsafe in any way. Because certain literature is of questionable moral value, the Command has chosen not to stock same. If anyone wishes to purchase this literature they will find that subscription prices are much lower than store sales.

● I've noticed frequent lack of proper respect toward the flag as it is being raised. People dash from their cars to the building after the first whistle is blown, some people don't even salute and I think this should be brought to the attention of all military and civilians as well as the patients.

Thank you for your call. I have printed this in the Oak Leaf before, and the Plan-of-the-Day has periodically carried notes about proper respect to colors. Time again to make a plea for people to devote a few brief moments of respect to our colors when they are in the vicinity of same. The first whistle means "stand by" and not "make a run for it"! Proper etiquette or respect may be shown by those individuals not in uniform at the time by standing at attention, facing the flag and placing right hand over heart. It wouldn't hurt to say a prayer for our country at that moment.



New HM2s as of 1 January are, left to right: Alfonso Basco, Michael McCormack, Lawrence Vincent, Stephen Harvey, Gary Stanley, David Gelbach, Leonard Costales, Rolando Farinas, Michael Brush, and Robert Boyt. HM2s Ralph Boomer and Lawrence Cornwell were not present for the picture.

Hail & Farewell

ENLISTED REPORTING:

From Naval Hospital Corps School, San Diego, came HAs Rodrick Meraz, James Hamilton, III, Douglas Herschbach, Glen Hager, Eric Dubois, Ronald Rogers, and HNs William Keeton, Michael Giannini, Ronald Barker, Walter Swier, David Blackledge, and David Patterson. EMC Donald Clark reported from USS INDEPENDENCE (CVA 62), MM1 Glen Pierce from USS VEGA (AF 59), and HAs Russell Hallowell and Bobby Ring came from Naval Station, Treasure Island.

From the Naval Station, Philadelphia came SN Charles Kundtz; HA Rodney Ziegenhagel from NH Great Lakes, and HM2 Kevin Bortolussi reported from the Naval Mobile Construction Battalion, Rota, Spain.

MMC Graciano Carandang reported from Commander Service Squadron Seven, and

HMC Harold Vongross from the Third Marine Division.

ENLISTED DETACHED:

HN Diane Weyrauch was detached to Naval Dispensary, Naval Support Activity, Seattle, Washington; HM3 David Donaldson went to the Naval Hospital, Yokosuka, and HN Lonnie Sturgeon, II went to Mare Island Naval Shipyard, Vallejo, California.

HM2s William Phillips, Jr., Douglas Garakian, and Robert Busey were released to inactive duty in the Naval Reserves.

OFFICERS REPORTING:

ENS Len Watts, MSC, reported from NSHCA, Bethesda, and LT Robert Powell, MC, reported from inactive duty.

OFFICERS DETACHED:

CAPT Eva Gagnon, NC, was detached to NH San Diego, and LTJG Eda Carlson, NC, went to the Naval Hospital, Memphis.

Know Your Staff



Originally from Norfolk, Virginia our Staff Judge Advocate, LT Robert P. Kahn, led an active life during his education.

LT Kahn attended the College of William and Mary for his undergraduate study and the Marshall-Whythe Law School, College of William and Mary for his graduate study. While working towards his BA in History, Mr. Kahn was on the Dean's list, student president of his social fraternity, and Business Manager of the College Newspaper. Between undergraduate and graduate school, LT Kahn spent the summer touring Europe.

While attending Marshall-Whythe for graduate study, LT Kahn was a member of the Law Review and Chairman of the Moot Court Society. Between his first and second year of law school, Mr. Kahn studied International Law at Exeter University, Exeter, England. Between his second and third years, he was a clerk for the U.S. Department of Justice in Washington, D.C. He graduated in June of 1969 with a Doctor of Jurisprudence degree and joined the Navy that fall. LT Kahn served for one year as a Defense Counsel at Treasure Island, then worked in the claims section before getting transferred to Naval Hospital, Oakland.

Mr. Kahn and his wife Judy live in Oakland. They both enjoy backpacking, camping, and photography. Judy teaches sixth grade at Longfellow Elementary School in Alameda.

Upon release from the Navy, LT Kahn said his interest will be trial work here in the Bay Area.

Movie Schedule

15 January
BIG JAKE — John Wayne and Maureen O'Hara. Western. GP

16 & 17 January
THE ANDERSON TAPES—Sean Connery and Dyan Cannon. Suspense Drama GP

18 & 19 January
FOOLS' PARADE—James Stewart and George Kennedy. Suspense Drama GP

20 & 21 January
THE HORSEMEN — Omar Sharif and Leigh Taylor-Young. Adventure GP

22 January
RYAN'S DAUGHTER—Robert Mitchum and Trevor Howard. Drama GP

23 & 24 January
THE RETURN OF COUNT YORGA—Robert Quarry and Mariette Hartley. Horror-Drama GP

25 & 26 January
THE TODD KILLINGS—Robert Lyons and Richard Thomas. Drama R

27 & 28 January
THE INCREDIBLE MR. LIMPET — Don Knotts and Carole Cook. Fantasy-Comedy

29 January
THE BLOODSUCKERS (& Shorts) — Peter Cushing and Patrick MacNee. Drama R

Sports Shorts

12ND Handball

The 1972 Singles and Doubles Handball Championships will begin on 13 and 18 February in two separate tournaments. Both tournaments will be single elimination in nature. Official AAU Handball rules will apply and the Twelfth Naval District Instruction 1710.2F will govern the competition.

Awards will be provided for first and second place winners in the singles and doubles competition by the Twelfth Naval District, with the team championship award and team standings being determined at the conclusion of the Doubles competition.

The 12ND Singles Tournament will be held at the Naval Air Station, Lemoore on 11-13 February at 1300. The Doubles tournament will be held on 18-20 February at 1300 at Moffett Field.

The first four places in the singles competition will qualify for the West Coast Championships in Singles and Doubles competition at Naval Station, Long Beach on 13-17 March. Contact Ron Brown at Extension 2350 for further information. Entry deadline is 9 February for Singles, and 16 February for Doubles.

Women's Volleyball

The Twelfth Naval District Women's Volleyball Tournament will be held 15 February at the Naval Air Station, Moffett Field gymnasium at 1900, consisting of a single round robin type tournament. Team managers will meet at 1800 on 15 February at the gymnasium office for the tournament draw. Awards for winning teams will be provided by COM-TWELVE. Contact the Athletic Director for details.

Judo Championships

Twelfth Naval District Judo Championships will be held at the Naval Station, Treasure Island gymnasium on 6 February (Sunday) at 1300. The tournament will be individual competition under the rules prescribed by the Amateur Athletic Union, U.S.A. and Black Belt Federation of the United States.

Oakland Naval Hospital may enter an unlimited number of entries in the following weight classes:

139 lbs. and under 205 lbs. and under
154 lbs. and under 205 lbs. and over
176 lbs. and under Unlimited Division

Awards will be provided by the Twelfth Naval District for first and second place individual winners. First place winners will qualify for the West Coast Judo Championships to be held 11 and 12 March at the Naval Training Center in San Diego. Contact Ron Brown for entry information.

—usn—

Something to think about. . . . Don't practice one-way thinking on a two-way street.

OR, IT Share League Lead In Intramurals

By virtue of 3 wins each, OR and Inhalation Therapy are currently sharing the league lead in the Naval Hospital Intramural Basketball league.

On Wednesday, 5 January, OR defeated Pharmacy easily by a score of 48 to 26. Baily led all scorers in the game with 13 points, followed closely by Owens, with 11. Heston led Pharmacy scoring with 10 points.

Inhalation Therapy had to go into overtime to defeat a highly spirited five from Anesthesia by a score of 58 to 56. Powell of I T scored 11 of his total 18 points in the second half, to lead all scorers. Pierce and Combs each had 10 points to help their team. Terrill, McKenzie, and Taylor scored 12, 11, 10 points respectively in a losing cause for Anesthesia.

OR had little trouble with GMO/Int Med as they stormed to their third straight win with a commanding 55-24 score.

Larrabee of OR had a phenomenal night as he split the net for 16 field goals and 9 free throws, for a season high of 41 points. Culbertson and Dasch each had 5 points and Day 4, to round out OR's scoring.

Meinan scored 8 points in a losing cause, followed by Westbie and Walker, each with 7 points.

In the only other game of the night, Marine Liaison got a 25 point performance from Meraz followed by Cox with 18 as they defeated Ortho 76-41. Kindred and Harrison each had 13 and 12 points to aid Marine Liaison's cause.

Westberg led Ortho's scoring with 10 points.

League play should prove interesting as the two league leaders do not meet until 2 February. All games are being played at King Jr. High on Wednesday nights. Come out and pick a team and give them your support.

Intramural Basketball Standings as of 6 January:

Team	Won	Lost
OR	3	0
Inhalation Therapy	3	0
Lab	2	1
NP	2	1
GMO/Int Med	2	2
Marine Liaison	2	2
Pharmacy	1	2
Anesthesia	1	3
Administration	0	2
Ortho	0	3

Math Classes Begin

Classes in basic math and beginning algebra started this week in Bldg. 105, with Mr. Robert Fuller instructing. The classes are held each Tuesday and Thursday evening from 1900-2130. Cost for the course is \$3.00 for dependents and civilians and no charge to active duty military. Contact Education and Training at Extension 2237 for more information.

—usn—

AHOY, a well known cry on the sea, was once the dreaded war cry of the Vikings.

CHAMPUS Corner

ADJUNCTIVE DENTAL CARE

Dental care that is required as a necessary adjunct to medical or surgical treatment is authorized under the CHAMPUS Basic Program. For dental care to be determined adjunctive the patient must be under the care of a physician for a medical or surgical condition other than dental and where the attending physician deems that the dental care to be given is necessary for treatment of the medical or surgical condition. The primary diagnosis must be specific so that the relationship between the primary condition and the requirement for dental care in the treatment of the primary condition is clearly shown. For example, if a patient is under the care of a physician for the treatment of diabetes, and in the opinion of the physician and dentist the removal of dental infection will exert a beneficial effect on the treatment or control of the diabetes, then such dental care is authorized.

Under this condition, expectant mothers eligible for CHAMPUS may be able to obtain dental care. Such care is authorized when, in the judgment of the attending physician and dentist, it is necessary to protect the health of the expectant mother and unborn child. Claims must be accompanied by a statement from the patient's physician giving the medical diagnosis and attesting to the necessity for dental care in the treatment of the primary medical condition. Statements to the effect that dental care is necessary to improve the general health and well-being of the patient are not sufficient.

Life Began . . .

LIFE BEGAN 23 November for Mathew David Arndt, 7 pound son of HN David Arndt of Pediatric Clinic, and wife Kathy . . . 13 December for Robert Michael Nye, 7 pound 11½ ounce son of LCDR Charles Nye of Orthopedics, and wife, Edith . . . 30 December for Kevin Mark Dolan, 7 pound 2 ounce son of LCDR William Dolan of Anesthesiology, and wife Virginia . . . 3 January for Michael Henry Lief, 7 pound 1½ ounce son of LCDR Philip Douglas Lief of Medical Service, and wife, Edna . . . 4 January for Catherine Margaret Conger, 5 pound 10¾ ounce daughter of LCDR John Conger of Medicine, and wife, Carol . . . 9 January for Marcus Lawrence Vincent, 9 pound 10 ounce son of HM2 Lawrence Vincent of O.R., and wife, Martha.

More Scuttlebutt

(Continued from Page 3)

magnificent yarn. Justice has a way of tipping her scales, doesn't she?

Out with the good and in with the better! On New Year's Eve the Enlisted Men's club opened and at 1900 Diane Buhl and Karen Spears started serving hors d'oeuvres for the full evening. Free drinks were served as the "Good Old Days" played from eight o'clock on. At the magic hour of twelve there was champagne on every table with hats and noise-makers for all. The enlisted New Year's Eve party was more than a success with the cheerful atmosphere provided by the decorating efforts of Helen Sullivan, Frank Baumgartner, and Rob Butler.

The January White Sale is on now at the Exchange. The clearance tables are out, and the Exchange manager is very dedicated—what no one else will buy, he will; his passionate pluperfect pink shirt and matching tie will attest to that.

DKs please note: When wearing service dress khakis, you cannot wear a white cap cover.

One of our civilian ladies had a frost accident in Dublin—she fell on the underside of her lap.



From the Judge Advocate

Along with their 1971 California tax returns, California residents with service income will have to file a declaration of estimated tax by 17 April 1972. This is due to the fact that the Armed Services do not withhold state income taxes from pay.

The California income tax will then be due in quarterly installments (15 April, 15 June, 15 September 1972, and 15 January 1973).

No declaration need be made if the estimated tax is less than \$100 for married couples filing jointly or less than \$50.00 if filing separately.

If the serviceman is outside the United States, he has until 180 days after he returns to file an estimated return.

The state has not yet printed the estimated tax return forms. As soon as it does, the Legal Office will make them available.

Pay Schedule

Below is a schedule of military pay days for staff and patient personnel from:

1 Jan. 1972 through 30 June 1972.

PAY DATE	DAY
14 January	Friday
28 January	Friday
15 February	Tuesday
29 February	Tuesday
15 March	Wednesday
30 March	Thursday
14 April	Friday
28 April	Friday
15 May	Monday
30 May	Tuesday
15 June	Thursday
30 June	Friday

JANGOS

(Continued from Page 1)

selves with the nursing profession.

Application forms may be obtained by telephoning the office of the chief nurse at the hospital: 639-2196. Deadline for application is 28 January.

The OAK LEAF



Vol. 34, No. 3

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 28 January 1972

President Signs 7.2% Basic Pay Hike

President Richard Nixon signed an Executive Order 11638 providing a pay increase of 7.2 per cent in the basic pay of over 2½ million members of the U. S. Armed Forces. This Executive Order carries out the law enacted 16 December, 1967, which provides that whenever the rates of the General Schedule (GS) of compensation for Federal classified employees are adjusted upwards, there shall be immediately placed into effect a comparable upward adjustment in the basic pay of members of the uniformed services.

Because basic pay comprises only about 70 percent of regular military compensation, (the other elements are the quarters and subsistence allowances and the Federal income tax advantage which accrues because the allowances

are not taxable) a 5.5 percent increase in civilian salaries translates into a 7.2 percent increase in the basic pay of members of the uniformed services.

This is the second increase in military compensation this fiscal year. In November, under the provisions of Public Law 92-129, military compensation was increased by approximately \$2.4 billion. That bill, which is considered a vital first step toward the achievement of an All-Volunteer Force, raised military pay to reasonably competitive levels for the first time in recent history.

The increases approved by President Nixon ensure that competitive levels of pay are maintained.

The table on page four contains the new rates of basic pay which are effective 1 January 1972.

THE SHORT SHEET

The first of the weekly newsgrams initiated by the Chief of Naval Information to keep personnel abreast of current events affecting the Navy man.

Manpower Reductions

The Department of Defense announced further military and civilian manpower reductions on 7 January. According to the new figures, total military manpower will drop 187,000 by 30 June, to a total of 2,391,000. The reductions will come mainly from the Army and Air Force, which will drop 147,000 and 27,000 personnel respectively. The Navy will lose 9,000—to a new level of 602,000 active duty personnel. The Navy force level was 623,000 last 30 June, and 611,000 on 1 December. Civilian manpower in the Department of Defense will be reduced 52,000 by 30 June, to a total of 1,041,000. The Navy civilian force level on 1 December was 351,000—and is to be reduced to 334,000 by 30 June. The SECNAV has stated that "Employment freezes, out-placement efforts, and other measures shall be utilized to maximize the use of attrition and minimize personal hardships in reaching specified ceilings."

Continued Withdrawals

President Nixon announced continued withdrawals of American forces from Vietnam 13 January. The President stated that 70,000 men will be pulled out by 1 May, leaving 69,000 still in country. Secretary of Defense Laird said an approximate break-down of the remaining 69,000 would be 48,000 Army, 16,000 Air Force, and 4,500 Navy. The Navy force in Vietnam as of 1 February will be about 7,000.

Automatic E-2 Halted

As of 1 January, automatic promotion from E-1 to E-2 at the end of boot camp has been halted. From now on, all personnel will have to fulfill the four-month time-in-grade requirement before being advanced to E-2. The one exception will be that commanding officers of Recruit Training Centers can advance up to 10 percent of each graduating recruit class. Officials at the Bureau of Personnel point out that the 10 percent figure represents a limit, not a quota; they stress that all advancements to E-2 have to be earned, whether in boot camp or later.

Points for PNAs

The Bureau of Personnel announced 14 January that men who are passed-but-not-advanced (PNA) on an advancement examination will be able to gain points toward promotion in their next attempt. Under the new policy, a man who is PNA'd can earn up to three multiple points in a single promotion period; the points can then be accumulated over six promotion periods, up to a maximum of 15. The new policy will be applied first in the coming August exams, when men who PNA next month's exams (February) will be able to get up to 3 multiple points added to the total.

Surgeon General Visits



Oakland Naval Hospital was recently honored with a visit from Surgeon General, Vice Admiral George Davis, on 18 January. The short stay consisted of a morning tour of NH Oakland from the roof down, followed by meetings with Chiefs of Service, Interns, and Residents stationed here. During a luncheon at the Commissioned Officers' Mess (Closed), the Surgeon General also spoke with senior medical officers and administrative officers of the Twelfth Naval District.

A few of the stops (photos above) on his quick tour were: a rooftop view of the hospital compound; a tour through NPRL with Mr. Asbelle; a look at our Clinical Investigation Center with Drs. Weinstein and Reitz; visiting the ninth floor patient care areas—shown with VADM Davis are LTJG Abrams, CAPT Hubbard and Admiral Mahin, CDR MacDowell, and HM3 LeLacheur; and speaking with the medical department officers present at the COM (Closed). The Admiral's visit was part of a four day stay in the San Francisco area.

Alameda Credit Union Annual Meeting

The Alameda Coast Guard Federal Credit Union is holding its Thirteenth Annual Meeting on 17 February. All members are encouraged to attend. The purpose of the meeting will be to elect officers for the coming year and to deliver a report of credit union operations during 1971. Every member in good standing has one vote. Members must be present to register their vote. Come and take an active part in your credit union affairs. The annual meeting affords an opportunity to consider and discuss relevant matters of general interest.

The Board of Directors and your credit union management and staff will be present. Feel free to ask questions of them during the regular business meeting or to communicate with them personally before or after the meeting. Remember, the date is Thursday, 17 February

at 1500 in the CPO Club at the Coast Guard Training & Supply Center, Government Island, Alameda.

High School Classes

This spring Oakland Public Schools will offer a program of classes designed to fulfill all requirements for a standard high school diploma. The classes meet for approximately two months, twice a week. Upon completion of the courses the student will be awarded a high school diploma from Oakland High. The program is open to both civilian and military personnel. If you are interested please contact one of the following people: Robert Fuller, Becky Pappas, or HN Valenzuela at Education & Training, Bldg. 105, Ext. 2238.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT John C. Courtney, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HN Ira Diamond

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"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

"ADDICTION" O'HENRY STYLE

You will not be shocked to read something further on "addiction" in this column, will you!

The addict realizes how dependent he is as he attempts to go without—withdraw from his habit. Making use of an external source to derive internal pleasure, a high, or ecstatic euphoria is the purpose and goal of the addict. Life-style changes, current social contacts different from former ones, and special friendships characterize the new way of life for the addict. Old friends are important only as he seeks to draw them into his newly discovered world. These same friends immediately notice his change, and either abandon him or join in cultivating the habit on their own.

The habit, however, is not acquired immediately, but rather, only after continued regular use. Once the habit IS established, it is very difficult to "kick." Even following successful withdrawal, recurrence resumes at almost the same level of dependence as was previously established.

Addicts are changed people—in their attitudes, in their behavior towards selves and towards others. The whole person becomes centered in the habit. All else is secondary!! Were you to reread this, substituting the word "Christian" for "addict" and the phrase "habit of Christ" for "habit," you will understand why THE MAN WHOSE ADDICTION IS JESUS CHRIST WILL NEVER KICK.

LT JAMES TRETT, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*

HOLY COMMUNION: First Sunday of each month

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.

Prayer Breakfast Next Wednesday

A prayer breakfast from 0700-0745 will be held this Wednesday, 2 February, for all patients and staff. The community breakfast is an extension of the national prayer breakfast conducted by the President and other government leaders. Following this example, the hospital is holding its own service, led by staff members.

A taped message from President Nixon and Secretary of Defense Laird will follow the meal. Captain Delmer Pascoe, MC, USN, Ret., will then present a short discussion of prayer. The breakfast will close with benediction and the singing of the Navy Hymn. All patients, civilian, enlisted and officer staff are invited to participate.

Did You Know . . .

Armed Forces personnel who have been discharged (not active duty or retired) who need dental care may apply to the VA for dental care within one year after discharge. The VA hospital in San Francisco has recently begun outpatient dental treatment during evening and Saturday hours. Qualified discharges may apply.



Life Began . . .

Life began 18 January for Terence Falrizio Favazza, 6 pound 7 ounce son of LCDR Armando Favazza of Psychiatry, and wife Barbara.

Who's Been Doing What . . .



Admiral Mahin congratulates Marzan Valez upon her promotion to LTJG; Ralph Boomer was advanced to HM2; and HM1 Jim Freeman reenlisted for two years, with LCDR Corbett, Chief of Military Personnel, officiating.

Getting Worse

75 Dead, 800 Injured in 1971

Figures compiled by the Naval Safety Center reveal that the Navy suffered 54 fatalities and 560 injuries due to motorcycle accidents in 1970. As of 31 December 1971, a total of 75 Navy men were motorcycle fatality statistics and over 800 received motorcycle related injuries. Motorcycle safety is a problem that is growing worse with each passing year.

Statistics published by the National Safety Council show an increase of motorcycles registered in the United States during 1970 to over 24 million, an increase of 8.6 percent over 1969. The increase during the year for all motor vehicles was only 3.5 percent up to 11.5 million. While deaths for all motor vehicle occupants decreased by 3.8 percent to 43,500 during 1970, motorcycle deaths actually increased by 18 percent to 2,330. The motorcycle death rate was 23 per 100 million passenger miles versus 4.9 for the overall motor vehicle death rate. As a comparison, the death rate for passengers in scheduled airlines worldwide was only 0.01 in 1970. So it seems you're safer flying in an airplane than riding a motorcycle.

Motorcycles have four disadvantages when compared with an automobile: 1) they are unstable, 2) their tires have little traction, 3) they do not stand out well in traffic, and 4) they offer no crash protection for riders.

The driver of a motor vehicle must be cautioned to stay twice as far back from a motorcycle as what he feels is normal since the tendency is to follow too closely because of the bike's smaller size. When nearing intersections or exit/entrance ramps a driver has to be especially cautious when motorcycles are around.

The cyclist, in order to survive in traffic, must wear the proper protective equipment, make sure his machine is in good working order, obey all laws and traffic signs, and know the limitations of his bike. He must drive defensively, give other traffic plenty of room and leave his emotions behind. To increase his visibility he should keep his headlights on during the day as well as at night and wear fluorescent protective gear for daytime with reflectorized clothing at night. Most of all, he needs to foster a better image of himself through getting the word out to other cyclists and being courteous and considerate of other traffic on the road.

Friday, 28 January 1972

OAK LEAF

Scuttlebutt

SIGHTS AND SOUNDS: Claire Martini receiving a Christmas card on 19 January. . . Security Officer's T-Bird getting ticketed for being illegally parked in front of Bldg. 500. . . Was that Mike Pentock using his new VW as a Security vehicle? . . . Dental Service dipping into caviar at two o'clock in the afternoon—must be good for your teeth. . . Betty Winsby feeding a cat down by Public Works every morning and evening.

Be it known to all good Sailors of the Seven Seas that the USS Butler has hauled anchor for a new port. Formerly docked on 9-South (also referred to as "The Penthouse") the great battleship Butler has steamed out to the stormy waters of Hospital Corps Detail for her new assignment. Best wishes and smooth sailing.

What ex-CMAA was beaten in the first game of pool on the new pool table in the CPO Club? By a dependent wife, yet!!! Yea, Fearless FLY!

Our retiring AO, CAPT John Courtney, and his relief, CAPT Edwin Miller, were both among the first 60 in-service procurements by the Medical Service Corps selected from enlisted ranks by competitive examination. They call themselves the "Silver Sixty."

We know a gal who got a 10 pound Red Mountain candle made of a wine bottle by the same name. She says it shoots a three-inch flame and if she has a candle-light dinner, you bring your own sunshades. This same lady says she threw the javelin in college. She practiced at 5:30 a.m. and said her only company was a couple of rabbits — the rabbits drew combat pay because of flying javelins.

LCDR Corbett happily announces that last year's reenlistment rate for NH Oakland is higher than the previous year's. Of the 72 men eligible to reenlist, 32 signed on the dotted line.

Chief Baldwin challenges that Harley-riding staff nurse mentioned in the last Oak Leaf to come forward and ride with him.

An anonymous MSC Lieutenant saluting civilians?? (Couldn't read his name tag because of the sun reflecting off his aiguillettes)

The Blue Dragon Karate Association meets every Tuesday and Thursday from 1700-1900 in Bldg. 61-A. If you would like to participate, contact HM2 Elwood or attend one of the meetings.

HMCS TVW quit mooching cigs when one blew up in his face; Nice going, Pete.

Staff NP Service was observed having a "Round Robin" conference in the wardroom—Whazzat? A-new form of group therapy?

M. Bost has a new nick-name: Miss Bo-Peep.

Nancy Clarke says she has found something she can eat that is not fattening—mushrooms.

Heard a certain civilian nurse mother-to-be was taking a break with her fellow workers when someone spilled a cup of coffee on her lap. Afraid to look, she thought it was time.

Congratulations to Milagros Dulce, wife of SD2 Mariano Dulce. Milagros passed the California Nursing Board Examination and is now a Registered Nurse in the state of California.



EXEC-LINE

• Last night I was denied access to the bar at the EM Club with only 12 days to go until my 21st birthday. At a time when 18 year olds can hold

public office, can vote in every state, pay taxes, and protect rights of other citizens by serving the military, I think it's a double standard to be required to be 21 to purchase a drink.

Federal regulations require federal installations to abide by laws of the state in which located. When California allows 18 year olds to drink, we will allow it. Currently you must be 21 and not one or more days short of 21. Now that you can vote, this would be the proper route to have a law changed. Until that law is changed you are required to abide by it.

• What is this command's policy toward displaying the American Peace Flag or the Ecology Flag or the peace symbol on one's automobile?

The command neither encourages nor discourages the display of "peace flags" or other symbols on privately-owned vehicles as long as they are affixed in accordance with state laws; however, the display of anything obscene, antimilitary, or otherwise offensive to the general public will not be tolerated.

Hail & Farewell

ENLISTED REPORTING:

HM3 Gary Burkhartsmeier reported from NH Great Lakes; HM1 David Wallace from the Third Marine Division; HM3 Richard Klaita from Naval Station, Long Beach; and HM2 James Brasseur reported from Naval Medical School, Bethesda. From Naval Station, Treasure Island came HAs Patrick Welch, Michael Psaros, and Ronald Stone. HN Willem Vanderputten came from the Marine Corps Base, Quantico, Virginia.

ENLISTED DETACHED:

BM1 Henry Sala, Jr. was detached to NAS, Moffett Field; HMC Paul Jones was released from active duty in the Fleet Reserves; HM3s David Hubbard and Curtis Oswell were released to inactive duty in the Naval Reserves.

OFFICERS REPORTING:

CAPT Edwin Miller, MSC, reported from Naval Dispensary, Treasure Island; CDR Rolf Steyn, MC, reported from NH Bethesda; and LCDR Stanley Bloustine, MC, came from NH Long Beach.



Length of Service awards were presented to four of our civilian staff personnel on 20 January. Left to right, Julius Morris completed 30 years, Rosaline Adler reached the 20 year milestone, as did Arline Rau, and McKinley Wynne received a 30 year pin.



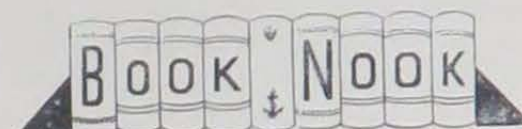
January 14 meant graduation day for these twelve new OR techs comprising class #7104. Back row, left to right, they are: HM2 Mike Bagaason, enlisted instructor, HNs Miles Hildebrand, David Deutmeyer, Richard Fouckes, Kenneth Converse, Bertrem Sagara, and HN David Kirby. Second row: HM3 Charles Gennaro, HNs Clarence Odle, Glenn Kremer, HM3s Janice Bykerk and Benjamin Price, and HN Carlos Rodriguez. Seated are: CDR Nancy Jacques, CAPT Martin Andersen, CAPT Hampton Hubbard, CAPT Vernon Fitchett, and LCDR W. J. Kelly.

Navy Supply Corps Anniversary Party

The 177th birthday of the Navy Supply Corps, which occurs on 23 February, will be celebrated locally on Monday evening, 21 February, with a birthday party at the Fleet Admiral Nimitz Club, Treasure Island, under the sponsorship of the San Francisco Bay Area Supply Corps Association. Adding importance to the Birthday Party will be the presence of Rear Admiral Kenneth R. Wheeler, Commander, Naval Supply Systems Command, and Chief of the Supply Corps, from Washington, D.C.

The event will last from 6:30 to 10 p.m. Tickets are priced at \$4.00 per person. A feature will be buffet tables having a wide assortment of meats, fish, and cheese.

CAPT D. G. Aitken, SC, USN, NSC Oakland, is our activity coordinator for ticket sales (phone 466-6214). Flyers giving details will be distributed to all Supply Corps officers in the area, including active duty, reserve, and retired.



NON-FICTION

The Human Animal, the Mystery of Man's Behavior. Hans Hass

The New Moral Rules, a New Rational Foundation for Morality.

Bernard Gert

Wives, An Investigation. Roderick Thorp & Robert Blake

Operation Overflight. Francis Gary Powers

Over Forty—Out of Work? How to win at the job-hunting game.

Lou Albee

Children in Trouble. James Howard

Piloting, Seamanship and Small Boat Handling. Charles F. Chapman

Stalking the Good Life, My Love Affair With Nature. Euell Gibbons

Practical Electronic Servicing Techniques. Larry Allen, Forrest Belt & Associates

The Radio Amateur's Handbook. 48th ed. 1971. American Radio Relay League

Automobile Almanac '71. David Ash

Since Silent Spring. Frank Graham

The Sea Against Hunger. C. P. Idyll

From Those Wonderful Folks Who Gave You Pearl Harbor. Front

Line Dispatches From the Advertising War. Jerry Della Femina

The Nashville Sound: Bright Lights and Country Music. Paul Hemphill

Score Better at Trap. Fred Missildine

Self-Portrait: U. S. A. David Douglas

Duncan

Secrets of the Great Pyramid. Peter

Tompkins

U. S. in a Nutshell. Og Mandino

Raider 16. Edwin Hoyt

Portrait of India. Ved Mehta

Mister Pop. Don Schanche

Diego Rivera, the Shaping of an Artist. Florence Arquin

[illegible]

The OAK LEAF

Vol. 34, No. 4

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 11 February 1972

February 6-12

Children's Dental Health Week

The American Dental Association points out that "Happiness is a healthy mouth," especially during the 23rd annual observance of National Children's Dental Health Week, February 6-12, 1972. The Association annually highlights dental health during the Week to remind children—and parents—of the importance of good dental health all year long.

Dr. Carl A. Laughlin of Clarksburg, W. Va., ADA president, points out that: "The relationship of good dental health to good general health is highly important. For this reason, it is imperative to develop good oral hygiene habits in childhood, so that they carry over into adulthood."

Dr. Laughlin suggested that parents teach their children the basics of home oral hygiene, which he outlined:

—Brush your teeth after eating. Food and other debris in the mouth work with bacteria to form plaque, a colorless substance which clings to teeth and which is a major factor in decay and gum disease. Interruption of the plaque-

forming process is all important to healthy teeth and supporting tissues.

—Use dental floss to interrupt the plaque formation between the teeth, where the toothbrush can't reach. The family dentist can show you the proper flossing technique to achieve effectiveness while not injuring the gums.

—Cut down on sweets, because carbohydrates are a major cause of tooth decay.

—Drink fluoridated water to prevent decay. If the water supplies are not fluoridated, the dentist will suggest applying fluoride directly on the teeth at certain intervals in the child's development.

—Have regular dental check-ups, for the entire family. The dentist can check to see that there is no plaque build-up, no beginning decay and can correct any dental problems that may be in their early stages.

Dr. Laughlin stressed that "every family that follows these important oral hygiene practices faithfully will have good dental health for a life-time."

HAPPINESS IS a Healthy Mouth



Veterans' Benefits Lecture 23 February

A lecture to explain the benefits available for disabled veterans will be presented by the Disabled American Veterans organization at 1300 on Wednesday, 23 February 1972, in

Room 3-6-12, across from the Clinical Assembly. This program is especially designed for patient personnel.



CAPT Ed Miller Reports Aboard For Duty As AO

Captain Edwin Bartley Miller, MSC, USN, has reported aboard as Oakland Naval Hospital's thirteenth Administrative Officer. A native of Oakland, CAPT Miller previously saw duty here in 1952, when he served as the Assistant Personnel Officer. But his Naval career began many years before that. In 1939, upon graduating from Oakland Technical High School, he enlisted in the Navy as an Apprentice Seaman.

As a Corpsman (then called a Pharmacists Mate) he served with the Sixth Marine Regiment, saw duty at Mare Island Naval Hospital, was under fire the first and last days of World War II, and participated in the Battle of Midway and the assault and occupation of Okinawa while serving with the USN Special Augmented Hospital #6.

In October of 1950 our AO was commissioned an Ensign in the MSC from the ranks of the Hospital Corps. Past duty stations as an officer include service aboard the USS ESSEX as Medical Administrative Assistant and at the Naval Submarine Base, New London, Connecticut as Medical Administrative Assistant when it became the first station hospital in the Navy to be fully accredited by the JCAH. From 1965 to 1967 he was AO of USNH, Key West, and from August 1967 to July 1971 Captain Miller served in BUMED as Executive Assistant to the Assistant Chief for Personnel and Professional Operations, RADM Frank T. Norris. For the following five months CAPT Miller was Administrative Officer, Naval Dispensary, Treasure Island, San Francisco, and on 1 February he assumed his new duties as Administrative Officer at Oakland Naval Hospital.

CAPT Miller and his wife, Emily, have four children and one grandchild. Ed, Jr. is attending college in San Diego; Mrs. Kathryn Bernecker, their oldest daughter, lives in Rochester, New York, where she is kept busy raising Michelle; Kent is presently in Vietnam with the Army; and Mary, the youngest, attends school at Merritt College. The Millers are especially proud of the fact that "all four of our children, ages 18 through 27, were born at Naval Hospital Oakland."

Captain Miller is a member of the American Hospital Association, a Charter member of the American Society for Hospital Public Relations Directors, and a Nominee of the American College of Hospital Administrators.



FHA Insurance

Have you considered purchasing a home of your own as a long term investment and a hedge against inflation? You may qualify under the provisions of Section 222 of the National Housing Act.

SECNAV Instruction 1741.4D of 11 January 1972 contains useful information for procedures to be followed when applying for an FHA 222 home loan.

VFW Donation



Admiral Mahin gratefully accepts a check for \$226 to our Special Services Fund for the purchase of two television sets for patients' use. The donation was a gift from the San Leandro VFW Post 2509. Pictured with the Admiral are George Lloyd (center), Adjutant for Post 2509, and Robert Dugan, Commander of the VFW post.

The Oak Leaf

Naval Hospital, Oakland, California

RAADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HN Ira Diamond

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

UNERRING LIGHT

*Serene will be our days and bright
And happy will our nature be,
When love is an unerring light,
And joy its own security;*

*And they a blissful course may hold
Even now, who, not unwisely bold,
Live in the spirit of this creed;
Yet seek thy firm support according to their need.*

WILLIAM WORDSWORTH

So many things have come to rekindle the light of the world—indeed the goodness in all the world is fuel for the light. There were Wise Men about 2000 years ago who saw a great light and were wise enough indeed to interpret that light. As they made their pilgrimage, celebrated by this season called Epiphany, they contacted Herod, a king suspicious of any threat to his throne and power, and the chief priests and scribes. So fearful of their king's reaction that they were uneasy about anything new. Each of us must know the spirit that moves us today toward the light as we choose between the spirits which motivated Herod, the priests and scribes, and the Wise Men.

A new book came to me recently as a gift from some dear friends, and I hasten to recommend it to you. This book is the work of enlightened men who seek to understand and pass on to us all the wisdom of the ages as known to "The Great Religions of the World." (Published by the National Geographic Society.) Huston Smith, professor of philosophy at MIT, writes the foreword and calls it "Let There Be Light." He gives us the themes of all life which are constantly yearning for light. These themes are basic to all religions: 1. "The awe of death and what lies beyond." 2. "The need to cope with life's hazards." 3. "The need to know who we are, why we are here, and where we are going."

It would be tragic if we were all to miss the light and spend most of our days in darkness. So we will endeavor to bring some light into our own world and day, Jesus said, "Ye are the Light of the World." Let there be light!

LCDR H. EARL MORRIS, Jr., CHC, USNR
Pastor, United Methodist Churches of
Colfax and Dutch Flat, California

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0945 Chapel Annex*

HOLY COMMUNION: First Sunday of each month

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope

Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

A service for Latter Day Saints is held in the Chapel of Hope at 1400 on Sundays.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.

Ecumenical Easter Cantata Announced

The annual Easter Cantata for the hospital will be conducted at the main Chapel Easter Sunday Morning, 2 April, at 1030. Rehearsals are being held each Wednesday evening at 1930 in the Chapel. All personnel, Protestant

and Catholic, interested in singing in the Cantata are invited to attend the rehearsals. Conductor Roy Culbertson announced the Cantata this year is "My Redeemer Liveth" arranged from themes by Handel and Mozart.

A Letter of Appreciation—To YOU

The following letter expresses such appreciation of the entire hospital staff that it is reprinted. The sentiments expressed are similar to many other letters received. The Commanding Officer wishes to express his appreciation to the staff for their continuing dedication as so eloquently expressed in this letter:

"My dear Admiral:

Having spent three and one half months as an inpatient in your hospital in 1971 and one week in January 1972, I find I have a desire that I cannot satisfy. That desire being a way to express my feelings toward the many people who did so much for me. When I asked a staff doctor, 'How do I thank all these people who have been so kind and considerate, and a thousand more adjectives. His reply was, 'You don't, it was our job.' That remark was of little help, but it did give a tone to the type of people you have there.

The words thanks, appreciation, gratitude, consideration, attention, yes, and even love are such small words that they are completely inadequate to express my feelings for the wonderful people who took care of me and attended me, with always good cheer, and dedication, like I was their own.

It is beyond my comprehension how a group of people from all walks of life could be assembled under one roof or in one organization to be so completely dedicated to the service of others. They are a special breed.

Dozens of people; doctors, nurses, corpsmen, and technicians all did personal services for me and there was not a single person with whom I did not enjoy con-

tact. They all were concerned, courteous, and unbelievably dedicated to their work.

As I have previously written, I know of no way to thank these people for all they did for me. Regardless of who I may have been, I could not have received better treatment or greater concern than the following people gave me.

There are others whose faces I can see, but whose names escape me or I cannot spell their names. You have an unbelievable crew there and God bless them all."

Navy Relief Course

A short Navy Relief Training Course will be offered at NH Oakland this month. This is an educational service of the Navy Relief Society and is open to all interested Navy and Marine wives.

Classes will be held in Bldg. 133 (Chapel Annex, near the Main Gate) on the following dates:

Friday, 18 February
Tuesday, 22 February
Friday, 25 February
Tuesday, 29 February

Mothers who attend the classes may leave their children at the Nursery. Navy Relief will pay for those child-care fees.

For further information, please contact Mrs. G. F. Kellogg at 589 7052.



EXEC-LINE

• Civilian employees are allowed to have a chest x-ray performed here once a year. Does everyone, regardless of age, sex, smokers or non-smokers, need an x-ray every year? Would there be any harmful effects from this repeated radiation exposure?

The AMA, the Heart Association, and the American Cancer Society all recommend a 14x17 chest x-ray along with a physical examination be performed annually. The extremely small amount of radiation from routine chest x-ray is to date considered insignificant and the risks are certainly outweighed by the importance of picking up unsuspected disease early.

• I am a nurse on PM duty and I spent 25 minutes trying to find a parking spot and it made me 15 minutes late to work. What is being done about the PM parking situation?

The staff parking lot in the rear of Bldg. 500 (near the officer quarters) has never been filled. Since your call we have checked the lot daily between 1430 and 1500 and have found an average of 50 available spaces.

• We have had a recurrence of problems with no heat in the EM barracks, Bldg. 501 (several calls one weekend).

One recurrent problem has been that unauthorized individuals have tampered with the controls and venting systems. On one occasion it was a simple matter of turning on a blower switch that had been turned off. Another solution to the problem was to have maintenance reduce the amount of fresh air coming into the system. When this was done the air temperature coming into the rooms increased to over 80 degrees. On extremely cold and windy days some rooms may be colder than others. Sufficient blankets are available for those occurrences.

• I found out it takes 10 days to two weeks at this command to draft dislocation and travel pay for myself and family. Other stations draft faster than this. Can we get better service here?

All personnel who check in at our local disbursing are told that it takes between 10-14 working days to process travel and dislocation claims. For those who indicate urgent need for settlement, they are to hand-carry the claim to T.I. travel section and they will be paid while they wait. You left your claim for routine processing, hence the delay.

Scuttlebutt

Las Vegas Night—a great success. Lotsa play-gambling and good music. Two of the original fearsome foursome DOMs in attendance on the dance floor. One of the envelopes was auctioned off for \$1400.00 play and another for \$14,000.00 play money. We sure have a lot of high rollers . . . mostly from the intern side of the Medical Corps.

From an anonymous Enlisted man, talking about the Blue Dragon Karate Association, "I wouldn't trust those guys as far as they can throw me."

What MSC was caught scooping up his "kitty-litter" outside the beverage shop?

Dr. Applegate overheard in the hallway bumming six cents for a doughnut and a cup of coffee . . . Times ARE bad.

WHY does Mrs. Bush's office clock have a blue second hand and why does Kris Clemens take her shoes off when typing??

Our Dietitian says there are 500 calories in a single jelly doughnut. Think how many it would be if you ate a married one!

Ever since Admiral Mahin gave a talk to the Navy Law Seminar there's been this rumor floating around that he's going on the speaker's circuit—following his talk on Medical Law, he was followed by speeches from the publisher of the San Francisco Examiner and someone from Melvin Belli's office.

Congrats to HM2 Bob Boyt. We hear he is going to be a father in about five weeks.

Did you know there is going to be a wetting down ceremony tonight, 11 February, in the O'Club from 1830 to 2030 for CDR Vera Harris and LTs Ruth Smith, Dottie Balkcom, Helen Beckwith, and Peggy Grigg?

For the Annual Navy Relief Fund Drive, the Dental Service is sponsoring a flower sale from flowers grown (Continued on Page 4)

THE SHORT SHEET

Drug Screening Expanded

Random urinalysis testing of servicemen for drug usage will be expanded worldwide by 1 July. In addition to SVN testing, the Navy is currently conducting the random testing of personnel in the Sixth and Seventh Fleets. Everyone entering the Navy is still tested within 24 hours. Results of current testing showed that only three-tenths of one per cent of Navy personnel are drug abusers. The urinalysis testing uncovers the use of heroin, barbiturates, amphetamines, and similar drugs. This identification process is part of a Navy-wide effort to treat drug abuse.

RADM Rauch Navy's New Ombudsman

Rear Admiral Charles Rauch, Jr., will soon become the Navy's new "Ombudsman" as head of the Pers P (for Personal) section in the Bureau of Navy Personnel. He will replace Rear Admiral David Bagley, who has been nominated for promotion to Vice Admiral and named as Chief of Naval Personnel. In Z-Gram 48, Admiral Zumwalt described the "Ombudsman" by stating, "His primary responsibility will be to help anyone in the Navy obtain answers to questions he is asking."

New Birthday for Navy

The Navy has established 13 October as the official date for observance of the Navy birthday. The Navy League, which had sponsored its celebrations on 27 October, will also schedule its observances on the new date.

Modified Carriers

The Navy has given the go-ahead to modify its attack carriers (CVA) into multi-purpose carriers (CV). Presently, tactical air and anti-submarine (ASW) operations are carried out by CVA and ASW carriers (CVS) respectively. CV will be able to perform both operations simultaneously.

Fitness Reports Under Revision

A section to be affected is the one where officers are compared with others of their same rank. An officer can now be ranked from a high of "recommended for accelerated promotion" through "one of the top few" to "excellent performer" and, further down the line, to "unsatisfactory." Under the revisions being considered, the top three blocks mentioned above will be expanded so the reporting senior can accurately designate an officer as a better performer than his almost-equal peers.

New Rating: Legalman

A new rating for enlisted personnel, to be known as Legalman (LN) has been established by the Secretary of the Navy. Men in the new rating will be trained as court reporters and specialists in legal administration, assistance, investigation, and claims. A BUPERS notice in late spring or early summer will give details on the new rating, and how to apply for it.

No More Hats at Sea

Hats at sea are out, except on specific watches designated by the COs or their superiors. Once out of harbor limits, caps and hats will not be required as part of the uniform.

Miss Diana Chin Newest JANGO



December's JANGO of the Month award goes to Miss Diana Chin, daughter of retired Major and Mrs. Woodrow Chin. Diana has been working in our hospital for two years as a junior nurse's aid on various patient care areas throughout Bldg. 500.

December's JANGO gave 24 hours of her free time to the hospital last month, and since her training as a JANGO she has given 228 hours of volunteer time. A Sophomore at Oakland High School, she hopes some day to go into medicine, possibly as a doctor.

When not working or studying for school, Diana enjoys reading, drawing, writing, working with crafts, and "squeaking on the violin."

Hail & Farewell

OFFICERS REPORTING:
LT Margaret Wurth, NC, reporting from MCSC, Barstow.

OFFICERS DETACHED:
CAPT John Courtney, MSC, and CDR Anna Fogarty, NC, retired on 1 February.

ENLISTED REPORTING:
HM1 Bobby Crone reported from NAS Oak Harbor, Washington. From Hospital Corps School, San Diego, came: HAs Gerald Andreini, Jr., Thomas Schmidt, Larry Celestand, Linden Watkins, Billy Dean, Robert Scheett, Jack Forrest, Timothy Faircloth, Rick Mortakis, and HNs David Pyper, Jr., Jose Manzano, William Doyle, Stephen Bair, and Edward Rowley.

ENLISTED DETACHED:
HM3 Michael Stuckey went to the First Marine Air Wing; HN Richard Maes to Hospital Corps School, San Diego, and HN Charles Webb was detached to Mare Island Naval Shipyard, Vallejo.

To Naval Weapons Station, Concord, went HNs Stephen Smith, Daniel Mieczko, and David Bradley. HN Kenny Simpson reported to Naval Aerospace Medical Center, Pensacola; HNs Marilyn Baker and Debra Quam went to Naval Dispensary, TI. HNs Joseph Haga, Jr., and Carlton Driskill were transferred to Naval District, Washington, D.C.

To NAS Alameda went BM3 Scott Clark and SN Terry Ritz. BM1 Hallard Maxwell and GMG2 Raymond Roberts were detached to the USS CORAL SEA (CVA 43).

Change in PA Program

Additional information concerning the Physician's Assistant (Warrant Officer) Program has been received, indicating that waivers for minimum time in service and college credits will be considered. Those who meet the below requirements may apply for this program:

Be a citizen or possess evidence of citizenship

E-5 or above

Meet Physical Requirements

High School Graduate

Interested? Want more facts? Contact your Career Counselor in Bldg. 105 for further information. Your application must reach the Chief, Bureau of Medicine and Surgery not later than 1 March 1972.

Alcoholism Now Recognized by Navy as Treatable Illness

Alcoholism is an illness. It is serious. It is widespread. It is treatable.

Alcoholism is also ignored—by alcoholics, by people who are becoming alcoholics, by people who are friends or co-workers of alcoholics. But that is changing.

Alcoholism is not a badge of manhood, nor a sign of moral decay. It is an illness. It should not be admired, deplored or hushed up; it should be treated.

The National Institute of Mental Health estimates there are nine million alcoholics and problem drinkers in the United States. It estimates that the number of family members affected by alcoholism total 36 million. The best estimate of the extent of alcoholism in the Navy is contained in a report entitled "Alcoholism Among Military Personnel," which was sent to Congress November 2. That report estimated that between 4% and 8% of all military personnel are alcoholics. In order to have a figure to work with, the report made a conservative assumption that the actual rate is 5%.

If that assumption is correct, and it is the best available, there are 30,000 alcoholics among the

600,000 men and women now in the Navy.

For comparison, and another view of how widespread the problem of alcoholism is, 54,621 Navy personnel had undergone a urinalysis to test for drug usage as of 10 December. Of that 54,621, only 173 had a positive reaction, which indicates drug usage. That is a rate of about .3 of one per cent. To put it another way, only one out of every 315 Navy personnel tested were found to be drug abusers. Compare this with the estimate that one out of every 20 Navy personnel are alcoholics, and then remember that is a conservative estimate. Drug abuse has been labelled, and is, a very serious problem. Then how serious and widespread a problem is alcoholism?

How do you recognize alcoholism? An alcoholic is generally defined as any person whose indulgence in alcohol continuously or periodically disrupts, or threatens to disrupt, his work or normal relations with his family or society.

How effective is treatment of alcoholism? There is no medical cure for alcoholism. But the person suffering from it can totally

arrest the illness. He can then lead a completely normal life, with one exception—he must not indulge in alcohol.

The Navy, as the rest of society, has only recently recognized alcoholism as an illness and decided to do something about it. There is now a Navy Alcohol Abuse Program underway. A Naval Alcoholic Rehabilitation Center with beds for 70 patients has been operating in Long Beach since 1967. A second rehabilitation center, with facilities for 75 patients, is due to open at Norfolk this month. Alcoholic rehabilitation units are being set up in Naval hospitals, with the first due to open at Philadelphia shortly. Also, the Navy is looking for former alcoholics who will volunteer for collateral duty as alcoholic counselors.

But perhaps most important in the Navy's plans for combatting alcoholism is the change in attitude about alcoholism. It is no longer something to be shoved under the rug, spoken about only in whispers, or otherwise hushed up or played down. Alcoholism is now recognized as a serious, widespread illness that should be treated.

Sports Shorts

By Ron Brown

Inhalation Therapy Rules the Roost

"We're number one" was the chant as the smoke settled and Inhalation Therapy came back from a 3-point half-time deficit to overpower a determined five from OR by a close score of 61-58.

OR led at half time by a score of 31-28, but IT came back in the second half and out-scored OR 33-27 to give them the final 3-point edge and the 61-58 victory.

One big reason for the success of IT was Dave Powell, who ended the night with 25 points, 14 of them coming in the second half. This was probably one of Powell's best nights, and it couldn't have come at a better time.

Getting off to a slow start with only two points in the first half was Pierce, but he came back strong with 10 big points in the second half to aid his team's cause before fouling out. Combs also added 11 points for IT.

It's only fair to mention that this was OR's first intramural sports loss in 20 straight games, dating back to the 1971 softball season. They were the '71 softball champs and this year's unbeaten football champs.

Deutsch led the OR scoring attack with 17 points on seven field goals and three free throws. Culbertson and Larrabee scored 13 and 12 points respectively. Silveira followed with 11 points to show the balanced scoring attack by OR. OR's final word to this game was, "Wait till the playoffs!"

Lab Defeats Admin

Not to go unnoticed was the Lab team, as they are right on the heels of IT and OR with their victory over a winless five from Administration. Final score was Lab 58, Admin 36. Big point getter for Lab was their regular leader, Bailey, who split the net for 19 points, followed by Henderson with 12. Cajacob and Bradford garnered 12 and 11 points respectively for the losers.

Lab's latest win runs their season record to five wins and one loss, putting them solidly in third place. Both leaders have yet to face Lab. OR will meet Lab on 16 February at 1800, with IT taking on Lab the following week at 1900.

Other Game Results

In other games played last week, Anesthesia got back on the winning trail as they defeated winless Ortho by a score of 45-35. Tange-man led all scorers with 24 points. Castanon led Ortho with 10 points, followed by Carroll, with eight.

Pharmacy evened their season record at three wins and three losses, and are looking for that fourth-place playoff spot, as they are right on Marine Liaison's tail.

Pharmacy defeated NP by a score of 46-41 last week, giving NP a 3-win and 4-loss record. This fourth-place position for the playoffs will be highly contested, right down to the wire. Porter and Cravalho led Pharmacy scorers with 12 points each, followed by Heston with nine.

CHAMPUS Corner

EDUCATIONAL BENEFITS

CHAMPUS will assist with payment for educational services, regular, special, and/or vocational, under the following conditions:

Program for the Handicapped: Inpatient or outpatient, CHAMPUS will assist with payment for all educational services necessary to treat or correct the handicapping condition or to alleviate, overcome, or adjust to deficiencies resulting from the handicapping condition. Normally CHAMPUS will not share in the cost for educational services in lieu of suitable and available public school services, nor provide for regular educational services past the high school level. Special educational services are authorized for preschool age children.

Basic Program: For an inpatient CHAMPUS will assist with payment for educational services that are an essential part of effective treatment programs for children in CHAMPUS approved inpatient institutions. These children must be undergoing therapy for chronic conditions or diseases, and/or for nervous, mental, or emotional disorders. For an outpatient CHAMPUS will share in the cost for remedial educational services when necessary to treat chronic conditions or diseases, and/or nervous, mental or emotional disorders in children when ordered by the attending physician. The physician must be a doctor of medicine or a doctor of osteopathy, preferably a child psychiatrist.

Special tutoring or education for "poor students" is not a CHAMPUS benefit when the poor learning condition is not the result of a medical diagnosis.

Although CHAMPUS approval under the Basic Program is not required, this is a difficult area for determination of benefits and beneficiaries are advised to make prior contact with the fiscal administrator in the state concerned for guidance. Special education teachers must provide the fiscal administrator with a summary of their qualifications when they submit their first claim.

Hospital Volleyball and Bowling

The 1972 Intramural Volleyball league got under way last Thursday, 10 February, at the station gym. Results of the first week's games will be in the next issue. The following teams are entered in the competition: Inhalation Therapy, Dental, Physical Therapy, OR, NP, Administration, Pharmacy, OB/GYN. All games will be played on Thursdays, starting at 1800.

The following teams will be pitted against each other on 17 February:

1800—OB/GYN vs. Admin

1845—PT vs. OR

1930—IT vs. Pharmacy

2015—Dental vs. NP

Players are still needed to form a station Varsity Volleyball team. Contact LT Woerz at 2291 if you are interested.

On 10-12 March there will be a 12ND tournament at NAS Lemoore. Players will be selected from the Intramural League to represent NH Oakland in the tournament.

With a 20-win, 17-loss record, NH Oakland's bowling team holds fourth place in the Class A Division, and first place in Class B, with four weeks remaining in the

12ND Bowling Tournament. In the 5 February game at Lemoore, we won one and lost two. George Cartmell had the high series of 567 for the base.

Season averages are:

G. Cartmell, 189; Dr. Coleman, 188; M. Mendenhall, 177; C. Wright, 171; G. Bryan, 168; J. Santiago, 167; R. Bain, 165.

More Scuttlebutt

(Continued from Page 3)

in the base garden shop. Occupational Therapy also has material for making hanging or plain flower boxes. Personnel interested in helping out should contact Dr. Samuels in Dental.

Miss Dottie Balkcom, Charge Nurse for the Pediatric Clinic, and her boy friend, Nelson Paler, a Marine Corps pilot, were both selected for promotion on the same date. He is to become a Major, and she a Lieutenant-Commander.

Barb Corder at the mail room: "I won't do anything, but I'd better have a letter." . . . oooh boy.

The public's lips are sealed as the mighty Oak Leaf representative makes his unappointed rounds through the desolate halls of NH Oakland.

Who's Been Doing What . . .



HMC Charles Johnston received the Navy Achievement Medal for service with the Third Marine Aircraft Wing, LT Walter Ollenburg of Pharmacy Service received his promotion, HMCS Don Hofer was awarded the Navy Commendation Medal while serving with the First Marines, HMC Ben Margot received a Letter of Appreciation for outstanding assistance in the Outpatient Service, HMI's Jose Herrera and Dennis Hoffarth were awarded the Good Conduct Medal and HMC Agnes West has reenlisted.



Admiral Mahin congratulates our newest nurses receiving promotions. Vera Harris, Supervisor for Outpatient Service, reached the rank of CDR on 25 January. Kathryn Gruben and Alicia DePrima were promoted to their present ranks of LT on 27 January.

The OAK LEAF



Vol. 34, No. 5

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 25 February 1972

Medical Corps Celebrates 101st Birthday

Not until the years surrounding the Civil War did it appear to become common practice to refer to physicians in the Navy as members of the "Medical Corps." Although the Medical Corps is as old as the Nation it serves, the first legislative reference to the title did not appear until the Appropriations Act of 3 March 1871. This Act, among other provisions, established relative rank for members of the Medical Corps.

By 1900, some radical changes and innovations had been proposed, but not yet attained. In the 15 years to follow, the Medical Department was to see many changes take place. A few of these changes were: remodeling of existing naval hospitals and new ones where required, improvement of medical facilities aboard ship, establishment of a basic school of instruction for Hospital Corpsmen, provisions of facilities for treatment of tuberculosis patients, and the development of specialties in medicine and surgery.

The more recent history of the Navy Medical Corps is more widely known by those still on active duty. In the past 101 years, the records of the members of the Medical Corps have been superb. The number of progressive leaders who have emerged from within the ranks of the Medical Corps is uncalculable, but throughout two major wars, several lesser ones, and during times of peace, the Medical Corps has advanced on equal or better terms with the Progress of Medicine.

Gala Party Planned

An evening of food, drink, and dancing is planned for this year's celebration marking the 101st anniversary of the Medical Corps. The party will be held on 4 March in the Commissioned Officers' Mess (Closed) beginning at 2000. Two bands will be on hand to please all tastes, providing dancing until 0100. Extra-special hors d'oeuvres will be served, with drinks at happy hour prices throughout the night.

All staff officers and retired medical officers living in the Bay Area are invited to participate. Dress is informal civilian attire. Highlight of the evening will be a cake-cutting ceremony by Admiral Mahin, Commanding Officer, and Captain Hubbard, Executive Officer.

Reservations may be made by contacting LT Sparks at Extension 2358. Deadline has been extended to 1 March 1972.

From the Surgeon General

On 3 March 1972, one hundred and one years after the formal establishment of the Medical Corps, the primary duty of every naval physician remains the same—to provide the best possible health care to active duty and retired Navy and Marine Corps personnel and their families.

Our system for providing this care is one of the most comprehensive, responsive, and economical systems available to any large group of people in the nation today. But it can and must be improved to make it more responsive to our patients and more professionally satisfying to our health care personnel. Our actions to improve our system must be such that they reaffirm to all the fact that we care about, as well as care for, our patients.

As we enter the second year of our second century I shall continue to rely on your skill, your knowledge, and your empathetic understanding. The challenge is great, and we must meet it with the same devotion to duty and dedicated professionalism that has always been the hallmark of our Corps.

Thank you for your outstanding performance and please accept my very best wishes for a most Happy 101st Birthday.

G. M. DAVIS

Vice Admiral, MC, USN

From the Secretary of the Navy

The history of the Naval Medical Corps is resplendent with individual acts of heroism and countless examples of devotion to duty.

The strength of the modern Navy is still her people and your selfless service to our sailors and marines and their families has done much to add to our reputation for taking care of our own. We shall continue to rely on your skill, your compassion, and your dedication in this era of ever increasing responsibilities and opportunities. I am fully confident in your ability to meet this challenge.

It is a pleasure to extend my very best wishes to each of you on the occasion of your 101st anniversary.

JOHN H. CHAFEE

From the Chief of Naval Operations

Since the earliest days in our nation's history medical officers have served the fleet with skill and distinction; and their selfless service to the men of the Navy and Marine Corps and their families helped to establish the well deserved reputation for devotion to duty that the Medical Corps enjoys today.

Each of you have helped to add luster to this tradition and your contributions to the better health of all mankind have spanned every field and specialty of medical practice. Your performance has upheld the highest standards of your profession and I look forward to your continued support of our efforts to provide even greater service to our people.

On the occasion of the 101st anniversary of the founding of your Corps I am delighted to extend to each of you my personal thanks for your exemplary performance and my very best wishes for a most Happy Birthday.

E. R. ZUMWALT, JR.

Admiral, U.S. Navy



New Steam System

The replacement of the steam piping system near the gymnasium started the first part of February. Construction equipment as pictured above will be a common sight behind the Exchange, Bowling Alley, and on Blackwood Street next to the Beverage store through April 1972.

N. V. Heathorn, Inc. is installing this section of the hospital steam and condensate system under contract, administered by the Resident Officer in Charge of Construction. The pipe itself is a nickel-copper alloy which is covered with calcium silicate insulation and then sealed air tight by a light steel jacket. This deliberate but necessary construction operation will delay traffic and block some parking spaces for this three month period. Careful driving and use of the CPO parking lot is the byword.

HM2 Ryerson Sailor of Month for November



HM2 Michael T. Ryerson has been named Sailor of the Month for November in "recognition of his superior professional competence and outstanding service in the Discipline Section of the Security Division." Specifically, Mike's job in Security entails screening report chits, verifying information, and arranging investigations.

The 24-year-old bachelor began his Navy career in June of 1967, when he attended boot camp in San Diego. After "boot" an impressive list of schools started for him: first it was Basic Electricity and Electronics School and Interior Communications Electricians "A" School. Next came Submarine School in New London, Connecticut, and on to the USS SEA POACHER (SS 406). Five months later Mike reported aboard the USS CHARLES WARE (DD 865) for one and one-half years. Following his tour at sea, Mike attended Hospital Corps School at Great Lakes and upon graduation received orders to NH Oakland, where he spent seven months working on Pediatrics. Since that time, he has been working in Security Division.

Mike's home is Menlo Park, California, where he graduated from Woodside High School and taught lifesaving for the Red Cross. Hobbies include pistol shooting, water skiing, fishing, and tennis. Future plans are uncertain, but Mike is considering entering the Physician's Assistant Program.

The Oak Leaf

Naval Hospital, Oakland, California

RAADM H. P. Mahin, MC, USN, Commanding Officer
CAPT Hampton Hubbard, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: HM3 Terry Bethel
Photography: HM1 R. C. Bishop, HM3 I. J. Diamond

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

GONE WITH THE WIND ???

I doubt very seriously whether there is anybody who feels good all the time. All of us have a tendency to get downhearted or discouraged on occasion. Troubles come along, friends die or move away, illness comes our way, misfortunes engulf us—I am sure that you could name many others. When these things happen, we are uncomfortable and often feel like tossing in the sponge.

Then time, the great healer of mental and bodily ailments, takes over and all is right with us and the world. We look back to unbearable times and find that they were not really unbearable at all and possibly even discover that we are stronger because of jolts and bruises along the way.

A baby learns to walk by falling down and getting up time and time again. Maybe it even gets hurts in the process, but it keeps right on. You and I can cultivate patience, endurance, and perseverance from kicks and blows that life deals us.

One of the characters in "Gone With The Wind" gave with a bit of wisdom when she said: "We're not wheat; we're buckwheat. When a storm comes along, it flattens ripe wheat because it's dry and can't bend with the wind. But ripe buckwheat's got sap in it and it bends. And when the wind has passed, it springs up almost as straight and strong as before."

Bend with the wind—don't let life break your spirit. After trials, disappointments and discouragements, spring back again. Have patience and bide your time. After the storm, straighten up and go forward.

LT ROBERT GROTHAUS, CHC, USNR

Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



Recent reenlistments included those of HM1 Carl Barber, for six years, and DT1 Cy Adela, who reenlisted for three years.

Sympathy

The "Oakleaf" expresses sincere sympathy of all NH Oakland staff members to the James Kersey family upon the loss of their six-month-old daughter, Cristina.

TV Tapes Reminder

A reminder that the audio-visual closed circuit TV program is conducted twice weekly in the classroom adjacent to the Medical Library.

The tapes are recordings of distinguished clinicians' presentations at various medical centers, recorded in recent weeks.

Tapes of predominant pediatric interest are shown at 0800 on Saturday mornings by the Pediatric staff. Tapes of more general interest are shown at noon on Monday.

A list of references for the upcoming program is posted by Thursday of each week in the mail room and the classroom.

The references are collected and displayed in the Medical Library, under the Radiology "Case of the Week"

New Type of Book-Mobile



INTRODUCING a new kind of mobile library, the Spanish Book-Mobile. Through the efforts of Mr. Dearing, in our Crew's Library, a mobile unit of the Latin American Library now comes to the hospital every other Wednesday from 1100-1300, offering books written in Spanish and English for patients and staff. Besides the truck parked in front of Bldg. 500, a cart with books can be found on the third floor of Bldg. 500 near the main dining room on the visiting days.

Free use of the book-mobile is open to all military here and any civilians living or working in Oakland. Others interested may use the library by purchasing a card for a fee of \$5.00 per year. Books may be returned to the Crew's Library at any time.

In the above photo are the book-mobile librarians: Cynthia Baird, Sylvia Wilson, and Josie de la Cruz.



NEWEST of NH Oakland's Lab Grads are, front row, left to right: HM1 A. C. Short, instructor, HN Godofredo Ibara, HM3 Harold Kaufman, HN Robert Davies, S/SGT Joseph Audu of the Nigerian Army, and CAPT. M. Borowsky, Chief, Laboratory.

Second row, left to right: HMC C. F. R. Johnston, instructor, HA Rick Bowen, HNs Robert McLean, Edward Weber, and CPL Fagrenro Beyoku, also of the Nigerian Army.



The San Francisco Neurological Society met at NH Oakland on 9 February 1972 for a buffet and scientific meeting. From left to right above the speakers were: Dr. Anthony Trevor, UCSF, "Pharmacology of Levo Dopa"; Dr. Guy Everett, Northwestern U. and UCSF, "More Pharmacology of L-Dopa"; Dr. Elizabeth Einstein of UCB, "Contributions of Experimental Encephalomyelitis to Understanding of M.S.—a short appraisal"; and Leon Epstein, M.D., of the Langley Porter Clinic "Current Status of Lithium Compounds in the Treatment of Affective Disorders." Captain Gale Clark, MC, USN, was host and moderator.

for perusal of the staff. Watch the Plan-of-the-Day over the weekend and Monday for pertinent announcements concerning the audio-visual program.

Questions about the Command's audio-visual program should be directed to Captain Samuels, Dental Service, Chairman of the Committee.

EXEC-LINE

• I'd like to comment about the mail service. It seems that I've always had my mail misplaced since it gets put in the division mail box. Is there another

solution like going back to the old way of picking up individual mail?

In the past, individual mail pick-up created two problems. First, the mail room staff could not keep up with the large groups of people asking for mail and second, this caused traffic jams in the corridor adjacent to the mail room. Since we began including individual mail in the service/division mail, yours is the first complaint we have received. Possibly there was a faulty communication. A weekly roster from Data Processing is the basis for sorting, and this is updated by individuals informing the mail room of work location (via the check in/check out form used by Personnel). Each service and division has a mail clerk assigned. He is the only person authorized to pick up that area's mail. Any questions or problems concerning an individual's mail should be directed to that mail clerk.

• The small Exchange in Bldg. 500 is now stocking some panty hose for women, but the only thing that they are stocking is white, which is only used 99% by female Nurse Corps officers. I asked the Exchange to stock regular hose shades, but they told me they didn't have space. I think that they should carry hose for everybody.

Your information from the Exchange manager is correct. It is Command's policy that the small Exchange in Bldg. 500 carry basic essentials for the immediate needs of patients and of the majority of personnel working in the hospital as space permits. To put the entire line of hose in the small Exchange would mean deleting many other more essential items.

• I have been here 2½ years and have noticed a constant problem with elevators. I've been stuck twice in the past two years and have noticed the elevators to be in poor condition. Sometimes they keep going up and down without stopping to open doors. I think we ought to have them repaired or replaced.

Maintenance of the elevators is performed under contract. This contract is competitively bid on an annual basis, and the successful bidder has been the manufacturer of the elevators best qualified to maintain his equipment. For the first half of FY-72, \$16,320 has been expended in maintenance of the elevators. Being sophisticated mechanical devices which receive a great deal of use, frequent problems develop; however, many of the problems result from rough handling by the occupants. The comment above discusses service elevators, where this is especially true. Emphasis on maintenance of the elevators will continue.

Scuttlebutt

SIGHTS & SOUNDS: Only time we ever heard a Chief ask the counsel of a Third Class . . . "What's our homework assignment?" . . . Which doctor was seen in uniform and wearing screaming bright yellow socks? . . . The Corpsmen in Pediatric Clinic bought new bars for Miss Balkcom and Dr. Gill in honor of their selection for promotions . . . Anybody see the deer bounding across the front lawn on 15 February? or the skunk that hangs out near the EM Club?

Doctor Who, while walking down one of the hallways and admiring a micro mini-skirted young lady, collided head-on with a fellow admirer approaching from the opposite direction. Are there any insurance companies that offer policies for Dirty Old Men?

One of our Nurse Corps parachutists is recovering from injuries received in a recent one-point landing. Next time use air brakes and a large, soft pillow.

An eighth-deck corpsman drives a VW with a window washer that does not work, so in the front seat he has a tub filled with water and an oxygen tube running to the windshield. When the windshield gets dirty he simply fills his mouth with a cup of water and blows it through the tube and turns his wipers on. One attaboy and the NHO ingenuity award for conceiving

this wonderful device.

"He who wears his hat in here shall buy the bar a round of cheer." If you don't believe it, ask the bearded PMT instructor.

Mary Ann Barczak and Jan Schmiede caught a hop to Hawaii, surfed at the site of the Makaha Open Surfing Championships, walked the avenues of Waikiki and returned in time for work the next week. They came back with suntans and fond memories of sand, sea, and palm trees. Tuesday Mary Ann hobbled in for her promotion with a short walking cast on her leg. She tangled with the surf and coral on her last day in Hawaii.

One of our HM3s ran an errand for a friend and parked his car on the hill in staff parking upon his return. One hour later he missed

(Continued on Page 4)

Life Began . . .

LIFE BEGAN 13 February for Raylene Dyane Kaufman, 8 pound, 3½ ounce daughter of HM3 Harold Kaufman of Lab, and wife, Joyce . . . 20 February for Michael Robert Drobot, 7 pound, ½ ounce son of LT Michael Drobot of Outpatient Service, and wife, Patricia . . . 20 February for Amy Marie Bethel, 6 pound, 8 ounce daughter of HM3 Terrence Bethel of "The Oak Leaf," and wife, Mary.

Hail & Farewell

ENLISTED REPORTING:

HA Sandra Rasmussen reported from Hospital Corps School, Great Lakes. From Corps School, San Diego, came: HAs John Malgren, Terry Hadsall, Robert Jenkins, Allen Maxson, HNs Michael Valadez, John Parker, Stephen Price, Bruce Simper, Paul Oswald, Thomas Black, Mark Kennedy, William Jackson, Jr., John Beslanwitch, Douglas Phemister, and HM2 John Wilkinson.

HA Raymond Vanvuren reported from Naval Station, Treasure Island, and DN John Garcia from ADCOM NTC, San Diego.

ENLISTED DETACHED:

BM2 Gregory McNeal was detached to NAS Moffett Field, HN James Busbee to Hospital Corps School, San Diego, DT2 Raymond Kilian to Naval Support Activity, Taipei, and AC2 Thomas Buckley went to NAS Alameda.

HN William Kratz and HN Gary Long were released to inactive duty in the Naval Reserves.

OFFICERS REPORTING:

LTJG Valerie Marshall, MSC, reported from NSHCA, NNMC, Bethesda.

OFFICERS DETACHED:

Nurse Corps detachments were LT Ruth Smith to Subic Bay, ENS Judith White to NH Long Beach, and LT Barbara Foster to NH Yokosuka. LTJG Marlene Coil resigned.

Karen Metz Makes JANGO of Month



JANGO of the Month honors for January have gone to Miss Karen Metz for giving 18 hours and 20 minutes of her time to the hospital in that

month. Karen's name may be familiar to some readers, as she shared the JANGO honors last October. Since her training last May, Karen's volunteered time has totaled over 187 hours.

Her parents are CDR and Mrs. George Metz. Dr. Metz is now serving with the Third Marine Division in Okinawa.

Karen is a freshman at Amador High School and hopes to go into the teaching profession some day. Pastime activities are swimming, reading, and needlework.

THE SHORT SHEET

Pay Breakdowns Not Automatic

Some Disbursing offices routinely provide personnel with a breakdown of their pay. However, some personnel believe that Z-15 encourages all Disbursing offices to issue these statements on a regular basis. This interpretation is not correct. Pay breakdowns are required only when specifically requested by an individual.

Drug Abuse Programs Expanded

The Navy is expanding its program to combat drug abuse by authorizing 27 drug care centers in the U.S. and overseas. The CNO has also asked that young petty officers be assigned as counselors in the drug exemption program.

No Early-outs for June

Except for men in some of the CT ratings, enlisted personnel scheduled for release from active duty in June will not be released three months early. A decision on whether those scheduled for June release will get two-months cuts will be announced by 10 March.

Medical Regionalization Expanded

The Navy's medical care regionalizations concept has been expanded to include the Charleston and Long Beach areas. The concept is aimed at making better health care more easily available, and calls for a single office to coordinate the operation of all medical facilities, such as naval hospitals and dispensaries, in an area.

Reduced Air Fares for Military

Various scheduled international air carriers are in the process of filing reduced air fares between the U. S. and certain points in the Pacific area for military personnel and their immediate families. The reduced fares are only for those personnel assigned ashore overseas or to afloat units operating or deployed within the Pacific area, as well as their wives and de-

pendent children.

Following are representative examples:

San Francisco-Tokyo \$297 RT
San Francisco-Singapore \$499 RT
New York-Manila \$547 RT

The fares are available for non-official travel only. Further information can be obtained by contacting the Personnel Office.



The sad day arrived this month when Oakland Naval Hospital said "good-bye" to two of our staff officers: CDR Anna Fogarty, NC, and CAPT John Courtney, MSC.

CDR Fogarty, who completed 20 years in the service, served as the sixth deck nursing supervisor. She is now living in Chicago, where she is working as an OR nurse in a civilian hospital.

CAPT Courtney served 32 years in the Navy. He was Administrative Officer at NH Oakland from June 1970 to February 1972. "Travel and exercising my boat" will keep the well-known mustang busy during his retirement.

Who's Been Doing What . . .



CDR Peter Connole, DC, was awarded the Navy Commendation Medal for his service with the Navy Maxillofacial Advisory Team in Saigon, Vietnam. Mr. Juliet Fair received his twenty year Length of Service award; Bill Nierman was promoted to HM2; Karen Mertens and Ruth Grimes were promoted to LTJG; also advanced to HM2 were Vancio Bambico, Stephen May, and Larry Thomas; HNs Mark Pickett and Tommy Vanlandingham graduated from Urology School; Jane Schmiede was promoted to LTJG, and LTJG Ervin Ames was presented the Navy Achievement Medal for service in the Republic of Vietnam.

Sports Shorts By Ron Brown

The 12ND Boxing Championships will be held on 29 February and 1 March in the gymnasium at Hunters Point Naval Shipyard. Each participant must have an approved medical report dated not earlier than 25 February 1972. Interested personnel should contact Ron Brown at Extension 2350 for details.

Wrestling Championships will be held at the Coast Guard Station in Alameda on 4 March at 0800. Team scoring will be based on five points for first place; three points for second place, and one for third. AAU Wrestling Rules will govern competition. Contact the Athletic Director for more information.

The 12ND Golf League will commence on 28 March in a double round-robin schedule. Scoring will be match plus best ball play. All matches will count in the overall standings for Group A and Group B Commands. Contact HM2 Hoger-

son in Physical Therapy for information. Tryouts will be held at Chabot Golf Course.

Intramural basketball standings as of 17 February:

	W	L	Pct.
IT	7	1	.875
OR	7	1	.875
Lab	6	2	.750
Marine Liaison	6	3	.667
Pharmacy	4	3	.571
Anesthesia	4	5	.444
NP	3	5	.375
GMO/Int Med	2	6	.250
Ortho	1	7	.125
Admin	0	7	.000

Remaining league games:

Wednesday, 23 February

Admin vs Pharmacy	1800
IT vs Lab	1900
NP vs Ortho	2000

Wednesday, 1 March

GMO/Int Med vs Pharm	1800
OR vs Admin	1900

Playoff will follow.

CHAMPUS Corner

QUARTERLY BILLINGS FOR ORTHODONTIC WORK

If you are sharing costs with CHAMPUS for orthodontic work, listen to this: under a recent change in policy, CHAMPUS will accept orthodontist bills under the handicapped program on a quarterly basis. This means that instead of paying your monthly share of the bill every month, you pay only one monthly share for a three month period and CHAMPUS pays the rest.

For example, if you are an E-7, your minimum monthly cost is \$35.00. This meant formerly that if your monthly orthodontic bill was \$50.00, you paid \$35.00 and CHAMPUS paid \$15 (or whatever the amount was over \$35). Based on three months you would have paid \$105 (\$35 x 3). Under the new policy, if the orthodontist totals your bill for three months and submits a quarterly bill to CHAMPUS, out of the total \$150 bill you pay only \$35 and CHAMPUS pays the rest. This results in a savings of \$70 every three months since you pay your minimum monthly charge once instead of three times.

Sponsors should make their orthodontists aware of this new CHAMPUS payment policy.

Movie Schedule

27 & 28 February
KOTCH—Walter Matthau and Deborah Winters. Comedy drama. GP.

29 February & 1 March
BRIEF SEASON (& Short)—Christopher Jones and Pia Degermark. Drama. GP.

2 & 3 March
KLUTE—Jane Fonda and Donald Sutherland. Melodrama. R.

4 March
SHENANDOAH—James Stewart and Doug McClure. Western.

5 & 6 March
CHROME AND HOT LEATHER—Tony Young and William Smith. Drama. GP.

7 & 8 March
THE ORGANIZATION—Sidney Poitier and Sheree North. Drama. GP.

9 & 10 March
SEE NO EVIL—Mia Farrow and Robin Bailey. Melodrama. GP.

11 March
A SEVERED HEAD—Lee Remick and Richard Attenborough. Comedy. R.

More Scuttlebutt

(Continued from Page 3)

his keys and went back to the car and found his keys—in the ignition with the engine still chugging along.

Hats off to Mister "Mac" McClure for arranging another successful NHO fishing party. CAP'N TAKS SURPRISE left at sunrise with 17 of NHO's finest (?) fishermen on opening day of salmon fishing. They returned with near limits and fish running up to 10 pounds.

The Surgeon General of the U.S. has stated that cigarette smoking is dangerous to your health. Maybe about it.

LT Hardy passed all qualifications for seaman while working out in the mothball fleet.



CLASS 63 graduated 4 February, yielding eleven new Neuropsychiatric Technicians for the Navy. The new grads are, from the left, second row: HN Richard Siordian, HM3 Jon Veen, HN Sidney West, Jr., HN Alfredo Vazquez, and HN Joel Martinez. Back row: HN Jack Maris, HN Leroy Ford, II, HNs Scott Nelson and Ron Lerman, and HM3s Michael Goebel and Darrel Fanning.

Seated are HM1 Bob Carson, LCDR Robert Cary, LT Jeannine Pire, CDR Rolf Steyn, Chief of NP Service, and LCDR James Perdew.



February meant advancement for the dozen new HM3s pictured above. Front row, from the left, they are: Gerald Grzechowiak, Leonard Pedrotti, Harold Durio, Robert Butzow, and Rick Thiriot. Second row: Ira Diamond, Laurence Doyle, Kenneth Hughes, Miles Hildebrand, Robert Schildhauer, Leroy Ford, and James Henshaw.

The OAK LEAF

Vol. 34, No. 6

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 10 March 1972



Commandant 12ND Retires

On 1 March RADM A. R. MATTER was relieved of command as Commandant of the Twelfth Naval District by RADM C. J. VAN ARSDALL, Jr. On the occurrence of his retirement, the following letter was received by Naval Hospital Oakland:

On the occasion of turning over command of the Twelfth Naval District, Commander, Naval Base, San Francisco, to RADM VAN ARSDALL, I wish to express my sincerest appreciation to the military and civilian members of all commands throughout the District for the tremendous support which has so enthusiastically been given to my headquarters. Called upon to institute many new programs at a time when resources have been severely reduced, your response has been magnificent.

It has been a privilege to have been associated and to have worked with you. Your accomplishments have brought credit to all of us. Good luck, good health, and much happiness to all in the years ahead.

My relief, RADM C. J. VAN ARSDALL Jr., is a most distinguished naval officer, and I know that you will experience a fine relationship with him.

/s/ RADM A. R. MATTER



Honors are being rendered to the new Commandant of the Twelfth Naval District, RADM Clyde J. Van Arsdall, Jr. Standing with him are RADM Alfred R. Matter, the retiring Commandant, and VADM David C. Richardson, Deputy Commander in Chief, U. S. Pacific Fleet. Behind VADM Richardson is RADM Francis D. Foley, who has been serving as Senior Member of the United Nations Command Military Armistice Commission, Seoul, Korea.

EMC Jimmie Ward Retires on 20



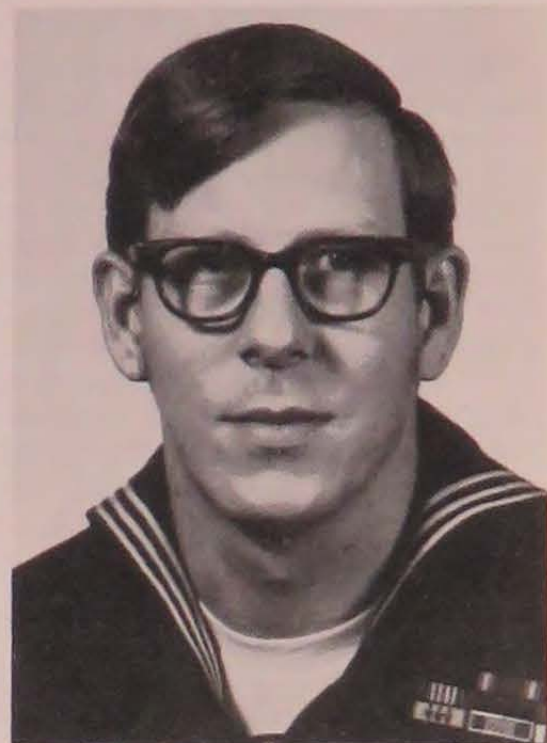
EMC (SS) Jimmie Day Ward completed 20 years of service on 1 March when he transferred to the Fleet Reserve. Chief Ward was assigned to the Housing Office while working here. He now resides in his new home in San Ramon.

HM2 M. Grizzle December's Sailor

HM2 Michael Grizzle is the latest recipient of Oakland Naval Hospital's Sailor of the Month award. The honor was conferred upon him for his "outstanding performance as senior enlisted technician in the Urology Clinic." The 24 year old sailor was further commended for his "willingness to perform all tasks and work beyond normal duty hours."

Mike recently returned from NH Bethesda, where he attended the Navy's Physician's Aid Screener School. He enlisted in the Navy in 1965 and attended boot camp, Corps School, and Urology Tech School in San Diego. Following a tour at NH Camp Lejeune and 18 months aboard the USS SANCTUARY, Mike reported to Oakland Naval Hospital in November of 1969.

Mike and his wife, Brenda, are both natives of Cyril, Oklahoma. They have a 15 month old son, John, who Mike enjoys baby-sit-



ting. He plans to make a career of the service and hopes to enter the Navy's Physician's Assistant Program.

THE SHORT SHEET

Fourth Nuclear Carrier Sought

Money to build a fourth nuclear-powered aircraft carrier got top priority from Admiral Zumwalt in his recent statement on the Navy's proposed budget for the next fiscal year. ENTERPRISE is the Navy's only active nuclear-powered carrier; NIMITZ and EISENHOWER, the second and third, are under construction.

Naval Command to be Disestablished

The Western Sea Frontier Command at San Francisco will be disestablished this June. This command has been responsible for coordinating naval defense of the West Coast. These responsibilities will be transferred to COMNAVAIRPAC, COMFIRSTFLT and COMASWFORPAC.

Longevity Pay Raises Retroactive

Longevity pay raises held up during the wage-price freeze last fall will be paid retroactively. That decision, announced 2 March, affects naval personnel who would normally have received longevity increases in basic, special, and incentive pay between 1 September and 13 November last year, but who did not get those raises because of the freeze. The decision is based on a recent ruling by the U. S. Comptroller General that allowed civilian federal employees whose longevity increases were caught in the freeze to get back pay. Those involved will get their back pay in their regular pay checks as soon as local disbursing officers can complete the administrative work.

New Three Year Enlistments

The Navy has started two new enlistment programs featuring three-year active duty obligations. Both programs, Seafarer and Airman, also feature the choice of coast option. The regular Navy's last previous three-year enlistment program was phased out in 1966. In another recruiting development, the Navy has opened recruiting assignments to second and third class petty officers. Men in these junior rates picked for recruiting duty will be eligible for special duty assignment pay.

NROTC Opens to Women

The Navy has opened its NROTC College Scholarship Program to women. The latest announcement established procedures for women to apply to an expanded scholarship program, which provides tuition, fees, books, and a \$100 per month subsistence allowance for up to 40 months. Four universities have been cited as initial participants this fall in the women's NROTC Program.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond

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"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

I SAW A MILLION DOLLARS

One evening I visited a newly constructed bank building. The occasion was the display of one million U. S. dollars in a glass case. Of course there was suitable security for this event. It was the first time I had seen one million dollars. I was in the same room with it! Generally, the viewing public was somewhat amazed at how little space was required for one million dollars in various denominations. I saw my first ten thousand, five thousand, and one thousand dollar bills.

When I look at people today, it is not difficult to see in them a million possibilities toward greatness. The greatest national assets of America are Americans. Man's greatest treasure is life. The true millionaires of this world are those who know what life is all about. They can answer the question, "What is happiness?"

"For what is a man profited, if he shall gain the whole world, and lose his own soul." Matthew 16:26.

LCDR W. D. ADERS, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.

Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Hail & Farewell

OFFICERS REPORTING:

Ensigns Joan Bishop and Wayne Bishop, NC, reported from Newport, Rhode Island; ENS Dolores Ortlieb, NC, arrived from NH Philadelphia; LCDR Edward Murray, CHC, reported from Commander, Destroyer Squadron One, San Diego; LTJG Valerie Marshall, MSC, from NSHCA, Bethesda; LT James Blaylock, MSC, and LTJG Philip Hewitt, MSC, reported from NH Long Beach.

OFFICERS DETACHED:

LT Geraldine Ashby, NC, was detached to NH Whidbey Island, and ENS Ricki Schapiro, NC, was transferred to NH St. Albans.

ENLISTED REPORTING:

Reporting from Corps School, San Diego are HAs David Davis, Michael Milne, John Tridle, Randy Lemaster, HNs Thompson Potter, Jr., Michael Fisk, Michael Loberg, Alvin Smith, and Mark Colling. From Naval Station, Treasure Island came SF1 Herbert Dick; from NH Whidbey Island,

HN Charles Swearingen, and from Naval Medical School, Bethesda, came HM3 John Sims.

ENLISTED DETACHED:

Detached to Mare Island Naval Shipyard were HNs Anestacio Castaneda, Gregory Nichols, Richard Sobernais, Walter Racutt, and HM3 Joseph Lenet. To Naval Weapons Station, Concord went HNs Charles Elkins and John Demo; NH Corpus Christi, HM2 James Radcliffe. Transferred to Naval Supply Center were HNs Thomas Hickerson and Dana Hendrickson. HN Ralph Johansen to NH Whidbey Island; HNs Jeffery Ho and Richard Nesslein to Naval Shipyard, Hunter's Point; HM3 David Wolf to Naval Communications Center, Stockton; HM2 Alfonso Basco to Hospital Corps School, San Diego; HM1 Theodore Young to Third Force Service Regiment; HN Glen Lemon to First Marine Division, Camp Pendleton. EMC Jimmie Ward was released to inactive duty in the Fleet Reserves, and PN2 Mark Nelson was released to inactive duty in the Naval Reserves.

Twelfth Naval District Art Contest

All active duty and retired Navy, Marine, or Coast Guard personnel assigned or living in the Twelfth Naval District and their dependents, ATTENTION! The Twelfth Naval District Art Contest is "drawing" near. The contest will be held 16 to 22 April in the library at Hunter's Point Naval Shipyard, San Francisco.

Your entries will have no limitations as to medium, size, or number. They should be framed or matted ready for hanging and should be

marked with name and address on the back. Sculpture will be accepted but will not be part of the competition. Your artistic talents must be entered no later than Monday, 10 April 1972.

Judging will be conducted by civilians living in the Bay Area. Regulations state that prizes may be awarded to military personnel only. Civilians and dependent art work included in the judging will be awarded honorable mentions. Contact Ron Brown, Extension 2350, for further details.

Who's Been Doing What . . .



LCDR David Fluharty, CEC, received the Navy Commendation Medal for service while attached to Commander, Naval Forces, Vietnam. Mary Ann Barczak was promoted to LTJG, as were Pamela Brown and Margaret Raines; HM2s Leonardo Costales and Amorsolo Ledina each reenlisted for six years; LT Ivan Howard, MSC, was presented the Navy Commendation Medal for duty as Executive Officer of the First Medical Battalion and Commanding Officer of H and S Company of the First Medical Battalion, DaNang, Vietnam; HM2 Vernon Capistran signed on the dotted line for four years; LT Jill Corbusier augmented to the Regular Navy; Ellen Stoebr was promoted to LTJG, and Rose Thiessen reached the rank of LT on 17 February.



Five more of our Nurse Corps officers were promoted to LTJG on 23 February. From the left, the new JGs are Barbara Fisher, Marian Taylor, Mary Cronin, Janet Miller, and Janet Laird.

Navy Relief Training Course Completed

The Navy Relief training course offered at NH Oakland has just been completed, taught by Mrs. Lee Allegretti. Receiving certificates for completion of Training Course were: Mrs. Marvin Garrett, Mrs. Francis Hughes, Mrs. Robert Johnston, Mrs. William Mackin, Mrs. William Mc-

Kenzie, and Mrs. Buddy Sparks.

Mrs. Gordon Kellogg received a pin for 600 hours of volunteer service. Receiving pins for 100 hours of volunteer service were Mrs. Corder Campbell, Mrs. Robert Morrison, Mrs. Walter Ollenburg, Mrs. Howard Shute, and Mrs. Robert Smart.

Pediatric Service Sponsoring Seminar

The Pediatric Service of Naval Hospital Oakland will be hosting the Uniformed Services Pediatric Seminar on 20 to 24 March at the Marine Memorial Club in San

Francisco. Approximately 200 pediatricians from all over the country will attend this seminar to discuss current problems and achievements in pediatric services.

Life Began . . .

LIFE BEGAN 23 February for Terista Kay Stone, 5 pound, 10 ounce daughter of HM3 William Stone, Jr. of Urology staff and wife, Susan.

NWCA Bake Sale

NWCA #160 will host a Bake Sale on Wednesday, 15 March in the Navy Exchange lobby. Cakes, brownies, cookies, and candies will be sold from 1000 until gone, GOOD FOR SNACKS!

New Incentive for Inventive Minds

To dream up better methods of accomplishing ordinary tasks is nothing new to our Navy personnel, but too often these ideas are left idle and uncultivated. In an effort to stimulate inventive ideas, a new provision for government employees, civilian and military, has been added to existing patent laws in recent months.

In 1971 President Nixon signed an Executive Order providing for exclusive licensing of certain selected inventions made by government employees. This fact, in light of Executive Order 10096, has provided the uniform patent policy for the Government and their agencies with respect to use by the public of Government inventions.

With the help of Mr. Charles D. B. Vurry, Patent Counsellor and Mr. Don Hart, Patent Advisor, of the Office of Naval Research, the first three patent applications from this command under the new policy have been submitted by our Navy Prosthetics Research Laboratory. The first application, the Variable Friction Knee Unit, was designed by Charles Asbelle, Research Director; Mike Arrigo, Research Prosthetist; Kenneth Hunting, Research Draftsman, and Gene Helmuth, Research Machinist.

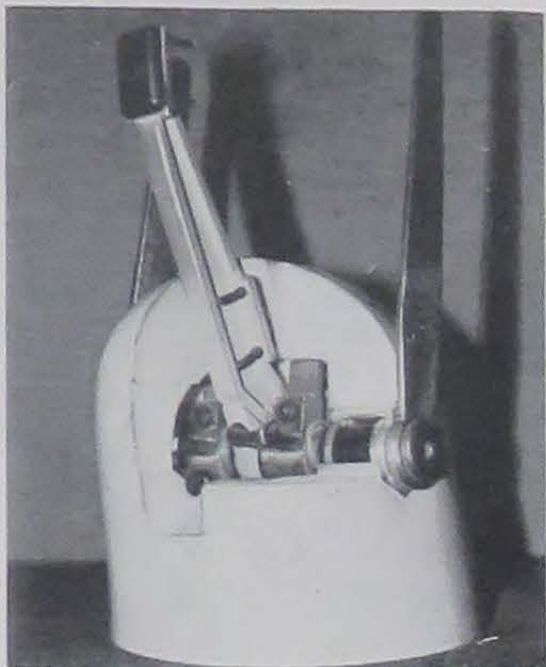
The Variable Cadence Knee unit (see photo) is a relatively simple mechanical device which provides swing phase control in the above-knee artificial leg. Essentially it consists of an overall constant brake plus an overriding phase control brake which terminally decelerates free swing at the knee. It thus assumes mechanically the function of the quadriceps and hamstring muscles to retard the swing at either end of the swing phase, in an efficient and natural manner.

Energy is absorbed by friction brakes at each end of the swing phase that operate only during the last stages of the gait. Other methods of swing phase control such as hydraulic cylinders have been used successfully, but this is the first effective mechanical unit, designed simply and economically. The friction surfaces are made from a brake lining material similar to that used on automobiles.

The second patent application, a "Porous Laminate (Lightcast)" owes its development to Mr. Asbelle, Mr. Arrigo, and Mr. Gerald Porter, Research Engineer. "Lightcast" is composed basically of a gauze-like fiberglass bandage impregnated with a special polyester plastic that, when exposed to a certain ultraviolet lamp, hardens within minutes to a sturdy cast.



The "Lightcast" mold is so porous water easily passes through it, preventing perspiration from being trapped while it is worn.



The Variable Cadence Knee Unit permits a natural gait and is adjustable to fit the individual's step.

Applied to use in NPRL, "Lightcast" is wrapped around the amputated limb's stump and exposed to the ultraviolet light for six to eight minutes and removed, producing a lightweight, durable, permeable stump socket. Older methods require an intermediate step of making of a male model of the amputee's stump (usually made from plaster-of-paris). This extra step is needed because either the material became too hot to be in contact with the skin when it hardened or

it could not be easily modified after removal from the stump. With the new technique, what used to require a day or so can now be done in several hours. In addition to saving time, "Lightcast" is comfortable to the patient, it does not trap perspiration, and is very lightweight.



The men responsible for the development of the new devices, l-r: Charles Asbelle, Mike Arrigo, CDR Gordon King, Gene Helmuth, Ken Hunting, and Gerald Porter, posing with RADM Mahin, Commanding Officer.



EXEC-LINE

● I live in the MEQ housing on base and would like to complain about speeding. Our one-way signs do not seem to be the answer. We would like to have traffic bumps put in to slow cars down. Most of the speeding is done by people who live here.

Traffic bumps are not always the answer either, and can cause severe damage to vehicles. This possibility is being studied. In the meanwhile we have increased our security patrol trips in that area, and command would like to have license numbers or names of individuals who are violating speed limits. Corrective action will then be taken.

● I notice that there is often a lot of trash around the picnic tables outside of Bldg. 500 (between 500 and 501). Could we have a trash can placed there?

A large trash can has been placed in the area. We hope that this will eliminate the litter that appears regularly between Bldgs. 500 and 501.

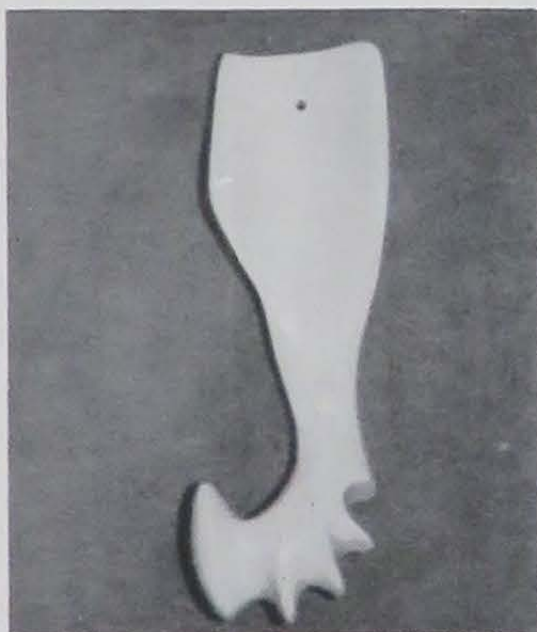
● I wonder if the medical officers or other staff have priority in the third floor snack bar during noon hour. If so, they should put a sign up. The other day I was waiting in line along with some dependents and civilian staff when one of our staff members cut in front of everyone and put his order in, offending several people and appearing quite rude.

There is no priority at the exchange snack bar in Bldg. 500. The only priority area is in the enlisted dining room. There is certainly no excuse for any member of our staff to be so discourteous.

Movie Schedule

12 & 13 March
THIS EARTH IS MINE—Rock Hudson and Jean Simmons. Drama. None
14 & 15 March
THE TOUCH—Elliott Gould and Bibi Anderson. Drama. R
16 & 17 March
FATHER GOOSE—Cary Grant and Leslie Caron. Comedy. None
18 March
PERCY—Hywel Bennett and Denholm Elliott. Comedy. R

19 & 20 March
LE MANS—Steve McQueen and Elga Anderson. Drama. G
21 & 22 March
MAN CALLED SLEDGE—James Garner and John Marley. Western. R
23 & 24 March
DOC—Stacey Keach and Faye Dunaway. Western. R
25 March
THE BIG COUNTRY—Gregory Peck and Jean Simmons. Western. None



The Polyurethane Hand Splint used for burn patients. Note the flared sections which the fingers wrap around. The paddle-like end affords support for the forearm.

from shrinking, causing post-burn deformities.

Spear-headed by Mike Arrigo, NPRL began working with a model of a cast that would allow support of the forearm while keeping the burned hand in the proper position and not inhibit the growth and repair of tissue. After much evaluation, the Research Lab conceived a lightweight polyurethane splint that achieved these goals. Other applications of the splint are for tendon transplants and other hand surgery.

The splint, which weighs only 315 grams, has a thick flared section separating the fingers, preventing the web of the hand from growing together. Cleaning the splint is accomplished simply by washing with warm water and soap and gas sterilization.

Through the efforts of our NPRL Department these three inventions; the knee unit, "Lightcast," and the hand splint, are able to offer quicker, more complete patient care to Navy personnel. But the help these and other inventions offer will reach far beyond the Navy community and affect people the world over as they are made aware of advances in technology through the use of patents.

Scuttlebutt

SIGHTS & SOUNDS: We heard, but don't believe, that the night information crew cleaned up that front desk; one source was quoted as saying that they hauled the dust away in washtubs. Well done. . . . John Kerr sporting "the new look" with his wild ties. . . . I. D. Howard got his Navy Commendation Medal at 0845 and at 0846 he already had his ribbons on. . . . Anyone notice our jonquils spelling "U. S. Navy"?

HMC Curtis of the NHO Lab recently bought a new carryall. Its first official duty was to carry a load of cake to his duty crew at the Info desk last Sunday. . . . Watch out for the Pudgies!

LT Sparks is a father—of 12 rabbits!

Which of NHO's secretaries didn't have a dime to buy a cup of coffee?

LT Thorson was born in Black Earth, Wisconsin. No wonder he joined the Navy—to see the world!

LCDR Butler of Nursing Detail got a sore finger from bowling and when she arrived at work she found a potato on her desk with instructions to stick her sore finger in it. But the Personnel staff decided it wasn't big enough (the potato), so they placed a bigger one on her desk. Now she has also acquired a pig for a mascot, which she calls "Pork Chop," and inside the mascot is a chocolate potato. So Miss Butler now states she plans to start a farm in Staff Personnel.

Marge Lesage thinks Security is picking on her; her car sticker expired on 29 February and she received a citation on 1 March!

Rick Hattori and Steve Cajacob spent a nice TAD in Las Vegas and then went on leave to the Hawaiian Islands (Poor little jet setters).

Did you know this is "Good Nutrition Week"? Read the Nutrition Newsletters and pick up some interesting information about the foods you eat or should be eating.



From the Judge Advocate

Military personnel and their dependents are reminded of their opportunity to vote in upcoming Primary and General elections.

Although requirements for voting eligibility vary from state to state, many jurisdictions require that residents serving on active duty submit a Federal Post Card Application prior to receiving an absentee ballot. These forms are now available in the Staff Judge Advocate's Office located in the administrative complex, third floor.

Both servicemen and their dependents who are eligible voters may vote by absentee ballot. For voting purposes, a serviceman and his dependents retain their residence in the State and County in which they domiciled at the time they entered military service unless they have established sufficient contacts with another state to indicate an intent to become a resident.

LT Robert P. KAHN, Staff Judge Advocate and Voting Officer, has complete information concerning voting laws in various localities.

Sports Shorts

Slo-pitch softball has come to the 12ND. If a league is formed at the District level, NH Oakland will enter a team.

There is a post-season tournament planned in the District on 10-12 August of 1972. The tournament will be held at NAS Alameda, starting at 1000.

Contact team captain **HM3 Peters** at Extension 2221 if you are interested in trying out for the team. The team will meet on Mon-Wed-Fri at 1600 on the softball field at the picnic area.

Eligibility is restricted to active duty military attached to the hospital.

Twelfth Naval District Men and Women's Bowling Tournament will get under way next month. The men's tournament will be held on 4-5-6 April at Naval Air Station, Moffett Field, with women's competition beginning on 11-12-13 April at 1300 at Naval Air Station, Alameda. A meeting will be held at 1200 on 11 April at NAS Alameda for women bowlers.

Eighteen games (singles only) will be bowled in increments of six games over a three day period for both tournaments. Men competitors must have an average of 170 or above for 21 games during the 1971-72 season; 31 March is the cut-off date. Women must have an average of at least 125 for 21 games during the 1971-1972 season, with 31 March 1972 the cut-off date. Averages may be established in military and civilian leagues or lanes. Personnel not bowling this year may use a certified Blue Book average.

Awards will be presented to the six highest scores. A high game and a high series award will also be presented. To qualify for the high series, the series must be rolled in either the first three or the second three games rolled in each of the tournament days. A high game may be rolled at any time. Contact **Ron Brown** at 2350 for further information.

The fast fading four struck again—doddering around the volleyball court. With one foot in the grave and one in the playing field this fossilized foursome has beaten all comers, even when the other team has six players in the January of life and eager for their iron poor blood. Otherwise known as the Admin team on the NH Oakland volleyball circuit, they are now number ONE, with a 4-0 ascendancy. Come on out and see them have a heart attack.

Intramural volleyball league standings as of 3 March:

TEAM	W	L
Admin	4	0
Dental	2	0
Pharmacy	3	1
OR	3	0
OB/Gyn	2	2
Surgical	1	2
PT	1	2
NP	1	3
Neurology	0	3
IT	0	3

Next week's games of 16 March: OB/Gyn vs Neurology 1800 Pharmacy vs Surgical 1845 Admin vs Dental 1930 NP vs PT 2015

CHAMPUS Corner

PAYMENT FOR EYE CARE FOR ORDINARY REFRACTIVE ERRORS

Payment is not authorized for eye examinations or spectacles for correction of ordinary refractive errors. Hyperopia (farsightedness), presbyopia, astigmatism, and myopia (nearsightedness) are considered ordinary refractive errors. However, when these conditions are severely progressive, payment for examinations and spectacles or contact lenses may be authorized when the source of care states that the conditions are not ordinary refractive errors and that special spectacles or contact lenses are required for their correction. Examples of such conditions would be: Progressive myopia, severe astigmatism corrected only by contact lenses, marked anisometropia, and anisokonia.

PAYMENT FOR LENSES REQUIRED IN THE TREATMENT OF PATHOLOGICAL CONDITIONS

Payment is authorized for special spectacle lenses or contact lenses required in the medical or surgical treatment of pathological conditions. Examples include the use of contact lenses in correcting keratoconus, and aphakic spectacles and/or contact lenses in the post-surgical management of the cataract patient.

PAYMENT FOR THE PURPOSE OF RULING OUT PATHOLOGY

Payment is also authorized for eye examinations performed by an ophthalmologist or a doctor of optometry for the purpose of ruling out pathology, even though the examination may result in determination that no organic disease exists and that the prescription of ordinary spectacles for the purpose of correcting refractive errors is the only treatment required. Payment for the spectacles or lenses in such cases is not authorized.

PAYMENT FOR VISUAL TRAINING

Payment is authorized for visual training on an outpatient basis under the basic program.



Five new HM2s have been added to the roster with the advancement of, left to right, **Neil Sanders, Terry Ware, Harry Bovos, Daniel Allen, and Butch Walters.**



No, she's not crying her eyes out; she's not even taking a nap. Actually, it is the Navy Exchange cashier trying to reach her keys she locked inside the office. What some people won't do to get their picture in a paper!

More Sports

The 1972 Intramural Basketball Playoffs got off to a fast start last week as Lab came from behind to defeat and eliminate Inhalation Therapy by a score of 67-62.

Bailey led all scorers with 22 points followed by Utter and Owens each with 16 markers. Van Cleave led the losers with 20 points. Combs and Powell each had 14 points.

Pharmacy and Marine Liaison tied for fourth place and must play off to see who will play OR in the playoffs.

Since OR won the league, they are entitled to two losses before they are eliminated. All other teams are eliminated with one loss.

FINAL INTRAMURAL BASKETBALL STANDINGS

TEAM	W	L	Pct
OR	8	1	.889
Lab	7	2	.778
IT	7	2	.778
Marine Liaison	6	3	.667
Pharmacy	6	3	.667
Anesthesia	4	5	.444
NP	4	5	.444
GMO/Int Med	2	7	.222
Ortho	1	8	.111
Admin	0	9	.000

ATTENTION, GOLFERS! If you would like to play on NH Oakland's golf team contact **CDR Carlson** in Dermatology at Extension 2408.

O'Club Site of Medical Corps 101st Birthday Celebration



The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 34, No. 7 Monday, 27 March 1972



It was an evening of happy reunions for old friends and the making of new during the Navy Medical Corps birthday celebrated on 4 March, as can be seen by the candid shots above . . . RADM Mahin, Commanding Officer, RADM T. G. Hays, former CO of NH Oakland, and LT Sam Stafford officiate at the 101st anniversary cake-cutting ceremonies as their wives and the Executive Officer's wife Anne Hubbard, look on. Out on the dance floor is LT and Mrs. Chuck Woerz. Next, pictured talking with Admiral Mahin are retired CAPT and Mrs. Milton Kurzrock, former Chief of Pediatrics here. Also trying out the dance floor are CAPT Hubbard and his sister Carla Kenny, as well as LTJG Ervin Ames with a guest and LT Carl Emmons and LTJG Jo Ellen Ames enjoying the festivities. Seated at the "MSC table" are Mrs. Gale Ramirez, CAPT Edwin Miller, Administrative Officer and his wife Emily, LT Jim Blaylock, CDR Marti Springer, and CAPT John Courtney, retired AO. The final view depicts the O'Club ballroom with a few of the attending guests.

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Naval Hospital, Oakland, California

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+ + CHAPLAIN'S CORNER + +

MY GIFT

There is one gift I want to give to every single person on this earth, yes, every one: The freedom to be one's self. To do this, I must be able to energize all the potential goodness and loveableness my Creator gave me with life. I must be at peace with myself, free from the fear of insecurity, the fear of my enemies and the fear of tomorrow. Being myself gives me the freedom to accept others to turn them on to their individual goodness . . . loveableness . . . to alert each one that it is good and free and peaceful to become one's self.

If you would like this gift for yourself and others just make the following offering:

Take, O Lord, and receive all my liberty, my memory, my understanding, and my entire will, all that I have and possess. Thou hast given all to me, to Thee O Lord, I return it. All is Thine; dispose of it according to Thy will. Give me Thy love and Thy grace for this is enough for me.

St. Ignatius Loyola, S. J.
LCDR W. E. UNDERHILL, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

HOLY WEEK SERVICES

PROTESTANT

PALM SUNDAY, 26 March

0815 Galley Service (Bldg. 500)

0930 Chapel of Hope (Bldg. 500)

0930 Sunday School and Adult

Discussion Group (Annex)

1030 Main Chapel

MAUNDY THURSDAY, 30 March

1100 Holy Communion

Chapel of Hope (Bldg. 500)

GOOD FRIDAY, 31 March

1100 Chapel of Hope (Bldg. 500)

Dialogue with the Cross

EASTER SUNDAY, 2 April

0815 Galley Service (Bldg. 500)

0930 Chapel of Hope (Bldg. 500)

0930 Sunday School and Adult

Discussion Group (Annex)

1030 Main Chapel

Ecumenical Easter Cantata

CATHOLIC

PALM SUNDAY, 26 March

0830 Mass, Clinical Assembly (Bldg. 500)

1215 Mass, Main Chapel

HOLY THURSDAY

1200 Eucharistic Celebration

Clinical Assembly (Bldg. 500)

1635 Eucharistic Liturgy

Followed by Reposition of

the Blessed Sacrament

(Main Chapel)

GOOD FRIDAY

1200 Liturgy of Adoration of the

Cross (Clinical Assembly)

HOLY SATURDAY

1930 Confessions (Chapel of

Hope)

2000 First Mass of Easter

EASTER SUNDAY, 2 April

0830 Mass of the Resurrection

Clinical Assembly (Bldg. 500)

1030 Ecumenical Easter Cantata

1215 Mass of the Resurrection

(Main Chapel)

The Ecumenical Easter Cantata will be conducted in the Main Chapel at 1030 on Easter morning. Everyone, Protestant and Catholic, is invited to attend. This year's program is entitled "My Redeemer Liveth," conducted by Mr. Roy Culbertson.

Maj. Gen. Sampson New USO President

Major General Francis L. Sampson, USA, Ret. has been elected President of the United Service Organizations, Inc. (USO). The announcement was made earlier this month following the annual meeting of the National USO Board of Governors in Boston. General Sampson was elected by a unanimous vote of the Board to succeed General Emmett O'Donnell, Jr., USAF (Ret), who died suddenly of a heart attack last December.

General Sampson, who retired as Chief of Chaplains, Department of the Army, in July 1971, is a much decorated former officer who was twice captured by the Germans during World War II.

In announcing the appointment to some 450 USO staff members and volunteers assembled for a series of meetings in Boston, USO National Chairman Harvey Firestone, Jr., said, "General Sampson is a gentleman whose remarkable career, ability, and integrity make him eminently qualified for this important responsibility. Few have had greater experience with, and compassion for, the problems of the individual serviceman. Perhaps no one has displayed greater concern for those whom it is USO's mission to serve."

General Sampson was born on 29 February, 1912, in Cherokee, Iowa. He attended Notre Dame



University, South Bend, Indiana, where he received his AB degree before entering St. Paul's Seminary in St. Paul, Minnesota. He was ordained to the Roman Catholic priesthood in June 1941 and was commissioned in the Army Chaplaincy in 1942. He holds Honorary Doctorate Degrees in Divinity (Ripon College, 1967), Law (Loras College, 1967), and Humane Letters (Norwich University, 1969).

New Nurse Corps LTJGs



New Nurse Corps LTJGs at NH Oakland are Kathleen Carey and Kathleen Patusky (top), Frances Wozny, Jane Holz, Mary Ann Murphy, Nancy Norman, and Donald Phillips, Jr.

Dr. Clark Elected to Academy of Medicine

CAPT Gale Clark, Chief of Neurological Surgery, has been notified that he has been elected into membership of the California Academy of Medicine.

Note of Thanks

HM2 Jim Kersey and wife, Diana, extend a sincere thank-you to everyone on the staff for their cards and letters of condolence.

Volunteers for Forward Deployment

The Navy currently has ships, aircraft squadrons, and afloat staffs homeported in locales such as Japan, Scotland, the Philippines, and the Mediterranean; and in an effort to lessen the impact that frequent deployments has on the individual, plans are being developed to homeport more fleet units in overseas areas and to expand numbers of ports involved. For the Navyman homeported overseas, it will mean greater opportunity to enjoy family life on sea tours, since extended family separations caused by long deployments will be eliminated.

Areas in which Navy units are currently based, or which are planned for this year, are: Mediterranean, Western Europe, Mid-Pacific, and Western Pacific, and it is desired to man these units with volunteers.

To ensure that each man has the opportunity to indicate his own individual preference for overseas assignment, the following procedures should be used: Each officer should review his duty preference card to ensure that his desires, including those of overseas duty, are adequately reflected. Area descriptions outlined above (and subsequently announced) should be used. Enlisted personnel desiring duty in units homeported overseas should submit a special duty and transfer request (NAVPERS 1306/7) to CHNAVPERS (Attn PERS-B217). This request should indicate preferences for at least two of the four available geographic areas shown above.

Officer and enlisted detailers in BUPERS, EPDOLANT AND EPDOPAC will consider the individual's desires for a specific geographic area as a primary factor in issuing orders to overseas assignments. Eligible personnel requesting overseas sea tours will be placed immediately on a master volunteer list and will be considered for overseas assignment in accordance with fleet requirements. Many factors, such as the individual's time on board his present unit and his projected rotation date, will play important roles in determining the point in time at which he may expect to be transferred to one of the overseas-based units.

Officers and enlisted personnel desiring to volunteer for forward deployment are urged to make their desires known as quickly as possible through timely submission of requests. A forthcoming notice will enumerate the types of units currently located at various geographic areas and the support facilities available in these homeports.



EXEC-LINE

- I'm calling about the traffic situation outside the main gate. I saw a near head-on crash and it was due to the person going over to the left lane.

There are no street lights out there and no lane markers. I feel the City of Oakland should be notified.

The traffic engineers at the City of Oakland are aware of the conditions at the front gate. Improvement plans were drawn up in January by a traffic expert from the County of Marin while on two weeks reserve active duty here. His plan, which has been submitted to the city with request for implementation, recommended complete restriping of all painted islands and lane markings and alteration of the traffic flow pattern with provision for a left turn only lane for southbound incoming traffic. The volume of traffic at the intersection will not justify the installation of a traffic light. Informally, Oakland traffic engineers have indicated that the city "may" do the work requested. No reply to the formal request has yet been received.

- I work on the wards and I was wondering why we are required to wear our long-sleeved jumpers during the winter months. I've noticed a lot of other corpsmen wearing tropical shirts in other wards and I wondered what criteria they use for deciding which service uses this or not.

Your Chief of Service, to whom you should have taken your question initially, assures me that the rules of uniform for your area are the same as in all other patient care areas. This instruction is being updated.

Hail & Farewell

ENLISTED REPORTING:

From Hospital Corps School, San Diego came HAs Clay Sylvester, Pak Tam, Pierre Carwick, Michael Wood, Donald Picard, David Gonzales, Joseph Murray, HNs Ronald Blosser, William Deibert, Randy Jensen, William Decker, Jr., Joel Grissom, Wayne Svoboda, and HM3 Robert Brannigan.

HM2 Charles Morelli, Jr. and HAs Ronald Huffman, Michael Byron, Steven Brown, and Timothy Dyer reported from Naval Station, Treasure Island.

HN Michael Willent and HAs Margaret Penk, Karla Smith, and Charlene Demshar arrived from Hospital Corps School, Great Lakes. From USS ENTERPRISE (CVAN

65) reported HM1 Thomas Marria.

ENLISTED DETACHED:

HNs William Valenzuela and Roderic Kemnow were detached to the First Marine Division, and HN James Latham was released to inactive duty in the Naval Reserve.

OFFICERS REPORTING:

LCDR Clifford Kamen, MC, reported from NH San Diego, and LT Ronald Swarsen, MC, arrived from Antarctic Support Activity.

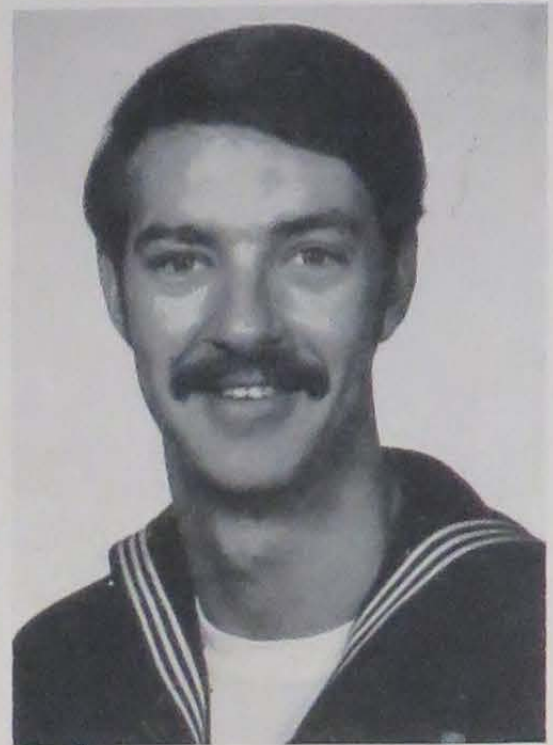
OFFICERS DETACHED:

LCDR Michael Goldbaum, MC, resigned. LTJG Sharon Sanders, NC, was detached to NH Subic Bay and ENS Carol Rhoades, NC, went to NH Great Lakes.

HM3 LeLacheur Chosen January's Sailor

HM3 Murray LeLacheur, Senior Corpsman of the Medical Intensive Care Unit, has been named Oakland Naval Hospital's January Sailor of the Month. The Commanding Officer's letter commended the 22 year old bachelor for his extreme interest shown in the smooth functioning of the MICU and his "continued desire to increase the depth and scope of these duties."

A native of a Boston suburb, LeLacheur entered the Navy in January 1970 after graduating from Billerica Memorial High School and attending Northeastern University for two years, majoring in the paramedical field. January's Sailor reported to NH Oakland in October of 1970 via boot camp and corps school at Great Lakes (with a dose of pneumonia and hepatitis in between). Murray has been working in the Intensive Care Unit since his arrival here, assuming his present duties as Senior Corpsman last August.



He is currently awaiting acceptance into the Navy Enlisted Nursing Education Program, and hopes to specialize in anesthesiology or hospital administration after receiving his nursing degree.

THE SHORT SHEET

CNO Sailors of Year Selected

The two CNO Sailors of the Year have been named in Z-Gram 107. TM1 (SS) Richard W. Corey is the Atlantic Fleet Sailor of the Year; SM1 Wayne P. Sapel is Sailor of the Year for the Pacific Fleet. Sailor of the Year will be expanded to include all Navy personnel, both at sea and ashore. Secretary of the Navy Chafee and Admiral Zumwalt joined Admiral Duncan and Admiral Clarey, Commanders of the Atlantic and Pacific Fleets, in announcing this year's winners.

Both sailors will receive meritorious promotions and five days of rest and relaxation wherever they choose in the continental United States. Next year's competition will be expanded to include the entire Navy.

Early Release Programs to End

Navy personnel scheduled for release from active duty in June will be released two months early. Barring unforeseen developments, that group will be the last to go off active duty early under the Navy's general early release program. As stated in the latest message on early separation, "At present, there are no plans to further continue the general early release program." The sole exception will be men in some of the CT ratings, who will be released three to six months early. The Navy's other early release programs, such as those for personnel entering college or police work or returning from Vietnam, are not affected by the latest message and will continue.

GI Bill Benefits May Increase

A 14 percent raise in GI Bill benefits for veterans attending college has been approved by the House of Representatives and is now awaiting Senate action. The bill providing the 14 per cent raise also includes a 48 percent monthly allowance boost for veterans taking on-the-job training, and authorizes the Veterans' Administration to advance up to two months allowances to GI Bill recipients at the start of the school year.

Black History Course Begun at Academy

A course focusing on black history and culture was introduced into the curriculum of the U. S. Naval Academy this semester. The elective course is designed to give Midshipmen the opportunity to better understand the Black experience by providing a broad survey of the Black American from his African origin to his present status. The Black Man's influence in history and his role in the development of the American future are keynoted.

New NEC - CARCE

The CNO has approved a program establishing a special NEC to identify enlisted personnel having knowledge of international fields and foreign languages and wishing to fill foreign duty billets. The Country, Area or Regional Classification Enlisted (CARCE) program will create the new NEC 9578, and individuals selected will comprise a pool of available personnel to serve in military assistance advisory groups, mobile training teams, the personnel exchange program (PEP), and other similar assignments. Detailed information will be published in the near future.

Standing Force Proposed for Mediterranean

Secretary of Defense Laird has proposed that NATO establish a naval standing force in the Mediterranean. At a recent meeting of NATO defense ministers, the Secretary proposed that the present Mediterranean on-call force be up-graded to a standing force similar to the present one in the Atlantic.

From the Desk Of the SEA

Did you know there are methods available to you to receive your regular pay check if you are on leave over pay day and that you can draw an advance on your leave rations if you are scheduled for more than ten days leave?

BUPERS Note 7220 of 28 February 72 gives the details on these and other pay options available to you. You can get your regular pay check when on leave over pay day by any one of the following methods:

1. Depositing a pre-addressed franked envelope with your Disbursing Office. Your check will be mailed to any address you specify.

2. Designating a friend in writing to pick up your check for you. Be sure to let the Disbursing Office know that you intend to do this.

3. Leaving an addressed envelope for your Disbursing Officer to mail your check to a financial institution for credit to your account.

To provide for an orderly transaction of your financial affairs you may also want to allot your pay to a home loan, insurance, provide for your dependents, or any variety of other reasons. For more information on how to allot your pay or receive your pay while on leave—see your Disbursing Officer. He will be happy to assist you.

HMCN "Dick" Dickens, USN

—usn—

Americans generally take good care of their cars, and they keep pedestrians in good running order, too.

Alimony is a system by which, when two people make a mistake, one of them continues to pay for it.

Scuttlebutt

SIGHTS & SOUNDS: Is it true that HM3 John Ingram is marrying HM3 Joanne Holley on 6 May? ... LT Woerz must plan to have a really great volleyball team—his volleyball champs' sign said practice times were Tuesday and Wednesdays from 1200-0100 ... Anna Mae Taylor was seen arranging flowers around the hospital. Must be a new kind of OJT interior decorating degree ... Dr. O'Shute sporting a sham Shamrock and CAPT O'Miller wearing a bit of green. But M. Lesage is waiting for May 17; Norwegian Day.

GySgt Morrison told LT Hardy he'd better take out an allotment to pay for the "beverages" the MSCs would lose in the annual MSC-CPO softball game.

CAPT Clark was seen wearing a green hanky for St. Patrick's Day. Lettering on hanky: "In case you want to indulge in some Hanky Panky, here's the Hanky."

Chief Dickens wants to know why he received a small packet of sugar in the mail and who sent it.

R. C. Ward hopes to wear one pair of Navy shoes throughout his Navy career. It'll be a close race.

Has anyone seen a dietetic fairy distributing low calorie candy about the hospital? She must work in Food Service.

HM2 Jim Kersey bumped into an HMCS in the elevator with the same last name as his. Turned out the Chief was his long lost uncle, here for his retirement physical!

CDR Tom Carson shot a 71 at Chabot last Wednesday—that's one under par!

Congrats to Mark Hubbard, the Executive Officer's son. Mark received an early appointment (Presidential) to the Naval Academy. That makes two for the Hubbards.

Get your diploma! High school classes will begin on 4 April. See HM3 Flora, Robert Fuller, or Becky Pappas in Education and Training.

N.O.W. Visits Officers' Wives Group

Anne Sweeney, Vice President in charge of publicity for the National Organization for Women was the guest speaker at the March luncheon of the Oakland Naval Hospital Officers' Wives Group.

While here, Ms. Sweeney touched upon such subjects as N.O.W.'s main goals, which at present are enactment of all legislative bills that will enhance the status of women in job opportunities, salaries, and taxing (i.e. exemptions for child care for working mothers, single person exemptions); child care centers, bringing women into the mainstream of American Society through employment, politics, and social changes.

Ms. Sweeney, a purser for Pan American Airlines, was quite well received by the audience and shed new light on the true functions of such women's liberation movements as N.O.W. She pointed out that as all groups, N.O.W. had some radical members, but as an organization, had nothing to do with "burning bras," etc.

Following the talk was a very informative and interesting question and answer session.



Talking with Ms. Sweeney, guest speaker, are, l-r: Kay Fitchett, Anne Hubbard, and Shirley McLeod.

Movie Schedule

26 & 27 March
WHO IS HARRY KELLERMAN?—Dustin Hoffman and Barbara Harris. Drama. GP

28 & 29 March
THE RAILWAY CHILDREN—Dinah Sheridan and Bernard Cribbins. Comedy Drama. G

30 & 31 March
THE BRIDGE ON THE RIVER KWAI—William Holden and Alec Guinness. Drama.

1 April
DEEP END—John Moulder Brown and Jane Asher. Drama. R

2 & 3 April
THE MUSIC LOVERS—Richard Chamberlain and Glenda Jackson. Historical Drama. R

4 & 5 April
WHEN EIGHT BELLS TOLL—Anthony Hopkins and Nathalie Delon. Drama. GP

6 & 7 April
JOHN PAUL JONES—Robert Stack and McDonald Carey. Historical Drama. G

8 April
PLAY MISTY FOR ME—Clint Eastwood and Jessica Walter. Suspense Drama. R

CHAMPUS Corner

A wide range of professional services are available, both under the Basic Program and the Program for the Handicapped. (Active duty dependents only)

BASIC PROGRAM

In addition to the services of physicians, other than residents or interns, CHAMPUS will pay for authorized services provided by qualified allied health personnel. Such persons include, but are not limited to, physical therapists, psychologists, speech therapists, speech pathologists, audiologists, social workers, occupational therapists, nurses, and similar practitioners.

PROGRAM FOR THE HANDICAPPED

The following professional services are authorized on either an inpatient or an outpatient basis:

- (1) Services of professional personnel including, but not limited to, the services of physicians, optometrists, social workers, speech therapists, occupational therapists, and nurses.

- (2) Services of teachers who meet the standards of the school system in the jurisdiction in which located and who provide special education such as, but not limited to, remedial reading, speech training, or special classes for physically handicapped and mentally retarded children.

- (3) Services of vocational instructors who teach physically handicapped and mentally retarded persons a trade or occupation (e. g., teaching a blind person to be a mechanic or typist). These instructors must meet the standards required in the school system where the training is being conducted.



HMCS Floyd Young, Jr. was piped ashore on 8 March during ceremonies marking his transfer to the Fleet Reserve after 20 years of service. Chief Young was Chief Master-at-Arms for the Command while stationed here. He now resides in Pittsburg, California, where he is working in construction.

Who's Been Doing What . . .



Length of Service Awards were presented to Eunice Delahaye for 20 years, and Ernest Debose, who received a 30 year certificate from the command. Jaqueline Yackie, Margaret Provost, and Kathleen Shea were promoted to LTJG in recent weeks. HM2 Arturo Lim received a Letter of Commendation upon his release from the military for his services in the micro-biology lab. Eugene Franklin, dental trainee, was presented certificate of completion of one year of on-the-job training on 10 March. Standing beside him are ADM Mahin, ETCS Kohn, and CAPT Amuels, CHIEF DENTAL SERVICE.

Millions Saved by Military Suggestions

During Fiscal Year 1971 over \$117.6 million in tangible savings resulted from suggestions, inventions and scientific achievements submitted by military members of the Department of Defense and Coast Guard. Cash awards to military personnel totaled 1.9 million.

In his report to Congress on the success of the Military Suggestion Program, President Nixon stated, "There could be no better demonstration of the Program's success than the fact that tangible first year benefits in excess of \$555 million have been realized from the suggestions of the military personnel since the program began."

The Navy saved \$3.4 million last year by taking an engineer's suggestions to re-use equipment that was formerly junked. Philip Camberg, a Chemical Engineer at the Pacific Air

Systems Command Headquarters, came up with a number of money saving ideas last year. They included using aircraft fuel tanks as shipping containers for spare aviation parts, and restoring \$2,200 cables for \$200. Both the fuel tanks and the cables used to be thrown out after initial usage. Camberg had saved the Navy several million dollars the previous year with similar ideas. He recently studied his own operations, and concluded that having an assistant would be a wasteful expense.

—usn—

DANGEROUS HOURS—25 percent of all auto deaths and 28 percent of all auto injuries happen between the hours of 4 and 8 p.m.

On your winter vacation don't try to beat bad traffic conditions. Try to live with them.

Dental Techs Mark 24th Anniversary

Currently, there are over 3400 Dental Technicians on duty ashore and afloat. Their vital importance is attested to by the tremendous strides made in training, from the on-the-job chairside assisting of a quarter of a century ago, to the highly advanced and specialized training programs available today. To stay abreast of rapidly evolving advances in specialized dentistry, there are many educational opportunities afforded qualified Dental Technicians. Training programs include general dentistry, preventive dentistry, prosthodontics, maxillofacial prosthetics, research assistant, dental repair, histopathology, and dental administration. In addition, with the increased emphasis placed on the role of ancillary personnel in the patient-care concept, all avenues within the areas of training, broader responsibilities in patient care, and improved career pathways are being studied with the ultimate goal of, not only increasing dental care delivery, but also expanding the professional responsibilities of Dental Technicians.

Your outstanding professional performance and devotion to duty have contributed greatly to the health and morale of those we are privileged to serve. Best wishes for a Happy Anniversary.

/s/ E. C. Raffetto

Assistant Chief for Dentistry
and Chief, Dental Division

Scout Pack 412 Blue & Gold Dinner



Fun, fellowship, and excellent food were enjoyed by all members of Cub Scout Pack 412 on Thursday evening, 24 February at the Naval Hospital CPO Mess, in celebration of the 62nd anniversary of the Boy Scouts of America. Honored guests of the evening were CAPT and Mrs. Hampton Hubbard and Chaplain and Mrs. Albert Treibel and family. Pack 412, which is sponsored by NH Oakland's Chapel, performed various den skits and games for the attending families.



NH Oakland's latest advancements to Third Class Petty Officer are pictured above. In alphabetical order, they are: Fredrico Acain, Steven Alford, David Arndt, Ronald Boatright, Todd Boyd, Gerald Brown, Larry Coles, Terry Dansby, Kory Derkacht, Robert Downer, Judith Evans, James Fleischmann, Roy Flora, Marceliano Florente, Richard Foulkes, Shelly Gofstein, Gasper Gomez, Robert Hart, Steven Hauser, John Jacobs, Darlene King, Frank Molver, Anthony Nailor, Robert Parcel, Robert Plant, Barbara Rodriguez, Richard Siordian, Karen Spears, John Stryker, Steven Trammel, Brice Trimble, Tommy Vanlandingham, and Richard Villa.

Life Began at NH Oakland . . .

Life began 28 February for Dennis Duane Rekedal, 7 pound son of HA Dennis Rekedal of 9-South, and wife, Lynn . . . 14 March for Fernando Alcova Jose, 7 pound, 1½ ounce son of HMCS Senecio

Jose of Operating Services, and wife, Ernani . . . 20 March for Rebecca Gaylin Poppell, 6 pound daughter of HM1 Gordon Poppell, Jr., of PMT School and wife, Dayle.

Sports Shorts OR and Lab Battle For Station Champs

After trailing most of the game, OR came from behind in the last 10 seconds of the game to defeat Marine Liaison by a score of 72-71.

Although Silviera was not the leading scorer for the night, two of his 12 markers proved to be the difference in the game as, with 10 seconds left, Larrabee intercepted a pass and fed the ball to Silviera who sank the come-from-behind game-clinching basket.

Deutsch led all scorers with 27 points, followed by Day with 19. Larrabee and Silviera each had 12. Meraz led the losers with 20 points, with Celestano and Wilson each getting 19 and 17 points respectively.

The outcome of OR's game with Lab on 22 March will be in the next issue. If Lab is the winner of that game, they will have to play again on 29 March, since OR must lose twice.

MARINE LIAISON

Player	FG	FT	TP
Meraz	10	0	20
Celestano	8	3	19
Harrison	3	2	8
Cox	1	3	5
Darnell	0	0	0
Porter	0	0	0
Sims	0	0	0
Penn	0	2	2
Wilson	8	1	17
	30	11	71

Fouled out—Harrison, Penn, Wilson

Officials—Bainter and Scarlata

BOX SCORES of 15 March GAME

PLAYER	FG	FT	TP
Larrabee	3	6	12
Day	7	5	19
Deutsch	10	7	27
Crowe	1	0	2
Silviera	6	0	12
Dasch	0	0	0
McClain	0	0	0
Herbst	0	0	0
Foulkes	0	0	0
	27	18	72

Fouled out—None

Officials—Bainter and Scarlata

INTRAMURAL VALLEYBALL STANDINGS as of 17 March

TEAM	W	L
Admin	6	0
Pharmacy	5	1
OR	3	1
Dental	2	1
OB/Gyn	4	2
NP	3	3
Surgical	1	4
PT	1	4
IT	0	4
Neurology	0	5

Skeet and Trap

The Twelfth Naval District Skeet and Trap Championships are scheduled to take place on 14-15 April at the Naval Air Station, Lemoore Skeet and Trap Range commencing at 0800. Squadding for Skeet and Trap participants will be at 0730. The six highest scores will qualify for the Pacific Fleet Championships at NTC San Diego, 19-24 May 1972.

Teams will consist of 5 shooters from each naval activity. However, individuals may participate from activities not able to field a full team. No fees are required for participation.

Entries must reach Ron Brown, Athletic Director, not later than 1 April.

Pistol Championships

The Twelfth Naval District Pistol Championships (caliber .45) will be held at Naval Air Station, Alameda on 27 May at 0800. The individual match will consist of firing two times over the National Match Course, and the team match will consist of firing once over the National Match Course by each four man team.

Awards will be provided by the Twelfth Naval District and presented at the termination of firing. Personnel will be selected from the six highest scores to represent COMTWELVE in the Pacific Fleet Championships at the Naval Training Center, San Diego, 14-21 June 1972.

Questions may be referred to Ron Brown, Extension 2350.

12ND Softball

The 1972 Intramural softball leagues are tentatively scheduled to start the week of 8 May 1972. Games will be played Monday through Thursday. Game time is 1700, with a 15 minute forfeit period.

Softball equipment will be issued to team captains for use throughout the season. Equipment can also be checked out from Special Services. Team captains will be held responsible for all gear checked out to their teams.

Entry blanks are available at Special Services or the Athletic Director's Office.

Track and Field

The 12ND Track and Field Meets begin on 19 April. The first meet is at Naval Air Station, Moffett Field at 1700. Personnel interested should contact Ron Brown at Extension 2350.

Table Tennis

The Table Tennis Tournament will be held at the U. S. Coast Guard Station in Oakland on 21-22 April. Anyone interested call Ron Brown.

Swimming & Diving

The 12ND Swimming and Diving season starts 7 June 1972. Championships will be held at Naval Station, Treasure Island 27-28 June at 2000. See the Athletic Director for more information.



Attention Tennis Players: "Poncho," of the National Surfacing Company is pictured above applying the colored surface course to the tennis courts. The green and red courts are complete now, and are ready for your use. For those looking for healthful recreation and/or tough competition, list your name and telephone extension on the tennis ladder located at the tennis courts.

What's New at The Crew's Library

NON FICTION

Love and Liberation (up front with the feminists). Lisa Hobbs
Sexual Politics. Kate Millett
The Self-inflicted Wound. Fred P. Graham
Strategy for Tomorrow. Hanson W. Baldwin
The Grim Reapers. The anatomy of organized crime in America. Ed Reid
Comparative Guide to American Colleges for Students, Parents and Counselors. James Cass and Max Birnbaum
The Tyranny of Noise. Robert Alex Baron
This is Pro Football. George Sullivan
Civilization, a Personal View. Kenneth Clark
Alaska, the Complete Travel Book. Norma Spring
The Phantom Raider. Edwin P. Hoyt
Inside the Third Reich. Albert Spear
Bury My Heart at Wounded Knee. An Indian history of the American West. Dee Brown
Spies of the Confederacy. John Bakeless
The San Francisco Earthquake. Gordon Thomas
The World of Charles Dickens. Angus Wilson
FICTION
The Earnshaw Neighborhood. Erskine

Caldwell
The Lynching of Orin Newfield. Gerald Jay Goldberg
Wheels. Arthur Hailey
The Rape of Tamar. Dan Jacobson
Arose for Virtue; the very prime life of Hortense, stepdaughter of Napoleon I, mother of Napoleon III. Norah Lofts
The Scene. Mike Jahn
No Fatherland. Hans Hellmut Kretzschmar
Forsaking All Others. Emilie Lora
Rather a Common Sort of Crime. Joyce Porter
Behold, the Druid Weeps. Mary Rippon
Everybody Knows and Nobody Cares. Mason Smith
Fingers In the Door and other stories. Frank Tuohy
The Killing Zone. William Crawford Woods
The Voyage of the Franz Joseph. James Yaffe
The Dahomean, an historical novel. Frank Yerby
DETECTIVE STORIES
A Late Phoenix. Catherine Aird
Bombshell. Richard Raine
JUVENILE
Juan and the Asuangs. A tale of Philippine ghosts and spirits. Jose Amador
Fantastic Mr. Fox. Ronald Dahl
In the Night Kitchen. Maurice Sendak

Meet The Champ



Meet the Twelfth Naval District Boxing Champ, DT2 Van Bambico. A few days before the tournament began at Hunters Point Naval Shipyard, Van, who works in the Dental Clinic in Bldg. 500, decided to enter the competition and brought the 12ND trophies back with him (and a black eye). The above photo was taken on 2 March, when Admin. Mahin officially presented Bambico with his trophy.

HM2 Ramirez Sailor for '71



July 1971 Sailor of the Month, HM2 Ralph Ramirez, has been named the most outstanding sailor stationed at this Command and has received the Sailor of the Year award for 1971.

Ramirez originally reported to NH Oakland in July of 1970 as a patient, recovering from wounds received in Vietnam. Following rehabilitation, he was ordered to staff here and began working in Outpatient Service, for which he

was awarded Sailor of the Month honors.

Ralph is currently attending school at San Jose State College, working toward his nursing degree under the Navy Enlisted Nursing Program.

Ramirez hails from Oakland and attended Monterey Bay Academy before entering the Navy. His name will be inscribed on the permanent plaque displayed in the Main Lobby of Building 500.

Added Services and New Location Offered by USCG Credit Union

Thanks to the efforts of Mr. Robarge and others, all hospital employees are now eligible for the benefits and services provided by the Alameda Coast Guard Federal Credit Union. The National Credit Union Administration has officially approved the proposal to specifically include the following persons within the ACGFCU field of membership:

All civilian and military personnel who are assigned to or work at Naval Hospital Oakland, employees of other U. S. Government agencies and of non-appropriated fund activities who work here; members of the U. S. Armed Forces, active or retired, or their dependents or dependent survivors who are eligible by law or regulation to receive and are receiving benefits or services from NH Oakland; persons retired as annuitants from the above employment or service; members of their immediate families; and organizations of such persons.

This simply means that full credit union benefits and services are now available to all hospital personnel, their dependents, and members of their immediate families. Your credit union office is now located in Building 101 near the Disbursing Office. Business hours are from 1030 to 1330 on Wednesday and Thursday of each week, except for legal holidays. Mrs. Doris Lovato, a member of the credit union staff, will be there to answer questions, process membership applications and transact other credit union business. Hospital personnel desiring to transact business other than on Wednesdays or Thursdays may visit or call the main office on Government Island, Alameda. Hours at the main office are 0900 to 1530 daily, Monday through Friday. Telephone 532-5160.

What exactly is a federal credit union? It is a cooperative which is chartered and supervised by the United States Government. It is owned and democratically controlled by its membership, which is limited to a group of persons having a common bond of occupation, association, or residence. Its function is to promote thrift, to provide a convenient, inexpensive source of credit for a worthwhile purpose, and to furnish a means for the members to educate themselves and to receive financial counseling in the management of their financial affairs.

Savings at your credit union are insured by an agency of the United States Government up to \$20,000 per account. For many years your credit union has paid a 6% dividend, the maximum permitted by federal law, compounded semi-annually on all shares (savings) on deposit at the end of the dividend period. Dividends are declared semi-annually.

Another benefit is the life insurance policy matching your savings, up to \$2500, for every dollar in your account. Loan protection insurance at no additional cost is also furnished. Subject to the terms of the policy, if an insured member dies or is permanently disabled, a claim is established and the insurance company pays off the borrower's loan. Insurable borrowers are insured for the amount owed up to \$10,000. No physical exam is required.

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 34, No. 8

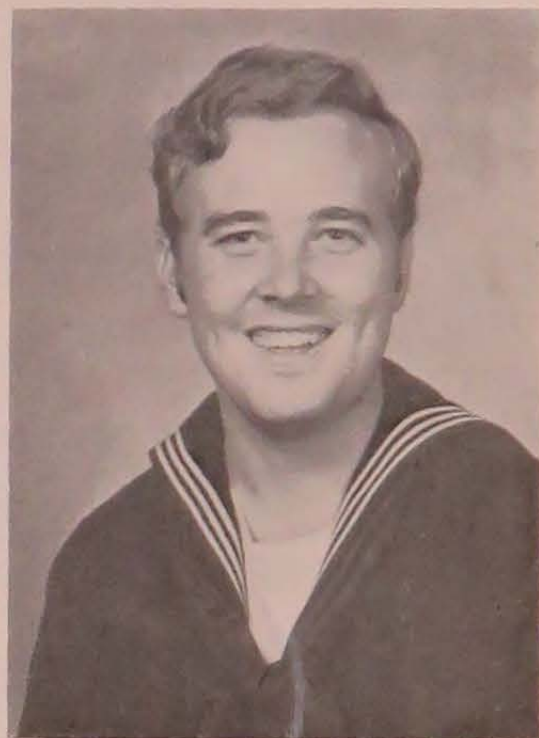
Friday, 7 April 1972

HM3 Tom Denmark Chosen February's Sailor of the Month

Most recent Sailor of the Month is HM3 Thomas Denmark, selected for the month of February. In the letter accompanying the presentation, Denmark was commended for "extraordinary initiative in organizing the functioning of an extremely active clinic and a genuine interest in learning more about Pediatrics and Pediatric Cardiology."

Tom enlisted in the Navy in February of 1970 and reported to NH Oakland the following October via boot camp in Orlando, Florida, and Corps School in San Diego. Upon reporting here he was assigned to 6-South, General Surgery, until April 1971, when he rotated to the outpatient clinics.

Garden City, Georgia, is home for the 22-year-old bachelor, where he graduated from Groves High School and added one year of college at Armstrong State and Georgia Southern Universities.



When released from active duty, Tom plans to return to school, continuing his training in medicine.

MSC Applications Due 1 August

Applications for the MSC Program, Health Care Administration Section, inservice procurement, are due prior to 1 August. HM1s and above are invited to check their qualifications at the Career Counselor's Office, Bldg. 105, at their convenience.

Interested in a career as a Navy Nurse? Qualifications are: Be on active duty in pay grade E-4; Un-

der 24 years of age (a waiver on maximum age will be considered); No record of Courts Martial or Nonjudicial Punishment for a two-year period; High school graduate with a C+ average; Combined GCT/ARI of 118; Female applicants must be unmarried. For further information see the Career Counselor, Bldg. 105.

(Continued on Page 3)



Doris Lovato, Branch Manager, and Walter Terry, Treasurer-Manager, are able to answer any questions you may have. The new office is in Bldg. 101, across from the Disbursing window.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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+ + CHAPLAIN'S CORNER + +

Suppose the Apostle Paul wrote to us, the staff of Naval Hospital, Oakland. Perhaps he would re-write his thirteenth chapter of First Corinthians something like this:

If I speak in the wise "medicalese" of the physician and of the nursing staff but have not love, I am a noisy gong or a clanging cymbal. And if I have great powers of discernment and understand medical mysteries and all knowledge, and if I have monumental confidence, but have not love, I am nothing. If I give away all I have and if I work myself to death in sacrificial service, but have not love, I gain nothing.

"Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. . . Faith, hope, love, abide these three; but the greatest of these is love."

(Direct quotes are from I Corinthians, Chapter 13)

LCDR A. R. TREIBEL, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

Who's Doing What...



Mrs. Pinkie Orr retired from the Civil Service after working at NH Oakland for 29 years. She started her career as a Mess Attendant for Food Service in 1943 and worked her way up to Foreman Commissarywoman. HM1 Eddie Lee received a Letter of Commendation for outstanding service rendered in the Clinical Chemistry Branch of Laboratory Service. RADM Mahin presented Dr. Kun Yung Lee of the Korean Navy his certificate for completion of 26 weeks observership in Orthopedics as CDR Stanley Harmon looks on. HN Harold Summitt received a Letter of Commendation in recognition of his exceptional ability demonstrated in the Pediatric Service. CDR Walter Andersen, MSC, USN, Retired, received a Certificate of Special Recognition for his work as coordinator for the Navy Cost Reduction Program. In fiscal year 1971 NH Oakland exceeded its goal by 209%. HMC Horace Gaddis was transferred to the Fleet Reserve following 20 years of service. Chaplain James Perdue completed 12 months Pastoral Counseling Residency here and is now on the staff at NH Oakland.



Newest PMT Grads comprising Class #61 are, front row, left to right: HM1 F. A. Picos, HM2 J. P. Logue, HM1 R. E. Bubb, HMC R. B. Johnston, HM2 J. D. Baker, SR N. V. Trong, HM2 G. W. Foss, HM1 G. L. Bode-man, and HM2 D. W. Crabtree. In the second row are the PMT School Staff: HMC O. E. Peterson, HMC S. Malonson, HMC G. W. Hatcher, HMCS D. D. Hofer, HMCS T. V. Wallner, CDR N. C. La Chapelle, LT J. D. Blaylock, HMC S. W. Brown, HM3 S. R. Bassett, HMC L. R. Therrien.

Life Began at NH Oakland...

LIFE BEGAN 30 March for Brandon Robert Boyt, 7 pound, 3½ ounce son of HM3 Robert Boyt

of Ortho Clinic and wife, Catherine. . . 31 March for Mari Lee Christine Vantine, 7 pound, 8½

ounce daughter of MM2 James Vantine of Special Services, and wife, Kathleen.

Hail & Farewell

OFFICERS REPORTING:

LT Richard Yagol, MC, reported from Force Surgeon, Naval Advisory Group, Vietnam.

OFFICERS DETACHED:

LTJG Elizabeth Myers, NC, and LT Dorothy Phillip, NC, were released from active duty.

ENLISTED REPORTING:

From Hospital Corps School, Great Lakes, came HAs Margaret Kelley, Michelle Blier, and Denise LaFlamme. From HCS San Diego came HAs Ronald Kaye, John Hargis, Jr., Tracy Kendall, Ken Edson, Douglas Vondrachek, Harlan Rzezy, Charles Lateur, Michael Lofties, Richard Peteroli, Patrick Bellando, Neal Archer, William Banks, HNs David Burton, Paul Crews, Jr., Michael McKisson, Alzo Bronson, Larry Pence, Richard Madson, and HM3s David Parsons, Phillip Owens, and Warren Plamann.

HMC Charles Haggerty, HM2 Dennis Kurz, and HA Scott Shiffer reported from Naval Station, Treasure Island. HM3 Timothy Town and HA George Brown, Jr. arrived from Naval Medical School, Bethesda. HN Jack Papazian, Jr. reported from Naval Supply Center, Oakland.

ENLISTED DETACHED:

HN Siegfried Boehnke was detached to the First Marine Division, and EN1 William Toler went to Naval Support Activity, Mare Island.

HMCS Floyd Young, Jr. and HMC Horace Gaddis were released to inactive duty in the Fleet Reserve. HM2 Lewis Rashkin was released to inactive duty in the Naval Reserve and HM2 Arturo Lim was discharged from the USN.



EXEC-LINE

● I am calling in reference to the inspection on 24 March in Bldg. 501 in which some of my personal property was appropriated. They took a candle that had the wick cut off and had not been burned in a long time. They also took a shell that a patient had given me. I am on report for this and would like to know why.

During the recent fire inspection of the barracks, the Fire Chief confiscated all open flame devices (i.e., candles, kerosene lamps, etc.). Only new candles that do not show any evidence of being burned are allowed in the barracks and then only by personnel who had purchased them prior to December 1971, as NAVHOSPINST 11320.1E prohibits their possession in the barracks. You may reclaim your candle at the Investigations Section of Security.

You also had in your possession a live 81mm mortar round which is a violation of NAVHOSPINST 1110.1D concerning government property. In addition, you violated several ordnance and civil laws which prohibit possession of live mortar shells. The largest concern in this area was concern for the hazard created for yourself and shipmates. The patient who brought this shell from Vietnam will receive appropriate disciplinary action.

● I work in the Gastroenterology Laboratory and I would like to know the policy on riding bicycles to the hospital. I was confronted by an officer after work one day and I was reprimanded for having my bicycle at the hospital. I was under the impression that it was okay to do this, that is, to store the bicycle within the confines of the hospital for safety reasons, as numerous other people do. Please enlighten me on this hospital policy.

You were confronted and reprimanded by an officer because you were taking your bike on the main elevator to the fourth deck where you intended to lock it up in one of the gastroenterology storerooms. No one may ride his bicycle to or from the hospital. It is not permissible to bring the bicycle into the main building (500) or into the elevators for purposes of securing the bicycle some place in the main building. Provisions are now being made to install a bike rack outside Bldg. 501, where you may secure your bike properly.

● Would it be possible for the Plan of the Day to publish in advance whenever the Alameda Air Station Commissary will be closed? All local Navy Commissaries are closed on the following days: 31 March and 30 September for inventory, and all federal holidays. When the holiday falls on Monday the stores are closed on the Saturday preceding, since their normal week is Tuesday through Saturday. This is a rigid schedule and adhered to from year to year.

● Why aren't the Marines who are stationed here at the Naval Hospital standing nights at the main gate as is the custom at most military installations?

Had you checked with your division CPO or division officer you could have been informed that we have no Marines stationed here. All Marine Corps personnel assigned to Marine Liaison are attached to and stand their assigned watches at Marine Barracks, Treasure Island.



Newly frocked Captain, Dr. John Davis, receives a congratulatory handshake from RADM Mahin. Also present for the ceremony were his two daughters, Laura and Valerie, and his wife, Gloria. The new Captain has been attached to NH Oakland since July of 1970 and is Head of the Endocrine/Metabolic Branch of our Clinical Investigation Center. CAPT Davis attended pre-medical school at Harvard College and received his MD from the Boston University School of Medicine in 1957.



Dr. Rolf Steyn receives congratulations from RADM Mahin at recent ceremonies in which he was frocked a Captain in the Medical Corps. CAPT Steyn reported to NH Oakland last January as Chief of NP Service. He received his MD from the University of Rochester and was commissioned an officer in the Navy in 1957.

THE SHORT SHEET

New Recruiting Programs

Active duty enlisted personnel will participate in two new programs aimed at boosting the Navy's recruiting effort. Under the Recruiting Assistance Program, selected recent reenlistees will be sent to their hometowns for ten days of temporary additional duty to talk to high school and other youth groups. Under the Recruit Feedback Program, selected boot camp graduates will be sent to their hometowns for five days of TAD.

50,000 EM's to be Advanced

Over 50,000 enlisted personnel have been authorized advancement as a result of the February Navy-wide advancement examinations. Advancement authorizations are now being mailed out by the Examining Center. Advancement dates are being set only for those being promoted in May, June, July, or August. Others picked for advancement will be designated selectees. Officials say they expect selectee advancement dates to be issued by August, 1972.

New Employee Appeals Board

A new Employee Appeals Review Board has been established by the Navy to process appeals and complaints from its civilian employees. The new board functions separately from the Office of Civilian Manpower Management. It is under the direct supervision of Assistant Secretary of the Navy (M&RA) James Johnson, who terms it a milestone in the Government's employee relations program.

Race Relations NEC

The Bureau of Personnel has established a special NEC (9576) for a race relations education specialist. Prerequisites for the NEC include six months experience in a race relations education specialist billet, completion of the defense race relations instructor training course, and completion of an intercultural relations course now being formulated by BUPERS.

First Female Admiral

Secretary of the Navy Chafee has outlined plans for selection of the Navy's first female admiral this year. The Secretary had previously indicated that he was in favor of a female admiral, and Secretary of Defense Laird stated this past week that there will be a lady admiral within six months.

MSC's

(Continued from Page 1)

There has been the establishment of a more liberal maximum age waiver policy to permit exceptional enlisted personnel to compete for entrance in certain officer producing programs. These programs are:

Navy Enlisted Scientific Education Program (NESEP)

Navy Enlisted Nursing Education Program (NENEP)

Navy Enlisted Dietetic Education Program (NEDEP)

Medical Service Corps

Officer Candidate School

Warrant Officer

See your Career Counselor, Bldg. 105, for further details.

OR Wins Station Championship

Lab gave a valiant try, but came up with the short end of the score as they were unable to overcome the lead OR had taken at the start of the game. OR went on to win 74-65 to give them the 1971-72 Intramural Basketball crown.

OR jumped off to a big lead in the first part of the game and led by as much as 15 points midway in the first half. Lab closed the gap at intermission and trailed only by 8 points; 30-22. Early in the second half, Lab threw a scare into OR as they came within 2 points of tying the game. But OR kept cool and opened the gap to 10 points and kept it that way until the end of the game.

Larrabee led all scorers as he split the net for 17 points in the first half and 15 in the second on 10 field goals and 12 free-throws for a grand total of 32 points. Day followed with 16 points.

Bailey led Lab as he has done all year with 24 points on 11 field goals and 2 free-throws. Owens followed with 18 points on 9 field goals for Lab.

Men's Table Tennis

The Twelfth Naval District Men's Table Tennis Tournament will be held 21-22 April at the Coast Guard Training Supply Center, Alameda at 1900. The tournament will be double loss elimination type in singles and doubles competition. Four single entries and two double teams will be permitted from each command. Deadline for entries to Ron Brown is 12 April 1972.

Women's Table Tennis

The Women's Table Tennis Tournament will be held 19-20 April 1972 at Naval Air Station, Moffett Field at 1900. The women's tournament will also consist of double loss elimination type in sin-

BOX SCORES

OR		FG	FT	TP
Player				
Larrabee		10	12	32
Day		5	6	16
Deutsch		5	1	11
Crowe		0	0	0
Culbertson		5	0	10
Silviera		2	1	5
Dasch		0	0	0
McClain		0	0	0
Herbst		0	0	0
Foulkes		0	0	0
Lab		27	20	74
Lab		FG	FT	TP
Player				
Bailey		11	2	24
Utter		3	2	8
Eastburn		2	1	5
Owens		9	0	18
Wright		4	0	8
Gorman		0	0	0
Elwood		0	0	0
Bryant		0	0	0
Jones		0	0	0
Sunberg		1	0	2
Hensleig		0	0	0
Lab		30	5	65

Fouls: OR—18
Lab—15
Officials: Bainter and Schofield
—usn—

Group "B" Bowling Champs

Naval Hospital Oakland has captured the Twelfth Naval District "B" Crown with their 27-21 win-loss record. Season averages for the hospital bowlers follow.

Bowler	Avg.	Games	Pins
Cartmell	188	44	8306
Santiago	165	36	5970
Bain	161	30	4833
Bryan	167	41	6885
Mendenhall	174	33	5745
Wright	173	28	4844
Coleman	185	17	3153
Barvick	145	5	729

gles and doubles competition. Contact the Athletic Director at 2350 for more information.

CHAMPUS Corner

NURSING CARE UNDER CHAMPUS PART I

PRIVATE DUTY NURSE The services of a private duty nurse are authorized under CHAMPUS when the attending physician certifies that the services are medically necessary. A "private duty nurse" includes a professional registered nurse (RN), a technical registered nurse (RN), a licensed practical nurse (LPN), a licensed vocational nurse (LVN), or a Christian Science Nurse who is listed in the Christian Science Journal current at the time the services were provided, if such services were ordered by a Christian Science Practitioner.

When the services of the types of nurses noted above are not available, the services of an unlicensed practical nurse (PN) or a nurse's aide are authorized. The services of a PN or nurse's aide are also authorized when the attending physician attests that the care provided by the PN or nurse's aide meets the medical needs of the patient and that the services provided are not domiciliary or custodial.

The services of an attendant, when ordered by a physician while the patient is hospitalized, are authorized benefits. Services provided by an attendant in the home are authorized benefits only when the services of the types of nurses listed in the above paragraphs are not available and the attending physician certifies that these services are medically adequate and that the services provided are not domiciliary or custodial in nature.

Scuttlebutt

An Ecology Minded staff member was surprised to find that suggestions CAN create changes in the system. A few weeks back he mentioned that the main hospital's snack bar was using styrofoam cups, which were not bio-degradable—last week the snack bar started using paper cups.

Debbie Evans has acquired a flute and is looking for lessons on blowing her horn.

We know a guy who caught a plane to San Diego for the Easter weekend, taking his son and dog. Upon returning Sunday he had left his son and brought back the dog. ... Grandparents ARE influential!

Miss Dorothea Hamilton was spotted carrying a big fake rabbit on a tray. Was she advertising for the holidays?

When rookie CPOs Reyes and O'Conner received their appointment letters and were reminded of the increased responsibilities of their new rate, the Admiral also reminded them of the CPO initiation that afternoon: the Oak Leaf representative noticed a slight tremor run through the pair.

LT Sparks has ten MORE rabbits. A Hard Working Group—1/4 of the OR staff came in last Saturday and Sunday to clean up after the repair work was finished. On Monday the other 3/4 finished the work and by Tuesday they were "Back in operation." Charles Schultz's Pig Pen would never understand.

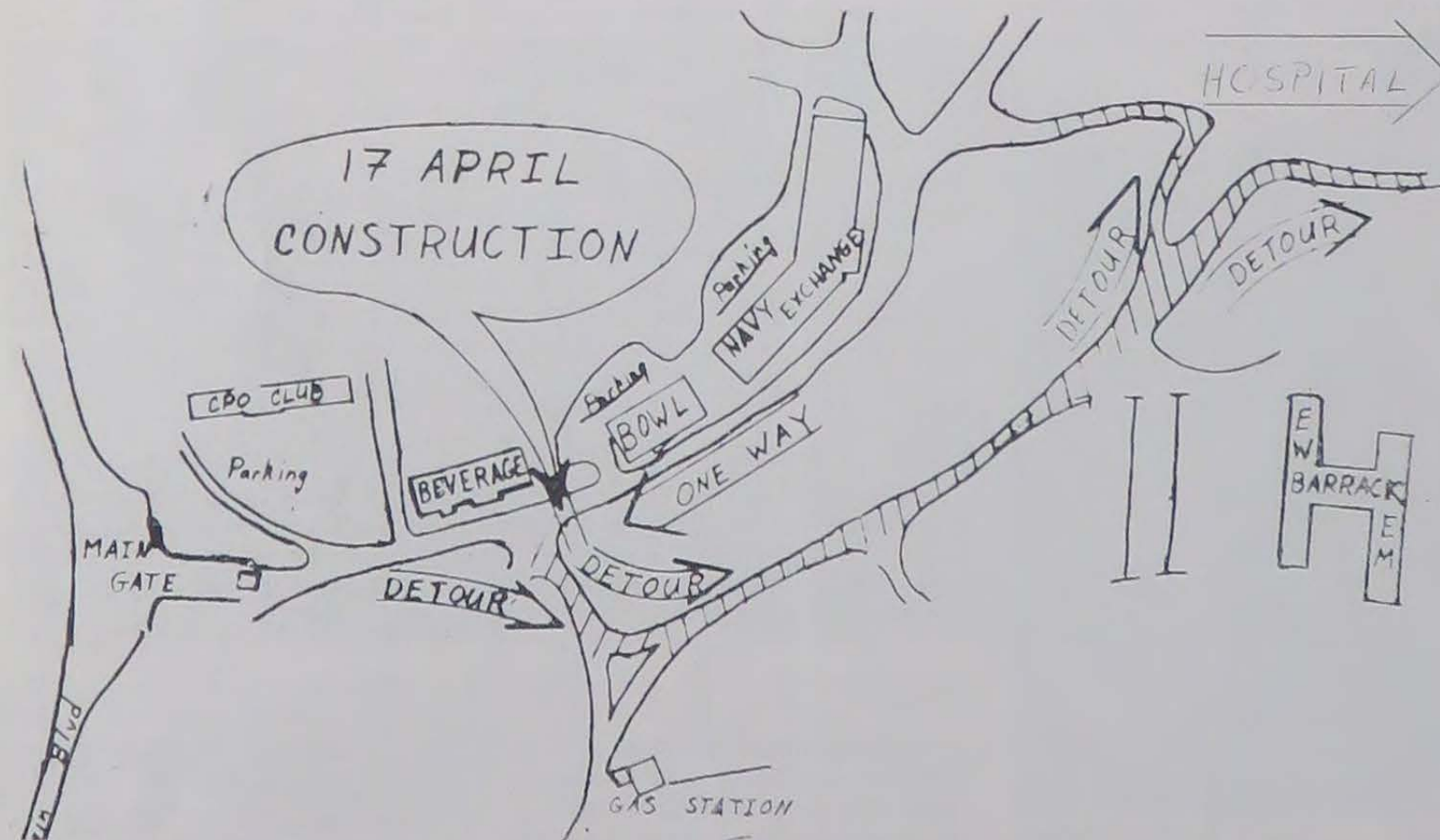
LCDR Wanda Kelly had an eye popping experience in Officer Personnel the other day. ... One of the lenses of her glasses suddenly popped out of the frames.

YNSN Mary Nanna claims the reason for her selection to YN1 was due to her previous Chief teaching her all she knows. Wait till Nanna finds out what her new boss can teach her! Maybe she'll make YN1 or YNC.

The innermost leaves of the mighty Oak shook with uncertainty and unrest due to the fervent prayers, dances, and hapless hopes of the Medical Service Corps officers' pleading for the so badly needed rain which their relief fell upon the quietly waiting softball field, dampening the competitive spirits of the Chief Petty Officers. ... for a week. Game not scheduled for 1600, 12 April.

The Oak Leaf proudly announces the members of our own Dixieland Band: On the saxophone is Yakety Sax Kardinal; with Slide Carson on the slide trombone; Liza Lacey tooting the trumpet; String-a-Long Austin strumming the old banjo; and last but certainly not least, playing the imitation ragtime baby grand piano—Finger Hubbard.

Congratulations to Suzy Ziegler, wife of Dr. David Ziegler, Head of Neurology, upon being elected president of the Alamo-Danville Junior Women's Club for the coming year.



Blackwood Street will be broken into again. On Monday, 17 April, the road in front of the Navy Exchange and Bowling Alley will have one way traffic in the direction leading off the base. For those driving onto the base and to the hospital, it will be necessary to detour to the right as though going to the gas station. The sketch above shows the quickest way to the hospital and most other parts of the base.

The change in traffic patterns will give the construction workers room to cross under Blackwood Street near the Bowling Alley with steam pipe. Two way traffic will be restored by 5 May.

THE SHORT SHEET

John Warner Nominated New SECNAV

The White House announced on 7 April that John W. Warner, present Undersecretary of the Navy, will be nominated to be the new Secretary of the Navy. He will replace John H. Chafee, who submitted his resignation to the President earlier this month. Secretary Chafee's resignation is to be effective as soon as Mr. Warner is confirmed by the Senate and sworn in. The White House also announced that Frank Sanders, present Assistant Secretary of the Navy for Financial Management, will be nominated to succeed Mr. Warner as Undersecretary.

Drug Education Program Underway

The Navy began implementation of its service-wide drug education program 17 April in San Diego. Navy officials say the program will be one of the most extensive of its kind when fully implemented. It is designed as a flexible, continuing program to be adapted to any special or unique needs of each individual Naval activity. Norfolk will be the second implementation site. Training there will begin around the middle of May, and it is estimated that all active Navy and reserve units will be covered by June of 1973.

New Housing Regulations for PCS Moves

A forthcoming change to Navy Housing Regulations will allow personnel taking schooling or refresher training during permanent change of station (PCS) moves to leave their families in the housing at their old commands. In the past, personnel and their families had to leave the housing at their old commands on the day they were detached from duty. A recently approved change to OPNAV instruction 11101.13E, which governs assignment to Navy housing, includes a provision which will allow personnel to choose whether to move their families before or after their schooling.



CAPT Clark Retires

Captain Gale Clark, MC, USN, Chief of Neurological Surgery, retired from the Navy on 1 April 1972 after twenty-nine years of service. He has been attached to the Naval Hospital, Oakland seventeen out of the last twenty-two years. A few of the "firsts" CAPT Clark holds are: he was the first regular Navy man to be invited to help give examinations for certification by the American Board of Neurological Surgery; the first

"regular" to become a member of the American Academy of Neurological Surgery; the first to be appointed to the faculty of Harvard Medical College (while at Chelsea Naval Hospital) and to the University of California Medical School in San Francisco. He was the senior neurosurgeon at the launching of astronauts at Cape Canaveral with Project Mercury. He is a member and past president of the San Francisco Neurological Society. He was the first Navy neurosurgeon to arrive in Korea and performed over two hundred craniotomies aboard the USS CONSOLATION.

Following retirement he intends to increase his teaching commitment at the University of California Medical School in San Francisco.

CAPT Clark lives in Oakland with his wife, Marion, who is a member of the Women's Board of the Oakland Museum Association.



HN Flores March Sailor of Month

Our March Sailor of the Month has been named in recognition of his outstanding performance on Ward 7-South. HN Lawrence Flores, Jr., Senior Corpsman on the Orthopedic Surgery Unit, received the letter on 13 April commending him for "total commitment to duties... sincere interest in patient care and teaching new corpsmen, and his enthusiasm, interest, and initiative in meeting challenges."

Larry was born 21 years ago in Casa Grande, Arizona in a small hospital that was converted from a motel. Later, moving to California, he graduated from Santa Clara High School and attended one year at De Anza College at Cupertino, California, majoring in a pre-medical course.

Several unusual hobbies occupy his leisure time. The first of these is his collection of valuable comic books, which number approximate-



ly 500. However, only those books that are first issues or comic books

(Continued on Page 3)

PNA Option Outlined

A passed but not advanced (PNA) option was put into effect prior to this February's Chief Petty Officer through Third Class Petty Officer advancement examinations. All those passing the examinations but not advanced will receive additional points toward the next examination.

The points will be awarded to passing candidates not advanced, on the basis of the following schedule:

Relative Standing	Points
Exceeding above average (Score in 70s)	1.5
Above average (Score in 60s)	1.0
Average (remainder of passing candidates)	0.5
Relative Standing	Points
Upper 25 percent by peer group standing	1.5
Peer group standing of 26-50 percent	1.0
Peer group standing of 51-75 percent	0.5
Lower 25 percent by peer group standing	0.0

Naval Examining Center will maintain historical tapes on candidate PNA point awards. On computation of each candidate's final multiple, the PNA points will be automatically added.

Inclusion of the PNA factor will result in the advancement multiple computation schedule being restructured as follows:

POINTS	FACTOR	WEIGHT
80 (MAX)	Examination Score	40 %
50 (MAX)	Performance (Average of marks received)	25 %
20 (MAX)	Total active service (1 per year)	10 %
20 (MAX)	Time in present grade (2 per year)	10 %
15 (MAX)	Awards (Points per award)	7.5 %
15 (MAX)	PNA (Maximum 3 per exam cycle)	7.5 %
200 (MAX POSSIBLE)		100 %

Subsequent to each examination, those candidates passing the examination but not advanced will be informed of the PNA award factor used in computation of their advancement multiple, as well as the PNA award factor to be applied should they desire to compete in the next examination series. With each examination, this information will be shown on the candidate's examination profile card. In this manner a high degree of visibility will be afforded to the PNA award bonus factor. This will ensure that its relationship to the advancement process is understood by all candidates.

The PNA award option recognizes all aspects of the candidates' profile: current longevity through repeated examination participation, knowledge through points awarded on the basis of examination score, and performance through points awarded on the basis of candidate's performance standing relative to others in the competitive peer group.

(Reprinted from NH Philadelphia "Reflections")

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+ + CHAPLAIN'S CORNER + +

SMILES

You know, one of the important things in this world is a smile. Think of what a gloomy place this old world would be without it. We simply could not get along without an occasional smile.

A smile spreads happiness, yet it can spread misery. It all depends upon whether you smile "with" another or "at" another. When you smile *at* another, you are on some throne of superiority and the result is humiliation. No bargain or contract is honest unless both parties profit; no game is good where one side always wins.

To smile *at* another is ill-bred; to smile *with* another is human. To smile *at* is the most subtle form of insult. To smile *with* means liberty, equality, and fraternity. A smile is very important, but a lot depends upon whether it is "with" or "at."

LT ROBERT F. GROTHAUS, CHC, USNR



SH1 Willie Fudge, NHO's Laundry Supervisor, retired after completing 20 years in the Navy. Living in Oakland, Willie now works for Alta Bates Hospital, where he is in charge of their laundry service.

Divine Services

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OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

Who's Been Doing What . . .



RADM Mahin presents Shareen Sullivan and Pamela Olson certificates of completion of one year's on-the-job training as dental assistants. Looking on is CAPT Samuels, Chief of Dental Service. HNP Patricia Morris reenlisted for six years, and EMC Donald Clarke signed on the dotted line for three years.



Oakland Naval Hospital gained two new Chiefs on 3 April when HMC Efrén Reyes and HMC George O'Connor received their promotions. Chief Reyes works in the Laboratory and Chief O'Connor is assigned to Security Division.

Pre-retirement Briefings Begin 24 May

Attention all military personnel anticipating retirement within the coming 12 to 18 months: Pre-retirement briefings will be held on Wednesday, 24 May 1972 at the Damage Control School Auditorium, Bldg. 461, Avenue M, Naval Station, Treasure Island. Two briefings will be offered, one to begin at 0830 and the other at 1330. The briefings will be conducted by a panel composed of a Navy Referral Program representative and representatives from the Navy League of the United States, Department of Human Resources De-

velopment, Social Security Administration, Veterans Administration and the U.S. Civil Service Commission.

Each briefing will consist of a series of short formal presentations by the panelists; a general question and answer period; and small group counselling sessions.

Subjects covered include job search techniques, preparation of resumes, retirement and survivor benefits, educational assistance, retirement credits, Project REFERRAL, and methods of filing for positions.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.

EXEC-LINE

● We have to keep our bicycles outside and I wonder if we can get permission to lock our bikes in our rooms at the barracks.

Your bicycle may be kept locked up in your Barracks 501 room, provided it is agreeable with the other occupants of your room. If it is not agreeable, you may seek permission to move to another room (via the barracks MAA) where it is agreeable; otherwise you will have to store your bike in some other suitable area. The Security Officer or members of his staff will be happy to assist insofar as possible.

● I work in Staff Sick Call and we've had a problem about linen. We haven't received any in about three weeks now and we've called the Laundry three or four different times and have had no results.

You would have had prompt action had you brought this matter to the attention of your Chief of Service when you first recognized that a problem existed. Actually (after a meeting with the Laundry manager, Laundry foreman, senior housekeeper, Sick Call CPO and corpsmen) it was found that all orders were filled satisfactorily except for being short a few items in the week prior to your call. The Laundry foreman had not been notified of the shortage.

● I got a parking ticket for parking my motorcycle with rear tire touching the curb and front end pointing out of the space. The state of California has a law that says one wheel of a motorcycle must be touching the curb to be legally parked. I told Security and they said "Don't worry about California laws. These are military laws and you're on a military establishment, so you have to have your front tire touching the curb." What exactly are the rules? Also, what are the rules about where motorcycles can be parked if they have visitors passes? They say that only a motorcycle with a base sticker can park in the staff parking lots and I've seen a lot of cars parked there with visitors passes.

Please refer to NAVHOSPOAK INSTR. 5560.1F, 5560.3, and OPNAV-INST 11200.5A. The first reference states "unless a proper decal or pass has been issued or is in the process of being issued, staff members, military or civilian, and patients shall not drive privately-owned vehicles aboard this station except for a medical emergency." The second reference states that motorcycles with Twelfth Naval District decals (this means other than staff) will be restricted to parking their vehicles in the lower CPO Club parking lot when issued a visitors pass. The last reference requires that, in addition to federal and Command traffic laws, military installations should comply with laws of the state in which the reservation is located. You had no valid decal and were parked in a staff lot. Your vehicle was not parked with the flow of traffic (you were parked facing on-coming traffic). The restriction that visiting motorcycles are not allowed near the main hospital is an effort to reduce excessive noise.

HN Flores

(Continued from Page 1)

which will become collectors items are kept. Among his collections are such notables as the first issues of "Superman," "Spiderman," and "Captain America." Another activity Larry enjoys is taking sky diving lessons at the Oakland Airport. He has jumped a few times already. "The first jumps are done with static lines" he says, "and after that it's free-fall."

In May he will begin OR School and following his discharge in 1974 he plans to re-enter medical school.

Movie Schedule

23 & 24 April
THE FRENCH CONNECTION—Gene Hackman and Fernando Rey. Crime-Drama. R

25 & 26 April
NIGHT OF DARK SHADOWS—David Selby and Lara Parker. Horror Drama. PG

27 & 28 April
DR. NO—Sean Connery and Ursula Andress. Adventure Drama. PG

29 April
EVEL KNEIVEL and Short—George Hamilton and Sue Lyon. Biography. PG

30 April & 1 May
LET'S SCARE JESSICA TO DEATH—Zohra Lampert and Barton Heyman. Horror Drama. PG

2 & 3 May
JENNIFER ON MY HAND—Michael Brandon and Tippy Walker. Drama. R

4 & 5 May
FROM RUSSIA WITH LOVE—Sean Connery and Daniela Branchi. Adventure Drama

NWCA 160 Installation

The second annual installation of officers of the local enlisted wives' club, NWCA #160 was held Friday evening, 14 April in the Main Chapel. Out-going President Bridget Smith was program hostess. After the invocation by Chaplain Perdew, distinguished guests were introduced. RADM Mahin, Commanding Officer, Naval Hospital, Oakland was installation guest speaker and stressed the importance of communication and service.

NWCA Southwest Regional President Joyce Smith of San Pedro installed the new officers as follows: President, Mary Hof-farth; Vice President, Anne Kilian; Recording Secretary, Pat Bechthold; Corresponding Secretary, Ilah Anderson; Treasurer, Kay Roberts; Parliamentarian, Vonda Rich; Chaplain, Jan Matthews. Sponsors are Mrs. H. P. Mahin and Mrs. E. B. Miller.

Following the installation and presentation of awards and gifts, refreshments were served in the clubroom in Building 133.

6 May
SAY HELLO TO YESTERDAY—Jean Simmons and Leonard Whiting. Drama. PG

The Patient Care Coordinator Team—Assistance for Non-Medical Problems

"Where's my baggage?" "Did my pay record arrive?" "How do I go about taking my advancement test now that I'm in the hospital?" These are only a few of a myriad of problems that come before a patient being admitted to the hospital which medical staff personnel do not ordinarily have time to track down. And although seemingly unimportant to another, they can be of primary concern in a patient's eyes and may actually hinder the man's recovery. For this reason, NH Oakland established the Patient Care Coordinator Team to help solve these and other problems that are a source of worry and concern to him.

Begun in 1968 under the command of RADM E. P. Irons, the



MM2 Robertson and CS1 Arndt refer problems to appropriate facilities and see that questions are given prompt attention.



LCDR Perdew (right), the Patient Care Coordinator, and the Assistant PCC, CS1 Arndt, review the monthly report of patients visited by the ward caller.

PCCT was originally designed to help the long term orthopedic patients. So significant was the effect of the PCCT that shortly after its beginning on the 7th floor the program was expanded to include floors 6 through 9.

The PCC "Team" is headed by Chaplain James Perdew with CS1 Wally Arndt, Assistant Patient Care Coordinator, and MM2 M. Robertson, on limited duty staff. These three men coordinate the team, handling anything from assisting with income tax returns to seeking help for broken television sets. Arndt stresses that the PCCT attempts to help the patient help himself as much as possible. In this way he more readily moves from being dependent on others to an independent status.

The patients are visited by a ward caller twice a week who logs any problems voiced. The inquiries are then taken to the Patient Care Coordinator's third floor office, and on the basis of needs discovered, various referrals are made.

Ward callers are chosen from the rehab pool, comprised of military who are in a rehabilitative pa-

tient status. "We find the patients communicate more readily when approached by a fellow patient than by someone on staff," says Robertson, once a patient here himself.

The Patient Care Coordinator is also responsible for the hospital's messenger service, which is available to carry lab reports, X-rays, blood work, etc., for the various patient care units and for emergency runs. Still another function of the PCCT is the operation of the #6 elevator from 0800-1600 daily.

The first military hospital to implement the Patient Care Coordinator Team, NH Oakland's PCCT now makes from 2000-2500 military and dependent patient contacts per month. The team is able to provide an immediate point of personal identification for the patient with someone other than medical personnel. The patient benefits by having a place where he can verbalize his problems in a relaxed atmosphere and if communication is a problem, the PCCT acts as liaison between the patient and the staff in establishing communication.

Hail & Farewell

ENLISTED REPORTING:

HM1 Francis Titze reported from Naval Supply Center, Oakland. From Hospital Corps School, San Diego came HA Scott Lee, HNs Danny Bober, David Lerda, Keith Mundis, Michael Streck, and HM3s John Belzer, Thomas Tomczak and Michael Sesic. HAs John Kuhlenskamp, Leslie Adams, Philip Wade, and HN Thomas Haymond reported from Naval Station, Treasure Island. HN Philip Harris from Hospital Corps School, Great Lakes, and HM2 Pamela Bernardis reported from Naval Dispensary, Washington, D.C.

ENLISTED DETACHED:

HM2 Amorsolo Ledina was detached to

Naval Air Station, Cubi Point. DT3 Shirley Jantz was discharged from the USN. HN Brian Pfile and HM3s Donald Puderbaugh, David Barker, and Johnny Walker were released to inactive duty in the Naval Reserve. SH1 Willie Fudge was released to inactive duty in the Fleet Reserve.

OFFICERS REPORTING:

LT John Shigeoka, MC, reported from Naval Advisory Group, Nha Be, Vietnam. Nurse Corps LTJG's reporting are Josephine Baptista, Jeri Kirk, and Rosanna Pacific, from Newport.

OFFICERS DETACHED:

LCDR Hugh Hargrave, MC was released from Active Duty.



Advanced to First Class 1 April were Lawrence Austin, George Naylor, Michael Grizzle, and Lee Lussier.

Sports Shorts

Volleyball Standings

Volleyball standings, going into the final week of play, are:

TEAM	W	L
Admin	8	0
Pharmacy	7	1
OR	6	2
Dental	5	2
NP	4	4
OB/Gyn	4	5
Surgical	3	6
PT	2	6
IT	1	7
Neurology	1	8

The top four teams at the end of the regular season will play-off for trophies. Results will be in the next Oak Leaf.

Track and Field

Men are still needed for the 12ND Track and Field Meets that began yesterday. Contact Ron Brown to sign up. Coming games are:

- 22 April at San Francisco State College at 1300
- 27 April at Vallejo High at 1700
- 3 May at Jefferson High, 6996 Mission St., Daly City at 1700
- 11 May at Mt. Diablo High, Concord, at 1700

Rifle Championships

District Rifle Championships will be held at Richmond Rod and Gun Club, 3155 Goodrich Avenue, Richmond, at 0800 on 13 and 14 May, 1972. Interested personnel should contact the Athletic Director at Extension 2350.

Swimming & Diving

Twelfth Naval District Swimming and Diving competition will begin on 31 May at Mare Island at 1930. Treasure Island will host the 12ND Championships on 20-21 June at 2000, with the West Coast Championships being held at NAS Miramar on 6-7 July.

Pistol Championships

The Twelfth Naval District Pistol Championships (caliber .45) will take place at 0800 on 27 May at Naval Air Station, Alameda. Awards will be provided by the Twelfth Naval District. Personnel will be selected from the six highest scores to represent COM-TWELVE in the Pacific Fleet Championships being held at the Naval Training Center, San Diego, 14-21 June 1972.

Intramural Softball

Entry deadline is noon, 1 May for personnel interested in participating in this year's Intramural Softball season. Entry blanks are available at Ron Brown's office in Bldg. 38. The season is tentatively scheduled to begin on 8 May.

Free Golf 27 April

A Golf Field Day for officer and enlisted staff will be held at Chabot Muni on Thursday, 27 April. Free golf. Call HMCM Dickens to sign up.

CHAMPUS Corner

NURSING CARE UNDER CHAMPUS, PART II

CHAMPUS can pay for INPATIENT CARE only in hospitals, psychiatric treatment facilities, college infirmaries, Christian Science sanatoria, ambulatory surgical centers, tuberculosis hospitals, extended care facilities (ECT) and in specialized inpatient treatment facilities.

Many nursing homes do not meet the CHAMPUS requirements for an Extended Care Facility. Therefore, CHAMPUS cannot pay for inpatient care in a nursing home which does not qualify as an ECF. CHAMPUS can share the costs of nursing care which has been ordered by a physician regardless of where it is provided. Thus, CHAMPUS could, under the outpatient portion of the basic program, share the cost of nursing care provided in a non-ECT nursing home, but COULD NOT share the costs of room and board or other non-nursing costs.

Determination of the amounts which CHAMPUS can pay in non-approved nursing homes is made by obtaining a statement from the home showing the amount of charges for nursing care. The need for nursing care must be clearly established by a physician's statement which describes in detail the nature of the health care provided.



The newest Second Class advancements are (front row): Terry Zundel, Gary Hosick, Kathleen Boland, James Andriessen, Raymond Redd. Row two: Russell Wilson, Larry Clayton, Frank Baumgartner, Larry Salmon. Row three: Richard Meredith, Gerald Swick, James Havans, and Terry Weaver.

Scuttlebutt

Mr. Statifacts says NH Oaklandites can be very proud of the tremendous service they are performing here in the San Francisco Bay Area. For fiscal year 1971, 276,000 of the Navy community were treated in our outpatient facilities—182,000 of these were dependents, 42,500 active duty, and 50,900 retired.

Dental's Nancy Clarke has declared herself the official Hostess of the Halls.

What CPO selectee working in Medical Repair was overheard singing at the piano bar at the CPO Club: "Swing low, sweet chariot, coming for to carry me home . . . A band of Chiefs, coming after me . . . Coming for to carry me home."

Our Photo Lab claims that "What you see is what you get!"

CAPT Smoker heads a mighty fine crew of nurses, but the other day we found LTJG Darcy thumbing through a Sad Sack comic book—that's not so bad, but she got it from the pile of suggested reading material in the CAPT's secretary's office.

May 12 is the 152nd anniversary of the birth of Florence Nightingale, the woman credited with establishing the modern profession of nursing.

LT Hardy collects old hatch covers and makes coffee tables out of them—each one weighs 60 pounds and he has a half dozen laying around his home—we don't know how many hatches he has . . .

HMC Russo has a new assignment to relieve retiring HMC Kay Douglas in Officer Personnel. And when he relieves someone, he goes all the way. The other day someone spotted him coming out of the women's head. (Female Chauvinist!!)

Signs around the hospital: "Today's wishbone may be tomorrow's toothpick."

CAPT Hubbard is very soon going to retire to North Carolina and his harpsichord.

DT3 Korey Derkacht is a bona fide skin diver—just finished diving school—Gonna recommend assignment to the Derm Clinic. Yeah!

If you think you have it rough making ends meet these days, take a look at this:

1950 Pay Scale

HA under two—\$85.80
HN under two—\$99.37
E4 over two—\$129.95
E5 over four—\$160.52
E6 over eight—\$198.74
HMC over 12—\$244.61.

Life Began . . .

LIFE BEGAN 6 April for Richard Gregory Austin, 8 pound, 6 1/2 ounce son of HMI Lawrence Austin of NPRL, and wife, Christina . . . 7 April for Julie Elizabeth Hahn, 7 pound, 13 1/2 ounce daughter of LT Delbert Hahn, of Radiology, and wife, Phyllis.



Graduation day came 17 March for the twelve new Operating Room Technicians above. Left to right, they are: HM3 Juan Juarez, HN James Tschannen, HM3 Robert Schildhauer, HN Richard Stone, HM3 Terry Dansby, HN Dale Lindstrom, HN Ronald Ross, HM3 Howard Bonde, HM3 Tony Rice, HM3 Dennis Buckley, HN Buddie Goshorn, HM3 Peter Shepherd, and HM2 Mike Bagaason, enlisted instructor. Seated are CDR Nancy Jacques, CDR Joseph Yon, CAPT Hampton Hubbard, CAPT Vernon Fitchett, and LCDR W. J. Kelly.

The OAK LEAF



Vol. 34, No. 10

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 5 May 1972

"Picture of Health"

National Hospital Week—May 7-13

The week of 7-13 May is National Hospital Week and NH Oakland will join some 7,000 other hospitals throughout the nation in observing the event. National Hospital Week, sponsored annually by the American Hospital Association, provides hospitals an opportunity to remind the public of the important role hospitals play. The idea was initiated in 1920 with a National Hospital Day that marked the 100th anniversary of the birth of Florence Nightingale, the woman credited with establishing the modern profession of nursing. Miss Nightingale pioneered in concepts of hygiene and sanitation that are taken for granted today but which were revolutionary in her time. Her assumption in 1854 of responsibility for a military hospital in the Crimea, where her theories were first put into operation, was a milestone in hospital history.

Today, hospitals are passing another, and equally important, milestone, one exemplified by this year's National Hospital Week theme: "We Want You . . . In the Picture of Health." Long dedicated to bringing sick people back to health, hospitals now are assuming a new commitment—providing the framework for keeping all the people healthy.

That commitment means both a larger hospital role in maintaining the health of the naval community and a larger responsibility for assuring that health care is available to all. It means that we want to make sick people healthy, that we want to keep healthy people well, and that we want this hospital to be the focal point of a health care system that includes all the people.

Naval Hospital, Oakland, would like these ideals—which may seem revolutionary to some today—to soon be taken for granted, just as Miss Nightingale's principles of health care now are.

Transition Expanded

TRANSITION/REFERRAL has expanded the Navy's Skill Center to allow personnel in pay grade E-4 or below, who are non-high school graduates or not recommended to reenlist, and disabled personnel to extend their enlistment or active duty for a period not to exceed 60 days in order to participate in training at the designated Navy Skill Centers.

In accordance with BUPERS Instruction 1510.110, Ch. 1 of 24 March 1972, personnel who qualify for a Skill Center will receive the following interrelated services:

- 1) Counseling
- 2) Educational Guidance
- 3) Vocational Training
- 4) Job or training referral service

More information is available from your local TRANSITION/REFERRAL office in Bldg. 105, Extension 2238.



still
think
seat belts
are just
a
nuisance?

We're doing our best to improve health care in this country, but some improvements have to start with you.
Do something for National Hospital Week. Buckle down and take care of yourself.

MAY 7-13
NATIONAL HOSPITAL WEEK

Pregnancy Extensions Granted for One Year

Extensions of up to one year active duty enlistments may be granted to members with pregnant wives in order to receive maternity benefits, provided that the members' services have been satisfactory and that they can be utilized effectively during the extended period in question.

As specified in BUPERSMAN 1030150, requests from officer personnel will be submitted to CHNAV-PERS. Unusual cases concerning enlisted personnel will be referred to CHNAV-PERS for resolution.

On any given day, nearly 1.3 million persons are patients in U.S. hospitals.

—usn—

The nation's hospitals employ nearly three million persons, including close to 100,000 persons in training in the medical and paramedical professions.

Bay Area Regionalization

On 1 January 1973, San Francisco Bay Area Medical Facilities will undergo concept changes which have as their objectives to:

- 1) Increase and improve health care services to all beneficiaries
- 2) Improve patient/staff/command satisfaction
- 3) Achieve more efficient and effective use of present health care resources

Under the concept, all medical activities will become the management responsibility of a unified Bay Area medical command. Dubbed the San Francisco Bay Naval Regional Medical Center, it will be headed by a Rear Admiral, Medical Corps, who will become the Center Director. The Director will have the responsibility of managing medical staff, facilities, and resources for the participating eleven medical support activities.

In 1971 a reorganization of the health care delivery system was instituted in the Portsmouth, Virginia, area. All naval medical activities within Tidewater were consolidated into a Navy Regional Medical Center. The experiences of the Tidewater regionalization show that improvement in health care services and potential increases in responsive medical support capabilities indicate a need for most medical facilities to be consolidated.

The authors of these innovations do not claim nor do they anticipate monetary savings as a direct result of these changes, but they do hope that savings can be realized from elimination of duplicate administrative and logistic support systems. These savings would then be used to offset the rising cost of medical care and innovations in health care delivery.

Medical activities that will be included in the time-phased study for implementation of regionalization are: Naval Hospital, Oakland; and Naval Dispensaries at Treasure Island; NAS Moffett Field; NAS Alameda; NSA Mare Island; NSY Mare Island; NSY Hunters Point; NSC Oakland; WPNSTA Concord; NAVCOMMSTA San Francisco; and NAVSECGRUACT Skaggs Island.

Beginning in 1973 the Navy Regional Medical Center will be providing more responsive and efficient medical support of the Navy community and at the same time promote better patient and staff satisfaction.



HM3 Dennis Isles uncovers for the CO's party during the personnel inspection held on 21 April. The Commanding Officer's emphasis was placed on improving personal grooming standards.

Meritorious Service For CAPT Holm

CAPT Victor Holm, MC, USN, former Chief of Neuropsychiatry here, was the recipient of the Meritorious Service Award for his outstanding contributions while on duty at Oakland Naval Hospital. The Surgeon General presented the award to CAPT Holm at a

Nurse Corps Party— Everyone Invited

All patients and staff are cordially invited to attend the Nurse Corps sixty-fourth birthday celebration in the Main Dining Room on Friday, 12 May, from 1400-1530.

ceremony at BUMED this past month.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

THREE BUILDERS

"What are you doing?" a man asked of three laborers beside a building under construction.

The first man replied, "Stone-cuttin'."

The second smiled, "Puttin' in time—until a better job comes along."

The third man waited a moment and then said simply, "I'm building a cathedral!"

The words of this anonymous writer reflect three distinct attitudes toward life in general. What a pity to observe those who possess no greater ambition than to merely exist from day to day. They cannot see beyond the menial tasks required of them to maintain a living, and they withdraw from any real involvement with society. A sailor in a brig once remarked to me that his only desire in life was to be left alone.

Then there are those who are "puttin' in time"—always waiting for the big moment in life, but missing all the present opportunities. We become so involved in anticipating the next duty, the next promotion, next year that we often miss much of today.

But how thrilling to know and to observe the "cathedral builders." They find meaning and purpose in all of life. They are involved in living—not for themselves, but for others. They are the happy people, the community leaders, the Good Samaritans.

We may be only a very small piece of the big cathedral of life but we each have an important role to fulfill. Lord, help me to find and fulfill my place and purpose in life.

LCDR JAMES R. PERDEW, CHC, USN

Who's Doing What...



HM2 Russell Wilson reenlisted for two years on 21 April. HMC Kay Douglass transferred to the Fleet Reserve on 19 April after 20 years' service in the Navy. HM3 Rick Thriot was presented a Letter of Commendation for outstanding performance on the Pediatric Service.

THE SHORT SHEET

Continuation of Service Amplified

Z-Gram 108 of 19 April amplified the Navy's policy of allowing outstanding Chiefs to continue on active duty after completing 30 years of service. Officials point out that the Z-Gram does not significantly change Navy policy; The Navy has always considered requests for continuation of service. The Z-Gram was issued to re-emphasize the fact that such requests are encouraged, especially from personnel in ratings that are currently under-manned.

Fifty Flag Rank Selectees

The President has approved and nominated to the Senate the largest group of Naval officers to be selected to flag rank since World War Two. The fifty rear-admiral selectees include the first woman to reach flag rank. CAPT Alene Duerk will be the first woman admiral in the history of the U. S. Navy, and she will retain her present position as Director of the Navy Nurse Corps.

Recruiting "Top Priority"

Admiral Zumwalt gave the Navy's recruiting effort "my top priority" in Z-Gram 109 of 25 April. He stated that because of the current move toward an all-volunteer force, "it is perfectly clear that now, more than ever . . . we must revitalize our recruiting efforts." The Navy's recruiting goal for the fiscal year ending 30 June is 97,000, and will be upped to 131,000 in FY 73.

Civilian Employees Commended

The Navy's civilian employees received high praise from Admiral Isaac Kidd, Chief of Naval Material, during his address to the 56th Annual Convention Dinner of the National Association of Superintendents of U. S. Naval Shore Establishments. "There is no finer nor more valuable national asset (than the Navy's blue-collar force)," Admiral Kidd said.



Naval Hospital's latest Third Class advancements pictured above are: Gary Uveges, David Dye, Janice Havens, Charles Bittle, Albert Mason. Row two: Carlos Rodriguez, Jack Schmidt, Helen Sullivan, Jo Anne Holley, Earl Coryell, Gilbert Cravalho, Jr. Row three: Max Baker, Ronnie Thompson, Stephen Fredrick, John Garcia, Ronald McAdam. Row four: Harold Johnson, Clifford Owens, Ray Barnett, Barbara Corder, Harry Burns, Jr., Tom Denmark. Row five: Rod Ward, Clinton Larson, Gary Neely, Michael Gabrell, Gary Murphy, Douglas Bellew, James Easteppe, Charles Harris, Kenneth Nunn, and Dennis Iles.



NEWEST LAB GRADS comprising Class #41 are, front row, l-r: HN Michael Tront, HM3s Mary Sleighter, Barbara Rodriguez, and Gerardo Domantay. Back row: HNs Ronald Barker, Willem Vanderputten, Walter Michajlyszyn, HM3 Tiola Sundberg, and HMC Johnston, instructor.

Scuttlebutt

NOTICED from the room with a view in Bldg. 500: Why is it—? When a man walks by a girl, 8 out of 10 will give her a perfunctory glance and nod, but when she is past will turn and be more than casual in his glance. And put a girl in the same situation, you get the nod, the glance, and . . . nothing.

From the desk of the Special Projects Officer: The Blue Jacket's Man and celebrates its 70th anniversary this year. The first BJM was published in 1902 by LT Ridley McLean, USN, for the U.S. Naval Institute.

LCDR Al Woods may well be the first LCDR to stand the AWO watch in recent years. Ain't he a good feller!

What CDR GYN doctor could be declared legally blind in four states, and has the coke bottles to prove it?

Someone in Education and Training is really industrious and inventive. Their office has been air conditioned by simple use of a plastic trash bag and some tape. He doesn't have air conditioning, but an adjoining room does, so—Cut the end out of the bag, tape it to each window, and presto—purloined but cool air, and simple air conditioning for this enterprising young man.

For two months "Mac" McClay has been planning another hopelessly successful fishing trip. After two false starts, they finally got through the Golden Gate passage, but had to turn around because of rough seas. Well, Mac, if at first you don't succeed, . . .

When asked if he knew what time Small Stores was open, LT Andy Antonopoulos' snappy reply was, "I don't know, I take a large, myself."

WISFUL THINKING DEPT.: Just once, wouldn't it be nice if the guy waving your car through the main gate in the morning would refuse to let you come to work? . . . Probably just spring fever.

What is this modern Navy coming to? Those Medical Repair Technicians in their coveralls and doing their running around in a funny little surry with the fringe on top—that's progress, and not a bad idea for an outlying activity.

LT Bob Kahn decided to go camping at Big Sur a couple of weekends ago. So he trekked 14 miles in and 14 miles back. Monday he came to work with a severe limp; and Tuesday he needed shower shoes. Well, at least the scenery was really nice.

Chief Vic Wallner packed his bags, kids, and car, drove 2½ hours, found a cabin at Clear Lake, rented a boat, bought minnows, worms, and assorted tackle, hopped into the boat, putted across the lake, baited the hooks on his wife's and kids' lines, and finally got a minnow into the water. Bang! He immediately got a bite . . . But the total catch for the weekend was just three fish. But does that bother him? Not a bit. What a true fisherman won't go through for a weekend on the water. He is now taking fishing lessons from the SEA.

The Credit Union will be open from 1030-1330 on pay day, 15 May, to accommodate depositors and conduct other regular business.



EXEC-LINE

● A lot of us want to know why they have done away with fresh doughnuts in the Geedunk.

Fresh doughnuts have not been done away with.

The doughnuts are baked during the night and are cooled prior to packaging. They are baked daily and are fresh, although packaging seems to take away the appearance of freshness. It is difficult sometimes to satisfy the sanitation experts and all the patrons too. Complaints concerning the Exchange should be directed to the manager.

● I'm calling about the new white trousers. Is it OK to wear them now?

The officer/CPO style white trousers are approved for enlisted men when current stocks of bell-bottoms are depleted; however, it is not expected that the wearing of these will be authorized for several years. Currently only the side creased white trousers are authorized for EM's below CPO. The type "B" white trousers have been eliminated from uniform regulations. Refer to BUPERS Note 1020 of 25 January 1972.

● I have a couple of questions. One is why hasn't this hospital allowed staff nurses to change into pants suit uniforms? Secondly, why weren't any officers put on the personnel inspection list that came out the other day? We were wondering about the haircut regulation going into effect about shorter hair and general appearance, and I've noticed some pretty shaggy haircuts and moustaches on some of our doctors.

First, the wearing of the pants suit uniform is authorized for Medical Corps, Dental Corps, MSC and Nurse Corps female officers. This option is up to the individual. As to the inspection and haircuts, there are no "new" regulations going into effect. The Command is resorting to personnel inspections because the standing regulations regarding grooming have been flagrantly abused by many members of the staff. Personnel inspections will continue until there is obvious improvement in this regard. Officers will be inspected by the Command as well as enlisted. If you object to the appearance of any officer in your service or division, you might let him know of your feelings or at least communicate with your Chief of Service or Division. Where appropriate, the Command will deal with constant offenders personally.

● There's still a lot of confusion about certain magazines not being sold in the Exchange. Recently a woman's magazine still sold there came out with a centerfold of a nude man. I wonder why you permit this and not the other?

Our Exchange policy in this regard remains the same as the main Exchange in Alameda. Certain magazines are still not carried and if the woman's magazine to which you refer becomes continually objectionable, then it, too, will be discontinued.

● I work in the Pharmacy, and my complaint is the OR elevator. I think it would be beneficial to the hospital staff and patients who must use elevator #6 to have a phone stationed outside the elevator so that people who need it can call the elevator operator. As it stands now, the only outlet for calling the elevator on the 1st deck is the patient stopping by the Pharmacy window and having us call. This is an inconvenience to the patient or person who has to use it, as well as us in the Pharmacy Service.

The problem you point out is certainly a bothersome situation, reflecting the extreme demand that exists on our elevators. This situation is currently being acted upon, and trash removal and linen delivery, which currently tie up elevator #4 during the day, are being changed to night duties. This switch should free elevator #4 to respond to floor calls on the elevator button. Plans to put the OR elevator #6 onto call button response are also being developed, leaving an operator to respond to phone calls from the OR or Emergency Clinic.

Because only one elevator has an operator to call via phone, and the moves to "unlock" elevators to respond to call buttons on the floors, the installation of a phone at this time seems inappropriate. If the problem exists after the actions above are taken, re-evaluation may be necessary.

Federal Volunteers Needed Desperately

Federal employees and service men and women are being asked to volunteer their time for community projects. These services are desperately needed.

The Federal Executive Board, as part of its Community Service activities, is promoting this Federal Volunteer Program. The objective is to provide volunteers from among federal employees to fill some of the community's most urgent needs for voluntary services.

Examples of volunteer assignments are:

Handicapped Programs—working with physically, emotionally and mentally handicapped.

Health—serve at hospitals, health centers, convalescent hospitals

Older People—routine visiting to writing letters for the aged

Special Services—crisis prevention, adult probation, information and referral, case aides, counselors, Big Brothers, Big Sisters, etc.

If you can help in any of these areas, please call (415) 885-6574. Also, let LCDR Corbett know what activity and what number of people assist in the program. He can be reached at Extension 2203.

From the Desk Of the SEA

KNOW YOUR DETAILERS

By 1 June 1972, all Hospital Corps pay grades and NEC's will be fully centralized. This means that all Hospital Corpsmen in the



Atlantic and Pacific Fleets and in CONUS will be detailed from the Bureau of Naval Personnel (Pers-B2154).

Overall centralization of the HM/DT community will enhance personnel responsiveness to the individual, satisfy fleet and shore requirements, and assist the Surgeon General in his desire to streamline and modernize enlisted personnel management for the existing health care delivery system.

DETAILERS

HM E8-9—HMCM (SS) DORFF (Senior Detailer)

DT E8-9—DTCS (DTCM Selectee) CARPENTER

SHORVEY—HMCS TAYLOR

SEAVEY—HMC CHIZK

RESTRACEN's I&I Instructors—HMC GOODSSELL

School Assignments—HM1 PHELAN

WAVE/Hospital General Detail—HM1 MARQUARDT

Correspondence Administration—PN1 BOWDEN

Officer in Charge—LCDR SKELLY, MSC

Autovon: 224-1967—224-2060

I am in frequent telephone communication with the above listed detailers and will be happy to obtain information for any staff enlisted desiring this service. Please feel free to come by my office located in Room 3-1-20, 3rd floor, Admin. Complex or call me on Ext. 2358.

Master Chief DORFF has tentative plans to visit our command in early May. Staff enlisted desiring a private conference with him may contact me for an appointment when firm plans regarding his visit are published in the Plan of the Day.

HMCM DICK DICKENS

Movie Schedule

7 & 8 May
THE HOUSE THAT DRIPPED BLOOD—Peter Cushing and Christopher Lee. Horror PG

9 & 10 May
SOMETHING BIG—Dean Martin and Brian Keith. Western Comedy PG

11 & 12 May
SHAFT—Richard Roundtree and Moses Gunn. Melodrama R

13 May
GOLDFINGER—Sean Connery and Gert Frobe. Adventure Drama

14 & 15 May
DIAMONDS ARE FOREVER—Sean Connery and Jill St. John. Action Drama PG

16 & 17 May
KIDNAPPED—Michael Caine and Trevor Howard. Drama G

Life Began . . .

LIFE BEGAN 30 April for Victoria Marie Brasseur, 7 pound, 1 ounce daughter of HM2 Jim Brasseur of Nuclear Medicine Clinic, and wife, Linda.



Leo Therrien attempts to double-them-up on Tom Hardy's blooper. Dick Dickens watches the action in the background on the pitcher's mound.

Phil Hewitt takes a big cut as Bob Bristol stands ready to chase the foul tip, while volunteer ump, Chuck Swearingen, calls the play.

Sherry Raczkiewicz can't believe they flubbed the w-h-o-l-e game.

The Admiral's Perpetual Trophy (a star-studded creation of CAPT Ed Miller), was introduced as an appropriate memento of the type of games played between the MSC's and CPO's. The trophy was presented for the first time and will be held by the CPO's until next year's game.

... the World Wept



As Rick Hattori chases the ball, Pete Peterson tries to beat it out while Steve Cajacob anxiously waits . . . and waits . . . and waits.

Dick Dickens takes a slice of the ball as Phil Hewitt crouches ready and waiting. Good Bat, Good Pitch, GREAT Swing—Foul Ball!

RADM Mahin presents the victors their trophy. Members of the winning CPO team grin broadly while the MSC team representatives enviously look on. CPO teammates present are Leo Therrien, Vic Wallner, Bob Morrison, and Don Clark. The MSC's were represented at the presentation by CAPT Miller, Bud Sparks, Al Woods, Rick Hattori, Sherry Raczkiewicz, Mike Drobot, Phil Hewitt, and Tom Hardy.

CPO's Repeat 1971's Riot of MSC's

The 1972 Softball Season was kicked off in grand style by the gurgling, continual, and sometimes uproariously funny rivalry which was generated prior to the annual game between the Naval Hospital's Chief Petty Officers and Medical Service Corps officers. The rivalry and revelry was kept bubbling right up to game time by a steady flow of pre-release releases, memos, posters and letters to the opposing teams. Some examples of the fire that poured forth are name callings such as "Wilted" Vic Wallner, Frank "Hobblor" Hughes, MSC Softball Pretenders, and CPO All Star Champion Softball Club.

The game was kicked off amid taunts, catcalls, and good natured name calling with many CPO's and MSC's cheering their teams on to victory (?).

The Chiefs were led by the powerful slugging of HMC Leo Therrien (a smash to left field which hauled in three base bags), Donald Clark, Bill Hatcher, and "Bullet" Bob Bristol. Dick Dickens pitched a two hitter with sizzling fast strikes that dazzled the blood-shot eyes of the MSC's. The sizzles continued to fly until the 6th inning, when his arm began to hurt "like the Dickens" and they called in ringer "All Navy" pitcher Rich Carpino to finish up. The CPO's

rugged runners capitalized on a few MSC bobbles late in the game to really rack up the runs.

The Chiefs team was held down in the first three innings by the excellent pitching of Rick Hattori and snappy snatches of shortstop Frank Hughes. The MSC team received their first hit when Bud Sparks snapped a shorty to right field. Pretty Sherry Raczkiewicz walked to first and was tagged out going into second base. (Gary Bryan tagged her where?) Jean Heath crossed up the Chiefs' defense by pulling off a spectacular surprise bunt on the aces and got a break at first when the ball was dropped.

Admiral Mahin for a while was seen in the dugout rooting for the MSC's, but left shortly after seeing the MSC's start their down hill slide. (Did someone give him the inside scoop on who was going to win?)

Hospital AO, Captain Smiling Ed Miller was seen almost constantly in the CPO's side (was he miffed because he had to play left out-fielder?), clutching what looked like a well designed and ornate drinking mug trophy (his creation).

Oh yes! The final score was 16-5. The Chiefs have the Admiral's Perpetual Trophy on display behind the bar of the CPO Club.

Sports Shorts

In the first week of Volleyball Play-offs, Dental has defeated Admin in three games; 15-10, 7-15, 15-9, and OR defeated Pharmacy twice with scores of 15-7, 15-7. This week OR will face Dental for the station championships. Final results will be in our next edition.

The Men's Senior (40 and over) Tennis Tournament will be held at Naval Air Station, Moffett Field on 13-15 June. Anyone interested in participating should contact Ron Brown. The Twelfth Naval District Open Tennis Tournament will be conducted 26-30 June at NAS Alameda. Call Ron Brown at Extension 2350 for further information.

Men are still sought for the 12ND Track and Field meets that began recently. The next meet will be 11 May at Mt. Diablo High School, Concord, at 1700. Contact Ron Brown, Athletic Director, to sign up.

NHO's 12ND Varsity Golf team has won 2 and lost 2 so far in the new season. On 4 April our team lost at NAS Alameda 21½ to 5½. The Naval Supply Center, Oakland game of 18 April was a victory with a score of 15½ to 11½, and we were defeated on 25 April when we lost to Mare Island 21½ to 5½. Last Tuesday's game brought us our second victory, 18½ to 8½, over Treasure Island.

Hail & Farewell

OFFICERS DETACHED:

LTJG Lawrence Laursen, NC, was detached to Naval Training Center, Great Lakes. LT Conrad Langner, MSC, was Released From Active Duty, and CAPT Richard Tabor, MC, was detached to the Station Dispensary, Oceana, Virginia.

ENLISTED REPORTING:

HM3s George Mettee and John Shapland reported from Naval Medical School, Bethesda. HA Patricia Miles came from Hospital Corps School, Great Lakes. From Corps School, San Diego reported HM3 John Kerrins, HAs Kris Blackmarr, Gordon Leiter, Ronald Varner, James Koed, Arland Angel, David Olson, Mark Klitz, and HNs Phillip Hauck, Ross Shiraki, and Russell Hart.

HAs Timothy Luloff, Richard Aldridge, Patrick Jasper, Jon Kinney, and Paul Othem reported from Naval Station, Treasure Island.

ENLISTED DETACHED:

HM3 Abe Marques was detached to Naval Hospital Corps School, San Diego. HN Lynne Merz went to Naval Communication Station Stockton; HM2 Vernon Capistran to Marine Corps Air Station, Iwakuni, Japan; HM3 Douglas Bunkers to USS DULUTH (LPD 6); BMC Ernest Gaddy to USS KILAUEA (AE 20); HM2 Alfred Heard to Naval Hospital, Subic Bay; HM2 Robert Boyt to Naval Hospital, Yokosuka. HM3 Danny O'Neil was released to inactive duty in the Navy Reserve.



FIRST PLACE Basketball Champs representing Operating Room are Bob Crowe, Mike McClain, and Louis Silveira. Not pictured are Ron Deutsch, Richard Foulkes, Harold Herbst, Richard Day, Kenneth Culbertson, Dallas Dupre, Gerald Larrabee, and Gary Dasch.

CHAMPUS Corner

NURSING CARE UNDER CHAMPUS, PART III

Domiciliary and Custodial Care. CHAMPUS cannot pay for domiciliary and custodial care. Domiciliary and custodial care is defined as the type of care designed essentially to assist the patient in meeting ordinary activities of daily living. This would include personal care such as help in walking and in getting into and out of bed, assistance in bathing, dressing, feeding, preparation of diets, and supervision over medication which can usually be self-administered and which does not require the continuing attention of trained or allied health personnel.

Chronically ill patients whose conditions are stabilized, but who require health services to maintain the achieved stability that can be provided only by or under the direct supervision of physicians, nurses, or other allied health personnel would not be considered as receiving domiciliary or custodial care. Thus, the essential characteristic that is to be considered in determining whether a person is receiving domiciliary or custodial care is the kind of health care and supervision that the patient requires, rather than such factors as the diagnosis, the type of condition, or the degree of functional limitation.

The OAK LEAF

Vol. 34, No. 11

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 19 May 1972

ARMED FORCES DAY 1972

Nearly two years have gone by on my watch as Chief of Naval Operations—years of great change and greater challenge for all Americans, both in and out of the Navy.

It is common practice at this time every year to speak in lofty terms of our servicemen and women's heroic achievements and patriotic devotion to duty in spite of enormous problems, both at home and on the job. The practice is so common that the words may seem to lose meaning after awhile, as the same thing is said, over and over again, every year.

If the words seem to lose meaning, it is not because they no longer are true.

Each of you has known or will know hardship and sacrifice even your family may not always understand. You have known or will know the rigors of life at sea, the loneliness, the long hours, the frequent lengthy separation from loved ones during long deployment overseas. You repeatedly have given more of yourselves than rightly could or should have been asked; yet, day after day, you have done it all again.

The burden of continued national security rests heavily upon our Navy men and women—and upon the Marines we are proud to have on our team. Success or failure in gaining and maintaining the peace we seek will depend a great deal on the cumulative wisdom, skill, experience and performance each of you brings to your assigned tasks. I am confident you will be equal to these tasks now, as you always have been, and extend to you all my personal best wishes for continued progress and success.

E. R. Zumwalt, Jr., Admiral, USN
Chief of Naval Operations

PMT School Goes Collegiate

A formal agreement between the Preventive Medicine Technician School at NH Oakland and Merritt College, of the Peralta Community College District, was signed on 27 April 1972, giving 41 quarter credits for the PMT courses taught here. Under the agreement, PMT School students are enrolled at Merritt College, without payment of tuition and fees, and are permitted use of the college's facilities. In exchange, PMT School offers the empty seats in its courses to the students of Merritt College at no expense. All of our Navy PMT instructors have received California community college teaching credentials, and are carried as non-salaried faculty members of Merritt College.

Since the agreement went into effect last month and the Navy opened eligibility to HM3's, numerous applications for Preventive Medicine Technician School have been received. Applicants may request the 22 week course if they are HM3's or above, have a GCT/ARI of 110, and have 30 months of obligated service from commencement of school.



Signing the agreement are, left to right: HM1 M. C. Bruner, PMT Student, HMCS T. V. Wallner, PMT School Administrative Officer and Instructor, CDR N. C. LaChapelle, MSC, Head PMT School, RADM H. P. Mahin, Commanding Officer, Dr. Norvell Smith, President of Merritt College, Mr. John Holleman, Merritt College Student Coordinator, and LT J. D. Blaylock, MSC, PMT School Training Officer and Instructor.



Nurse Corps Marks 64th Year of Service to Fleet



CAPT Sue Smoker, Chief Nurse, with the assistance of our young man and wife nurse team, Ensigns Wayne and Joan Bishop, cuts the birthday cake during the Nurse Corps' 64th anniversary ceremonies held in the Main Dining Room. This year's anniversary brought a special "birthday present" to the Nurse Corps, as the first woman flag officer in the Navy was selected. CAPT Alene Duerk, Director of the Navy Nurse Corps, will be frocked Rear Admiral Duerk on 1 July 1972.

See page three for other stories and pictures of our Nurse Corps staff.

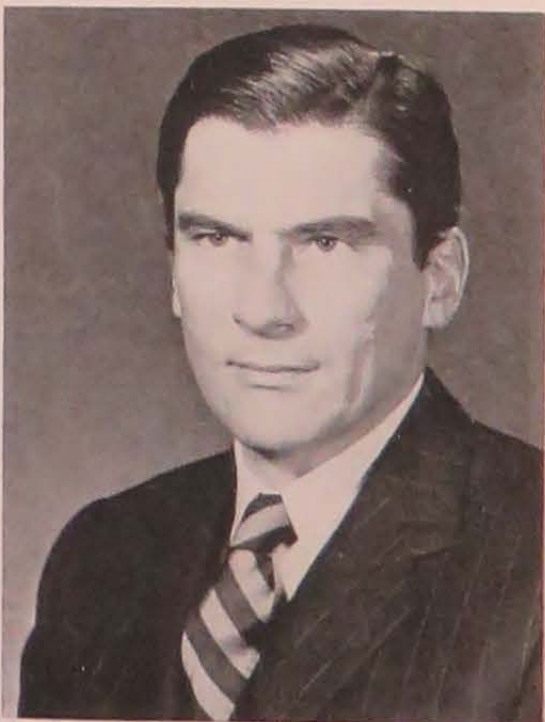
JOHN WARNER NEW SECNAV

John W. Warner was sworn in as the new Secretary of the Navy on 4 May by Secretary of Defense Melvin Laird.

Mr. Warner was selected by President Nixon to succeed John H. Chafee, who submitted his resignation last month. At the time of Mr. Chafee's resignation, Mr. Warner was serving as the Under Secretary of the Navy.

Warner is the first Navy Secretary to have served in both the Marine Corps and the Navy. He enlisted in the Navy in 1944 and was released from active duty in 1946 as an Electronic Technician Third Class. After having returned to school, he then became an officer in the Marine Corps Reserve. Called to active duty in 1950, Mr. Warner served as communications officer for two Marine Air Units in Korea.

To serve with Mr. Warner will be the Under Secretary of the Navy appointee, Mr. Frank P. San-



ders. Mr. Sanders is resigning his post as Assistant Secretary of the Navy (Financial Management) to accept the new position.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

LIFE IS A PARADOX

The life of faith is marked by one paradox after another, i.e., "It is more blessed to give than to receive," "Love your enemies," if you want love you give love, the more you give the more you have. Sounds like, from the human perspective, that Christianity only functions in reverse—a Christian lives a paradox. What about a Christian nation? On the international scene, a generation ago the great cities of Europe and Japan were in ruins—their land ravaged. Their factories were rubble—their people exhausted. The United States had been spared war on her soil—her cities were thriving with factories geared to maximum production—her people were eager, their morale was very high. She had the most powerful Army, Navy, and Air Force in history—deployed throughout the world. And she alone had nuclear weapons! Our great nation was in a position to occupy the world—an unprecedented opportunity for total imperialism. What would Russia have done in that position? Germany? Japan? This question, of course, is hypothetical . . . But what the USA did are hard facts of history. She retooled for peace! She joined hands with men everywhere to rebuild the world—not selfishly, but spontaneously, humbly. She poured her industrial, agricultural, technological, and financial wealth into Europe, Asia, Latin America, Africa . . . billions of dollars in foreign aid. Meanwhile an interesting thing happened—she prospered as never before in her history. Paradoxical? Yes, it is the national application of the principle, "If my people who are called by my name shall humble themselves and pray, and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land." 2 Chronicles 7:14

CDR R. G. CALDWELL, CHC, USN

Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Alcoholics Anonymous meets every Tuesday at 2000 in the classroom across the hall from the Clinical Assembly on the third floor of Bldg. 500.



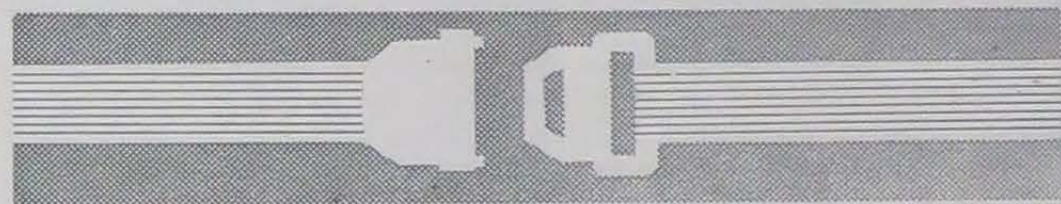
Length of Service Awards were recently presented to five of our Civil Service staff. Receiving their awards from CAPT Hubbard are Thelma McNeil, for 30 years, Ida Fahey, for 20, Nancy Russell, with 20, Ellis Harris, for 20 years, and Paul Schultz, completing 30 years.

Who's Been Doing What . . .



Mr. Don Strand, of NPRL, retired after 35 years of service to the Navy; Brenda Price was promoted to LTJG; Dr. Richard Fraioli was promoted to LCDR with Admiral Mahin and CDR Steffenson helping him with his new shoulder boards; CAPT Hubbard and CDR Ferguson pin LTJG Dennis Hisoire's new boards on; Jeri Kirk was promoted to LTJG, as was LTJG Suzanne Redmond.

Are you putting me on?



Travel and Experience Through PEP

The Navy is now looking for volunteers to participate in the Personnel Exchange Program (PEP). Requirements exist for personnel of various ranks/rates to serve in billets of the following countries: Australia, Belgium, Brazil, Canada, Denmark, Germany, Greece, Italy, Mexico, Netherlands, New Zealand, Norway, Portugal, and United Kingdom. Other countries will soon be included in PEP.

Officers in all designators and grades are eligible to participate in PEP. Officers desiring this duty should so indicate by notation on preference card or a letter to the appropriate assignment officer.

Enlisted personnel in all ratings are invited to apply. Concentration of billets has been in technical and deprived ratings. Enlisted personnel should submit, via their commands, enlisted transfer and special duty requests to CHNAVPERS (Att: Appropriate rating controller) and duty preference card, indicating preference for PEP in the "remarks" area.

Enlisted personnel eligible for assignment should:

- 1) Be a volunteer
- 2) Be willing to extend/reenlist to have obligated service to complete full tour
- 3) Be career oriented E-5 and above
- 4) Have excellent record indicating solid and stable performance, and be recommended for advancement
- 5) List number of dependents who will accompany member if selected. Include relationship and birth dates
- 6) Receive command endorsement for family participation

Officers and enlisted should include the following in their requests/preference cards: A statement on foreign language proficiency and how acquired (score attained on Foreign Language Aptitude Test should be included), and any dependents having special medical or dental requirements which might influence assignment should be documented in the "remarks" section of the preference card and enlisted transfer and special duty requests.

The tour of duty for these assignments is usually two years, exclusive of training. PEP personnel and their dependents can expect to live, for the most part, on local economy. By so doing, they will in some measure share in custom and tradition of the country in which they are located.



The Navy Nurse—Ensign to Admiral



Introducing two of our newest nurses who REALLY believe in togetherness. Ensigns Wayne and Joan Bishop enlisted in the Navy last December and have accompanied each other from enlistment to orders, through Officer Indoctrination at Newport, to Oakland Naval Hospital, their first duty station.

The Bishops' togetherness started at Elmhurst City Hospital in New York, where the couple met during their training. Joan graduated from Queen's Hospital Center School of Nursing at Jamaica, New York, and Wayne is a graduate of St. Lawrence State Hospital, Ogdensburg, New York.

Last October wedding bells rang for them and in November they decided to enter the Navy "to take advantage of the experience offered in the Service." Upon reporting here, one of the first impressions the Bishops received was the cleanliness and organization found in a Navy hospital. Joan Bishop is working on the 9th floor—Medicine, and Wayne is currently assigned to Surgical Service. They both hope to specialize in the future; she in Psychiatric Nursing and he in OR and Anesthesiology.

Their enjoyment of virtually all types of water sports prompted the couple to request the Bay Area as their duty station, and they find it living up to their expectations.



LTJG Jean George is a member of the surgical staff on the sixth deck.

To become a nurse was her desire as a child, but somehow she was sidetracked into the field of special education for three years after completing high school. Prevailing circumstances interrupted her collegiate experiences for a short time, and she then enrolled in and completed a course in vocational nursing. While there, her



CAPT Sue E. Smoker, the woman at the helm of our Nursing Service, assumed her duties as Chief Nurse in June 1969, reporting from Naval Hospital, Long Beach, California.

Her military career began with the onset of World War II, when she volunteered for duty through the American Red Cross recruitment program and requested assignment with the Navy. On 6 January 1942 she reported to the Naval Hospital in Philadelphia and was commissioned "with and below" an Ensign in the United States Navy.

Relating her first assignment on the surgical ward (4B) and her first reprimand; "I was on PM duty and was helping a postoperative gastrectomy patient with his tube feeding when a gentleman approached and asked me my name. I replied, 'Sue Smoker,' and he said: 'You are the one and you must stop spoiling my patients.' I stuttered and blubbered with amazement at such a remark. He went on to explain that he taught his patients how to do this procedure and they did not need my valuable time. When he left the ward and I had stopped shaking, I asked the patient who he was and learned he was the Chief of Surgery. The following evening he appeared on the ward with two beautiful roses for me."

CAPT Smoker was released to inactive duty in 1945 and returned to active duty in 1951 at the onset of the Korean War. Since that time her assignments have been to Philadelphia; Naples, Italy; Bethesda, Maryland; Corpus Christi, Texas; San Diego; Taipei, Taiwan; and Memphis, Tennessee.

She claims that "time and events" of the world have shaped her life. The Depression forced her into Nursing, which was followed by the War Years and now the Electric Years. Each step became more exciting and challenging! Many changes have occurred in nursing and nursing education to keep pace with the demands of the medical profession, and more opportunities are available now than ever before for the young nurses to expand their roles professionally and be better prepared to assume more responsibility.

"A good nurse is one who cares and is totally committed to her day-to-day professional responsibilities for excellence in patient care. If you are not committed, perhaps you are wearing the wrong uniform." CAPT Smoker is a native of Lewistown, Pennsylvania, and is a graduate of Philadelphia Osteopathic Hospital School of Nursing. She received her Bachelor of Science in Nursing from Boston University.

instructors encouraged her to go further and in January 1970 she received her BSN from Northwestern State University. She engaged in postgraduate study at Southern University in Louisiana.

In June 1971, after working in the surgical intensive care unit of a civilian hospital for 1½ years, she decided to travel, increase her financial security, and continue working toward her Master's Degree. So, she joined the Navy!

LTJG George arrived at Oakland Naval Hospital in August 1971 to serve her first tour of duty. She enjoys cooking, sewing, reading, and swimming. She does these things between caring for her two children: Timothy, age 8, and Tina, age 9, who both attend elementary schools in the Oakland area.

Her goals are to get her Master's Degree in surgical nursing, to become a clinical specialist, and travel overseas.

CDR Miriam Ferguson, our Neuropsychiatric Nursing Supervisor, entered the Navy Nurse Corps in January 1956. She has been stationed at Naval Hospitals at Chelsea, St. Albans, Charleston, Philadelphia, NAF Sigonella, Sicily; Women Officers' School, Newport; Hospital Corps School, Great Lakes, and reported to Oakland in December 1971 from Naval Station, Adak, Alaska.

She is a graduate of the University of Mississippi and Methodist Hospital School of Nursing, Memphis, Tennessee. When asked about her interests, she says, "although nursing is my profession, the arts are my passion." Her special interests are art of the Renaissance and Greek and Roman history. She also enjoys gourmet cooking, bridge, and hiking. Her travels have taken her throughout the United States and Europe. In the summer of 1971 she toured the Soviet Union, traveling to Leningrad, Moscow, the Black Sea, and Tashkent in Central Asia and Siberia. She was most impressed by the cleanliness of towns and cities throughout the U.S.S.R., the educational system, very low crime rate, no unemployment, and no welfare system.

CDR Ferguson has seen many changes in the Nurse Corps since 1956, and feels that "today the Nurse Corps offers greater opportunities for advanced education and specialization."



Oakland Naval Hospital is the first naval assignment for LT Stanley Bagbey, who is presently working as a staff nurse in the Neuropsychiatry Service.

Prior to transferring to the Navy Nurse Corps this past October, he served with the Army Nurse Corps for six years. While with the Army Nurse Corps, he was stationed at Tripler Army Hospital in Hawaii, spent a year in Vietnam in an

(Continued on Page 4)

Through the Nurse Corps

(Continued from Page 3)

On 13 May 1972, members of the Navy Nurse Corps join together to celebrate the Sixty-fourth Anniversary of the establishment of our Corps. It is an occasion in which we take pride as we reflect the years of devoted service which Nurse Corps officers have contributed to accomplish the mission of our Corps.

This year we stand on the threshold of a new era in which we will see exciting innovations in the delivery of health care. I am confident that Navy nurses will respond in meeting the challenges of these changes in a dynamic manner. Your loyalty, adaptability, and excellent leadership will continue to enhance nursing effectiveness in providing the best health care to Navy and Marine Corps men and women and their families.

I wish to take this opportunity to express my gratitude to each of you for your cooperation, understanding, and dedication to duty. As your Director, I am inspired by your aspirations, achievements, and unlimited capabilities. Happy Birthday.

/s/ Alene B. Duerk
Captain, NC, USN



LCDR Lois Butler, formerly the Charge Nurse of 9 South, is now assigned as Nursing Service Enlisted Detail Officer.

A graduate of Union Hospital School of Nursing, in Terre Haute, Indiana, Miss Butler entered the Navy in February 1958. She has been stationed at San Diego, Guam, Yokosuka, Great Lakes, and Da Nang, Vietnam, prior to reporting to Oakland in September 1968.

Miss Butler is a devoted baseball fan, enjoys bowling, and is learning the basics of other sports as well, including football and hockey. She is an avid reader of good books, especially American History and "anything that can be found regarding Americana." She likes to travel, having toured in all the states except four, as well as the Orient, India, Hong Kong, and Bangkok. She also enjoys all kinds of music except "rock and roll."

Her plans for the future include a trip around the world "on my own time" after retirement from the Navy, then write her memoirs, stating, "it's a long way from the back forty."

Hail & Farewell

OFFICERS DETACHED:

LT Jaime Carlo, MSC, and LTJG Helen Nelson, NC, were released from active duty. LCDR Gerald Brownstein, MC, was detached to the Third Marine Division.

ENLISTED REPORTING:

HA's Richard Rozelle, Edmund Goodhue, Michael Caldwell, Mark Jonas, Edward Fleming, Robert Rollins, Glenn Neumann, Harold Lease, and HN Thomas McCawley reported from Naval Station, Treasure Island.

From Hospital Corps School, San Diego came HN David Scott and HA's Dennis McCormick, Richard Allison, Teddy Osterholm, Jimmy Shepherd, Keith Phillips, Gary Glass, and Paul Martineau.

ENLISTED DETACHED:

HM2 Samuel Gifford, II was released to inactive duty in the Naval Reserve.

LT Bagbey

(from page three)

Evacuation Hospital, and most recently was an instructor in medical-surgical nursing at the University of Maryland's Walter Reed Army Institute of Nursing in Washington, D.C.

A native of Minnesota, he received his undergraduate work in nursing at Mankato State College and completed graduate work in the school of nursing administration and psychiatric-community health nursing at the University of Colorado in 1967. His future plans include doctoral work in nursing with a focus on administration and education.

Scuttlebutt

Our Special Projects Officer, LCDR Mike Corbett, called one of the dispensaries to be regionalized last week and asked for the Senior Medical Officer. The conversation went like this: Receptionist, "Who's calling please?" Mr. Corbett identified himself. Receptionist, "What is the call about?" Mr. Corbett said, "Regionalization." And to that the girl asked, "What part of the body does that concern?"

George Foreman, number three heavy-weight boxing contender, was seen talking to OUR champion, DT2 Van Bambico, in the Dental Clinic. Nancy says he was picking up a few pointers for the next fight.

According to some of the top medical officers here, the best way to combat sunburn is to not get a sunburn in the first place.

Ensign Ken Shannon is trying to toughen his hands up for his karate classes. He is all through with whipped cream and is now moving up to splitting solidified jello. He already has the karate yell down pat—maybe he can scare them to death.

CONGRATULATIONS to CDR Petoletti, Chief of Pharmacy, upon being elected Secretary Treasurer of the Federal Section of the American Pharmaceutical Association.

Another tip of the hat goes to LT Mike Kouns, who is now Vice Chairman of the Northern California Section of the American Association of Clinical Chemists.

The Oak Leaf also congratulates LT Bob Kahn, our Judge Advocate, who is now a member of the California Bar Association.

Do you know that the Medical Service Corps, one of the smallest corps, has more Ph.D.'s than the Line?

(Continued on Page 6)

CCP-New Medical Careers Information

If you see ten or twelve sophomore high school students touring the hospital accompanied by LCDR Corbett, you are viewing what may be one of the most beneficial innovations in vocational counseling in recent years. The new federally funded program, called the Career Cluster Program, is sponsored by McClymonds High School in cooperation with NH Oakland and Naval Air Station, Alameda. The program is designed to stem the high drop-out rate and increase aspirations, motivations, and strengthen the total school outlook of students.

To achieve this goal, the "Career Cluster" program acquaints the student with various occupations and gives him scholastic credits for his participation. Currently offered the students are tours in construction work at NAS Alameda, and a look at the Health Care field, conducted here. For those students interested in health care facilities, LCDR Corbett takes them through the hospital in three segments. The initial visit to the hospital shows the students a typical patient care unit, Food Service Division, Rehabilitative Therapy Departments, and Research areas. The second phase of Health Careers Cluster offers the students a view of our supportive services, such as X-ray and the laboratories. During the final visit to NH Oakland the class is shown what to expect and how to approach one of four medical fields: Public Health, Laboratory, Dental, and Surgical careers.

In the student's junior year he may choose a specific area of medicine to stress, such as orthopedics or lab work. In this year he will become acquainted with operation of the unit and procedures involved in its functioning.

In his senior year he is given the opportunity to work in that field, receiving a salary and high school credits toward graduation.

The Career Cluster Program is the only organized career curriculum of its kind in the Bay Area and although only begun last February, it has been so successful that plans are being made to expand Career Cluster next year to include such fields as business occupations, production and manufacturing, transportation, utilities, and public service.



LCDR Mike Corbett (extreme left) and LT Lynn Hartung, Physical Therapist, show the McClymonds students the hydrotherapy area of PT.

Gasoline should never be used as a fire aid or as a cleaning agent. Gasoline is a motor fuel—use it only for its intended purpose.

"A professional is one who does his best work when he feels the least like working"—Frank Lloyd Wright.



EXEC-LINE

● When the old staff barracks were new we had a water hose put in the parking area so we could wash our cars, but now we only have a hose next to the gas station which is in too small of an area and only has space for one car. Could we possibly have a new and larger area established for our use? Thank you.

The wash rack between Buildings 89 and 11, i.e., adjacent to the Public Works Electric Shop, is for staff use during other than normal working hours. The wash rack has been regularly used and its location was publicized in the POD several months ago.

● I work in the Cardiopulmonary Lab and am calling to find out the policy on use of our Medical Library.

The regulation governing use and operation of the Medical Library is currently being drafted and will be released soon. At the present time, loan privileges are available only to staff officers who wish to borrow books. However, reading privileges are available to all staff personnel. Consideration is being given to extending book loan privileges to all professional and paramedical staff.

FHA Inservice Loan Holders

If you have sold your home, remember that you must so notify your commanding officer in writing, i.e. by letter or memo. This written notification must be submitted in duplicate. The commanding officer will acknowledge receipt on the copy and return it to you.

Based on the member's notification, the commanding officer will issue a Certificate of Termination (DD Form 803). The original and five copies of the DD Form 803 are distributed as follows:

- a. original and 3 copies to FHA, Washington, D.C.
- b. fourth copy to NFC Cleveland (XFB)
- c. fifth copy filed in member's (your) service record

Failure to notify FHA and NFC Cleveland that you have sold or otherwise disposed of your home will result in checkage of your pay. The checkage will be for the amount of mortgage insurance premium paid by NFC Cleveland from the date of sale of your home until the date FHA receives the DD Form 803 termination notice. Quoted for information is a portion of the agreement the member signed on the Request for Certificate of Eligibility (DD Form 802) when he applied for mortgage insurance.

"... I will immediately notify my commanding officer in writing when I sell or otherwise dispose of my property so financed. In the event I fail to notify my commanding officer, I further agree that any liability incurred by the Military Service, of which I am a member, on mortgage insurance premiums paid subsequent to the date of such sale or disposal, will be reimbursed by me..."

SECNAVINST 1741.4 series refers.

Movie Schedule

- 18 & 19 May
THE ALAMO—John Wayne and Richard Widmark. Historical Drama.
- 20 May
THE LOVE MACHINE—John Phillip Law and Dyan Cannon. Drama R
- 21 & 22 May
SOUL TO SOUL—Tina Turner and Wilson Pickett. Documentary G
- 23 & 24 May
BLESS THE BEASTS & CHILDREN—Barry Robins and Bill Mumy. Drama PG
- 25 & 26 May
IRMA LA DOUCE—Shirley MacLaine and Jack Lemmon. Comedy
- 27 May
WILLARD—Bruce Davison and Elsa Lanchester. Horror PG
- 28 & 29 May
THE SEVEN MINUTES—Wayne Maunder and Marianne McAndrew. Drama R
- 30 & 31 May
PIGEONS—Jordan Christopher and Jill O'Hara. Comedy R

High School Classes

Beginning this month courses will be given for anyone needing a high school diploma. The program will include U. S. History and Government as well as G. E. D. preparation. These courses can be completed by 28 July 1972. The program is open to naval personnel, their dependents, or civilians working at NH Oakland. Interested parties may contact HM3 Flora or Bob Fuller at Education and Training, Extension 3085. The classes last about two hours each week.

THE SHORT SHEET

Civies OK'd for Airline Standby

Service personnel flying at reduced rates on commercial airlines can now travel in civilian clothes. The new policy, set down in a recent civil aeronautics board ruling, affects all personnel on leave or liberty and applies to all domestic U.S. airlines involved in interstate commerce. Most airlines offering reduced military rates require that personnel provide them with a copy of DD Form 1580. However, personnel planning to fly at reduced rates should check with the appropriate airlines to determine their policies. Copies of DD Form 1580 are available at the Personnel Office.

Human Resource Centers Established

Two human resource development centers were established by the Navy recently, one in Newport, and the other in San Diego. The Secretary of the Navy announced that the centers will "assist us in devising means of making improvements in the areas of drug and alcohol abuse control, race relations, intercultural relations, and human resource management."

CNO Comments on Southeast Asia

The naval build-up off Southeast Asia was the subject of a recent message from the Chief of Naval Operations. Admiral Zumwalt said: "I do not need to dwell on the increased intensity of sea operations... However, I want to pay tribute to our magnificent men who fought so well. They make me deeply proud." The CNO continued that he realized the difficulties involved in the rapid deployment of additional ships to Southeast Asia, and added that the Navy will do all it can to alleviate the uncertainty caused in the build-up by maintaining a steady flow of information to Navy personnel and their dependents.

No More Uniforms for Travel by AMTRAK

The National Railroad Passenger Corporation (AMTRAK) has announced that active duty military men no longer have to wear their uniform while purchasing reduced-rate, coach-class railroad tickets, or when travelling. AMTRAK, which controls the nation's inter-city passenger service, added that one-way and round-trip coach fares are normally discounted at 25 percent for servicemen travelling on leave.

Political Activities Guidelines Set

Department of Defense Directives 5410.18 and 1344.10 establish rigid guidelines for DoD participation in partisan political activities. Therefore, any activity that could be interpreted as associating the Department of Defense or any element thereof directly or indirectly with a partisan political cause or candidate must be avoided. Any DoD participation in community activities must be approved by the Office of Assistant Secretary of Defense for Public Affairs.

Random Drug Abuse Testing

The Navy has been directed to establish a systematic random drug abuse testing program for all Navy and Marine Corps personnel on extended active duty by 1 July 1972. Positive urinalysis reports will not be recorded in the member's service record. However, positive urinalysis and identified drugs will be documented in the man's medical record. Additional testing at infrequent intervals may be conducted and subject members will be observed. However, harassment or discrimination will be clearly avoided. To preclude embarrassment, positive test results will be forwarded via air mail letter for commanding officer's eyes only.



Fiction

- Fragments*—Ayi Kwei Armah
Counterparts—Tom Baum
The Exorcist—William Blatty
Mandala—Pearl Buck
Cages—Paul Covert
God is an Englishman—Ronald Delderfield
Theirs was the Kingdom—Ronald Delderfield
Don't Look Now—Daphne Du Maurier
The Clans of Darkness—Scottish stories of fantasy and horror—Peter Haining
The King's Daughters—Molly Haycraft
We Speak No Treason—Rosemary Jarman
The Joke—Milan Kundera
The Witch and the Priest—Hilda Lewis

- The King's Pleasure*—Norah Lofts
Extenuating Circumstances—Eda Lord
Two Hours on Sunday—Joseph Pilleri
Cold Iron—Robert Pryor
Whistle and I'll Come to You—Agnes Turnbull
The Sixth Seal—Mary Wesley
Summer of the Red Wolf, a novel—Morris L. West
Playboy Squadron—Arch Whitehouse
Detective Stories
The Spanish Prisoner—Frank Gruber
Alfred Hitchcock presents: Stories to Stay Awake By—Alfred Hitchcock
Crimes and Misfortunes. The Anthony Boucher memorial anthology of mysteries—F. J. McComes
Pale Grey for Guilt—John Dann MacDonald

Know Your Staff



"Chief Hospital Corpsman, Navy instructor, corporation president" are all titles describing PMT School's youngest instructor, HMC Sid Malonson. At the age of 31, this popular Chief has accomplished more in his few years of experience than many civilian businessmen his age.

A native of Houston, Texas, his Navy career got its start in 1960, after graduating from Houston Adult High School. His financial training came when he was stationed in Washington, D.C., as an HM2 in 1965-66. While in Washington, Chief Malonson enrolled in an investment course in the evenings, and upon completion of the course, he immediately began working evenings and weekends for a stock brokerage company. So successful was he at his part-time employment that soon the young Second Class was earning more commissions than his full-time business colleagues.

Today he is still involved in business. In fact, this year he formed his own potential million dollar corporation; the "Great Future Investment Corporation of America." "Great Future," of which Chief Malonson is founder, organizer, chairman, and president, deals primarily with real estate management and investment. Also within the structure of his corporation is the company he founded; the "4-M Management Company," named for the four Malonsons: his wife, Jean, himself, and their two sons, Sidney II and Bernie.

Aside from his newly founded business and his military duties, the Chief finds time to attend college in the evenings and teach religion classes twice a week at Naval Air Station, Alameda. With all his activities going on, it's sometimes surprising he finds time to eat and sleep. But, "I like to keep busy," he quips as he hastily walks toward the classroom.

Life Began . . .

LIFE BEGAN 5 May for Jennifer Ann Ball, 6 pound, 10 ounce daughter of HM1 Robert Ball of Medical Repair, and wife, Ruth.

The Cerberus Murders—Rodney Quest

Science Fiction

Tales of the Flying Mountains—Poul Anderson

Twenty Years of the Magazine of Fantasy and Science Fiction—E. L.

(Continued on Page 6)

Sports Shorts

Bowling Results

The Officers Bowling League held their Spring Banquet on the 27th of April at the Officers' Club. Entertainment was provided by the Ragtime Dixielanders Jazz Band, and a fun time was had by all.

Captain Fitchett, Master of Ceremonies, presented the trophies.

League champions were the "Flaming Hookers," with the following team members: Dori Hamilton (Captain), Roberta Graham, Joan Kelly, Jane McFarland, Cathy Patusky, Admiral Mahin, Jim Woods, Bob McCullagh, Larry Danto, and Mike Christner.

Second place was taken by "The Catguts" with Vern Fitchett as Captain, Sally Kiely, Karen Mertens, Georgia Hammons, Alison Williams, Janet Laird, Tom Clark, C. J. McCleod, Hank Mitchell, and Dave Lichtman as team members.

Individual trophies were presented to the following:

Women

High Average: Sally Kiely

High Series: Lois Jean Butler

High Game: Ellen Stoehr

High Series (Hdep): Roberta Graham

High Game (Hdep): Loah Osborne

Men

High Average: Mason Coleman

High Series: Jim Woods

High Game: Mark Sapirstein

High Series (Hdep): Tom Carson

High Game (Hdep): Jim Trett

The officers who were elected for the next season are: President: Jim Woods; Vice President: Sally Kiely; Secretary: Robert McCullagh; Treasurer: C. J. McCleod.

Men's Senior Tennis

The Twelfth Naval District Senior Men's Tennis Tournament will be held at the Naval Air Station, Moffett Field, on 13-14-15 June at 0930. Participants must be at least 40 years old to compete. The top four place winners will represent the Twelfth Naval District in the Pacific Coast Regional Tournament to be held at the Naval Air Station, North Island on 17-21 July. Contact Ron Brown at 2350.

Track & Field

The 12ND Track and Field Championships for men will be conducted on 20 May at El Cerrito High School at 1100 hours. Events will be: Mile, 440 yards, 100 yard, 120 yard, high hurdles, 880 yard, 220 yard, 2 mile, 180 yard, low hurdles, 880 relay, broad jump, triple jump, pole vault, shot put, discus, javelin, and high jump. Each participant may enter any three events plus the relay. Interested personnel should contact the Athletic Director at Extension 2350 for qualifying standards and more information.

Intramural Softball

The Intramural Softball Leagues started 15 May. In the slow-pitch league, team standings are:

	W	L
Ortho	1	0
Toxicology	1	0
Lab	1	0
Surgery	0	1
OR	0	1
7-South	0	1

Other entered teams are Physical Therapy, X-Ray, Food Service, MSC. Teams entered in the fast pitch league are: CPO's, NP, and EENT.

Golf

Women golfers are needed to represent NH Oakland in the Twelfth Naval District championships on 26-27 June at NAS Moffett Field. Anyone interested should contact Ron Brown.

'Swimming & Diving'

Twelfth Naval District Swimming and Diving Competition will begin on 31 May at Mare Island at 1930. Treasure Island will host the 12ND Championships on 20-21 June at 2000, with the West Coast Championships being held at NAS Miramar on 6-7 July.

Life Guards Needed

Life Guards with up-to-date cards are needed to work at the swimming pool. Anyone qualified who would like to work evenings and weekends should contact Ron Brown for details.

CHAMPUS Corner

PLASTIC AND COSMETIC SURGERY

CHAMPUS payment is authorized for plastic and cosmetic surgery which is generally accepted as being part of good medical practice. Since the phrase "good medical practice" is ambiguous and confusing when applied to plastic and cosmetic surgery procedures, each case must be examined individually before a decision for eligibility is made.

CHAMPUS bases its decision on the "purpose" for which the procedure is performed. Procedures with the purpose of improving abnormal bodily functions or relieving pain are usually authorized. Procedures with the sole purpose of changing or improving the appearance or form of the individual require supporting justification. This type of procedure is authorized only when a determination has been made, on the advice of a competent professional authority, that the accomplishment of the procedure is essential for the physical or mental health of the patient.

Volleyball Champs

In the Intramural Volleyball Championship game of 4 May, OR defeated Dental with score of 1-15, 15-8, and 15-12, giving OR the station championship.

Our Golf team dropped two in last week's game s against Moffett Field and Lemoore. In the Moffett game, NH Oakland lost by a score of 17-10, and at NAS Lemoore, we were defeated 28½-½.

Intramural Tennis

The 1972 Intramural Tennis Tournament will begin the week of 12 June 1972. The tournament is open to all active duty Military men and women, with the top four finishers qualifying to represent NH Oakland in the 12ND Open Tennis Tournament June 26-30 at Naval Air Station, Alameda. The top four women will play 21-22 June at NAS Alameda. Deadline for entry is noon, 9 June 1972. Entries can be made by calling the Athletic Director at Extension 2350.

MORE BOOKS

(Continued from Page 5)

Ferman and R. L. Mills

The Edge of Forever; classic anthropological science fiction—Chad Oliver

Westerns

Ambush at Torture Canyon—Max Brand

Non-Fiction

ESP Seers & Psychics—Milbourne Christopher

The Bible in Dialogue with Modern Man—Peter Macky

The New Twisters—Edith Efron
Boat Maintenance by the Amateur—Michael Verney

Grand National, the Autobiography of Richard Petty—Richard Petty

The Practical Hunter's Dog Book—John Falk

Supershopper; a Guide to Spending and Saving—David Klein

25th Gun Digest—John Amber

The Gamemakers; Pro Football's Great Quarterbacks—George Sullivan

Deborah: A Wilderness Narrative—David Roberts

Trailer, Parks and Campgrounds—Woodall

The Road Not Taken—Robert Frost

We Speak as Liberators. Young Black Poets—Coombs

The Magic World, American Indian

More Scuttlebutt

(Continued from Page 4)

Soon to be wedded lady to prospective hubby: "Did your approve your leave?" He: "We don't know yet." She: "Gee, I hope so. The honeymoon won't be the same without you."

Miss Jenny Caldwell, our Senior Chaplain's daughter, has won a year scholarship to the college of choice. Jenny entered the national competition among approximately 1000 other individuals, and was selected from 700 finalists. She received word of her acceptance from the Army's WRAIN program for registered nurses several weeks ago, and will attend Chico State College in school's nursing program.

Songs and Poems—William Bradford Huie

Touring the Old West—Kent R. Sierra Nevada—Velda Johnston

Walkout: With Stillwell in Battle—Frank Dorn

Will the Soviet Union Survive Until 1984?—Andrei Amalrik

The Killer Legions of Quantico—Carl Breihan

The Yukon—Richard Mathews

Agnew, the Unexamined Man—Political Profile—Robert Marsh

Boss, Richard Daley of Chicago—Mike Royko

The Years of MacArthur—James Clayton



Members of NH Oakland's Twelfth Naval District Class "B" Champs receive their first place trophy. Teammates on hand for the presentation by CAPT Hubbard are, left to right: HMC Max Mendenhall, HM1 George Cartmell, HM3 Cliff Wright, Dr. Bob Coleman, HMC Gary Bryan, HM2 Rich Bain, and Ron Brown, Athletic Director.

Send Your Copy of THE OAK LEAF HOME!

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Stamp
Here

From
Naval Hospital
Oakland, California 94627

To

The OAK LEAF



Vol. 34, No. 12

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 2 June 1972

THE SHORT SHEET

Navy Fliers Earning Respect

North Vietnamese pilots appear to have developed a healthy respect for American fliers because of the impressive number of MIG downings scored since the first of the year. The clearest example came last week, when a MIG pilot bailed out of his plane before Navy fliers could even fire at it. Two F-8 Crusaders from USS HANCOCK (CVA-19) were providing cover for an air strike in North Vietnam 22 May when a MIG approached on an opposite course. As the MIG passed abeam, one of the Crusaders broke directly into him. Before the Crusader could shoot, the alarmed MIG pilot ejected and parachuted to safety. His plane crashed, and the F-8's returned to HANCOCK to report one MIG downed with no ordnance expended; an example of perfect cost-effectiveness.

Seabed Arms Control Treaty Ratified

There were several developments in underseas warfare in recent weeks. The United States and Russia formally ratified the Seabed Arms Control Treaty at the State Department, Washington, D.C., on 18 May. The treaty is intended to prevent the spread of nuclear weapons to some 60 percent of the earth's surface, and deputy Secretary of Defense Rush commented, "(the treaty) is further evidence of (our) nation's desire to turn toward negotiation, rather than confrontation, as the means of achieving the stability and peace we all seek." Meanwhile, Secretary of Defense Laird announced that the Undersea Long Range Missile System (ULMS) will be renamed "Trident" after the historic emblem of sea power.

The Navy's New Type of Ace

The Navy has another type of ace, a shipboard air controller who has assisted in the downing of seven MIGS. RDC Larry Nowell has directed combat air intercepts resulting in seven confirmed kills and three other possible MIG downings. He also controlled emergency air refueling of two F-4's by a tanker; pilots of the F-4's credited him with saving their planes.

Television at Sea

Sailors will soon be able to watch their favorite TV programs while at sea. As part of the CNO's overall program to improve shipboard life, the Navy has begun the installation of closed circuit television (CCTV) on ships of DDG size and larger. In addition to its primary internal relations function of providing an effective communications medium, CCTV will allow shipboard reprogramming of American Forces TV programs. Starting in January 1973, the ships will be fitted in color. About 40 ships will be TV-equipped during the next year.

March and April JANGO's Chosen



Three of our Junior Army Navy Guild Organization volunteers have received JANGO of the Month honors for working 96 hours and 10 minutes during March. The

three girls are Joanne Conklin, daughter of HM2 Richard Conklin,

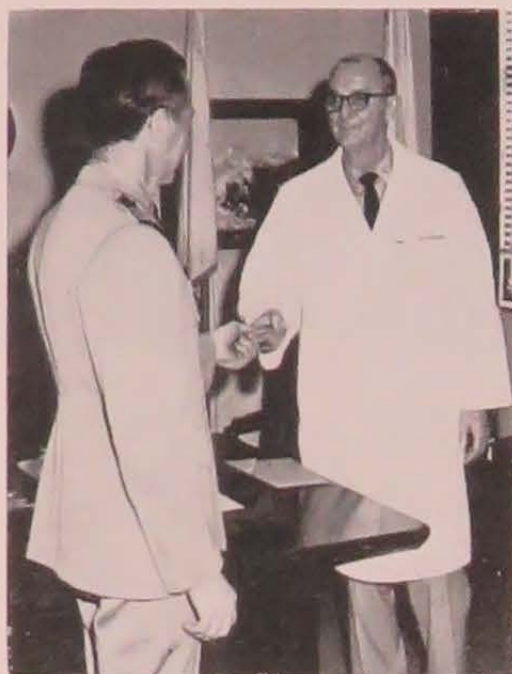
Susan Boykin, daughter of FTMC John Boykin, and Carla McGee, whose father is SK1 Joe McGee. The girls' fathers are all stationed at Mare Island.

Carla McGee, pictured above, was also named April's JANGO of the Month for volunteering 61 hours of her time in that month. She is a Freshman at Solano High School. In addition to her work with the JANGO's, Carla is also a Red Cross volunteer at Mare Island.

IN MEMORIAM

The Command and staff join the family and friends in prayerful mourning over the death of LCDR Gilbert M. Carpenter, MC, USNR. After a sudden and brief illness, Dr. Carpenter of the Radiology Staff here at Naval Hospital, Oakland, died on 2 June 1972. He is survived by his wife Jean and two young sons. Funeral arrangements are not completed at this writing.

Navy Relief Drive Underway



Admiral Mahin gives the hospital's first Navy Relief donation to CDR Petoletti, chairman for this year's drive.

The Navy Relief Society—what is it, what does it do? The Navy Relief Society is the naval services' own organization for the relief of distress among its own people. Its purpose is to give help to active or retired Navy and Marine Corps personnel and their dependents and dependents of deceased personnel. The help offered by Navy Relief may be a loan without interest, an outright grant, or a combination of the two, depending on the particular circumstances involved. Other than financial assistance, Navy Relief furnishes layettes for needy military; there are thrift shops and nurseries at many hospitals, dispensaries, and commissaries; and visiting nurses work among our Navy and Marine Corps families.

The work of the Navy Relief Society is supported by private funds; income from a reserve fund and voluntary contributions from service personnel and civilian friends of the naval service. These funds are used for direct relief of shipmates and survivors. Not one cent of the collected contributions from any source goes for administrative expenses.

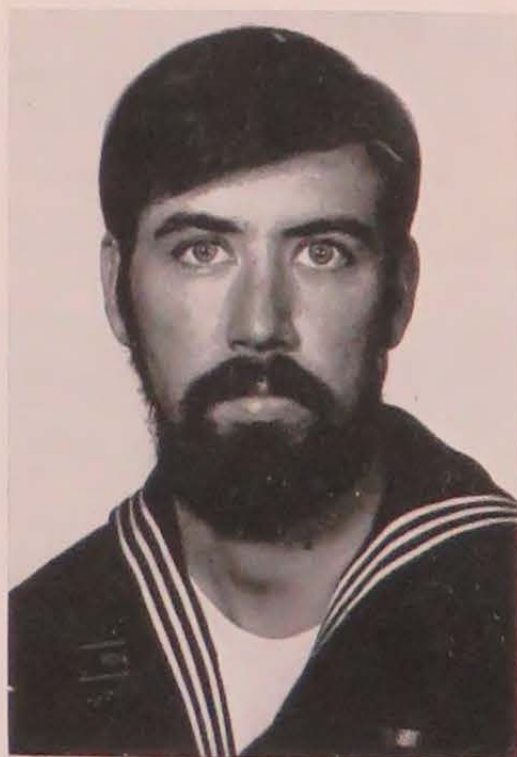
So we call upon you to "help the Navy help its own" and give to the Navy Relief Society. Although the 1972 campaign was late in beginning, this year's chairman for the drive, CDR Petoletti, feels that collections will not be hindered, and he asks that everyone lend a hand and give a worthwhile contribution according to his own means. Again, this year's goal is 100% participation.

HM3 John Richards April's Sailor

HM3 John Richards, of Ward 9-South, has been selected Sailor of the Month for April 1972. His "unexcelled nursing care and dedication to duty" were cited in the Letter of Commendation accompanying the award. The letter additionally praised Richards for the many hours spent in counseling and guiding his men and interpreting hospital and other military policies, greatly improving the morale and performance of his men.

John is a graduate of Mercy High School in St. Louis, Missouri, and attended the University of Missouri at St. Louis, majoring in biology and psychology. In 1968 he enlisted in the Navy and attended boot camp and corps school at Great Lakes. His first assignment was to NH St. Albans, where he spent 18 months, and then went to Okinawa with the Third Marine Division via Field Medical School. Last June he reported to Oakland Naval Hospital and went to work in the Nursing Detail Office for five months, before taking over as Senior Corpsman on 9-South.

John plans to enter medical



school following his separation in August. He plays the guitar, which he learned while singing with a rock group, he back packs, enjoys working with photography, bicycling, and has made "500 unsuccessful attempts at ripping off the comic book collection that belongs to our March Sailor of the Month."

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

MEMORIAL MONDAY REFLECTIONS

Memorial Monday was a wonderful day for flying the national ensign, for family activities and picnics, for visiting family graves, decorating them with flowers. Monday was a holiday for parades and speeches; it marked the official beginning of summer for pools, parks, motels, and countless resorts. All in all, Memorial Monday is a great holiday!

The original purpose of the festivities was to commemorate our national war dead. Men and women who had given their lives in any of our nation's many wars were remembered, their graves were decorated with flowers and flags, and politicians throughout the country took the opportunity to extoll the virtues of valor and to decry the horrors of war. The declamations honored men and women who died in service to the United States of America; some were conscripted, but the vast majority died believing in something which was more valuable than his or her personal life alone. "No greater love hath any man than this, that he lay down his life for his friend."

Long before any American states were united a man died on a suicide mission, for a cause, for a purpose, for a people, for a way of life which was made possible only by his death. Memorial Monday does not include Jesus' death very frequently—you see, he did not wear our uniform, carry a weapon, nor was the execution for martial offenses. Yet, Jesus' death has had much greater effect on mankind than any Congressional Medal-winner or unknown soldier who gave his life for yours or mine. "The proof of God's amazing love is this . . . Christ died for us."

There is no greater love than his. There is, in fact, no Memorial Monday big enough to commemorate Jesus—it took an Easter Sunday!!

LT JAMES TRETT, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.



Most Recent graduates of Operating Room Technician School are, back row, left to right: Guy Dumont, Lyle Lips, Charles Harris, Gerald Brown, Ralph Boomer, and Mike Bagaason, enlisted instructor. Center row: William Jones, Rogers Hill, Richard Wecker, William Davis, and John Stryker. In the front row are CDR Nancy Jacques, LCDR Patricia Majak, Admiral Mahin, Commanding Officer, and LCDR Wanda Kelly.

Benefit Golf Tournament 17 July

The Fourth Annual Veterans Amputee Golf Tournament will take place on 17 July at the Franklin Canyon Golf and Country Club on Highway 4, Rodeo, California. There will be 288 golfers teeing off in the tournament, playing for prizes offered for various hole-in-one shots. The prize list includes a Ford Pinto Runabout, two \$700 console color television sets, several golf club sets, and five polyglass tires.

For the golfers' added enjoyment there will also be a bar-b-que dinner and an air show, with Bruce Cruikshank, a double amputee, at the controls of one of the air show planes.

Anyone may enter the golf tournament and compete for the valuable prizes offered. Entry fee for the tournament is \$25, with all proceeds used for the benefit of the amputee patients at NH Oakland, Letterman General Hospital, Palo Alto Veterans' Hospital, and amputees from Vietnam, the Korean Conflict, and World War II. These funds will help send the amputees to Lake Tahoe for a weekend of skeet shooting, pheasant hunting, lunch at Harvey Gross's Resort Hotel, a dinner show at Harrah's, and boating on Lake Tahoe.

All help for this annual event is volunteered. Anyone wishing to enter the golf tournament may do so by calling Mr. Bill Lee, tournament chairman, at 758-5457.

Who's Been Doing What . . .



Dr. Igor Drobocky was promoted to LCDR, and Miss Jo Ellen Ames to LT; HM2 Michael Scott reenlisted for six years under the Navy Enlisted Nursing Education Program; HN Shirley Sibley received a Letter of Appreciation upon her discharge from the USN; Dr. Yagol was awarded the Navy Achievement Medal for service as Deputy Force Surgeon for Commander, Naval Forces, Vietnam; LT Jamie Carlo received a Letter of Appreciation for his contributions to the Laboratory Service here; MMC Lowry Davis, a patient on 7-South, was presented the Navy Achievement Medal for services with the Naval Support Activity, Da Nang, Vietnam; HMC Lester Salisbury received a Certificate of Achievement for his assistance in establishing the drug abuse program at Long Binh, Vietnam.



A few of the scenes from this year's Nurse Corps Anniversary Party: Recognizable from the top, left to right, are LT DePrima, LCDR Walker, and LTJG McDonnell. In the top center photo hangs a paper globe below the flag, reflecting the "Around the World" theme of this year's celebration. In the upper right are CDR Peterson, CDR Jacques, B. Smith, retired Navy nurse, LCDR Walstrom, and B. Holland, former detail nurse at NH Oakland.

In the lower row ENS Hess and LTJG Snowden appear to be toasting the party, as ENS Kokesh looks on. Around the table are LTJG Ames, LTJG Haenfler and his wife, Ruth, LTJG Meinen and wife, Marge, and Mary Wurth. Dancing to the music in the lower right are ENS Spangler and LTJG Hewitt.

EXEC-LINE

• Some of us have bought I.D. wrist bands that honor POW's and I want to know if there is any regulation that says we can't wear them.

Chapter 1, Section 1 of U.S. Navy Uniform Regulations, 1969, gives clear guidelines relative to the wearing of identification bracelets. Both men and women are permitted to wear I.D. bracelets, but the items must be in good taste and appropriate to the occasions, working or social, for which the prescribed uniform is worn. No eccentricities shall be permitted; and obviously these items should not be worn when working in the operating rooms, surgical supply area or any area where the wearing of jewelry would violate good medical practice. When in doubt, discuss the matter with your Chief of Service or Division. The particular bracelets to which you refer are not considered objectionable by the command.

• I would like to find out why there is only one person in Patient Affairs who is able to take valuables. We have frequently had nurses take valuables down to Patient Affairs to be placed in the safe and if the Chief down there who is taking valuables is away from his post or is off, we have to bring the valuables back up here and lock them on the ward since nobody else can accept them.

If the appointed custodian of patient's valuables is not available for deposit of valuables, the depository at the Information Desk will be utilized. When so utilized, the green (Delivery Officer's) copy of the NAVMED 6010/8 will be returned after receipt by the custodian.

• When I was stationed at another command, we ran "for sale" or "trade" ads in the Plan-of-the-Day and I would like to see it started here. It seemed to serve as an incentive for everyone to read the Plan-of-the-Day.

To advertise sales or trades is not the purpose of the Plan-of-the-Day. The unofficial bulletin boards located in Bldg. 38 (Navy Exchange) and the board posted outside the administration complex on the third floor of Bldg. 500 are available for staff advertisements. The possibility of running a short "for sale, trade, or swap" column in the Oak Leaf is being considered.

AMVET'S Visit

Mr. Joe Ramsey, Jr., National Commander of the American Veterans of World War II, Korea, and Vietnam made a courtesy visit to pay his respects to Admiral Mahin and

tour the hospital on 19 May. Mr. Ramsey was accompanied by Mr. R. P. Miller, Commander of AMVETS Post 6. Commanders Ramsey and Miller's interest was in the outpatient facilities of the hospital and the care received by veterans at NH Oakland.

JANGO Classes

A JANGO is a member of the Junior Army Navy Guild Organization. She donates a minimum of 60 hours a year as a nurse's aide on the patient care units at Oakland Naval Hospital.

Membership requirements are that she be age 13 to 21. Eligible for membership are daughters of all military personnel of Army, Navy, Air Force, Marine Corps and Coast Guard who are serving on active duty or who are entitled to retired pay. A valid (I.D.) identification card is essential.

Classes will begin on 26 June through 29 June, 0900 to 1200 and 1300 to 1500.

Interested applicants please call 639-2196 or write to:

Chief of Nursing Service
Naval Hospital
Oakland, Calif. 94627

The deadline for applications will be 16 June 1972.

Movie Schedule

1 & 2 June
McLINTOCK—John Wayne and Maureen O'Hara. Western.

3 June
MAN AND BOY—Bill Cosby and Gloria Foster. Drama. G.

4 & 5 June
MAKING IT—Kristoffer Tabori and Joyce Van Patten. Comedy drama. R

6 & 7 June
WHOEVER SLEW AUNTIE ROO?—Shelly Winters and Mark Lester. Suspense Drama. PG

8 & 9 June
GUNS OF NAVARONE—Gregory Peck and David Niven. Drama.

Scuttlebutt

WHAT DID YOU DO DURING THE LONG WEEKEND??? Frank Baumgartner stayed at home—in San Francisco. Vivian Swofford went to St. Thomas, in the Virgin Islands. Gary Neely and his roommate started to go back-packing to Geyserville and decided to take the back-packs back and went for a dip skin deep with the gals in the pools. Mike Drobot—"I landscaped my front yard—looks like a kidney now." (Does it have stones?) Legs Diamond from the Photo Lab spent the weekend storming the beaches of Santa Cruz, Monterey, and Carmel amongst the wine, women, and song. Kris Clemens—"Ooh, nothing in particular." Bob Kahn and Al Woods and their wives went into San Francisco to see Bill Cosby. Dick Dickens went to visit a little old lady from Pasadena. LCDR Mike Corbett went kayaking. Then there's Tim Town, the chicken who fell over Chicken Falls. With beer in one hand and oar in the other, he took a dive out of a rubber raft that would make Jacques Cousteau jealous. It all happened while shooting down the far from placid Stanislaus River with seven fellow corpsmen. When he finally surfaced, minus the oar, a sigh of relief was heard as he yelled back to his fellow sailors. "And I didn't spill a drop!" CAPT Smoker spent her weekend at the "Ponderosa." She says one arm is sore from pulling on the one-armed bandits and the other is stiff from holding up her purse.

HM3 Richard Barr of the Mail Room received a nasty cut on his hand the other day—while washing dishes.

Lorene in the Personnel Office

brought some crackers to work, thinking they were poggy-bait, but found out to her dismay they were only crackers.

Mr. Statifacts says: the Radiology Service has a heavy work load and accomplishes a tremendous amount of transactions in one calendar year. This relatively small department employs ten doctors and 32 enlisted Hospital Corps personnel. They expose about 135,957 outpatient x-rays and 81,023 inpatient films, (seven shots per inpatient) for a whopping total of 217,000. Each of the doctor specialists must review an average of 21,700 films per 360 day year—that's a lot of decision making. Each corpsman specialist must "shoot" about 6,600 shots per year exclusive of administrative and training personnel. Hats off to a busy Service.

If you see LT Nat Sessions walking the halls with a megaphone, beret and cigarette holder, it's because he just returned from a TV production course.

Yes, your Credit Union office will be open every military pay day from 1030 to 1330. For civilian pay days, the Credit Union office will be open from 1030 to 1500 to accommodate all shifts.

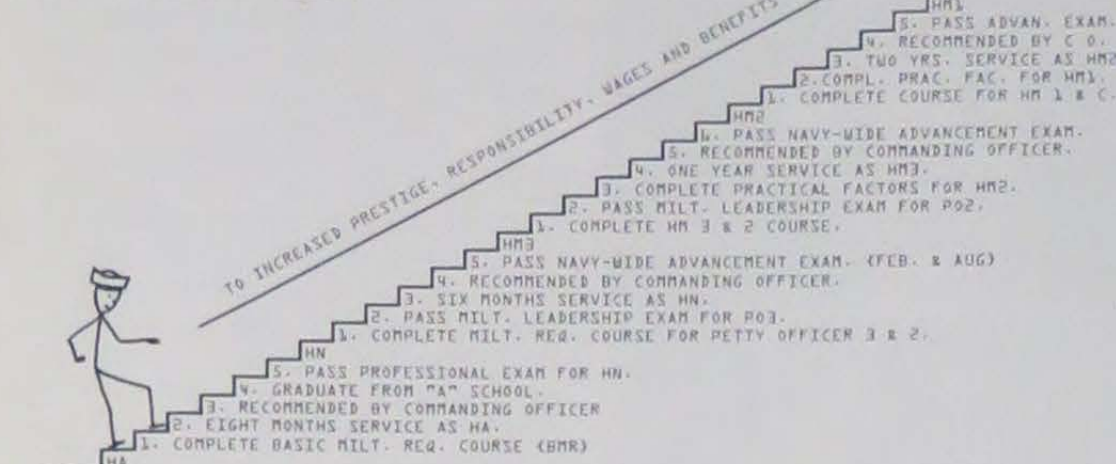
It seems two of our Red Cross workers went back-packing with Doug, an OR Tech they have known for several months. On the way up to the camp Doug let them in on a secret—his name is Bill!

Life Began . . .

LIFE BEGAN 16 May for Matthew Richard Tirrell, 7 pound, 6¾ ounce son of LT Richard Tirrell of Anesthesiology and wife, Mary.

THE ADVANCEMENT LADDER

CAN YOU CLIMB THIS ADVANCEMENT LADDER IN 4 1/2 YEARS ???
YOU CAN !!! IF YOU START NOW !!!
DON'T WAIT UNTIL IT'S TOO LATE !!!



ALL REQUIREMENTS FOR ADVANCEMENT TO THE NEXT HIGHER PETTY OFFICER PAY GRADE MUST BE COMPLETED 30 DAYS PRIOR TO THE ADVANCEMENT EXAMINATION. (15 JAN. FOR FEB. EXAM AND 15 JULY FOR AUG. EXAM) CHECK WITH YOUR EDUCATION AND TRAINING OFFICE OR PERSONNEL OFFICE IF FURTHER INFORMATION IS REQUIRED.

Softball Standings

The Intramural Slow Pitch standings as of 31 May are:

TEAM	W	L
Food Service	3	0
Ortho	2	0
Toxicology	2	0
X-Ray	2	1
Lab	2	1
OR	1	1
Surgery	0	2
7-South	0	2
MSC	0	2
PT	0	3

The First Annual Slow Pitch Tournament for the Twelfth Naval District will be held at NH Oakland on 13-15 July 1972.

In the Fast Pitch League, team standings are:

TEAM	W	L
NP	2	0
EENT	1	1
CPO	0	2

Hail & Farewell

ENLISTED REPORTING:

From HCS San Diego is HM3 Dennis Sheeran, HN Robert Belcher, and HA's Edward Carr, Daniel Hughes, Kymron Deccare, Michael Bryce, Robert Samson, Rufino Daquiao. From Naval Station, Treasure Island came HN Terry Arlin, and HA's Donald Gregg, Mark Byrne, Daniel Kennedy, Craig Stacey, and Richard Jones. From HCS Great Lakes, HA Mary Cochran; from Naval Hospital, Long Beach reported HN Charles Patton, and from the USS TURNER JOY came HMC Maxie Gonzales.

ENLISTED DETACHED:

To the USS PARSONS went HM2 Michael Ryerson. HM2 Douglas Hichman and Ronald Fox were released to inactive duty. HM3's Barbara Corder, Diane Buhl, Beverly Mills, and HN Shirley Sibley were discharged from the USN.

OFFICERS REPORTING:

ENS's Geraldine Garvey, Donna Smith, Clinton Boyd, and LT Marilyn Cohrs reported from Newport.

OFFICERS DETACHED:

LTJG Anne McKelvey was released from active duty.

CHAMPUS Corner

MATERNITY & NEWBORN CARE

Under limited circumstances, maternity and newborn care benefits are available under CHAMPUS to beneficiaries. This care is financed under the basic CHAMPUS program and is qualified by the usual nonavailability requirements, distance requirements, sponsors location, deductibles, and co-insurance.

When a maternity patient anticipates delivery in a hospital, the entire maternity care episode is considered to be **inpatient care**. The dependents of active duty members are required to pay \$25, or \$1.75 per day, whichever is the greater amount, to the hospital to which first admitted.

If a dependent elects to deliver outside of the hospital, and is not otherwise hospitalized for management of the pregnancy, the care will be considered outpatient. The outpatient deductible is applicable, as is the usual cost sharing of 20 percent for dependents of active duty personnel and 25 percent for dependents of retired members.



ENT on-the-job-training certificates were recently presented to the four corpsmen above: Eduardo Amodia, George Stefanski, LCDR Crothers, James Adams, Stephen Harvey, and CAPT Miller, Chief, ENT.

Sports Shorts

Men's Senior Tennis

The Twelfth Naval District Senior Men's Tennis Tournament will be held at the Naval Air Station, Moffett Field, on 13-14-15 June at 0930. Participants must be at least 40 years old to compete. The top four place winners will represent the Twelfth Naval District in the Pacific Coast Regional Tournament to be held at the Naval Air Station, North Island on 17-21 July. Contact Ron Brown at 2350.

Golf

Women golfers are needed to represent NH Oakland in the Twelfth Naval District championships on 26-27 June at NAS Moffett Field. Anyone interested should contact Ron Brown.

O' Wives Last Meeting

The Oakland Naval Hospital Officers' Wives Organization will hold its last meeting of the year Wednesday, June 14 at the Officers' Club. A champagne brunch will precede the election of officers and recognition of those leaving NHO this summer.

The slate of officers to be presented by the Executive Board is: Francie Douglas, President; Peggy Miller, Vice President; Cheryl Woerz, Corresponding Secretary; Mary Combs, Recording Secretary; Joyce Taylor, Treasurer.

All members are urged to attend the brunch, which begins at 1030.

'Swimming & Diving'

Twelfth Naval District Swimming and Diving Competition will begin on 31 May at Mare Island at 1930. Treasure Island will host the 12ND Championships on 20-21 June at 2000, with the West Coast Championships being held at NAS Miramar on 6-7 July.

Intramural Tennis

The 1972 Intramural Tennis Tournament will begin the week of 12 June 1972. The tournament is open to all active duty Military men and women, with the top four finishers qualifying to represent NH Oakland in the 12ND Open Tennis Tournament June 26-30 at Naval Air Station, Alameda. The top four women will play 21-22 June at NAS Alameda. Deadline for entry is noon, 9 June 1972. Entries can be made by calling the Athletic Director at Extension 2350.

Pediatric Letters Awarded



Civilian and military staff of our 7 East, Pediatric Service were presented with Letters of Appreciation for their "maximum efforts" and "willingness to assume extra duties during the past two months when the census has been very high." Receiving their letters in the top row are Lela Whatley, Virginia Cheatam, and Virginia Willis. In the lower photo are CAPT James Hayes, Chief of Pediatric Service, LCDR William Gill, Mrs. Arent, HN Mark Earnshaw, CDR Loretta Murphy. Back row: HN Gene Gassman, HA Russ Hallowell, and HN's Ralph Landaburu, Creigh House, and Floyd Newman.



The OAK LEAF

Vol. 34, No. 13

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 16 June 1972



Robert Shields, Mime, to Perform for Navy Relief

Robert Shields, "The Union Square Mime," and Lorene Yarnell, shown above in one of their many performances, will appear here in the Clinical Assembly at 1500 on Friday, 30 June, in a benefit for the Navy Relief Drive. Hailed by the San Francisco Chronicle's columnist Herb Caen, Shields has steadfastly persisted with his activities as a street performer still appearing regularly at San Francisco's Union Square while gaining wide acclaim as a stage performer as well.

Miss Yarnell, long known in Hollywood as a versatile actress and dancer, has appeared in countless television shows, including "The Dean Martin Show," "The Tom Jones Show," and "The Carol Burnett Show."

Robert Shields, Mime, is now a top flight act. After appearances on the Sid and Marty Kroffts television special "Fol de Rol" and on the SRO San Francisco concerts of the Rolling Stones, offers for international tours and television appearances are almost daily fare.

The performance here is open to all. A generous donation will be asked at the door for admission.

The basic purpose of the Navy Relief Society is to assist naval personnel and their families when they really need help. It is largely a "help-others-help-themselves" organization designed to smooth out the rough spots of life in the Navy and Marine Corps.

Within the limitations of its established purposes and resources, the Navy Relief Society desires and stands ready to assist financially and with other services all naval personnel and their dependents who find themselves in need of its help. It aims to do this with sympathy and with full regard for the dignity and self-respect of those who may have occasion to seek its aid. It aims also to fit its assistance to the circumstances of each individual situation with emphasis on the most constructive solution of the problem presented. It does not consider its help as "charity" in the belittling sense of the word, but rather as aid from

members of a rather large family to one of their number finding himself in temporary difficulty of a serious nature.

With approximately two-thirds of the departments reporting, collections so far are running neck and neck with last year. Particularly heartwarming to CDR Petoletti, this year's chairman, are several rather large donations from staff in all pay brackets, military and civilian. CDR Petoletti reminds us that although contributions are running the same as last year, the needs of the Navy Relief are always increasing. Last year, for the first time, Navy Relief had to utilize its reserve funds. If the trend continues, many Navy personnel may have to go to the outside for help, which will compound their problems.

Please give as generously as possible: "Anyone who spreads sunshine about the world cannot help getting some on himself."

From the Commanding Officer

On the event of the 74th birthday of the establishment of the Hospital Corps I would like to extend my personal appreciation for your gallant and exceptional service to the Navy and the country. Your contributions to the Medical Department's mission have been great in time of peace and armed conflict. Your efforts in the three score and fourteen years have not gone unnoticed and have earned you a position at the right hand of the Navy Medical Team. Best wishes and continued success to the Navy "Doc's" of the Fleet and Fleet Marine Force.

H. P. Mahin
H. P. MAHIN, RADM, MC, USN

New Uniform OK'd



HM3 Helen Sullivan models the new pantsuit uniform approved for women members of the Medical Department. The new outfit consists of a short-sleeved tunic top and straight cut pants. Rating badges are not used with the pantsuits, and black or white oxfords may be worn. BUMED Instruction 1020.2 gives details for wearing of the new uniform.

Hospital Corps Anniversary Ball Friday, 23 June

On 17 June the Navy Hospital Corps reaches its 74th birthday, continuing the history of service to the Navy and Marine Corps that has earned today's corpsman the respect his fellow sailors have for him. In honor of the occasion, all members of the Hospital Corps and Mustangs are invited to attend this year's annual ball on 23 June. Site for the event is Goodman's, No. 10 Jack London Square. Cocktails will be served at 1800, with dinner at 1930 followed by dancing at 2100. Dress is formal/semi-formal. Tickets are on sale for one dollar in the chow-hall or from the Enlisted Committee members. C'mon, Doc, CELEBRATE!!

Retirement Ceremony

Retirement ceremonies will be held in the Clinical Assembly at 1000 on Friday, 30 June for CAPT Hampton Hubbard, MC, USN, and LCDR Dorothea Tracy, NC, USN, and LCDR Martha Meyers, NC, USN. All staff personnel are invited to attend.



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

A CITIZEN'S STATEMENT

The following statement by a prominent citizen is reprinted here as representing one point of view toward current conditions:

"The poorer citizens have captured the government and have voted the property of the rich into the coffers of the state for redistribution among the voters.

"Politicians have strained their ingenuity to discover new sources of public revenue. They have doubled the indirect taxes, such as customs due on imports and exports. They have continued the extraordinary taxes of wartime and peacetime. They have broadened perilously the field of the income tax as well as the property tax.

"One of our wisest says, 'When I was a boy, wealth was regarded as secure and admirable—but now a man has to defend himself being rich as if it were the worst of crimes.'

"Athletics has become professionalized. Young citizens who once thronged the play grounds or the gymnasium now exert themselves vicariously by witnessing professional exhibitions.

"Philosophy has struggled to find in civic loyalty or in a national ethic substitute for the divine commandments and the surveillance of God."

The Place: Athens, Greece

The Time: 360 B.C.

The Citizen: Socrates

(From John S. Knight's "Editors Notebook" in the Detroit Press.)

LCDR W. D. Aders, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday

Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

Who's Been Doing What . . .



MMC Graciano Carandang, our Outside Master-at-Arms, reenlisted for four years on 23 May and the following day he became a citizen of the United States. Congratulations. MR2 William Johnson and EM2 Alvin Beyer were promoted to Second Class. CAPT Hubbard congratulates Mr. Terry Rebollido, a Medical Technician for our Laboratory Service upon his retirement after completing 20 years in the military and 17 years Civil Service. LTJG Dennis Hisoire received a Letter of Commendation for services as NP Administrative Assistant. HM1 Sam Henderson reenlisted for two years.

THE SHORT SHEET

Commander Carrier Two Going to Athens

The staff of Commander Carrier Division Two will be homeported in Athens, Greece starting 1 July. The Greek government recently gave its approval to the move, which will directly affect about 55 Navy personnel and 20 families now homeported in Norfolk. Dependents will live on local economy. The move is part of the Navy's effort to reduce long family separations for personnel deployed overseas. The U.S. Government is discussing with the government of Greece the possibility of homeporting other Navy units in Greece.

Third Ship Named for Black Man

The third Navy ship to be named in honor of a Black Navyman was launched at Avondale Shipyards, Westwego, La. on 3 June. The Destroyer Escort USS MILLER (DE-1091), a Knox-class escort, is named in honor of Mess Attendant Doris "Dorie" Miller, who received the Navy Cross for heroism aboard the Battleship USS WEST VIRGINIA during the attack on Pearl Harbor.

New BEQ'S Considered

Congress is considering the Navy's request for some 119 million dollars for new and modernized bachelor enlisted quarters and community support facilities. Projects being considered would provide close to 1 thousand new spaces and modernize another 9 thousand for bachelor enlisted men. Also included in the budget request is 31 million for construction of two new Navy hospitals—one at Pensacola, Florida, and the other at the Naval Support Activity outside New Orleans. At present six new Navy hospitals are under construction.

First-term Retention Rate Up

The Navy's drive to retain first-termers is paying off. During March the first-term retention rate jumped to 38 percent, a new monthly high. Through the end of March, 23 percent of the first-term personnel eligible to reenlist this fiscal year have done so. At this time last year, the retention rate was 16 percent. The Navy's goal is to reach a first-term retention rate of 31 percent and a career personnel retention rate of 60 percent. In the career area the goal has already been passed, with the current rate at 94 percent.

Life Began . . .

LIFE BEGAN 19 May for Heather Leigh Giacoletto, 7 pound, 10½ ounce daughter of HM3 Ronald Giacoletto of Toxicology, and wife, Dolores . . . 2 June for Shannon Fay Malone, 7 pound, 2 ounce daughter of LCDR Patrick Malone, of Psychiatry Staff, and wife, Elaine . . . 3 June for Jerry Joe

Rowe, 7 pound son of HM3 Jerry Rowe of Lab School, and wife, Martha . . . 3 June for Frank Andrew Picos, 7 pound, 5 ounce son of HM1 Francis Picos of Preventive Medicine Staff, and wife, Gayle . . . 4 June for Elizabeth Carl Jackson, 8 pound, 4 ounce daughter of LT Arthur Jackson of Urology, and wife, Lee.



HMC Charles Haggerty was piped ashore on 31 May upon completion of 30 years in the Navy. The retiring Chief was assigned to Education and Training while stationed here and plans to reside in the Bay Area and seek employment in the health care field.



EXEC-LINE

● Why are patients allowed to run around the compound in incomplete, dirty uniforms? Uniform Regulations are being enforced for staff but not patient personnel.

When patient personnel sign the check-out log from their respective patient care areas they should be inspected by the staff on duty for completeness of uniform and general military appearance. If the patient does not have a complete military uniform he must be in hospital pajamas, robe, and slippers.

● A number of our patients have complained about not having adequate laundry facilities and I was wondering if it would be possible to appropriate four coin operating washers and maybe two coin operating dryers for their use.

New washing machines and dryers have been ordered and will be installed by Public Works when received. These machines will be located on the 5th and 7th decks of Bldg. 500. There will be no charge for their use.



NP Class #64 graduated on 26 May, yielding these 15 new Neuropsychiatric Technicians. Back row, l-r: HN Gerald Parkinson, HM3 Brian Burke, HN's Paul Westberg, Gerard Graham, Phillip Ray, HM3's Charles Holton, John Snowden, and HN Stephen Thebaut. Center row: HM1 Bob Carson—instructor, HN's Benjamin Webb, Theodore Balicki, Kam Yin Ching, Nicholas Dovik, Vincent Duran, William Pritchard, and Darwin Irvine. In the front row are LCDR W. A. Hiskett, Chaplain, LT Jeannine Pires, Instructor, CAPT H. Hubbard, Executive Officer, CAPT R. Steyn, Chief NP Service, Dr. T. Pepper.

Scuttlebutt

NHO's fondest pair of Dental Techs recently bought two look-alike bikes for their off-duty hours . . . When a certain CEC Officer heard of the upcoming Change of Command he remarked, "Gosh, that means I have to get my white uniform de-yellowed" . . . Did you know that some sturgeon fishermen take up to six months to re-wrap and varnish a friend's deep-sea fishing rod? That's what we call meticulous attention to detail . . . Need time off? Just ask Kris if it's OK . . . Who caught LT Bud Sparks deeply engrossed in a Sad Sack Magazine? . . . Poor Rod Ward lost his career shoes for a day and had to wear his new ones . . . What CPO Selectee living in the Enlisted Quarters backs his car up one block on a one-way street to save driving two blocks around his house?

Many organizations participate in the President's Council for Physical Fitness, even NHO's Red Cross, represented by Miss Cathy Martin, who was spied jogging around Lake Merritt steadily for the last three days.

Smilin' Stan Thompson really enjoys his mashed potatoes and gravy—when they hit his mouth and not his pants. A friend(?) remarked, "There are some people

you just can't take anywhere for lunch."

Congrats to Max!! HM3 Max Carroll just made Senior Corpsman on 7-North.

LT Don Thorson and Horgie Horgeshimer, of Special Services, have a contest going to determine who can guess Maggie's true height. It seems she has several pairs of cork shoes, the tallest with 4½" soles and 7½" heels. She also sports a full Afro.

CEC has solved the pollution problems in NHO's very own stream but can't solve the people pollution problem. They keep taking the wildlife out of his stream.

Mike Woods on 7-North had a bike accident, but like a real biker, he came up smiling.

Personnel who desire to participate in the August 72 Navy-wide Advancement Exam are to see HM1 Rich in Staff Personnel to complete an advancement in rate worksheet. All requirements and worksheets must be completed prior to 15 July 1972.

Why is sodium in the blood? What happens when you have a beer? What is necrosis? What does the breakdown of tissue deposit in blood? Can you answer these questions? Our Emergency Clinic staff can; the questions are part of (Continued on Page 4)

PMT Sponsored Infections Program

During the period 19-30 June 1972, the Preventive Medicine Technician School, Building 101, is sponsoring a training program, "Control of Infections in Hospitals," which is aimed at presenting current knowledge in the surveillance and environmental aspects for the containment of hospital infections.

Hospital infections, recognized as a public health problem in countries throughout the world, becomes more significant within the military due to its worldwide deployment of personnel. During the past several years, increased attention has been brought to focus on better control procedures to provide maximum prevention of these infections.

The teaching staff of this course will be comprised of members of the naval service as well as personnel from civilian industry. The program will consist of a series of lectures, demonstrations, and field exercises to familiarize personnel with the latest concepts of infection control in medical facilities.

Highlights of the topics as follows:

TIME	DATE	TOPICS
0920-1020	19 June	What are Hospital Infections?
1040-1200		Infection Control Committee—Structure & Role
0800-1000	20 June	Surveillance of Hospital Infections
0800-1020	21 June	Epidemiological Aspects of Communicable Diseases
1040-1200		Venereal Disease: A Health Crisis
1315-1600		Laboratory Workshop—Environmental Sampling
0800-0935	22 June	Medical Microbiological Environmental Monitoring Program (MMEN)
0955-1200		Laboratory's Role—Antimicrobial studies (Infection Control Program)
1330-1600		Sterilization Procedures—CSR, Inhalation Therapy, Anesthesiology
0800-0920	23 June	Sanitary Handling of Laundry, Refuse, Solid Wastes in Medical Facilities
0940-1200		Disinfection in Hospital Practice
1315-1600		PRODUCT FAIR—Exhibits of medical products on the market. Shown by representatives of various agencies
0800-1015	26 June	Control of Airborne Infection in the Hospital
1035-1200		Hospital Safety
0800-1020	27 June	Dental Service—Its Role in Infection Control
1100-1200	28 June	Medico-legal Aspects of Hospital-acquired Infections
1300-1430		Housekeeping Practices in the Hospital Environment
0800-1020	29 June	Hospital Design for Environmental Control
1040-1200		Isolation in the Hospital & Asepsis in Patient Care

All hospital staff personnel are encouraged to attend specific presentations of personal interest. A complete program or additional information may be obtained by contacting HMC Hatcher, Program Director, at Extension 2071.

Movie Schedule

15 & 16 June
THE SKIN GAME—James Garner and Lou Gossett. Comedy GP
17 June
SOMETIMES A GREAT NOTION—Paul Newman and Henry Fonda. Drama GP
18 & 19 June
BARABAS—Anthony Quinn and Silvana Mangano. Drama
20 & 21 June
MAN IN THE WILDERNESS—Richard Harris and John Bardon. Drama GP

22 & 23 June
HUSH HUSH SWEET CHARLOTTE—Bette Davis and Olivia DeHavilland. Horror Drama
24 June
CARRY ON CAMPING and short: Flim Flam Fountain—Sidney James and Joan Sims. Comedy R
25 & 26 June
CATLOW—Yul Brynner and Richard Crenna. Western PG



A special thank you to the Gideons International, Oakland Camp of Gideons, for the presentation and dedication of 750 hospital editions of the Gideon Bible. Mr. Arthur June is making the presentation to CAPT Edwin Miller, Administrative Officer, as CDR Ralph Caldwell, Senior Chaplain, looks on.

Sports Shorts

Softball Standings

Intramural Slow-Pitch Softball standings as of 13 June 1972 are as follows:

TEAM	W	L
Food Service	3	0
OR	4	1
Toxicology	3	1
Laboratory	4	2
X-Ray	3	2
7-South	1	3
Surgery	0	3
Physical Therapy	0	3
MSC	0	4

In the fast pitch league, standings are:

TEAM	W	L
NP	3	0
EENT	1	1
CPO	0	3

Tennis Tournament

Captains Donald McLean and Melvin Borowsky have qualified for the West Coast Regional Tennis Tournament to be held 17-21 July in San Diego at the Naval Training Center.

More Scuttlebutt

(Continued from Page 3)

the ER's informal class for its own corpsmen, and sounds like a good idea.

Congratulations to CDR Connole, who is now a member of the American Board of Oral Surgery.

Another tip of the hat to LT Chuck Woerz, who placed second in diving competition at the Swimming and Diving Meet held at Treasure Island.



Bill Steed, of American Sleep Teaching Research Organization is shown above hypnotizing several of his frog "students" at Croaker College. Mr. Steed was here officiating the naval hospital's first frog jump held for the patients and staff. Winners of the jump, coordinated by Chief Baldwin of Special Services, were: First, Chris Dunn, jumping "Homer" with 10 feet, 4 inches; Second, Myrna Rudman and Terry Ware with "Dallas" going 8 feet, 5 inches; Third place went to Anne McKelvey with 8 feet, 4 inches, and Fourth to Cindy LeMasters, whose frog jumped 7 feet, 10 inches.

CHAMPUS Corner

MATERNITY AND NEWBORN CARE—PART II

The dependents of active duty members who are residing with their sponsor must obtain a nonavailability statement before obtaining maternity care from civilian sources. The statement is not required for the dependents of retired members or for the unmarried widows and children of deceased members. Statements are issued by your Health Benefits Counselor.

Nonavailability statements are issued when the care required is not available in a Uniformed Service Medical Facility or when distance or lack of transportation is a major factor in establishing a genuine hardship in obtaining health care.

Wallace Finishes Fourth in Judo

Terry Wallace, Career Counselor at NH Oakland, travelled to Sacramento several weeks ago to compete in the invitational Judo Tournament held at Luther Burbank High School. Wallace finished fourth in his division.

HM1 Wallace joined the other beginners in judo eight weeks ago when the Bay Area Dojo was established at NAS Alameda. The competition at Sacramento was the first such trial for the new students.

Bay Area Dojo is a judo club sponsored by Special Services for military and their dependents. The current enrollment is forty students ranging in age from seven years to sixty years. The club is looking for new members in the

senior class for competition. The club meets every Monday, Wednesday, and Friday in the gymnasium at NAS Alameda. Junior classes (17 and younger) begin at 6 p.m. and seniors hold class from 7:15 to 8:45 p.m.

Instructing the students is HM2 Dennis Kurz, assigned to Officer Personnel here. Kurz is a Shodan, or first degree black belt in Kodokan judo, and is a member of the United States Judo Association. Also instructing the classes is Jean Manseau, Shodan in judo and aikido, a self defense art.

The club will soon be affiliated with the USJA and the Pacific Judo Association, which will offer tournaments and instructional clinics throughout the year.

Hail & Farewell

ENLISTED REPORTING:

From Naval Hospital Corps School, San Diego, came: HA's Charles Hogg, Norman Menning, Ronald Evans, Russell Shores, Curtis Wilson, HN's Johnnie Bratkowsky, Thomas Patten, Amado Milo, Richard Heather, and HM3's Donald Markle, Richard Mattson, and Raymond Hass.

HM2 Gary Norton reported from USS FRESNO (LST 1182). HM2's Gerald Lechelt and Samuel Tobias, and HA's John Hanson and Dennis Tillotson reported from Naval Station TI, San Francisco. From the Naval Dental Center, NTC, San Diego, came DA's Lila Neal and Michael Lutman. HM3 Robert Morris reported from Naval Hospital, San Diego.

ENLISTED DETACHED:

To Naval Dispensary, TI went HM3 Albert Mason and HN's Martin Vancleave, Walter Burgess, Kim Bybee, Craig Duffney, Allen Kasperbauer, Virgil McCurry, Drew Mills, and Patrick Smith.

QMC (SS) Richard Baldwin was detached to USS SCULPIN (SSN 590). MM2 James Andriessen went to the USS ORISKANY (CVA 34). Detached to the

Marine Corps Base, Twenty-Nine Palms were HM3's Steven Rust and Marceliano Florente, and HN's Daniel Castanon and Ivan Lambert.

HM3 Jan Melampy and HN James Johnson went to the Naval Hospital, Subic Bay. To the MCAS, Yuma, Arizona went HN's Charles Orindgreff and Edward Valdez. HN Solus Terry was detached to USS MANITOWO (LST 1180). CS3 Clifford Owens went to the USS OKINAWA (LPH 3); DTC William Quitlig to USS ENTERPRISE (CVAN 65); and HM3 Floyd Ward and David Helton to the First Marine Division.

HM3's Michael Munoz and Ronald Travis were released to inactive duty in the Naval Reserve.

OFFICERS REPORTING

CDR Kenneth Brown, DC, reported from Commander, Naval Forces, Vietnam. LCDR Virginia Frates, NC, from NH S. Albans, New York.

OFFICERS DETACHED

LTJG Linda Darcy, NC, and LTJG Miriam Velez-Marzan, NC, were detached to NH Guam. LTJG Carol Stover was released from active duty, and LTJG Stephen Pfile, NC, was released from active duty.

Commissary Closed Over Fourth

Branch Navy Commissary stores located at Alameda, Hunters Point, Treasure Island, Stockton, Mare Island, Skaggs Island, Lemoore, California, and Fallon, Nevada will be closed on Tuesday, 4 July 1972 in observance of Independence Day and routinely closed Sunday and Monday, 2-3 July, making a three day closing.

The Branch Navy Commissary Store at Moffett Field, being normally closed only on Sundays (six day operations), will be closed on Sunday 2 July and also on Tuesday 4 July. Patrons may shop on Monday, 3 July 1972.

Though unofficial, we understand the 4th of July Holiday schedules for San Francisco Bay Area Army and Air Force Commissaries to be: Oakland Army Base, Closed 3-4 July; Army Presidio, San Francisco, Closed 2 July and 4 July; Hamilton Air Force Base, Closed 2 July and 4 July; Travis Air Force Base, Closed 3-4 July.



MOST RECENT LAB GRADS are, top row: HN M. Kennedy, HA T. Hadsall, HM3 C. Nuernberger, HMC C. Johnston, instructor. Center row: HN's M. Valadez and R. Kinsey. Front row: CAPT M. Borowsky, Chief of Laboratory Service, HN E. Benevidez, and CDR R. Poley, OIC of Laboratory Assistant School.

Send Your Copy of THE OAK LEAF HOME!

Place Stamp Here

From Naval Hospital
Oakland, California 94627

To

(Fold in half and then in thirds and staple.)

The OAK LEAF



Vol. 34, No. 14

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 30 June 1972

HM2 Burton Sailor for May

HM2 Gary Burton has been awarded a Letter of Commendation and named Sailor of the Month for May for his exceptional services in the Laboratory Blood Bank of the hospital. Burton was commended for "his great degree of adaptability and leadership in dealing with new technicians. He has, on all occasions, completed his assignments promptly and thoroughly, devoting many hours of his personal off-duty time to assure correctness of procedures performed in the Blood Bank."



A native of Auburn, California, Gary enlisted in the Navy in November 1968, and attended boot camp and corps school in San Diego. Following Laboratory School he reported in August of 1970 to Naval Hospital, Oakland, where he has served since that date. May's Sailor is a graduate of Humboldt State College, majoring in Marine Biology, and needs only six units to complete his Master's Degree.

Leisure activities include hiking, diving, classical reading, and fishing. Upon his discharge from the Navy in November, he plans to work in one of the Bay Area hospitals for a while. As for the distant future, "The Navy has taught me to never look forward to anything more distant than tomorrow."

NWCA Changes

NWCA 160 meetings have been changed to first and third Wednesdays of each month. Plans for summer activities include a membership drive, a family picnic and programs of special interest to Navy families.

Any wives interested in NWCA should contact Anne Killian at 569-9428.

Naval Hospital's 30th Birthday

Happy Anniversary to you NH Oakland! On your 30th birthday, you not only are holding your age, but you look better than your age. From the country club and the unpainted buildings so hastily converted in response to need from the Pacific back in 1942, you have become an ultra-modern nine-story hospital facility second to none in modern medicine. Your recent 1968 facelifting did you no harm.

Again congratulations. Though your appearance has changed, you have not become frivolous. In the tradition, you have not neglected to hold as paramount the threefold mission for which you were established. Treatment and rehabilitation of the patient remains the number one goal here at NH. Yet training steadily goes forward.

The third dedicated mission for which you receive recognition is your research; four or five important studies are going forward regularly within the hospital complex. Such health care specialties as neurosurgery, plastic surgery, prosthetic research, hemodialysis, aural and speech rehabilitation help you remain an outstanding hospital nationwide.

Oakland Naval Hospital's quick beginning in 1942 came in response to the large influx of patients arriving from the Pearl Harbor bombings. Quickly 300 acres of the old Rancho de San Antonio property, which included the Oak Knoll clubhouse, were acquired for \$141,000 under the leadership of then Secretary of The Navy, Frank Knox. Six ward buildings and 204 beds were made ready for occupancy and were commissioned on 1 July 1942. Meanwhile construction kept pace, and at the climax of the war in 1945, NH Oakland was caring for more than 6000 patients and had a military and civilian staff of 3000.

Naval Hospital Oakland will continue to have birthdays; as it grows older, it will continue to serve and to fulfill a very important need for its country. However, it is with no regret that the patient load has decreased to an average of 550 patients and that the staff is reduced to 1895. This can only mean that there are fewer severe casualties and that conditions have improved so that patients are getting more attention. Likewise, it is positive that the wheelchair ramps are used less frequently and that fewer amputees are seen in the hallways. In reality, NH might philosophically say, "Grow old along with me; the best is yet to be."

Captain Hampton Hubbard Bids Farewell to Navy



Captain Hampton Hubbard, Executive Officer of Naval Hospital, Oakland, since November 1969, retires today after twenty-five years of active duty. CAPT Hubbard and his family will return to North Carolina where he will enter into the private practice of Urology.

Dr. Hubbard was born in High Point, North Carolina, in 1923. After graduating from Central High School in Charlotte, he entered the University of North Carolina at Chapel Hill in September of 1941, and received his Certificate of Medicine in 1945 through the Navy V-12 program. He received his M.D. Degree from the Medical College of Virginia in Richmond in 1947 and returned to North Carolina for his rotating internship at Charlotte Memorial Hospital.

In July 1949, after one year of private practice, he returned to active duty with the Navy as Assistant Surgeon aboard the aircraft carrier USS KEARSARGE, and then transferred as Surgeon to the USNS GENERAL FREEMAN. He served in Korean Waters from 1950 to 1951. Following that duty he completed his training in urology at the Naval Hospital, San Diego, and was Chief of Urology at Naval Hospital, Camp Lejeune, from 1954 to 1956. From 1960 to 1964 CAPT Hubbard was Assistant Chief of Urology at NH Bethesda.

Upon his promotion to Captain in 1964, he became Chief of Urology at the Naval Hospital, Philadelphia, and at Bethesda Naval Hospital in 1966.

Dr. Hubbard is a Diplomate of the American Board of Urology. He is a Fellow of the American College of Surgeons, and a member of many associations, including the American Medical Association, Association of Military Surgeons, and the American Urological Association. Throughout his career in the Navy Medical Corps he has been both clinician and teacher in the field of urology.

Dr. Hubbard is married to the former Florence Anne Holmes of Chapel Hill, North Carolina. They have six children and two granddaughters. Their eldest daughter, Margaret, Mrs. Robert J. Frost, Jr., lives in the Washington, D.C., area. Their eldest son, ENS John Hubbard, USN, is a 1971 graduate of the Naval Academy and is stationed aboard ship in the Pacific. The second daughter, Charlotte, is a senior at the University of North Carolina. Anne is a second year student at the Academy of Art College in San Francisco. Mark is entering the Naval Academy at Annapolis this July. The youngest, Kevin, will be a junior in high school this year.

The staff officers of Naval Hospital, Oakland, presented Captain Hubbard with a ship's bell at the Hail and Farewell Party on 24 June and at retirement ceremonies 30 June Admiral Mahin presented him with the Meritorious Service Medal.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Hampton Hubbard, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: HM3 Terry Bethel

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Girls are made of sugar and spice and all things nice. Boys are made of snips and snails and puppy dog tails. So the story goes! Sometimes we draw like contrasts between our esteem of scientific competency and spiritual life. Science, surgical skill, machines—these are the sugar and spice, the "wow" of our frank evaluations. Religion is around but as somewhat of an embarrassment or something with which we must put up—boys, snips and snails.

Comes a happening at our hospital—the operation is a success, but the patient dies! Suddenly science takes a powder—it has no answer to basic questions like: What am I here for? Where did I come from? Where am I going? What is my destiny? Let's admit it. Boys and girls both are nice, and were meant for each other. Science and spiritual faith both are nice and meant for each other.

LCDR A. R. TREIBEL, CHC, USNR

Divine Services

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*

HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

OTHER

The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*

DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)

HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

Scuttlebutt

There's no difficulty in telling when new interns begin arriving. Ken Hughes spotted one with his shoulder boards on backwards—and that's not an easy mistake to make, putting the Medical Corps insignia on the outside and the gold bars on the inside next to the collar.

CDR Richard M. Deaner, thoracic surgeon, has an automobile license which reads LUNG; appropriately CDR Rainer S. Schmidt, dermatologist, uses the license SKIN; LCDR Mildred Bost boasted with BOST, and CDR William R. Applegate, the head of NPRL, advertised his position with exact letters NPRL. Do we have a dental corpsman onboard with another truthful license: HURT? Maybe OUCH! for a laboratory technician who wields his pointed needle? While we wait for them to confess, let us more seriously acclaim another of our Medical Service Corps.

LT Arnold L. Friedman on 23 June 1972 was elected Treasurer of the Northern California Occupational Therapy Association. If you collect lots and lots of money, LT Friedman, think in terms of having (Continued on Page 4)



Donna Beard and Hilda Hansen pose with EMC Fred Cole, a patient on the seventh floor, when they distributed lap robes, slippers, books and virtually anything the patients needed. Mr. and Mrs. Hansen have joined the Oakland Navy Mothers' Club as co-workers at the hospital with Mrs. Beard, who has worked on the wards for the past 25 years.

'Uniterm Index'—New Library System Aids Reference Program at NH

How does one find something in the Medical Library? If it is a book, look in the public card catalog. Every book is listed there by author, title and subject headings. Note the call number, and look for the book in call number order on the reading room shelves.

If it is a journal, it will appear on the current serials holdings list, in alphabetical order by title. The bound and unbound journals are shelved in the same order in the stacks.

A third type of study material is more puzzling to handle. It is the smaller reprint, pamphlet or technical report on a special subject. It is usually unbound and of semi-permanent value. Almost every department and researcher has a mass of these things thrown into a drawer or box to be organized "sometime."

Actually, using a new system called "Uniterm Coordinated Index System for Reprint Collections,"



HM1 George Naylor coding index cards in his office in the Surgery Clinic.

equipment and a few minutes of occasional clerical time.

Input: The article is scanned and coded with subject headings of interest to users of the file.

Filing: The clerk numbers the articles chronologically and enters them by number and subject codes in a log book. The numbers are entered on appropriate Uniterm Coordinated Index Cards (Form 12ND NHO 5070/8 (3-72)). The index cards are filed by subject heading and the articles are placed in numerical order in an ordinary office vertical file.

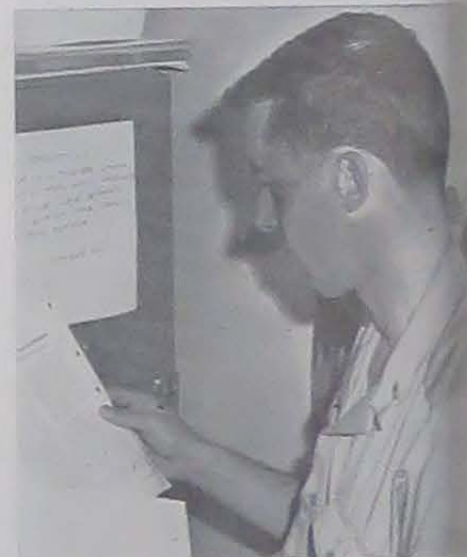
Retrieval: The researcher scans the appropriate subject cards and notes which numbers appear on them for his particular interest. He locates the article by number, removes it from the file drawer and signs it out in the log book.

Revision: When articles are lost or discarded, the accession numbers are crossed off the records.



Mrs. Iah Anderson, Library Technician, and Dr. Patrick Malone locating a book by call number in the reading room.

This system was adapted by Mrs. O'Sullivan, medical librarian, from a larger computerized system in use at the Naval Postgraduate School, Monterey. At the request of the Chief of Surgery, a pilot project was worked out for the use of surgical residents and is maintained by HM1 George Naylor in the Surgical Clinic. Any department secretary or individual researcher may obtain forms and advice to set up such a system from the Medical Librarian. The system uses ordinary office supplies and



Dr. Sandro Sandri removing an article from the vertical file.

Hail & Farewell

ENLISTED REPORTING

From Hospital Corps School, San Diego came HA's Milton Morris, Joseph Lawson, HN's Oliver Burrows, Thomas Dittick, Randal Howe, Jerome Kolling, Thomas Denton, Jeffrey Dose, HM3's Jesse McDonald, Jr., and Steven McManus. TN Oscar Angeles reported from USS FRANKLIN D. ROOSEVELT (CVA 42). HA's Andrea Bundas and Sandra Baker from Hospital Corps School, Great Lakes, and SH2 Onofre Okialda reported from USS LYNDE McDORMICK (DDG 8).

ENLISTED DETACHED

Transferred to the First Marine Division were HN's Michael Golinveaux, James Wilson, III, Michael Ayers, Thomas Travis, HM3's Gary Murphy, Leonard Westerkamp, Max Baker, and HM2 Richard Lentz. HM2 James Havens went to the Third Marine Division.

HM3's Robert Knight, Theodore Wetzstein, Stephen Rockwell, and Patrick Carr were released to inactive duty in the Naval

Reserve. MM2 James Vantine and HM Charles Chase were discharged from the USN.

OFFICERS REPORTING

LCDR Virginia Frates, NC, reported from St. Albans, New York. LCDR Robert Hayes, MC, reported from VO-3, Agaña, Guam; ENS Michael Gosha, MSC, reported from NTC Great Lakes, and LT Lucinda Ayres, MSC, reported from NH Philadelphia.

OFFICERS DETACHED

LT Lani Marchal, NC, was detached to Taiwan and LT Rosemary Murphy, NC, went to Subic Bay. LT's Ronald P. MC, Terry Lewis, MC, Charles Quest, and Louis Halberdier, Jr., MC, were released from active duty, as were LCDR John Molendyk, MC, Arthur White, Robert Hepps, MC, Gerald Carnazzo, Philip Lief, MC, Edward Carmick, Jr., and James Conner, MC. LCDR William Harrison, MC, was detached to the University of Washington.



EXEC-LINE

Dear Friends,

Today I add the "Ret" after my title. Words come with great difficulty as the Hubbards say "good-bye." It isn't the customary "So long, see you soon" that we have become so accustomed to over the years of changing duty stations. Now we change our status as well. One thing is certain, we are not leaving the Navy! It is too much a part of us and we of it.

You, the staff at Naval Hospital, Oakland, have been the greatest. Anne and I have had what we consider the best of Navy life and "Oak Knoll" is the hardest act to follow. If any of you have ever doubted that I have enjoyed my 2½ years as Executive Officer, let me say that your doubts may be dismissed at once. This has been a thoroughly rewarding experience and one that I shall look back on with great pleasure for years to come. It has been a privilege to be a part of what has been, still is, and I'm sure will continue to be the best hospital in the U.S. Navy. You, the staff, have made it so.

I want to say also that it has been a privilege to work with and for Admiral Mahin. His uncompromising desire for excellence, his toughness and honesty, his genuine sincerity and deep concern for all those in his command have made me proud to call him "boss" and even to try to fill his shoes from time to time.

There are many who ask "Why retire now?" It was not an easy decision to make. It was purely the choice of "wife" or "mistress"—was it going to be Urology or Medical Administration? I reckon it was the distant sound of 400,000 hogs in Sampson County, North Carolina, oinking, a-hollerin' and a-squealin' for me, and 70,000 people who have had no urologist. Strangely enough, there appears to be a relationship between hogs and kidney stones, so I guess I'm going to where I'm needed. Now you see that I'm not really retiring!

My departure isn't going to leave any great hole in Navy Medicine—but let me hope for a small dimple. For those of you just starting a career I'd like to say that I envy you. I truly can say that I wouldn't mind starting over and doing all of it again. Navy life has been a most fulfilling and joyous one—professionally and otherwise—time for travel, music, art, and most of all, good friends. If ever I have shot an arrow into the air and it fell upon a friend, I am deeply sorry. I can say that you all are very dear to us and we will miss you terribly. Anne joins me in this feeble attempt to express my gratitude to each of you.

God bless you and give you long life, good health, peace and happiness.

Sincerely and respectfully,
Hampton Hubbard
Captain, MC, USN (Ret)

Movie Schedule

29 & 30 June
THE COLLECTOR—Terence Stamp and Samantha Eggar. Drama

1 July
CLAY PIGEON—Telly Savalas and Ivan Dixon. Action Drama. R

2 & 3 July
SOUL SOLDIERS and Short—Janee Michelle and Robert DoQui. Western. PG

4 & 5 July
STRAW DOGS—Dustin Hoffman and Susan George. Suspense Drama. R

6 & 7 July
THE HUSTLER—Paul Newman and Piper Laurie. Drama.

8 July
MADE FOR EACH OTHER—Renee Taylor and Joseph Balogna. Comedy. PG

9 & 10 July
THE RACING SCENE—James Garner and Parnelli Jones. Racing Documentary. G

11 & 12 July
GOING HOME—Robert Mitchum and Brenda Vaccaro. Drama. PG

Who's Been Doing What . . .



Admiral Mahin and CAPT Wurzel assist Dr. Ernest Wood with his new shoulder boards upon his promotion to CDR. HM2 Jesus Denogean received a Letter of Appreciation for services with the Third Medical Battalion. Donna Smith, NC, was promoted to LTJG.

Upward and Onward—

A promotion is an important thing; especially to the person for whom the advancement is made. The Oak Leaf has no prejudices in giving recognition to the lucky ones receiving promotions, but regretfully, at this timing there are just too many stepping up for a picture recognition to be given to each individual. Were we to have photographs of all 27 people, we would have to omit the movie schedule or other routine necessities this issue. So forgive us. Nevertheless, it is with no less acclaim that we congratulate the following on their recent promotions:

CAPT Richard Poley

CDR William Applegate

CDR William Gill

CDR Ricci Larese

LCDR Sheffield Boardman, Jr.

LCDR Lowell Kallen

LCDR Duwayne Bobert

LCDR Michael Klass

LCDR Gerald Carnazzo

LCDR Gordon Levin

LCDR William Combs

LCDR Terry Lewis

LCDR James Conner

LCDR Robert Nagy

LCDR Jonathan Dehner

LCDR Robert Olson

LCDR Thomas Farrell, Jr.

LCDR Miguel Saldana

LCDR Henry Fisk, Jr.

LCDR James Tarpley

LCDR Francis Fuselier

LCDR Charles Tompkins, Jr.

LCDR Delbert Hahn

LCDR Frank Walker

LCDR Michael Hogan

LCDR James Woods

LCDR Hart Jacobsen

Legalman Requests Accepted to 15 August

About 200 applicants for the Navy's new Legalman rating will be selected by a BUPERS Board in August to man the first Legalman billets. The Board will consider applicants from all ratings. Applicants should have a GCT/ARI score of at least 110; be either career designated or have 24 months or more obligated service; be able to type at least 40 words per minute; and be either E-5 or higher, or have been selected for promotion to E-5. The new rating will provide JAG with personnel trained in court reporting, claims matters, investigations, and legal administration and research. After the first selections, only personnel in the Yeoman rating will be considered for the Legalman rating. BUPERS NOTICE 1440 contains additional information. Applications will be accepted by BUPERS through 15 August.



Dr. Francis Johnson gets a helping hand from his wife, Catherine, and Admiral Mahin during promotion ceremonies in the CO's office. Also present were CDR Johnson's children; Lisa, Kathryn, Meredith, Francis, Jr., Kenneth, and Victoria.



CAPT Ronald Proulx, Head of Cardiology Branch, receives congratulations from Admiral Mahin during ceremonies on 13 June marking his promotion to Captain. Shown with him are his wife, Mary, and their two children Anne Marie and Mark.

More Scuttlebutt

(Continued from Page 2)

the hundred dollar bills converted to pre-1964 silver at any commercial coin exchange, and then you can have the fun of counting your silver while you pretend it is actually yours.

Have we anybody bored with himself who would like a pen-pal from Brazil? Scuttlebutt can furnish the address of a green eyed senorita from South America who might even put her voice on tape and sing you to sleep . . . or awake. Singing and writing happens to be her hobbies. She appears to be from a rather small town; perhaps she has postage to write several bell-bottomed trousered friends.

There are a couple of smart dental assistant trainees who have arrived for training under the WIN program. One, mother of four, rightly thinks she is a bit smarter than the some 20 WIN trainees who chose to train as secretaries and typists. At least there will be less competition in the field.

Maybe our Housing Division should be given a little extra applause, be it only word of mouth. Mrs. Jean Lange phoned no less than 45 area trailer courts in helping to locate a parking space for an incoming employee owning a 10' x 50'.

A New York Naval Hospital ran the following in their Banner (house organ); "SI VOUS ETES MALADE OU BIEN—IL FAUT BIEN LAVER LES MAIN!" "EIN BISCHEN SEIFE HIER UND DORT, WAESCHT SEHR VIEL BACTERIA FORT!" "NON CI SCHERZA DI LAVARE GLI DENTI PRIMA DI CANTARE!" The first patient to translate the above will be served a cup of coffee in the Admiral's conference room if they call Extension 2112.

We knew HM3 Don Markle was onboard at NH Oakland, but we read it in another house organ that he graduated as honorman of Hospital Corps School Company 30 on 25 May with a personal average of 96.17.

LIFE BEGAN 16 June for Craig Joseph Johnston, 6 pound, 10½ ounce son of LT Robert Johnston of Internal Medicine, and wife, Judy.



THE 62nd CLASS TO GRADUATE as preventive medicine technicians from the Oakland Naval Hospital are, left to right: FIRST ROW: Instructors, S. W. Brown, HMC; D. L. Hofer, HMCS; LT J. D. Blaylock; CDR N. C. LaChapelle; T. V. Wallner, HMCS; O. E. Peterson, HMC; L. Therrien, HMC. SECOND ROW: Chas. E. Umstead (USCG), HMC; Franklin D. Merritt, HM2; Mark E. Fontaine, HM2; Laurence R. Fitzgerald, HM1; Gordon H. Poppel, HM1; Hector L. Alvarez, HM1; Donald J. Biesen (USCG), HMC. THIRD ROW: Marshall P. Deasy, HM2; Carl D. Barber, HM1; Dale L. Sterner, (USCG), HM1; Dennis L. Mohler, HM1; Milton C. Bruner, HM1; Reynaldo F. Fernandez, HM2.

Chess Tournament

The Twelfth Naval District Chess Championships will be held at the Hunters Point Naval Shipyard Library, Building 509, on 31 July-4 August 1972, commencing at 1800. The tournament will be played under the Swiss System. U. S. Chess Federation Rules will govern competition. Contestants may provide their own equipment. The Champion and Runner-up will qualify for the West Coast Navy Chess Championships 21-24 August at Naval Air Station, Moffett Field. Contact Ron Brown, Athletic Director, for entry information.

Sports Shorts

Softball Standings

Slow Pitch Softball standings as of 29 June are:

Team	W	L
Food Service	6	0
OR	5	1
Toxicology	4	1
Ortho	4	1
X-Ray	5	2
Laboratory	4	3
7-South	2	4
MSC	0	5
Surgery	0	6
PT	0	6

Fast Pitch:

Team	W	L
NP	4	0
EENT	1	3
CPO	1	3

Naval Hospital Oakland will host the first annual Slow Pitch Tournament for the Twelfth Naval District on 13-15 July 1972.

Golf

The Twelfth Naval District Men's Golf Match results for NH Oakland are as follows:

23 May

NAS Alameda 19, NAVHOSP Oakland 8

30 May

NAVHOSP Oakland forfeit over NAVWPNSTA Concord

6 June

NAVHOSP Oakland 14½, NSC Oakland 12½.

Tennis

Dr. William Dolan of Anesthesiology has won the station singles tennis championship at the hospital, with Dr. Armando Favazza finishing runner-up. Doubles competition is not completed.



Members of the Navy League presented Admiral Mahin a check at the dinner held last week in the Officers' Club. Pictured above are Mrs. Sydney Clark, Mrs. Zane Taylor, and Mrs. Walter Wirth, president of the San Francisco East Bay Women's Council of the Navy League.



Volleyball trophies were presented to these six smiling staffers when they were named first place champs at NH Oakland. Left to right, they are: HM2 Mike Bagaason, HM2 Steve Harvey, HM2 Dallas Dupre, LT Chuck Woerz, LT Joseph Steiner, and PFC Glenn Humphress.

The OAK LEAF

Vol. 34, No. 15

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 14 July 1972



Executive Officer Comes Aboard

Captain Nicholas P. Kitrinis, MC, USN, reported on 27 June to what he called the "No. 1 hospital assignment of the Navy," and he said it with great sincerity. However, it was not without an extra share of anxiety that he arrived at Naval Hospital, Oakland.

Captain Kitrinis started from Washington, D.C., his 15-foot Travel Mate camper loaded with his wife, Joni (more formally called Lorene), and with his 14-month old son, Peter, and Didi, the French poodle. How the Captain arrived with only Didi fills a few days of frustration. To hint as to the cause, he arrived with a memo in his pocket, "Arrange for 150 diapers per week."

Joni, a former Navy nurse, had read the Book of Expectations and their second child should not have arrived until the family reached California. However, enroute, and while stopping at Doctor Kitrinis' sister's home in Ft. Worth, the new one decided to be born a Texan. Worry and concern was eased somewhat because the smart sister, anticipating what could happen, alerted a doctor prior to the family's arrival. He was on hand at the right time.

After birth of the new heir, Christopher Ellis, the new father continued to his duty station at NH Oakland, returning to Texas on the weekend prior to 4 July to gather up his family.

When the immediate family is better settled in Navy Quarters "E," it is expected that the Captain's older children, Michele, 19, and Robbie, 15, residing in the East, will come to meet their new half-brother.

Captain Kitrinis is the senior neurosurgeon in the Navy, is Board Certified by the American Board of Neurological Surgery, the American Association of Neurological Surgeons (Harvey Cushing Society), Congress of Neurological Surgeons, American Medical Association, Association of Military Surgeons of the United States, and a Fellow, American College of Surgeons.

To trace Doctor Kitrinis' career from the time he enlisted as a corpsman in 1942: His undergraduate work was done at Union College, Schenectady, N.Y., and his bachelor of science degree in chemistry was taken in 1947, with a V-12 unit. His medical degree was received in 1951 from the Jefferson Medical College, Philadelphia, and internship was taken at the Presbyterian Hospital there before coming back to the Navy for his residency in general surgery at Great Lakes, Ill., in 1952. Neurological training was also under Navy sponsorship at the Great Lakes Naval Hospital and at Grace Hospital, Yale University School of Medicine, New Haven, Conn., over a period from 1955 to 1959. At the Yale Medical School the Captain became an instructor in neuroanatomy and neurophysiology. He also held an appointment as Associate Clinical Professor of Surgery in the Department of Neurological Surgery at Boston University School of Medicine.

Included in Doctor Kitrinis' personal decorations are the Legion of Merit with Combat "V," Navy and Marine Corps Medal, Navy Commendation Medal, Combat Action Ribbon, and Navy Good Conduct Medal.

On 12 July, CAPT Kitrinis received the Meritorious Service Medal for outstanding meritorious service from July 1970 to July 1972 as Head, Medical Corps Branch of the Professional Division, Bureau of Medicine and Surgery.

Hobbies? Model railroading and cooking. The railroading hobby is the Maerklin German motif model, and in the doctor's own words, "I'm a good cook."

A lot of territory has been spanned in Captain Kitrinis' 49 years since he was born in Philadelphia on 25 June 1923, and later moved to Yeadon, Pa., where he spent his boyhood. His 95-year-old father, Peter (a shoemaker from the old country), has not strayed far from that same location. His 86-year-old mother keeps house there, never bemoaning the fact that she has not seen the same world as her son.

Welcome aboard, Captain Kitrinis.



THE SHORT SHEET

CAPT Smoker Knows of Flood Firsthand

Captain Sue E. Smoker, Chief, Nursing Service, was there. When the high water of the Juniata River created havoc in Pennsylvania, she was vacationing at her hometown, Lewistown. The overflow rose 36 inches in her sister's home and 23 inches in her father's home, a mile away. Three watermarks from history's (1936, 1950 and 1972) floods in the area now decorate the homeplace. A player piano was lost by CAPT Smoker's family in the 1936 flood.

Ruth Armstrong and Kathy Martin, our own Red Cross workers, were there.

The Navy was also there. Active and reserve personnel from the first, third and fourth naval districts, with Navy and Marine Corps helicopters from the Naval Air Stations at Lakehurst, N. J., Willow Grove, Pa., and Quonset Point, R.I., aided the victims caught in the aftermath of tropical storm Agnes. Many rescue missions were flown in the dark and amid the hazards of TV antennas as residents were plucked from rooftops and second story windows.

(Continued on Page 3)



The Commanding Officer
Naval Hospital, Oakland, California

requests the honor of the presence
of his Military and Civilian Staff

at the
Change of Command Ceremony

at which
Rear Admiral H. P. Mahin
Medical Corps, United States Navy

will be relieved by
Rear Admiral R. E. Faucett
Medical Corps, United States Navy

Monday, 31 July 1972, at 1400

Entrance to Main Building
General Seating Area

PARTICIPANTS: Full Dress White
Guests: Service Dress White
Tropical White Long
Civilian: Appropriate Civilian Attire

Staff officers are invited to a reception immediately following the Change of Command ceremonies at the Commissioned Officers' Mess (Closed)

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Nicholas P. Kitrinos, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: Jo Spivey

Photography: HM1 R C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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+ + CHAPLAIN'S CORNER + +

IS IT DIFFICULT???

It could be said that courage contains both genius and magic. Face a situation and it can very well fall away of its own weight. Driving up a hill might serve as an example—take it in second gear and before you get halfway up the hill, you discover that your precautions were for naught; there is little or no grade to pull after all. But looking ahead, you saw a definite obstruction to your straightaway.

If you face situations with courage and look odds in the eye, you can do it. So many before have accomplished the feat that it's almost a proven plan. Life isn't easy; but then, very little of true worth comes easy.

Following are a few verses of a poem by an unknown author:

"When you're up against a trouble
Meet it squarely, face to face;
Lift your chin and set your shoulders,
Plant your feet and take a brace.
When it's vain to try to dodge it,
Do the best that you can do;
You may fail, but you may conquer.
See it through.

LT ROBERT GROTHAUS, CHC, USNR

Dear HM3 Bethel,

As I come aboard as new editor of the "Oak Leaf," the praise I hear about your past year's work is in superlatives.

"He did such a good job in following our outstanding long-time editor, Dorothy Thompson, we hardly knew there was a change of editors."

What a compliment! Relax that worried expression, but remember, you still have a training job to do. I will need everyone on base to be a "reporter." And it is very good that you will continue to be around in the photographic laboratory to help out. Congratulations for a job well done.

Jo Spivey, Editor



Divine Services

PROTESTANT
SUNDAY WORSHIP—0930 Chapel of Hope (Third Floor)
1030 Main Chapel*
SUNDAY SCHOOL and ADULT DISCUSSION GROUP—0930 Chapel Annex*
HOLY COMMUNION: First Sunday of each month and following 1030 services each Sunday
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC
SUNDAY MASS—0830 Clinical Assembly (Third Floor)
1215 Main Chapel*
DAILY MASS—12:00 Chapel of Hope (Mon.-Sat.)
HOLY DAYS OF OBLIGATION
1200 Mass, Chapel of Hope
1630 Mass, Chapel of Hope
Confessions: Before all Masses
Baptisms: By appointment
Rosary: 1150 (Before Daily Masses)

OTHER
The Jewish Rabbi visits the Hospital on call. For appointments call Extension 2251 or 2252 or 357-8505.
Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (Bldg. 133) during these services.
"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact the Chaplain's Office for further information.



THIRTY-ONE MEDICAL AND DENTAL INTERNS received diplomas at the graduation ceremony, 30 June 1972. ROW ONE: James Cresanta, Kenneth Wagner, Robert Coleman, Ernest Kazato, Curtis Eshelman, Kenneth Gerstein. ROW TWO: Thomas O'Neill, Ricky McElreath, Elliott Adams, Sam Stafford III, Walter Gilbert, Kermit Booher. ROW THREE: Robert Oyler, Jr., Paul Campana, Andrew Kives, Kenneth Derrington, Ben Ho, Carl Emmons, Jeffrey Vinton. ROW FOUR: Forrest Beaty, Thomas Luttenegger, Robert Rabalais, James McCole, Daniel Clay, Robert Jagger. ROW FIVE: Robert Parker, John Wallace, Roy Bartee, Joseph Tepas, Dennis Nelson; (LT Thomas Puskas not present for photo).

Dr. Chauncey D. Leake addressed the interns at the graduation ceremony, and a reception honoring them was held in the Officers' Club courtyard.

Fire Chief Says . . .

FIRE PREVENTION...



Life Began . . .

LIFE BEGAN on 16 June for Craig Joseph Johnston, 6 pound, 10½ ounce son of LT R. G. Johnston of Internal Medicine staff, and wife, Judy . . . 27 June for Michelle Nona, 6 pound, 14½ ounce daughter of HMC Jose Andalis, of Pathology, and wife, Lillian . . . 30 June for Erica Elizabeth Colling, 8 pound, 14 ounce daughter of HN Forrest Colling of CSI, and wife, Susan . . . 1 July for Stacey Leigh Phemister, 7 pound, 15 ounce daughter of HN Douglas Phemister of 5-South, and wife, Patricia . . . 5 July for Jodi Michelle Laro, the same day that LCDR Richard Marc Luros reported for duty and the same day two years ago that daughter Hilary Rebecca was born . . . 8 July for Keith Dale Swick, 6 pound, 6 ounce son of HM2 Gerald D. Swick, and Joy Ann.

MORE SHORT SHEET

(Continued from page 1)

Better Product Provided for the Fleet

The new training program for recruits will shorten time for those going through "A" school, which accounts for about 65 per cent of all recruits. Overall training period for recruits in the apprentice programs will be lengthened.

Officers Needed for Nuclear Surface Ships

According to a recent NAVOP message "The future for the surface nuclear officer in the Navy has never been brighter." The Navy's seventh nuclear-powered surface ship was scheduled for launching 1 July and the force will be expanding rapidly over the next few months. Additional nuclear powered ships and carriers are under construction or programmed. There is a need for more officers to apply for surface nuclear power training.

1973 Is Better Than Ever

The Navy's first shore-based engineering plant to train personnel to operate steam propulsion systems held ground-breaking ceremonies 23 June. Although the plant at Great Lakes, Ill., is not scheduled to be operational for training until December 1973, the facility will prepare married men to work on the 1200 psi propulsion systems which power 141 Navy ships, including carriers and all the more recent destroyers.

Reservists Will Have Onboard Training

Previous to the summer of '71 naval reservists served active duty training periods in modified exercises off the U.S. coast. Not this summer, however. Again, approximately 1200 trainees will be serving on board two destroyers operating fulltime with the Sixth Fleet. Every two weeks reservists will be rotated after receiving experience in overseas fleet environments.

Degree-Based Programs Are Being Studied

Career sailors may have the chance to earn bachelor degrees if the Deputy Chief of Naval Training has his way. The naval training command is already moving in that direction, and this fall will extend its associate degree program experimentally into a 4-year program. Also being considered are some 60 possible new educational programs, some of them degree-oriented.

Both Soviet and U.S. Navies Capable Forces

Undoubtedly the Soviet Navy poses "a serious challenge to our previous superiority at sea," according to a recent statement by Admiral Zumwalt. In making comparisons, however, it is necessary to consider differing missions. Generally both are intended to supply nuclear deterrence. The U.S. Navy principally reflects America's overseas commitments and dependence on sea lanes. Russia's Navy reflects its position as a land power.



EXEC-LINE

I am very pleased to have been selected as the Executive Officer of this outstanding hospital and medical facility. In the brief time that I have been aboard, I have been impressed with the attitude of the entire staff and the efficient manner with which each performs his duties.

Our Navy is going through a change; our Medical Department is part of this change. The immediate future will see some of these changes, and I am happy to be at Naval Hospital, Oakland, during these exciting times. I look forward to meeting with you, participating and sharing this adventure with you. Thank you for your welcome.

In keeping with the format of this column, I submit the first action line item.

• The rest rooms at the main entrance to the hospital have been in horrendous condition for months. I suggest, since these are in the front line, that they should be cleaned or renovated, either one.

These restrooms are in use 24-hours a day; their very smallness contributes to the problem. Although the rooms are cleaned three or four times daily and new employees are instructed to be particularly diligent, the housekeeping branch is aware that conditions are not ideal. Perhaps it will help if everyone practices a Scout motto: "Leave it cleaner than you find it."



The paper back books listed below are available in the Crew's Library, Bldg. 101. They are part of a special distribution of books from the Chief of Naval Personnel on Black America. *I Am the Darker Brother.*

Arnold Adoff
Satchmo, Louis Armstrong
Go Tell It on the Mountain, James Baldwin
Black Power, Stokely Carmichael
Harlem, John Henrik Clarke
Soul on Ice, William Couch
On Being Black, Charles T. Davis
Black Heroes in Our Nation's History, Philip Drotning
Adventures of the Negro Cowboys, Philip Durham

Black Nationalism, Essien Udosen, Essien-Udom
African Myths and Tales, Susan Feldman
Black American Experience, Frances S. Freedman
Black Protest, Joanne Grant
Bitter Victory, Henri Florette
Mules and Men, Zora Hurston
Black Is Beautiful, B. B. Johnson
God's Trombones, James Weldon Johnson
To Be a Slave, Julius Lester
Cool World, Warren Miller
Martin Luther King, Jr., William Robert Miller
Omni-Americans, Albert Murray
Captain of the Planter, Dorothy Sterling



Hospital Corps

Anniversary Ball

What a Ball!

Who's Been Doing What . . .



NO DENTIFRICE AD—The smiles are genuine enthusiasm on having received the Navy Good Conduct Medal. Robert De Unger, Gary Norton, David Krueger and Oscar Angeles, Congratulations!



Robert Shields and Lorene Yarnell
Pantomimed for Navy Relief.



RETIREE HONORED—A gift and plaque were presented to Mrs. Leola M. Kraker at a retirement luncheon which honored her 25 years in government service and recognized her outstanding performance in completing over \$2 million in contract work at NH Oakland.

CAN YOU IDENTIFY THIS MAN?



He served as corpsman at Naval Hospital, San Diego, under then LT Jean Lamb, our CDR Jean Heath.

For answer turn over.

Bill Cosby is the man.



THANK YOU, COLONIAL DAMES,

... for the gift of the large freezer. Miss Mabel Reston and her sister, Miss Gladys Reston, district chairman of the National Society of the Colonial Dames of America, made the presentation. The freezer has been placed in the Red Cross recreation lounge.



DENTAL ASSISTANTS—Sandra Cox and Claudia Bayard, congratulations for completion of 1 year's on-the-job training.



FULL LIEUTENANTS—Promotion papers to prove it! Mariana Rivera and Mary Ellen Meyer, congratulations.

CHAMPUS Corner

MATERNITY AND NEWBORN CARE—PART III

Care Provided an Unmarried Dependent

Payment is authorized for maternity care furnished to an unmarried dependent daughter. Included is payment for the care of the illegitimate child during the period of the mother's confinement to the hospital. However, if the mother is discharged from the hospital and the child remains for care, CHAMPUS will not pay for this additional care.

Homes for Unwed Mothers Not Included

Services provided by homes for unwed mothers, including room and board, prior to or after delivery are not payable under CHAMPUS. However, charges for laboratory and X-ray services, most prescription drugs ordered by a physician and fees for professional services rendered by nurses, social workers, psychologists and other allied health personnel are payable under the Basic Program if the charges for these services can be itemized separately. When the delivery has occurred on an inpatient basis, related outpatient services provided by physicians and allied health personnel are considered inpatient care for the purpose of computing the patient's share of costs.

Hail & Farewell

ENLISTED REPORTING

From Naval Hospital Corps School, San Diego came HAs Raymond M. Connelly, Jessie C. Davis, Donald E. Waldron; HNs Hiram K. Au, Gary J. Cundiff, Willard F. Grossell, Jr., Mark Grillo, David L. Hansen, Mark L. Knize; From Naval Station, T.L., San Francisco, HA Daniel E. Wilson. From Naval Air Station, Cubi Point, Philippines, HM1 Donald R. Raulkner. From Third Marine Division, HCMC Robert G. Brown. From ADCOM NTC San Diego, DT3 Patricia Harmon.

ENLISTED DETACHED

To USS MIDWAY (CVA 41), HM3 Gary J. Dasch; to Naval Hospital, Guam, M.I., HN Claude E. Ledbetter; to Naval Station, Adak, Alaska, MR2 William H. Johnson; to First Marine Division, HM3 Ronald L. McAdam, HN Fermin R. Montiel, HM2 David W. Gelbach; to Naval Hospital, Bethesda, Md., HN Karl Warren; to USS JASON (AR 8), HM3 Robert L. Parcel.

OFFICERS REPORTING

From USPHS Hospital, San Francisco, LT Gregory J. Szal; from Hunters Point, Naval Shipyard, LCDR Larry "H" Culp; from NSHCA, NNMCC, Bethesda, Md., LTJG Jerry D. West and ENS Patrick D. Cronin; from internship, University of Kansas, LT Stephen M. Krenytzky; from Naval Dental Scholarship Program, Univ. of Texas Dental Branch, Houston, LT Charles E. Spann. Also reporting, LCDRs Arthur M. Freeman, Frank C. Killien, Richard A. Komorowski, Lloyd G. Langston, Stephen B. Lewis, Richard M. Lueros, LTs Vaud A. Burton, Matthew K. Gale, Jr., Thomas E. Gillen, Germain H. Rupp, Thomas J. Sherry, Jon P. Wack and Merrill N. Workhoven; CDR Punya Preeyamon, MC, Royal Thai Navy, observer, General Surgery, from Bangkok, Thailand; LCDRs Patricia Clancy, NC, from San Diego Corps School; LTJG Brenda K. Justus, NC, from Camp Pendleton; ENS Marilyn Day, NC, from Newport, R.I.

OFFICERS DETACHED

LCDR Ronald J. Swarsen to NavAdminU, Idaho Falls, LT Clyde T. Hardy to NAVSTA Guam, M.I. LCDR Francis Marion Criswell, MC, to NH, Memphis; CDRs Helen Higgins, NC, to NH, Philadelphia; Antoinette Garavaglia, NC, retired; LCDR Dorothea Tracy, NC, retired; LCDR Leonard Stefanisko, NC, to China Lake, Ca.; LTJGs Lera Shadden, NC, released from active duty; Penelope Trueb, NC, to NH, Guam.

Sports Shorts

Softball Standings

Slow pitch softball standings of 11 July:

Team	W	L
Ortho	7	1
Food Services	6	1
OR	6	1
X-Ray	6	2
Toxicology	4	3
Lab	4	4
Surgery	3	6
7-South	2	5
MSC	0	7
PT	0	7

Fast pitch:

Team	W	L
NP	5	0
EENT	1	4
CPO	1	3

Scuttlebutt

Nancy Clarke, dental secretary, at a cold but not-too-cold morning last week wore her sheeplined coat reversed. "Bathroom rug?" the dental chief queried. "Is it dead?" even strangers dared ask. Nancy explained, "Yes. It's something I ran over on the highway."

The names are not a bit alike. Lorene? Joni? Yet the new Executive wife, Lorene, somehow was named after the singer Joni James. Ironically, Joni K. is a direct descendant of Jesse James.

Darby Reynolds, nursing officer, is the proud mother of triplets born July. The father is unknown, but is believed to be the Towhee that has been flitting around the balcony suetary divebombed all intruders. Since he's such a common old finch, there's no objection to Homo sapiens supplying plain old earthworms for the babies.

Old Mr. Statifacts has a few more facts. Working a 12-hour day, the Pediatrics Clinic in the month of Jan. to May saw 13,030 patients gave 7,071 immunizations. That's running somewhat ahead of 1971 when total patients seen were 22,985; total immunizations, 15,000. Although the six staff doctors and five resident doctors have heavy work loads, they are helped considerably by corpsmen who take care of many matters such as the giving of EKGs and sweat tests.

Movie Schedule

13 & 14 July
THE IPCRESS FILE—Richard Caine and Nigel Green. Drama
15 July
MADRON—Richard Boone and Leslie Caron. Western PG
16 & 17 July
CREATURES THE WORLD FORGOT—Juliet Ege and Tony Booner. Science Fiction PG
18 & 19 July
SCARS OF DRACULA—Christopher Lee and Dennis Waterman. Horror R
20 & 21 July
CAT BALLOU—Jane Fonda and Lee Marvin. Comedy Western
22 July
THE STEAGLE—Richard Benjamin and Chill Wills. Comedy Drama R
23 & 24 July
THE HOSPITAL—George C. Scott and Diana Rigg. Drama GP
25 & 26 July
THE GANG THAT COULDN'T SHOOT STRAIGHT—Jerry Orbach and Leigh Taylor Young. Comedy PG

The OAK LEAF

Vol. 34, No. 16

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 28 July 1972



FAREWELL FROM THE CO

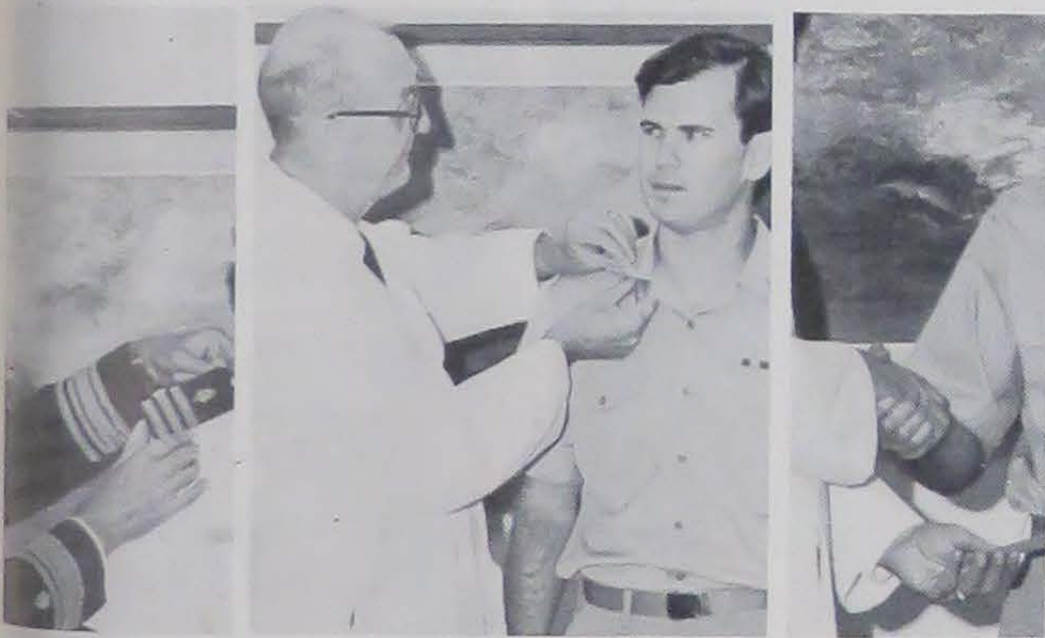
On the occasion of turning over command of the Naval Hospital, Oakland, California, to RADM Ralph E. Faucett, MC, USN, I wish to express my sincerest appreciation to the military and civilian members of the staff for the excellent support which has been so enthusiastically given to my office. Called upon to serve a large population of military personnel and their dependents, you have provided an unquestionably excellent quality of medical care.

It has been my privilege to have been associated and to have worked with you. Your accomplishments have brought great credit to all of us. Good Luck, Good Health and my personal wishes go with you for continued happiness in the years to come.

My relief, RADM Faucett is a fine gentleman, an experienced and excellent physician and a distinguished naval officer, and I know that you will experience a fine relationship with him.

H. P. Mahin
H. P. MAHIN, RADM, MC, USN

ROUTINE, YET NOT ROUTINE—are the honors bestowed by a commanding officer of a hospital such as NH, Oakland. These hands after 31 July 1972 will be those of Rear Admiral R. E. Faucett, Medical Corps, United States Navy.



Project Transition Adds Programs

The Xerox Corporation, San Francisco, will sponsor a five weeks' course for the training of personnel to maintain and service Xerox equipment.

The first transition program for technical representatives began 24 July, but new classes will be conducted each quarter at the Naval Station, Treasure Island.

Over 100 training opportunities are being offered under Project Transition, and new courses are being offered regularly. Included are such courses as commercial photography, embalming and restaurant management. One trainee taking the hotel management course offered by the Oakland Hilton is now on the job at that hotel.

Call Becky Pappas, Ext. 2238, for further information, or visit the Transition Office, Bldg. 105.



Debbie Cornell JANGOs Again

Last August Deborah Cornell was our JANGO girl of the month. Now she has made it again, by putting in 53 1/4 hours of volunteer service for the month of June. This makes a total of over 346 jingo-jangoing hours that Debbie has given to Oakland Naval Hospital since her training date, May 1971.

HUMBOLDT COUNTY ENTERTAINS PATIENTS

Transportation, food, boating, deep sea fishing, beer, fun—it's all part of the entertainment offered each year by veterans' organizations, service clubs and citizens in the Eureka, Ca., area for Naval Hospital Oakland and Letterman (Army) Hospital patients.

Ervin C. Renner of Eureka was coordinator of the tour that left 30 June and returned 2 July. Maxie Gonzales, Special Services C.P.O. reported, "Too few patients took advantage of the trip. Had they only known the fun they were missing, all 16 boats donated by the hosts would have been filled."

He further remarked, "There's a headline that should be run: 'Navy Beats Army.'" (The Oak Leaf is also partial, so here is the headline.)

NAVY BEATS ARMY

Navy took more trophies than Army in skeet shooting, and Navy caught the biggest fish. The question that could not be determined is: Who in the Navy caught the fish?

Michael J. Robertson, MM2, Patient Affairs, reeled it in, a Chinook salmon. It then dropped off his line and HM3 Donald C. Sims caught it in his net as it fell. You decide. Who caught the fish?

Certainly Army didn't. They went home with a 6-inch fish as booby prize.

WHO
CAUGHT
THE
FISH
?

'Well Done,' Lauds SAILOR OF THE MONTH



On 27 August, HM2 Lynn T. Houghton will finish his 4-year tour of duty with the Navy. He plans to go home to his favorite state, Colorado, and to continue in the same line of work which has kept him busy at NH Oakland. Whether that happens or not, his Commanding Officer believes that he has the intellectual curiosity, tempered with concern for his patients, which will make him valuable on any job.

Houghton is married. His wife, Carla, is employed as a secretary, but when she gets back to Colorado, she hopes to return to teaching. Our Sailor of the Month hopes to read, swim and fish a little more.

HM2 Houghton came into the Navy with a bachelor of science degree in biology from Colorado State College, Ft. Collins. He had 20 months at San Diego in Hospital Corps and Clinical Laboratory Schools before reporting to the Microbiology Section of this hospital.

Versed in varied technical aspects of a modern clinical laboratory, HM2 Houghton has proven himself an industrious and meticulous worker. He was selected for the June honor for his diligence as an assistant in the clinical laboratory training program and for leadership in assisting students in understanding what is to be expected of them in a clinical bacteriology laboratory.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer

CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer

CAPT Edwin B. Miller, MSC, USN, Administrative Officer

Editor: Jo Spivey

Photography: HM1 R. C. Bishop, HM3 I. J. Diamond, HM3 T. J. Town

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+ + CHAPLAIN'S CORNER + +

CONSERVATIVE OR LIBERAL

During these days of the national conventions, the adjectives "conservative" and "liberal" are used most often to describe a candidate's political position. Perhaps it would be well for us to look into the meaning of these words.

Conservative comes from two Latin words, *cum* (with) and *servare* (to keep, guard or preserve). Liberal, from the Latin *liberalis* (free), which was used to describe activity suitable for a free man to engage in.

Behind the true conservative's caution lies a dedication to the experience of the past, a desire to make sure that innovations come after careful planning. He almost makes his own the advice of Livy:

Nothing is seen clearly and certainly nothing is seen clearly by a man in a hurry.

The sincere liberal is willing to forego the security of what has been gained in the hope of achieving what is yet to be won. He takes risks in order to start necessary reforms. This brings to mind the famous saying of Cardinal Newman:

Nothing would be done at all if a man waited till he could do it so well that no one could find fault with it.

Also the famous quote of the late Sen. Robert F. Kennedy:

Some men see things as they are and say "Why." I dream things that never were and say "Why not?"

Perhaps it is not diversity that keeps men from reconciliation but the all-too-common refusal to admit that there might be merit in another's position and flaws in our own. The best remedy for this situation is "dialogue" from the Greek *dia* (through) and *logos* (word), defined as a conversation between two or more persons, an exchange of ideas and opinions. This is the opposite of the Greek *monologue* (one man speaking).

If we strive to be open to the honestly expressed opinions of others and to share our own insights with them, we might find that we and others are not as conservative or as liberal as we thought. The man of good will, like the man in the Gospel, "brings out of his treasure what is new and what is old." (Matthew 13:52)

LCDR JAMES C. CLIFT, CHC, USNR

ENLISTED REPORTING

Has Richard A. Fourkiller, Gilbert Kirk, Charles Koopman and Jeffery Moon from Naval Hospital Corps School, San Diego; HN Yvonne Como and HA Linda Anderson from Naval Hospital Corps School, Great Lakes, Ill.; HA Mark Moran from Naval Station, Treasure Island, San Francisco.

ENLISTED DETACHED

HM3 Robert Breiling released to inactive duty, Navy Res; HNs Ronald Ross and Glen Walker, Jr.; HM2 Michael Masia and HM3 Ira Diamond to First Marine Division; HM2 Michael Scott to Naval Reserve Officer Training Center, N.H.; Mark Lawrence Satz from inactive duty, Austin, Tex.; HN Michael Wilson and

Hail & Farewell

HM3 Kenneth Mallory to Third Marine Division; HM3 Robert Schildhauer to USS JUNEAU (LPD 10); HM3 William Boyd to USS MAUNA KEA (AE-22); HM3 Fred Sprague to Naval Reserve Facility, Iowa City, Iowa.

OFFICERS REPORTING

CDR George F. Martin, Jr., from Naval Hospital, San Diego; LCDRs John W. Branch from George Washington University, Washington, D.C.; Max A. Dean from Naval Hospital, Portsmouth, N.H.; Mark Lawrence Satz from inactive duty; LTs Bowen Asserson, Jr., from

Volunteers Needed for American Indian Free Clinic

A free clinic for American Indians is a late-in-coming but a new and much-needed program for care and treatment of our first American citizenry. The Office of the Mayor, San Francisco, acting as liaison for the American Indian Community, has issued a call for volunteers. Doctors, nurses, corpsmen, aides—secretarial included—are needed. Supplies and medical equipment, linens, rugs for the waiting room, and furniture are also needed.

The clinic will be established at 56 Julian Street, San Francisco, 94103. Come and help the first free clinic of its kind within the Bay Area get started. "Please and thank you," comes from the director, Miss Belva Cottier, and for further information she can be reached at 863-8111.

Open House, 5 August at 10:00 a.m., public invited.

Indian artifacts will be displayed; Indian foods will be served.

This JANGO Became a Nurse

Back in October 1967, Jo Carol Ellis earned the first 1000-hour star ever given at NHO. The year previous she won the JANGO-of-the-Year charm. Jo Carol has now made national news by being commissioned a Navy nurse. She will serve at Naval Hospital, Charleston, S.C. Her father, LCDR Glenn M. Ellis, Chief of Patient Affairs, Naval Regional Medical Center, Portsmouth, Va., had the honor of swearing her in.



DEBBIE CORNELL
See Story on Page 1



More

WHO'S BEEN DOING WHAT?

In the Who's Been Doing What category, many of our officers have been getting promoted, and that would include James W. Bethel, MC, USN, who has made Commander; and LTJG Jack E. Tobey, NC, who stepped up to that grade. LCDR Corder C. Campbell augmented to the Regular Navy.

HONORS RECEIVED

CDR Gordon King, DC, received a letter of commendation for excellence of service performed while at Oakland Naval Hospital and LCDR Steven T. Knee, MC, USN, was also given recognition for a job well done prior to his release from active duty.



USMCSC Barstow, Ca.; Paul E. Lewis II from USS ANDREW JACKSON (SSB-N619); John W. Gerwels, from inactive duty; Jay E. Noffsinger from USS WOODROW WILSON (SSB-N624); Cornelius J. O'Neill, Jr., from inactive.

OFFICERS DETACHED

CDR Sandro R. Sandri to NH Bremerton, Wash.; LCDRs Jon H. Dodson to NH Long Beach; Patrick T. Malone to NH Orlando, Fla.; and LT Francis W. Fuselier to NH Philadelphia. LCDRs Paul E. Cianci, Richard J. Hebert, Douglas B. McMullen, Steven H. Sewall, and LCDR Michael A. Klass released from active duty.

Agencies available at Legal Office



304 YEARS OF GOLD HASH-MARK SERVICE, even averaged among 15, accounts for a lot of Good Conduct when this group is together. GY-SGT Morrison, HMCs Peterson and Bryan, HMCM Dickens, DTCS Kohn,

BMC Montaigne (retired in 1946 with 30 years service), HMCs Brown and Margot; HMCSs Caisse, Riddle, Hofer, Wallner, HMCM Brown, HMC Ostroski, HMCS Lightfoot and HMC Haggerty (Retired).

MEDICAL SERVICE CORPS CELEBRATES 25th

The Silver Anniversary of the Medical Service Corps will be celebrated at the Fleet Admiral Nimitz Club, Treasure Island, at 8:00 p.m. on the 29th of July with cocktails—buffet and a cake-cutting ceremony. It will also be celebrated at the National Naval Medical Center, Bethesda, Md., on Friday, 4 August 1972.

The Surgeon General of the Navy, Vice Admiral G. M. Davis, MC, USN, expressed congratulations in a personal letter:

To the Officers of the Medical Service Corps

My warmest personal greeting to each of you upon the occasion of the Silver Anniversary of the establishment of the Medical Service Corps.

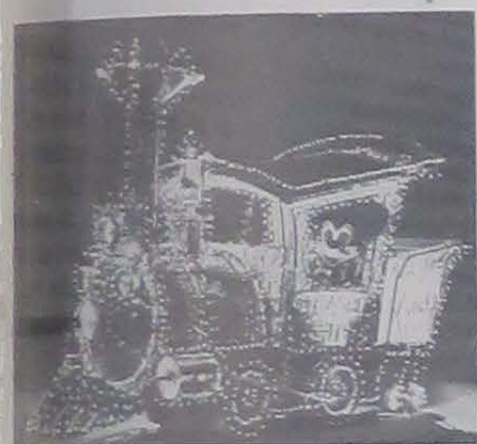
As we strive to meet the demands of the future on the

Medical Department, the contribution of the members of the Medical Service Corps will become even more important. I thank you for your many previous accomplishments and I know you will continue to uphold your well deserved reputation for quality achievements and "can do" spirit. It is only with your contribution to the total team effort that we will be able to fulfill the mission of the Medical Department in the future. I truly feel that the officers of the Medical Service Corps will meet all new challenges successfully and that each of you will continue to serve with extreme loyalty and devotion to duty.

Congratulations to each of you and best wishes for a **HAPPY BIRTHDAY!**

THE RED CROSS NEEDS ADDITIONAL FUNDS

Nearly \$12 million has been spent since 2 January 1971 to assist victims of such disasters as the recent floods in Texas, Kentucky, Washington, West Virginia and Pennsylvania. Funds have been seriously depleted. Individuals can help by making additional contributions to their local chapter of the American Red Cross, or by mailing funds direct to Headquarters American National Red Cross, 17th and D Street, NW, Washington, D.C. 20006.



USE YOUR MAGIC KINGDOM CLUB CARD at Disneyland this summer.

Perhaps you will want to try to stay for the 9 p.m. electrical parade on Main Street and for the traditional "Fantasy in the Sky" fireworks which follows at 9:30.

Life Began . . .

LIFE BEGAN on 18 July 1972 for Robert Fidel, 5 pounds, 7½ ounces, son of HM1 Robert D. Yates and Maria.

ONLY A SHADOW

was left by

LCDR

Dorothea

Tracy—

who retired

June 30

after having been

around the

environs

of NH,

Oakland,

since 21 April 1969.



CERTIFICATES OF RETIREMENT from government service were received by Aurelio Hafalia, gardener, Public Works Division, with over 29 years of federal service; Alex Hipol, housekeeping aid, a 30-year employee; and Mrs. Erma Beasley, with the Food Service Division of NHO since 1945, retiring after 29 years, 8 months.

Sports Shorts

In diving

Les Laughlin brought home for NavHosp Oakland a Twelfth Naval District "B" Championship.

In women's golf

Results of the tournament at NAS Moffett Field (36 hole total) gave LT Roberta Graham 178 and LT Arlene Southerland 195.

In the men's golf league

For the Twelfth Naval District the final league standing for NavHosp Oakland was fifth.

In men's open tennis

Not a single or a double championship was produced from NavHosp, but in team results a 4 pts score resulted in "B" champions.

In softball

A playoff in the slow pitch softball league will start Tuesday, 1 Aug., and go for 3 days. The final game will be played on Thursday, 3 Aug., at 1700. The field is near the picnic area. Come root for your team! Ortho, Food Service, X-ray or OR?

Sailing

District championships will be held at 0900 the 12th and 13th of August at the Naval Air Station, Alameda.

Call Ron Brown before 3 August for eligibility and boat and crew requirements. Also ask about the steak fry dinner planned. Ext. 2350.

Pocket billiards

Contests will be held the 18th and 19th of August. Keep alerted for further notices. You might be the one to go to Seattle in September.

JOHN WASHINGTON, Housekeeping Branch, died 17 July, having 19 years, 9 months Federal Service. He had served NHO as housekeeping aid since 1969, and retirement disability was pending.

Scuttlebutt

It's wonderful! Our paper, our scuttlebutt, is being read! And to confess, some scuttle is just that, but Dr. Johnson's letter makes other scuttle true fact. He writes, "Read with interest your 6-30-72 column ascribing or describing Dr. Deaner's license plates: 'LUNGS.' I'm sorry, they belong to me."

... Our profound apologies CDR Francis C. Johnson, of the Pulmonary Disease Branch. If we say, "We're sorry," and say it 33 times, will you forgive us? And if you will submit a how-to on the science of breathing correctly, we'll run it to make up for sins of commission.

Incidentally, does anyone have a quick how-to suggestion on the growing of grass in 3 days. There's the 28th, 29th and 30th only before the general seating area lawn needs to be pretty and green for the Change of Command ceremonies.

... Who's zat still answering the phone "Miss Martini"? We thought the bride brought her Italian husband back from Rome. Did he decide to stay with his nice relatives?

If MSC personnel swagger around gloating over winning softball, pretend you don't know that it's the first game won in two years.

HM3 Peter Hankel-Shepherd is a man of four languages. He came up with translations of the German, Italian and French unknowns in Scuttlebutt from 4 weeks ago. (he drank his coffee, ate his cake and did his visiting in the Admiral's conference room in English.)

Want to know the translations? All right, auf Deutsch: "A little soap here and there washes quite a lot of bacteria away." L'Italiano: "Don't forget to brush your teeth before you sing." En Francais: "If you are sick or well you must wash the hands well."

HM3 Shepherd stepped up just recently from assistant scoutmaster of Troup 4-12 to district status. He enjoys using his extra time constructively. Although he knows many countries and likes them, he said about America: "I love it here."

LT Jacqueline Yackie, we do hope you made it back from Washington, D.C. in time for your dental appointment. Using your own dimes and quarters to phone for a postponement—well, that's true consideration (and maybe self-preservation).



SCATTERED—Having completed a 3-month course making them Clinical Laboratory Assistants, these six, after their 30 June graduation left NH Oakland to go practice their skills.

Graduates are, **Top Row:** HN Michael R. Loberg; HM3 Michael H. Smith; HN Larry G. Celestand. **Bottom Row:** HM3 Jose L. Manzano; HN Brent L. Scott; HN Hulon Stewart, Jr.

Movie Schedule

27 & 28 July

ELMER GANTRY—Burt Lancaster and Jean Simmons. Drama. No rating.

29 July

DANNY JONES—Frank Finley and Jane Carr. Drama. R

30 & 31 July

THE HONKERS—James Coburn and Lois Nettleton. Comedy drama. PG

1 & 2 August

EAGLE IN A CAGE—Kenneth Haigh and Billy Whitelaw. Historical drama. Parental guidance.

3 & 4 August

SUMMER OF '42—Jennifer O'Neill and Gary Grimes. Drama. R

5 August

SKI BUM—Zalman King and Charlotte Rantling. Drama. R

6 & 7 August

THE APARTMENT—Jack Lemmon and Shirley MacLaine. Comedy drama. No rating.

8 & 9 August

SNOW JOB—Jean Claude Killy and Vittori DeSico. Adventure drama. Parental guidance.



Who's Been Doing What . . .

REENLISTING—That's what many of our NH, Oakland, military have been doing. HMCs Paul T. Lightfoot and Taylor V. Wallner have chosen to remain with the Navy for two more years; HM2 Margaret "Midge" J. Reinke will stay five; and HM2 Murray P. LeLacheur has reenlisted for a six-year tour of duty.



CERTIFICATES OF APPRECIATION—for two years of volunteer service interviewing for the Navy Relief Society were presented to Mrs. Bea King and Mrs. Irene Kellogg by Mrs. Mahin and the Chairman of the Society, Mrs. Lee Allegetti.



GRADUATION TIME IS HAPPY TIME—The Operating Room Graduating Class have completed a 6-month course of instruction. Pictured are:

Top Row: HNs Geo Wagoner, Kevin Wills, Gerald Larrabee and Charles Marquardt, with instructor, Mike Bagaason, HM2.

Middle Row: Donald Syvrud, HM3; Linda Miller, HM2; John Jacobs, HM3; Steve Reilly, HN; and Jonathan Moor, HN.

Bottom Row: CDR Nancy Jacques, Nursing Supervisor; CDR Stanley Harmon; CAPT Nicholas Kitrinos; CAPT Vernon Fitchett; and Nurse Instructor LCDR Wanda Kelly.

RECEIVING RESIDENCY CERTIFICATES—and congratulations from their Commanding Officer are LCDRs Gordon F. Kellogg, Thomas M. Chase, Kenneth A. Scheidt, Paul Kandler, David M. Lichtman, Lowell H. Kallen and William O. Harrison, below.



CHAMPUS Corner

CHAMPUS PROGRAM FOR THE HANDICAPPED—PART I

Eligibility

Spouses and children of members of the uniformed services serving on active duty are eligible for the "Program for the Handicapped." Benefits are authorized under this program if the diagnosis represents moderate or severe mental retardation or a serious physical handicapping condition.

Authorized Benefits

Benefits authorized under this program include, but are not limited to, diagnostic services; inpatient treatment; outpatient treatment; home treatment when it is certified that such services can be provided most appropriately in the home; training and special education; institutional care; surgery and medical care; orthodontia and other dental procedures which are needed to correct, overcome or aid in adjustment to a handicapping condition; prosthetic devices and orthopedic appliances; special optical devices; purchase or rental of durable medical equipment; insulin and drugs available only by prescription; professional services and certain transportation benefits. It must be noted, however, that all benefits under this program must be approved by OCHAMPUS before provision.



PREVENTION OF INFECTIONS, particularly at NHO, should henceforth come under better control as a result of knowledge gained by attendees of the seminar offered by the Preventive Medicine Technician School.

Completing the course offered the last two weeks in June on the latest concepts of infection control in the medical facilities are: Row One: HMC G. W. Hatcher, Seminar Director; HM1 S. L. Morris; DT2 B. E. Reiner, CDR J. R. Sedita, NC; CDR R. E. Stein, NC; LT A. M. Dinino, NC; CAPT. J. H. Conn, MC. Row Two: LCDR D. N. Hill, DC; LT J. McLaughlin, MSC; CDR R. M. Bernard, MC; LT L. R. Horspool, MSC; LT G. J. Hansel, MSC. Row Three: CDR D. E. Widmann, MC; CAPT F. P. Fountain, MC; CAPT E. G. Nedwicki, MC; CDR H. T. Wright, MC; HMC F. G. Teuschler; HMC D. H. Ostroski. Row Four: LTJG R. Wolf, MSC; LT R. L. Newquist, MSC; LT T. J. Janoski, MSC; LT T. C. Brewster, MC; HMC J. Webster; HMC P. S. Kessey; CDR A. L. Dollinger, MC. Row Five: HM2 R. G. Perkins; HM1 R. E. Anderson; HM1 J. M. Jaworski; HM1 J. T. Flynn, Jr.; HM2 E. P. Davis; LTC M. Brandstein, MSC; HM3 D. R. Wilson.

The OAK LEAF



Vol. 34, No. 17

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 11 August 1972

Admiral Faucett Assumes Command of Oakland Naval Hospital



'Quartermaster,

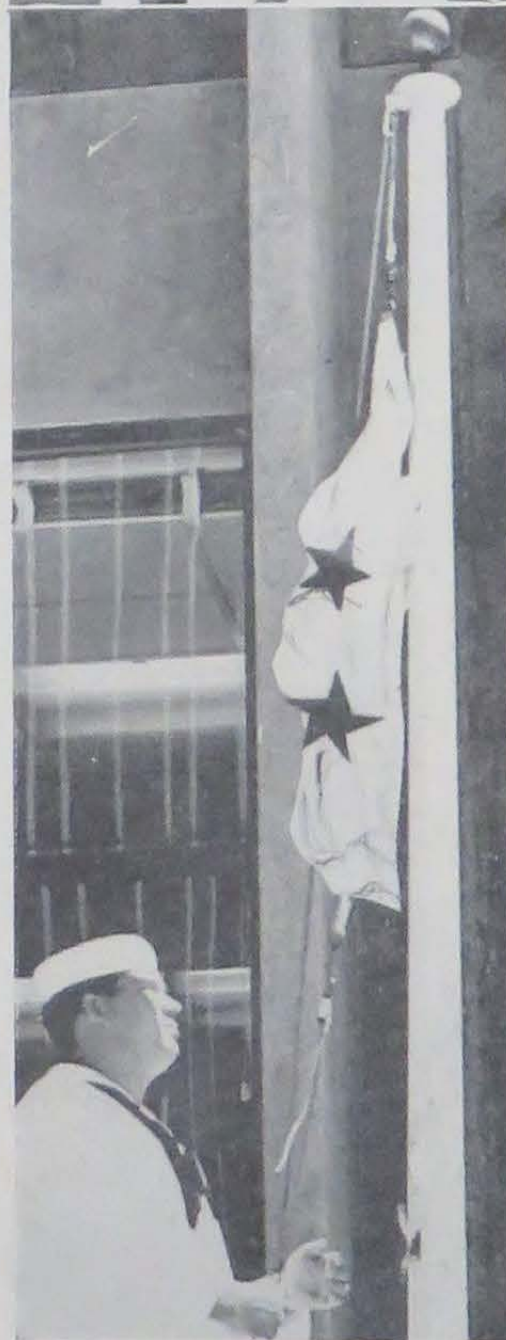
HAUL

DOWN

ADMIRAL

MAHIN'S

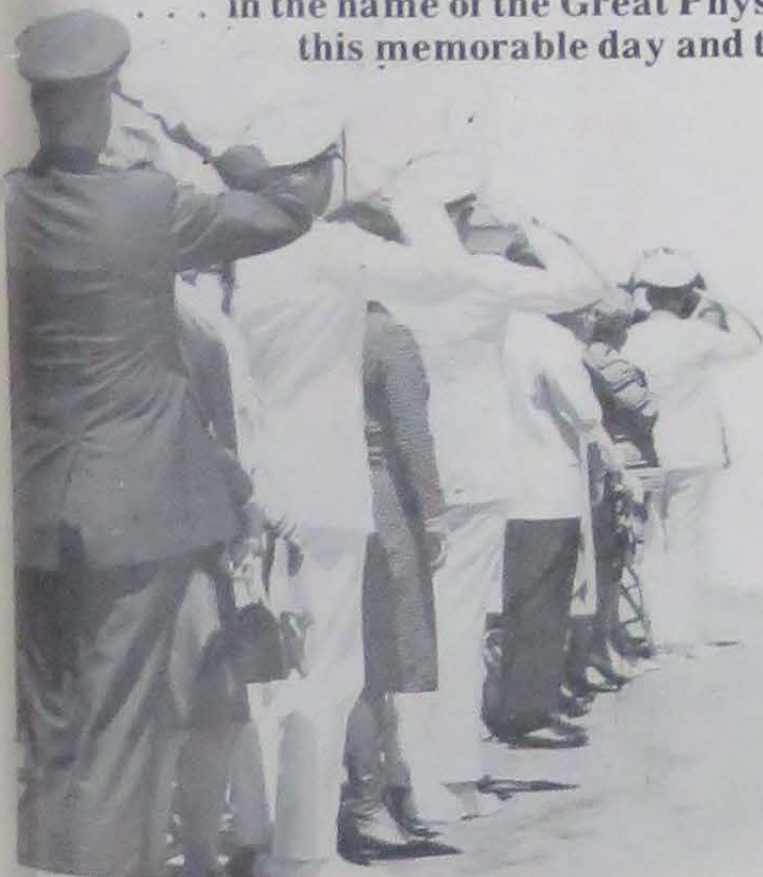
FLAG'



BLESS, NOW, ADMIRAL AND MRS. MAHIN as they leave this legacy to go to other opportunities and challenges.

BLESS, NOW, ADMIRAL AND MRS. FAUCETT as they assume the demanding responsibilities of this assignment.

... in the name of the Great Physician, attend us this memorable day and the days ahead.'



*'I relieve
you, Sir'*

'Quartermaster,

BREAK

ADMIRAL

FAUCETT'S

FLAG.'

Getting to Know Him . . .

Hail & Farewell



"He is professional; he is military, but not too military." That is the way RADM Faucett was described by a corpsman who visited with him at an enlisted men's luncheon. The young man summarized by saying that he had gathered the feeling that the Admiral was ready to "progress with the Navy."

Indeed, it takes only a 5-minutes' visit with the new commanding officer regarding his aims and plans for Naval Hospital, Oakland, to realize that his whole outlook is geared to taking a giant step forward. Where less aggressive military men might justifiably feel imposed upon at having made over 20 moves during his career, taking him from as far as Nagasaki and the Marianas to New London, Conn., the new CO accepts each change as a new challenge. For him, each move offers the opportunity to meet new personnel, to attack new problems and hopefully to reap new rewards. In fact, it would be hard for Admiral Faucett to be a suburban physician and to

stay in one place, even had he 2000 patients to care for. So Admiral Faucett was pleased and excited at the transfer orders which directed his departure as Assistant Chief for Medical Research and Military Medical Specialties, BuMed, to come to us.

In the tradition of Naval Hospital, Oakland, Admiral Faucett intends to put patient care first, but he would like to see more effective utilization of his staff, and to protect them from non-professional duties. Examples of the latter are dictating facilities for the doctors instead of lengthy handwritten charts, no house-keeping duties for the corpsmen and time for truly direct patient care for the nurses. And he would like all, including the civilians, to have some echoing voice in the administration. He hopes to establish an Enlisted Men's Advisory Committee. And he expressed a deep concern for the loyal employees with the more burdensome duties. "There should be more fun for all," he said.

Automation? Yes, he is for it. It can help bring about a more effective use of people. Research? "Without it, all is repetition." Past assignments at the Naval Medical Research Laboratory, New Lon-

don, and his most recent work with the Medical Research Division, BuMed, he is convinced that with a broader clinical data base, achieved through automation, patient care costs can be less expensive. He is familiar with the multiphasic screening studies and the introduction of PROMIS (Weed Problem-oriented Medical Record Information System) going on at Pensacola, Fla., and Brunswick, Me.

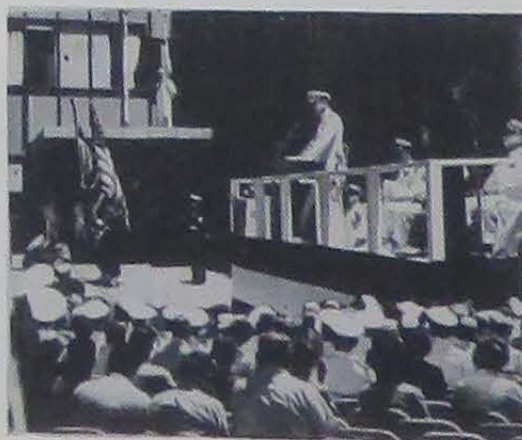
Rear Admiral Faucett has pride in our being one of the four sites selected for tri-service regionalization. He feels that the blues, the whites, the khaki uniform wearers are all the same when the medical problems are involved. The only differences are really in support of the basic mission of each service. The Navy may be concerned with a crew of 300, the Army with a field regiment, or the Air Force a Flight Wing—while in each the missions of the Medical Department in these situations are different, the goals are similar. He is also a strong supporter of the Navy regionalization as it provides for more effective management of all the medical resources of the region.

What is Admiral Faucett's
(Continued on page 6)

THANKS GO TO ALL

"Accomplishments are to be judged by the patients, not as the work of one individual, but the accomplishment of hundreds."

In his farewell speech, RADM Mahin expressed appreciation for the professional skill and dedication of his military and civilian staff and of the many community service groups devoting time, talent and concern toward providing superior health care to many people.



ENLISTED REPORTING

From Naval Hospital Corps School, Great Lakes, Ill., HAS Sharon K. Chapman and Angelique Johnson; from Naval Hospital Corps School, San Diego, HNs John E. Glodfelter, Jr., and Terrell E. Pritts; HM3 Alan L. Hubbard; HA George W. Warbington; from Naval Station, TI, San Francisco, Jack M. Sleeth. From Naval Hospital, San Diego, HN Christopher P. Harwood; from Naval Hospital, Bremerton, Wash., HNs Darwin L. Irvine and Vincent Duran; from Naval Hospital, Lemoore, Calif., HN William F. Prichard; from Naval Hospital, Ponce Hueneme, HNs Kam Yin Ching and Nicholas L. Dovik; from USS OGDEN (LPD-5), GMG2 Wayne S. Chambliss.

ENLISTED DETACHED

To Third Marine Division, HM3 Terry R. Iverson and HM1 Lawrence E. Austin; to First Marine Division, HM1 Douglas W. Bellew and HM2 Larry D. Thomas; to Naval Air Station, Seattle, Wash., HM1 Lawrence L. Wiegeler; to Naval Communication Station, FPO San Francisco, HM3 Robert M. Owens. To USS SANCTUARY (AH-17), HM3 Larry Thomas; to USS ALBANY (CG-10), SD3 Federico S. Acain; to Naval Hospital Taipei, Taiwan, HN Rodney L. Lindenmuth. To Fleet Air Med Detachment, Athens, Greece, HM2 Kathleen M. Boland; to USS MIDWAY (CVA-41), HM3 Gilbert M. Cravalho; to COM ONE, HM2 Murray P. LeLacheur; to Naval & Marine Corps Reserve Center, Cheyenne, Wyo., HM3 Robert E. Blazow; to Fleet Activities, Sasebo, Japan, HM3 Bill H. Simons. Released to inactive duty in Naval Reserve, HMs James E. Kersey, HM3s Harold E. Durio, Jr., Guadalupe H. Lugo, Gerald A. Grzechowiak, James D. Youngblood, Jr., and Roy J. Flora; HN Anthony E. Dallalo, MM2 Michael J. Robertson, and HM2 Dennis L. Yoder. Discharged from USN, HN Evelyn E. Hagen; DT3 Norleen A. Fausnight.

OFFICER'S REPORTING

CDR James Boorstin, MC, reported from VF-121, NAS, Miramar; CDR Henry Bodenbender, MC, from inactive; LCDR Robert Bondurant, MC, came from NH San Diego, as did LT Russell Packard, MC. LT George Garvell, MC, reported from USS IWO JIMA (LPH-2); LT Robert Provender, DC, from USS SARATOGA (CVA-60). From Naval Station, Treasure Island, came LCDR David Hochberg, DC, and from NAS Dallas, Texas, LT Robert Thompson, MC.

OFFICERS DETACHED

CAPT Martin Andersen, MC, was detached to NH Guam, CDR Joseph M. Mahon, DC, went to USS KITTY HAWK (CVA-63); LCDR Thomas Clark, MC, to NH Bethesda; LCDRs Stuart Myler, MC, and Bruce Daniels, MC, departed for NH Yokosuka, Japan. LCDR Robert Lewis, MC, went to COM 12 for duty under instruction at the Kaiser Foundation Hospital, Walnut Creek; LCDR Robert Smart, MC, was transferred to NH Memphis, and LT Stephen Cajigas, MSC, and LCDR Ricardo Trevino, MC, were released to active duty. CDR Howard Shute, MC, USN, to Quantico, Va.



The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. FAUCETT, MC, USN, Commanding Officer
CAPT Nicholas P. Kitrinis, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey
Photography: HM1 R. C. Bishop, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.
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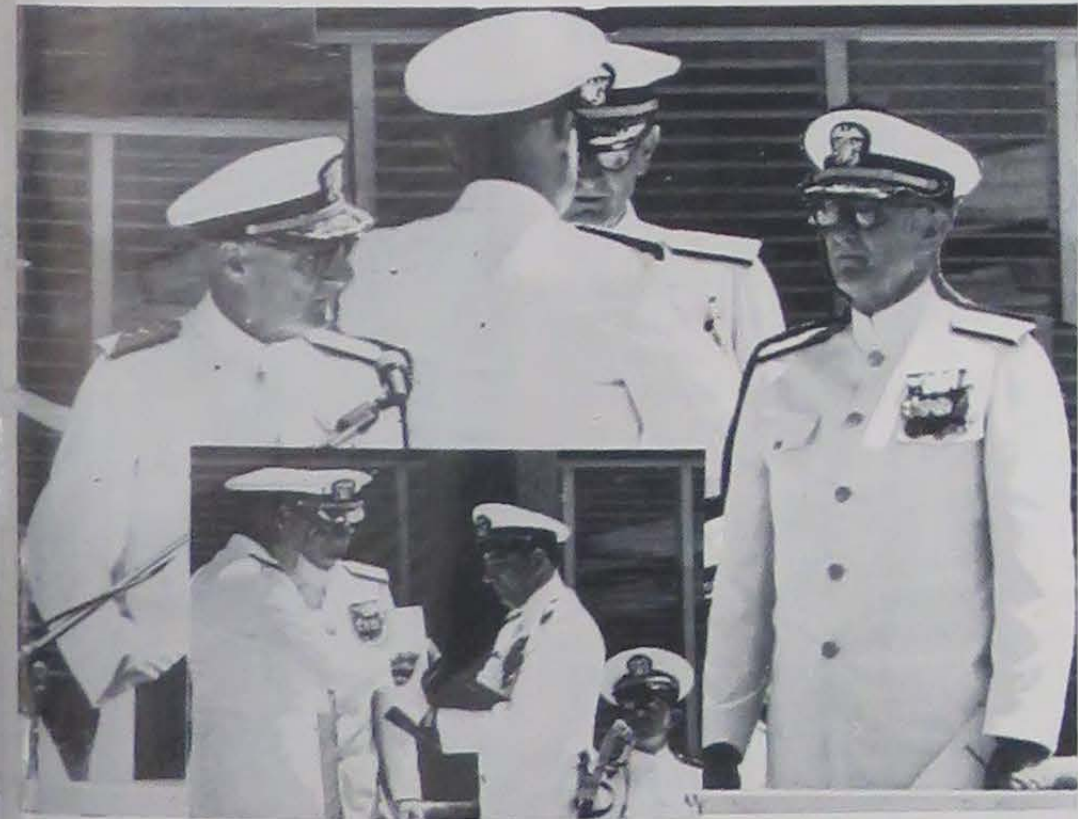
THE PICTURES TELL THE STORY

. . . the partial story

The sun chose to shine on the 500 guests who attended the Change of Command ceremony on 31 July 1972 marking the departure of RADM Mahin, right inset, and the arrival of RADM Faucett, inset left. RADM J. W. Albright in his welcome address expressed pleasure that the Navy is not losing either of its flag officers. RADM Mahin will report as Inspector General, Medical, Bureau of Medicine & Surgery.



Seated to the right of the speaker is RADM Clyde J. Van Arsdall, Commandant, Twelfth Naval District. On the front row is Mrs. Johnson and RADM Henry J. Johnson, Mrs. Nicholas P. Kitrinis, Michael Mahin and Mrs. Mahin, Mrs. Van Arsdall and Mrs. Faucett.



A SURPRISE FOR THE ADMIRAL—RADM Mahin was not only welcomed to the BUMED Team in a message relayed from the Surgeon General but he was awarded the Meritorious Service Medal for outstanding performance of duty while with us at our hospital. It was such a surprise that the Admiral, when rising to address the guests, said, "The seconds ago happening shoots my prepared speech."

Message from the New Commanding Officer

As the incoming Commanding Officer, I consider it extremely important to affirm my full and wholehearted support of the national policy of non-discrimination in Federal government employment and of the Equal Employment Opportunity Program at the Naval Hospital, Oakland.

It is my intention to encourage and promote the concept of equal employment opportunity for all qualified applicants and staff civilian employees at this hospital. Individual prejudices and preferences based on color, sex, race, religion or national origin will not be allowed to affect the recruitment, training, advancement or recognition for achievements of any employee at this command. No supervisor need be reminded that adherence to the principles of equal opportunity is a condition of his or her employment.

I approve the Affirmative Action Plan as previously developed and published. A revised one is being developed and will be published later. I call upon each of you to join me in the goals defined in that plan of equal employment opportunity for all civilian employees. This is not something that can be commanded to happen. Each of us must do his part to promote success in this effort.

R. E. Faucett
R. E. Faucett,
Rear Admiral, MC, USN,
Commanding Officer

Getting to Know Us . . .



GETTING CAPPED IS HAPPINESS—Sheree Washington and Nilsa Avila represent the latest class of JANGOs who have just received caps for giving over 100 hours, including 20 classroom hours, of service to Naval Hospital. Susan Boykin, Joanne Conklin, Anna Martinez, Carla McGee, Shirley Robl, Cheryl Smart and Janet Williams also earned caps.

Volunteers Are Still Needed

Staff personnel are urgently needed as ambulance drivers. Personnel who are 18 or older and who have a valid California driver's license are urged to contact HT1 Dick at Education and Training, ext. 2237.

A driver has been found for the Commanding Officer. He is HM3 Tom Vanlandingham, and he is replacing HM2 "Butch" Walters, who will be leaving for a tour of duty in Greece.

Life Began . . .

LIFE BEGAN on 29 July 1972 for Adam Justin Lateur, 5 pound, 5½ ounce son of HN Charles Lateur of CSR and wife, Debra . . . 27 July for David Michael Robinson, 6 pound, 12 ounce son of HM3 Bruce Robinson of Toxicology staff and wife, Peggy . . . 18 July for Robert Fidel Yates, 5 pound, 7½ ounce son of HM1 Robert Yates of PMT School, and wife, Maria.



THESE ARE SAFE DRIVERS—and they have won for themselves the Navy Safe Driving Award. Willie Adams has 15 years of safe off-road vehicle driving of ambulances, buses, trucks and government automobiles; Irving Coombs, 20 years; George Hunter, 19 years; Alick Bowater, 22 years, and not shown, Lucious Moore has 11 years.

Special Events Are Super Special

A lot of fun has been programmed through Special Services for August and September. If you missed the cocktails, dinner and floor show scheduled at the **Columbo Club** in Oakland for 10 August, then be one of the first to sign for the day of **deep sea fishing** on 27 August. Elks Lodge No. 1691 will host 12 patients and attendants (as needed). A call to ext. 2350 will provide details and reserve your place.

There is time for a bit of dreaming about the deer hunting and camping and fishing weekends being set up for September. The **Veterans of Foreign Wars, Post No. 1872**, of Eureka, Ca., will host 12 patients with attendants for the deer hunt, and the very active **20-30 Club of Redding, Ca.**, will host 20 to 30 patients and attendants for the fishing campout.

Patients in the past have often signed up and then cancelled, forgetting for the moment the joys of the change of scenery, the relaxing atmosphere of the out-of-doors and the extensive planning and foresight that the hosting parties have gone to in providing entertainment. Yep, it's all free, with transportation provided!

We urge you to participate in these adventures. We hope that the extensions at Special Services, 2479 or 2350, will be ringing so fast that the cry will have to be issued for more reservation spots.

The **Russian Renaissance Restaurant**, San Francisco, hosts three patients and a driver to dinner and a show every other month on Wednesdays. A driver with a government license is needed for this outing. Next dinner is 6 September. Are you interested? If so, please call 2479.

The **Blue Dolphin in San Leandro** hosts six patients and a driver for dinner the last Tuesday of every other month. Want to be driver for this group? Next dinner is 29 August. Call 2479.

INCENTIVE AWARDS ARE PRESENTED to Mr. Gerald Porter, Research Engineer, and Mr. Charles Asbelle, Rehabilitation Specialist, and Research Director, NPRL, for their invention, "Area Source of Collimated Light and Scanning Mechanism."

Already You Know Us

Admiral Faucett, having come to us from the Bureau of Medicine, you know us already through our NPRL Division—a totally unexaggerated statement. The Navy Prosthetic Research Laboratory, dating as far back as 1941, has received a lot of attention, but attention is deserved.

Do not visit the Navy Prosthetic Research Laboratory unless you have time to stay. You will undoubtedly be shown and be caught up in the excitement of several developments which are the subject of other patent applications, which have been reported in an earlier article appearing in the Oak Leaf.

The invention "Area Source of Collimated Light and Scanning Mechanism," is part of a totally new system of producing braces and orthopaedic appliances. This system will allow outlying naval hospitals to easily utilize the fabrication services of NPRL for their orthopaedic appliance needs without actually transporting the patient to this facility. One of the requirements in the successful fitting of a brace is that an accurate pattern of the part of the body the brace is to fit must be



available. The subject invention makes this accuracy possible while at the same time reducing the time required to produce the pattern.

Several other innovations are evident in this new system, the brace is given a warm feeling. It is cushioned and has a coating of vinyl plastisol, in a pleasing pastel color. If the brace is for a lower extremity, the pattern may be made under weight-bearing conditions which will insure a good fit when the patient uses it for walking. This is accomplished by use of a tilting table that is adjustable from horizontal to vertical and the pattern may be made at any position in between. The result of not having to transport the patient to NH Oakland and the very rapid fabrication of the brace will reduce costs and improve service to the patient.

Research Seminar Held By Medical Library

By Jane O. O'Sullivan
Administrative Librarian

Research personnel from this and neighboring hospitals and laboratories attended a seminar sponsored by the Medical Library Committee on Friday, 28 July at 1400 in classroom 3-6-12.

Miss Ann Farren of the Biosciences Information Service in Philadelphia described the use of Biological Abstracts and the BioResearch Index and related computerized search services now available. She presented illustrations related to NHO programs. A new publication, "Health Effects of Environmental Pollutants," produced in collaboration with the National Library of Medicine, was described.

Searches in these publications are of concern to all biomedical researchers planning to publish reports or make grant applications. "Biological Abstracts" is carried in the library of the Naval Biological Laboratory, Naval Supply Center, Oakland; which is open to authorized personnel during regular working hours.

Following the seminar an open house was held in the Medical Library.

Two Win Tennis Trophy



LT Alicia DePrima, NC, is simply showing off the trophy she and LT Pat O'Reilly, NC, won for doubles at the Twelfth Naval District's tennis competition, Alameda. They first qualified at Miramar, then, after winning the team trophy, Pat won in the regional and qualified for the women's All Navy tournament in Florida, where she was eliminated.

Getting to Know All About Us



SNAPSHOTS FOR DADDY are sent to husbands and fathers at sea or at distant stations. The first commanding officer to start this considerate practice was RADM J. Q. Owsley. This has continued since 1956, and Admiral Faucett is preserving the tradition by ensuring that photographs such as those above are mailed regularly.

Pictured are mothers and new babies: Mrs. Beverly Watts and Carolyn; and Mrs. Sheila Groves and James Philip.

Sailor, Want Your Mug Fired?

Every Thursday, beginning at 2 p.m., Kaye Barnett and her crews of industrious helpers may be found on 7 North and 7 West bringing their "Craft Project"—the making of ceramics—to the eager patients. One group seeks new men to get them started. All materials, supplies and instructions are offered at no cost to the patient. A second crew collects work done during the week to send it on its way to Alameda Naval Air Station where they are kind enough to do the firing. This second group also returns finished pieces (always nice, sometimes absolutely magnificent) to their delighted creators.

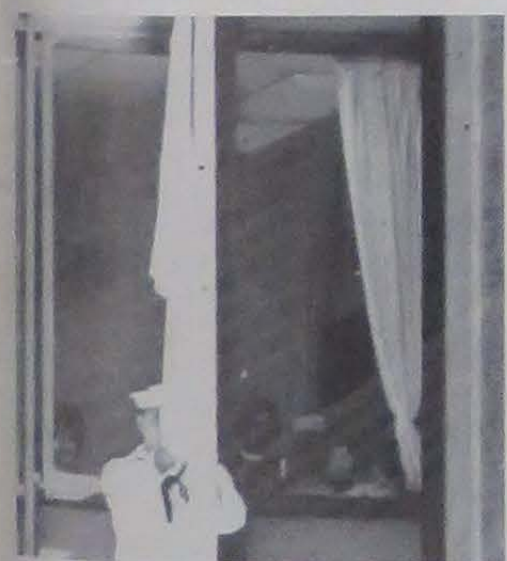
"Craft Project" was born 6½ years ago when CDR M. J. Wathen, NC, the nurse in charge of the orthopedic wards, decided the men who were confined to bed for weeks, sometimes months, needed something challenging to do. In the beginning only a few joined in—and those mostly because they were told to. Now 80 per cent to 90 per cent of the men

do ceramics because they "want to." The craft affords an opportunity to make a gift for a loved one. A figurine for a sweetheart, a stein for a buddy, a bank for a child, an ashtray maybe for a father. Mermaids are popular too; after all, this IS the Navy!

And to the ladies who teach the craft, aid the patients in every possible way and do the pickup and delivery goes a big vote of thanks. Naming names of the devoted volunteers (in addition to Mrs. Barnett), they are: Frances Thruston; Esther French; Laura O'Flaherty; Ethel Pedric; Sally Snyder; Joyce Taylor, wife of LCDR Kent Taylor; Mavis Waidler, a warbride from Texas, Australia (the boys especially enjoy her accent); and Christina France, who was serving cookies with the Navy Wives and became so interested in the ceramic work that she is now devoting spare hours while her Marine husband is in Thailand.

Many of the volunteers keep busy with individual projects throughout the year working to get funds to help pay for the materials (slip, greenware, glazes, brushes, etc.) to keep the project going. Mrs. Barnett, at local Eastmont Shopping Center, recently sold \$308.30 worth of her own pottery and jewelry, plus other gifts of decoupage and pottery donated by friends of the cause. All of the funds went to the project. Over the past 7 years, some \$3000 has been contributed through efforts of these diligent workers. Most of the manpower mentioned work out of "Studio Two" (an arts and crafts center run by Oakland Recreation Department), which has been particularly cooperative.

This article is no appeal for money, but donations would not be refused should others agree concerning the worth of the endeavor. With the volunteers, there's no thought of quitting just because funds are hard to come by. When one becomes crocked on pot-tery, there will be some way found to fire the kilns.



WINDOW LOOKERS LOOK—A few peek-a-boo faces watched the "breaking" of the Admiral's flag behind windows, snatching only a moment or two from answering busy phones and carrying on "business as usual." (?)

Scuttlebutt

Marge LeSage didn't have to walk 222 miles through Death Valley from Scotty's Castle to lose weight. She took off 10 pounds in coming through a Change of Command. There was hardly time to eat with the necessity of completing fitness reports and caring for all sorts of jobs for Admiral Mahin. Incidentally, Marge now has a bloom on the violet that CDR Bettye Nagy, NC, gave her 1½ years ago.

Elevators or stairways are the usual means of going up and down for most personnel aboard Naval Hospital Oakland. Not, however, for window washers currently performing. They use ropes as elevators and windows as doors.

Seen and heard... Woody Robarge, Civilian Personnel Officer, hurrying out of the hospital, crowbar and hammer in hand, exclaiming, "I'm trying to get out of here." By all means, we'll step aside, Mr. R.

To be with it, you must know what "Elementary Enology" means. To those on the out, it is plain ole' wine making, and classes in same are being offered Summer of '72 at Studio Two of the Oakland Office of Parks and Recreation. Or perhaps you will wish to take 'Painting for Sensuous People' (Exclamation points theirs.) Also offered are courses in Caning—spelled with one "n"—Kites of the World, Printing without a Press or Stained Glass, to mention a few. To find out if they are for you, you may attend one class before registering. To make plans for fall, phone 636-1933.

Enlistment Goal for FY 1973 is 130,000

This challenge would increase the present enlistment goal nearly 50 per cent. New programs are offering choice of coast options, improved school guarantees, and 3-year active duty obligations.

Armed Services "Y" Offers Fun

The Embarcadero Armed Services YMCA announces a Labor Day Weekend camping trip to Mt. Lassen, leaving 1 September (Friday) at 1830. The cost, including eight meals, is \$10.00 plus shared car expenses. For reservations phone 392-2191 or 392-0577. The Armed Services "Y" also offers special weekend room rates, two nights for \$5.00. Check bulletin boards for calendar of events, or phone for information. Dances every Saturday.

HE KNOWS THE ANSWERS



While some of us know only the questions, CDR Angelo R. Petoletti received commendation for assistance to the command for his "well thought-out proposed solutions to problems."

CDR Petoletti is Chief of the Pharmacy Service at Naval Hospital and is Command Drug Abuse Program Officer and Exemption Officer. He has counseled many drug amnesty candidates, and has presented informative lectures on drug abuse. He served as Arrangements Chairman when NHO sponsored the Northern California Chapter, Association of Military Surgeons of the United States, at their Seminar on Forensic Medicine.

MAHOMET CAME TO THE PATIENTS—Since the patients could not get to "Craft Project," Mrs. Kaye Barnett brought Craft Project to them. Vernon Hampton and John Samuelson are the "Crafters"; both are now discharged from the hospital.



FLASH! The Medical Service Corps beat the Chiefs 22-2, the third win in the last 2 years. Home runs were hit by Hughes and Hattori; the remainder of the team averaged .500 batting average. This was slow-pitch softball, and has no bearing on the fast pitch "trophy" which is retained in the CPO Club.



EXEC-LINE

Could the parking lots at the hospital be marked by numbers or letters to make it easier to locate disabled automobiles when the AAA or other garages are answering distress calls for service?

According to the Operating Services Division, the cost of marking the parking lots would be prohibitive. If the party with the disabled vehicle will notify Security, Extension 2401, they will be glad to escort the tow vehicles to the proper location.

ENTRIES FOR ALL-NAVY CARTOON CONTEST MUST BE RECEIVED BEFORE 1 NOVEMBER

Perhaps these contest rules would not be passed on to Naval Hospital, Oakland, had we not read them in "The Dry Dock," from San Diego. With the signal a three-fingered "W," which should stand for Winning, the rules of the contest are passed on with full confidence that as they say they are, so are they:

With the cartoon character "Half Hitch" its new symbol and a new category, the Seventeenth All-Navy Cartoon Contest is underway with entries being accepted until 1 November 1972.

Mr. Hank Ketcham, creator of "Dennis the Menace" and "Half Hitch" cartoon strips, has offered to the Department of the Navy use of "Half Hitch" as a symbol for the 1972 competition.

In addition to offering the use of "Half Hitch," Mr. Ketcham has also offered three original "Half Hitch" cartoon strips and three specially designed watches as awards for winners.

A separate category for dependents, with junior and adult divisions, has been introduced into this year's contest. The junior division is expected to stimulate interest in art programs within dependent youth activity programs of the Navy.

All Navy personnel on active duty in excess of 90 days and their dependents are eligible to enter the competition.

Entries must portray a Navy theme and must be rendered in black ink on 8 x 10½ inch white paper or illustration board. A contestant may enter as many cartoons as desired, but each must have securely attached to the back:

Active Duty Personnel

- a. Full name, grade/rate, social security number.
- b. Duty station, mailing address with zip code or FPO.
- c. Name of hometown and hometown newspapers.
- d. Title of cartoon or caption.
- e. A signed statement as follows: "I certify that the cartoon to which this statement is attached, is original. All claims to this entry are waived and I understand the Department of the Navy may use as desired."

Dependents

- a. Full name.
- b. Mailing address with zip code of FPO.
- c. Age (for junior division only). Dependents 19 years or older, indicate "adult division."
- d. Name and address of sponsoring command.
- e. Name of hometown and hometown newspaper(s).
- f. Title of cartoon caption.
- g. A signed statement, same as above, with an additional statement: "I am a dependent of _____ grade/rate and duty station."

All entries become the property of the Department of the Navy and will not be returned.

First-place awards in the active duty, dependent junior and dependent adult divisions will be watches designed for the contest by Mr. Ketcham. Runner-up awards will be original "Half Hitch" cartoon strips suitable for framing. Five honorable mention certificates will be awarded in each division.

All entries should be mailed to the Chief of Naval Personnel (Pers-P4112) by 1 November.

Get busy! The Public Affairs Office will supply the India ink and drawing paper if that will help spark a creative surge.

Who's Been Doing What . . .

GETTING PROMOTED to LCDR: Ronald C. Burton, MC, Matthew K. Gale, Jr., John W. Gerwels, Gary S. Gutterman, Eugene T. Santucci, DC, and Charles A. Woerz, DC.

RECEIVING RESIDENCY CERTIFICATES: LCDRs Francis M. Criswell, Stuart H. Myser, Dennis A. Rhyne, Robert H. Smart and LT Michael J. Hogan, MC.

GOODBYE, LTJG Lera J. Shadden, NC; we wish you good luck as you depart our hospital.

OAKLAND USO GIVES INVITATION

Oakland USO Gives Invitation—Maybe USO means "U-Shur-Oughta" join the picnic tour to Angel Island. The ferry ride, entrance to the park, and lunch will cost \$2.00. The date is Sunday, the 20th of August, and you should be at 518 Seventeenth Street, Oakland USO, by 1100.

What else do they offer? Soul music, country and western on Wednesday, 23 August, at 2000, with guitarist J. J. Malone. FREE. We will have more gleanings of what is going on in the next issue of "The Oak Leaf."

First Woman Admiral To Visit Naval Hospital



The picture of CAPT Alene B. Duerk, NC, USN, appearing in the 8 January 1971 issue of "The Oak Leaf" of Naval Hospital, Oakland, is the same woman whose picture hangs on the wall in the administrative office of CAPT Sue Smoker, the Chief of Nursing Service. At least the alert, sparkling eyes and the pleasant broad smile are the same. The uniform has changed and the insignia is different.

The Captain is no longer a Captain. On 1 June she went down in history as the first lady in the U.S. Navy to have ever been honored by promotion to flag rank. Along with David Farragut, who is known as the Navy's first man admiral, RADM Duerk in the year 1972 became, and will be remembered as, the Navy's First Woman Admiral.

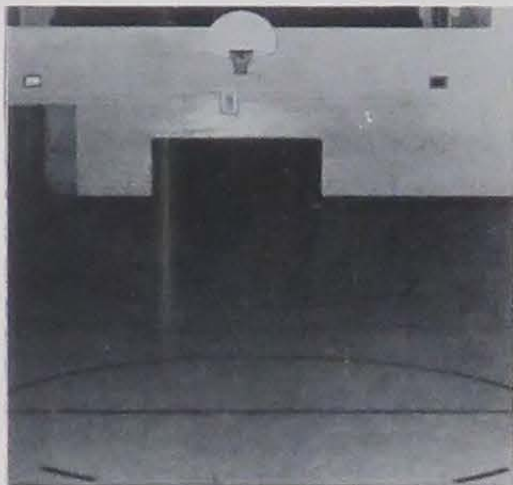
The West Coast appearance of RADM Duerk is an official one in which she will be visiting various commands. She will arrive on 21 August at Oakland Naval Hospital. The facility will be honored to have her aboard for the first time since wearing her broad stripe.

Chronologically, Alene B. Duerk started her Navy career in 1943 when she was commissioned as an Ensign in the Naval Reserve. In 1957 she was promoted to Lieutenant; in 1958, elevated to LCDR Duerk, and in 1962 she became Commander. She wore four stripes when she last visited Naval Hospital, and she had already assumed her duties as Director of the Navy Nurse Corps in the Bureau of Medicine and Surgery, responsible for approximately 2300 men and women working at naval hospitals and dispensaries at naval installations around the world.

In her new rank, Admiral Duerk sees herself as representing all Navy women; as the Navy's first woman flag officer, she is called upon to represent the Navy at many public occasions. On Tuesday, 22 August, she will speak before the California Federation of Business and Professional Women's Clubs, and she is scheduled for many other local appearances as she fulfills her high office with a strong sense of duty.

YOU MUST REGISTER
TO VOTE.

Absentee Ballots available at Legal Office 2482



LONESOME, WAITING TO BE USED? Not really, the gymnasium floor has just had its \$24,000 remodeling job, and for a brief moment is showing off its "tartan" nonskid face. The gym is used daily from 1130 to 1300 by staff personnel, but is open from 0800 to 2100 for all military personnel and their dependents. In the winter especially, the floor gets such heavy usage that limits occasionally have to be put on playing time.

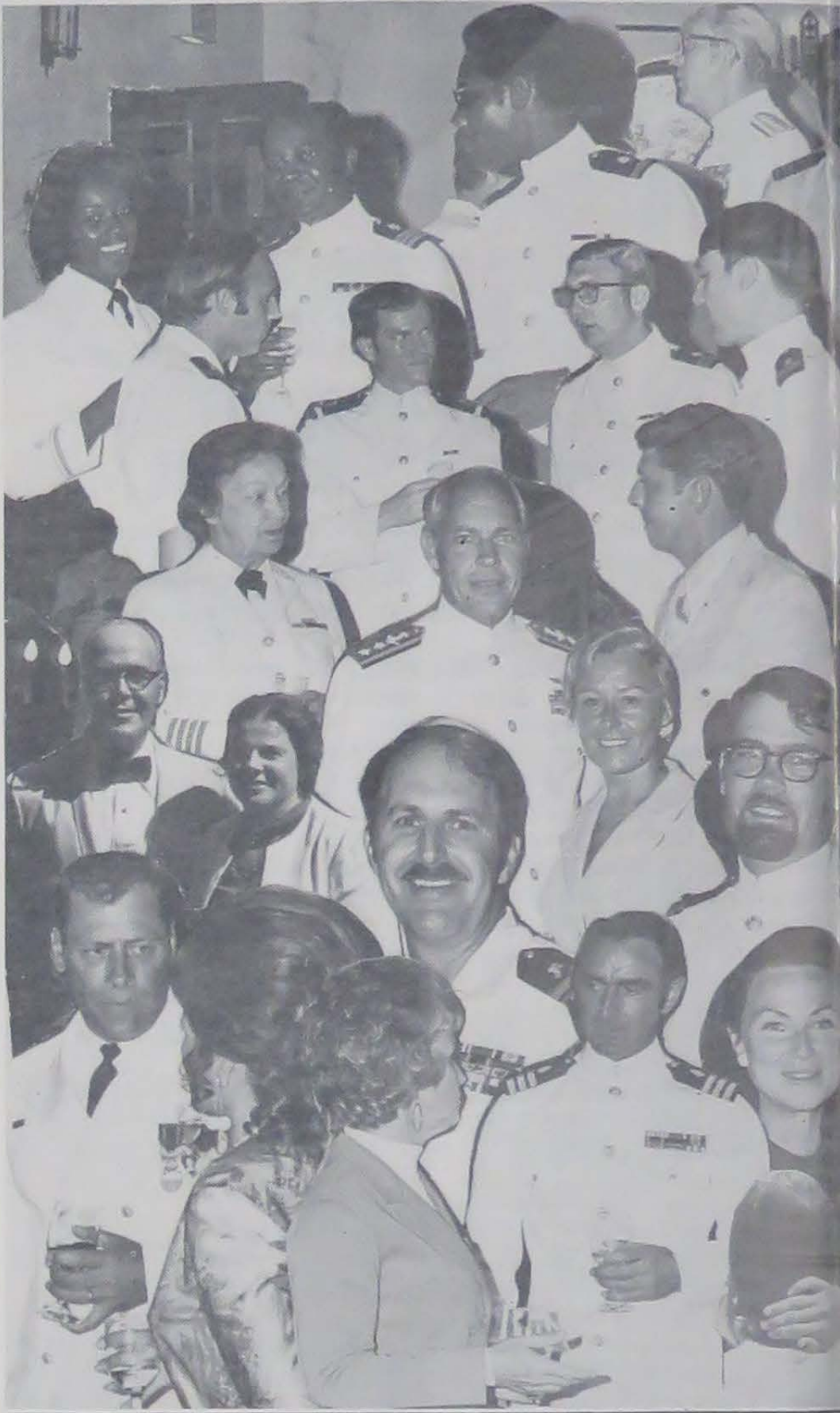
Movie Schedule

- At Clinical Assembly, Building 500, 1900
10 & 11 August
THE THREE FACES OF EVE—David Wayne and Joanne Woodward, Drama.
- 12 August
THE DIRTY OUTLAWS—Rosemarie Dexter and Chip Corman, Western. R.
- 13 & 14 August
AND SOON THE DARKNESS—Pamela Franklin and Michele Dotrice, Mystery Drama. PG.
- 15 & 16 August
TO FIND A MAN—Phyllis Newman and James Broderick, Comedy Drama. PG.
- 17 & 18 August
WARLOCK—Richard Widmark and Henry Fonda, Western Drama.
- 19 August
TODAY WE KILL, TOMORROW WE DIE—Montgomery Ford and Bud Spencer, Drama. PG.
- 20 & 21 August
SILENT RUNNING—Bruce Dern and Cliff Potts, Science Fiction. G.
- 22 & 23 August
HOFFMAN—Peter Sellers and Snead Cusack, Comedy Drama. PG.

THE RECEIVING LINE WENT ON and ON at ON at the Reception at the Commissioned Officers' Mess (Closed) following the Change of



Command ceremonies. "Only in California," Admiral Mahin said, "can one acquire 'dear' friends in 3 years."



Sports Shorts

FOOTBALL
League days for flag football will be Mondays through Thursdays. A mandatory meeting of all teams will be held at 1630, Thursday, 31 August at the football field. All rules and pertinent information will be discussed at this meeting.
Entry blanks must be filled out in detail and returned to the Director of Athletics no later than the August meeting. Remember! Deadline for entries is 1630, 31 August, 1972. Equipment can be checked out through Special Services. Contact Ron Brown, extension 2350, for more information.

SOFTBALL
Although they made a valiant effort to upset the highly touted ten from Food Service with 3 runs in the fifth frame and 3 in the sixth, X-Ray fell short as they were shut out in the seventh frame and went on to lose 9-7.
Food Service started things going with 5 runs in their half of the

first inning on 5 hits. The big blow of the inning was a double by Peters. At the end of 2 innings, Food Service led 6-0. Neither team scored again until the fifth inning, as Food Service came up with 2 runs and X-Ray with 3. Food Service added one in the sixth inning to round out their 9 runs. X-Ray scored 3 runs in the sixth frame to bring the scoring to a close at 9-7.
Big hit of the day was a 2-run home run by Powell of X-Ray in the top of the fifth inning. Swearingen tripped for Food Service in the second inning. Box Score follows:

FOOD SERVICE					X-RAY				
Player	AB	R	H		Player	AB	R	H	
Cravalho	4	1	2		Hug	4	0	0	
Neely	4	3	2		Powell	4	1	3	
Sw'ringen	4	0	1		Weaver	4	1	2	
Pintok	3	2	2		Hampton	4	0	1	
Nierman	3	1	1		Reeb	4	0	1	
Peters	3	1	1		Duane	3	2	2	
Crafton	3	0	0		Campbell	3	0	1	
Bachman	3	1	2		Pierce	3	1	1	
Montes	3	0	0		Moss	3	1	1	
Smith	3	0	0		Kesselring	3	1	0	
	33	9	11			35	7	12	

Officials—Perry, Erlmann

SURGERY CLINIC SHARES LETTER

HM2 Richard A. Lentz, while in Field Medical Service School at Camp Pendleton, wrote to his friends in the Surgery Clinic sharing with them his experiences. "I'm actually having fun," he writes.
"Dear 'Ye Olde Gang,'
I'm writing this (starting to) in the middle of a field exercise at Camp Pendleton.

Things really started off well when I reported in. First of all, we were told that we had a big reputation to live up to as hospital corpsmen, and that we would be treated with respect by the Marines.
Next we were told that we... would be oriented to the Marine Corps organization and combat training.... However, we would always be considered as Navy hospital corpsmen."
That seemed to be the thing HM2 Dick Lentz appreciated; that he did not lose his identity. Then he listed other things he liked, such as not having to spit shine his shoes; being called "Sir"; having his own area in which to eat; getting head-of-the-line privileges and having a

Private carry his empty tray.
He finished his letter saying, "I love it here."
So it pays to be a Second Class corpsman, but mainly, it pays to remain NAVY.
"WE'RE GLAD, ELLA ROSE, THAT YOU TOOK THE TIME...
from your busy Red Cross duties to attend the Change of Command ceremony. Twelve out of 15 in your 83 years? That's almost making them all."



LONESOME, BUTCH, SINCE YOUR ADMIRAL TOOK HIS LAST RIDE UP THE HILL?



The OAK LEAF

Vol. 34, No. 18

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 25 August 1972



RADM DUEK HERE

The letter to the Forum is reprinted from the Oakland Tribune, Sunday, August 20, 1972.

PEOPLE WHO CARE

EDITOR: At a time of much negative comment on the military, I wish to publicly thank the whole staff of the Oakland Naval Hospital.

They gave almost a year of loving care to a lonely little 17 year old kidney patient whose family could not visit her.

Everyone tried to fill in for her family by giving her love and attention and so many extra kindnesses, many in their off duty hours.

I will miss Sharon, now that she is gone but I will also miss the many warm dedicated people I came in contact with.

MRS. E. G. FLEEGER,
Walnut Creek.

Mamma Always Said Policemen are Nice Folks



Rear Admiral R. E. Faucett accepted a check on behalf of Naval Hospital, Oakland, from Sgt. Don Jensen, member of the Board of Directors, Oakland Police Officers' Association.

For approximately 5 years, the hospital has been one of the recipients of a generous gift given by the members of the association for the improvement of the comfort and recreational facilities of the patients. The Oakland Police Officers' Association raises the money at events such as the holding of a circus once a year, the sponsoring of prize fights twice a year and through individual donations whereby members give to worthwhile projects through the fund rather than at home.

THE PATIENTS THANK YOU, Navy Mothers' Club



Glass mosaics, model cars and airplanes, paint sets and games of many kinds—a grocery cart full and running over—were the gifts presented to Oakland Naval Hospital by the National Commander of "Let Freedom Ring," Navy Mothers' Club of America.

The gift was presented through the local Navy Mothers' Club by Mrs. Lida E. Jensen. The "Let Freedom Ring" organization represents 22,000 mothers in the United States, and Naval Hospital Oakland was chosen as one of many hospitals in the nation to receive a gift of \$200 in crafts to entertain the patients.

Mrs. Jensen is representative of all Navy Mothers. She has donated time to Naval Hospital since its beginning in 1942. She had three sons in the Navy, one daughter in the WACS, and her German shepherd was in the canine corps.

"Sometimes during World War II, when I was too tired to roll one more bandage," she said, "I'd do it anyway. I could not bear the thought that any mother's son would be in need. With every bandage I rolled, I mentally wrapped in a prayer that the bandage would not have to be used."

True, this is a hospital, but patients are guests who deserve even more than "hotel" courtesy. A cheery "Good Morning," between a 'fore and 'aft smile, might overcome disappointment if an egg on a breakfast tray fails to be "sunny-side up."

On 22 August, Admiral Alene B. Duerk gave Naval Hospital, Oakland, a long "hour" of her time while on her busy tour of the Commands on the West Coast. Talking to her "own," an audience made up of members of the Nurse Corps, Admiral Duerk had a lot to say. She allowed ample time for questions, but the nurses seemed satisfied with her clear definitions. They seemed to accept the tone of the address that, yes, there will be some changes made, but, generally, the changes will be for the better.

The overall picture is that there are more nurses going Navy than ever before, except in wartime emergencies. Allowances are being approached, and it is expected that next year the Nurse Corps will be at allowance, over 2500. Perhaps it is good salesmanship; recruitment is paying off with more nurses now on active duty than in the last 10 years.

A great deal that RADM Duerk had to say was of interest only to the professional group. She explained new rules about releases from active duty, pertaining especially to the Reserve, about promotion zones and limitations, but she said that "Augmentation is wide open; no quotas... the fitness report is the criteria." Preference cards for declaration of specialties and locations are receiving more attention. The rules have changed concerning BAQ allowance for married women. There will be no changing of the mind concerning RAD; once
(Continued on page 5)

Corpsman Selected Sailor of the Month



The commendation described why Hospitalman Manford L. Parker was selected as our Sailor of the Month for July:

Hospitalman Parker performs his duties as Ward Corpsman on Ward 9 South, Naval Hospital, Oakland, in a consistently outstanding manner. The patient care he provides is thorough, personalized and always of the highest caliber. He exhibits a high degree of empathy for nursing care measures which contribute to optimum physical and mental ease.

HM Parker's quick, quiet and efficient manner, exhibited in a pleasant and sincere fashion, has won praise from patients and their families which is coupled with the respect of his peers and seniors.

For such excellence, is it any wonder that Hospitalman Parker was chosen SAILOR OF THE MONTH for July 1972?

BRONZE STAR AWARDED

NOT EVERYBODY RECEIVES A BRONZE STAR. One of the last official acts of RADM Mahin was to recall CDR Donald Brown, DC, to his office for a retake of his picture. (There was a problem in development of the original photograph in which his family appeared with him.) The Bronze Star was received for meritorious service in Vietnam with the Advisory Group at Cong Hoa Hospital. It is far too important an honor to let it be bypassed without an historical record, and we are sorry the family could not return with CDR Brown.



The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 R. C. Bishop, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.

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THE OAK LEAF receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

... MY DAY

As I sit each evening and quietly reflect on the people I meet each day—a very peaceful period for me—I feel humble. Humble before His people, patients, staff, families and friends. I know each is searching in his own way for fulfillment, many are living deep in the folds of life—all the while facing their own illnesses and hardships or that of a loved one.

I feel sympathetic with the lady who is angry because her incision has become infected so that her anticipated departure has become an indefinite residency. I feel warmed on bringing communion to a good friend who has cancer and so freely welcomes me into his life. I find deep joy at hearing one of my buddies, a nurse, is planning to marry the young doctor with whom she works. What a lucky guy! I am grieved in the loneliness of a frustrated corpsman. I feel some of the emptiness the doctor felt today as he had to say to the next of kin, "We are doing everything possible to make the patient comfortable, but ...".

Each evening I try to work through the day's frustrations and then to thank God for ALL the people who lived it with me. How varied the ways you keep contact with me, Lord. Give me the trust to let myself be touched, and the courage to reach out and touch so that I ...

Father W. E. UNDERHILL, LCDR, CHC, USNR

Hail & Farewell

OFFICERS REPORTING

CDR Francisco Gonzales, from inactive duty; LCDR Thomas Charron from USS DIXIE (AD-14); LT Dao Huu Trung, MC, VN, from NAV ADV GRP, U.S. Military Assistance Command, Vietnam; LT Fred Znider from Naval Hospital, Long Beach; ENS James Lynn from Great Lakes, NTC (Physical therapist).

OFFICERS DETACHED

CDR Amos Carey, CHC, to RAD; LCDRs William Aders to DESRON 24, Newport, R.I., and Edward Barvick to NH Camp Pendleton; LTs Paul Ahr, MSC, USNR, to RAD, Robert Rabalais, Jr., MC, USN, and Kenneth Derrington, MC, USNR, to NAS Pensacola.

ENLISTED REPORTING

From Naval Station T.I. San Francisco, Ca., HM2 John Sundberg; from

USS FANNING, BMC Arthur Turner; from Naval Hospital Portsmouth, New Hampshire, Mass. HM2 Bryan Holbert; from Naval Hospital Corps School, San Diego, Ca., HA Daniel Trudell and HN James Steadman; from Naval Hospital, Lemoore, Ca., HN Paul Westberg; from Naval Hospital Corps School, Great Lakes, Ill., HA Karen Luger.

ENLISTED DETACHED

To Naval Air Station, Pensacola, Fla., SD3 Napoleon Oribello; to Nav & Mar Corps Reserve Center, Sacramento, Ca., HM2 Steven Louie; to Fleet Air Med Det, Athens, Greece, HM2 Calvin Walters, Jr.; to USS LIND (DD 703), BT1 Lawrence Yoder; to First Marine Division, HM3 Harry Burns, Jr. To Inactive Duty in Nav Res, HM3 John Richards, HM2 Lloyd Dempsey, and HM3s Floyd Fundenberger and Richard Haas. Discharged HM3 Pamela Zsoka and HM1 Francis Titze.



EXEC-LINE

I think something should be done to tighten security on base. Last night some bicycles were stolen at the enlisted men's quarters, and I sure hope it doesn't happen to my bike. If necessary, why not have gate checks and have registrations checked both in and out.

For 13 months it has been possible for employees to walk down the hill to work and thus get needed exercise. It is hard for me to understand why the gate on Keller Avenue (behind the Public Works Office) must now be locked, requiring me to now use my car and to enter by the main gate. If there is now some reason why rear gates must be kept locked, why not issue special keys to personnel living up the hill.

That is the pro and con of the new rule requiring that perimeter gates be secured and that ingress and egress be through the main gate. Thefts aboard the hospital compound were not limited to bicycles, and investigation did determine that the losses were not by way of the main entrance. We are sympathetic with the inconvenience caused to staff who live on the hill. At one time in the past, special keys were issued, but the privilege was abused and other problems arose which forced the withdrawal of this privilege.

Checking registrations during slack traffic periods is currently being instituted into the traffic procedures, but the posting of additional guards or frequent observation of the area is not feasible because of the limited number of security personnel available.

Bicycle and motorcycle owners can assist with security by purchasing various deterrents such as hardened chain locks or mercury solenoid switch alarms. Special precautions should also be taken to make rooms, apartments and automobiles more secure. Check with Security, ext. 2401, about methods of marking personal property, also, about suppliers of locks and chains.

... Is a Friend in Deed

The Survivors' Assistance Fund was established to help the next of kin of civilian personnel bear the load caused by the death of a member. Just as the tall and strong Atlas, as Swift relates, had his moments of desiring "a friend to lend a hand," this fund acts as that friend. Somewhat like Hercules, it shares some of the load, the expenses during stress times.

The Survivors' Assistance Fund was established about 1950, and it works so that at the time of death of a member, one-half of the funds in the account plus one-half of what is to be collected are distributed to the beneficiary named by the member. Initial membership is \$4.00. At the time of death of a member, an additional \$2.00 is assessed remaining members.

Recently when there was a death of an employee in the laundry, a surviving mother received \$387. The most recent payment from the fund was \$475 to the wife of another deceased member.

Approximately 216 employees are now active. To join, call Frank Quezada, foreman of the Housekeeping Branch, ext. 2204. The fund is fully approved and adequately insured. The beneficiary named does not have to be a relative. The membership could be designated a "remembrance" for a special friend or neighbor—and maybe it will have more meaning than the usual birthday gift.



DON'T DROP IT, ENSIGN LESLIE LAUGHLIN, NC, because a trophy in diving is not won that easily when it is in 12th Naval District competition.

Mr. Mike Arrigo, popular NPRL employee since Mare Island days, died on 9 August after a prolonged illness. Mr. Arrigo had recently retired after 28 years of government service.



THE FLEET RESERVE ASSOCIATION WAS REPRESENTED at the Change of Command by Arthur Barker; First Vice President of Branch 10, San Leandro, and Steve Carney also from Branch 10. From the Alameda Fleet Reserve Association, Jack L. Briggs, President of Branch 87. And Boguslov C. Fried represents Branch 48 as their First Vice President.

Who's Been Doing What . . .



YOU'D BE HAPPY TOO to receive a promotion to Lieutenant Commander. Meet the new ones with the new rank in front of their names: LCDRs Peggy J. Grigg, Helen J. Beckwith and Dorothy N. Balkcom.



THE DENTAL CORPS PROMOTES ALSO, and LCDR Charles A. Woerz and LCDR Eugene T. Santucci are as happy as the nurses on making Lieutenant Commander. CDR Joseph McMahon also smiles on completing his 3-year residency in oral surgery.



A CHANCE TO MEET THE NEW COMMANDING OFFICER came as an extra when Peter Hankel-Shepherd and William D. Moorman were advanced to HM2.



NEWLY PROMOTED CAPT JOHN L. STEFFENSON'S PROUD FAMILY LOOKED ON as RADM Mahin adjusted his shoulder boards, an act now being performed by Admiral Faucett.

To Save Time, Don't Use It Up!

The following Housekeeping Branch employees are members of the 1000-hour club: Mr. Ambrus Turner, Mrs. Elnora Mixon, Mr. John T. Lewis, Mrs. Elee B. Cross, Mr. George Brice, Mr. L. W. Whittington, Mrs. Geneva Tuggles, Mrs. Violet Shumpert, Mrs. Gladys Davis, Miss Helen Benoit, Mr. Frank Quezada, Mr. Nathaniel Brown; over 2000 hours: Mr. Fred Edmonson, Mrs. Ella Bell, Mrs. Katie Tanner, Mrs. Luvenia Dean.

So what does it mean for the employees who have over 1000 and over 2000 hours of sick leave accumulated? It means it is in reserve for emergencies should some serious illness or accident occur. It means that if the employee is fortunate enough not to need the sick leave, he will have additional time credited for retirement purposes. Also, it is quite possible that due to salary increases and step raises that putting time in the leave bank is like putting money in a commercial bank—the capital investment grows.



THE CHIEF OF MEDICINE STANDS BY approvingly while LCDR Michael Joseph Hogan receives his 2-year residency certificate in Internal Medicine. He is continuing his training as a Fellow in Endocrinology and Metabolism.

Scuttlebutt

We tried our best, Pat O'Reilly, to give you a promotion. Even though you're not a Lieutenant, as HM3 O'Reilly your tennis still rates honors.

We love "The Oak Leaf" so much it is hard to part with the 1500 copies printed bimonthly, but if there is a Service or Division not receiving its fair share of copies, please phone ext. 2112 and we will try to get you on the distribution list . . . if you promise to read from cover to cover. Thanks to Pat Beckthold and Jan Matthews for being our papergirls for enlisted housing.

CREDIT UNION TO OPEN

STARTING 1 SEPTEMBER 1972, THE CREDIT UNION WILL INCREASE SERVICE TO ITS MEMBERS AT OAKLAND NAVAL HOSPITAL. THE CREDIT UNION OFFICE WILL BE OPEN FIVE DAYS A WEEK, MONDAY THROUGH FRIDAY, FROM 1030 TO 1330, LEGAL HOLIDAYS EXCEPTED. CREDIT UNION MEMBERSHIP, BENEFITS AND SERVICES ARE AVAILABLE TO ALL PERMANENTLY ASSIGNED MILITARY AND CIVILIAN PERSONNEL. THE OFFICE IS LOCATED IN BUILDING 101, ACROSS FROM DISBURSING THE TELEPHONE NUMBER IS (415) 568-4421



ALLEN O. WOODS, MSC, USN, officially received his new insignia marking him as our newest Lieutenant Commander, MSC.

Movie Schedule

- 24 & 25 August
RIO CONCHOS—Richard Boone and Stuart Whitman. Western Drama
- 26 August
MINNIE AND MOSKOWITZ—Gena Rowlands and Seymour Cassel. Comedy PG
- 27 & 28 August
THE HORROR OF FRANKENSTEIN—Ralph Bates and Kate O'Mara. Suspense Drama R
- 29 August
BILLY JACK—Tom Laughlin and Delores Taylor. Western PG
- 30 August
CABARET—Lisa Minelli and Joel Grey. Musical PG
- 31 August
THE GREAT NORTHFIELD MINNESOTA RAID—Cliff Robertson and Robert Duvall. Western Drama PG
- 1 September
THE WORLD OF SPORT FISHING—(Not Available). Fishing, Documentary G
- 2 September
MONTE WALSH—Lee Marvin and Jeanne Moreau. Western PG
- 3 September
SABATA—Lee Van Cleef and William Berger. Western PG
- 4 September
HANDS OF THE RIPPER—Eric Porter and Jane Merrow. Horror R
- 5 September
COVER ME BABE—Robert Forster and Sondra Locke. Drama R
- 6 September
THE CULPEPPER CATTLE CO.—Gary Grimes and Bill Bush. Western PG



IT TAKES A WHILE TO WEAVE THE RIBBON (?)—could that be the reason for the delay in getting LT James D. Blaylock's Navy Commendation Medal with Combat V to him. It was awarded two years ago while in Vietnam for service with the Preventive Medicine Section, First Marine Division.

MEET OUR INTERNS

The Message Is 'Do Well
All the Time as You Go Along'



W. W. Beckett



J. H. Boddicker



L. M. Campbell



K. C. Castor



J. P. Colman



J. E. Congdon



J. J. Fiechtner



G. L. Franssen



P. E. Genet (DC)



R. C. Griffiths



D. D. Handke



D. A. Ingram



G. M. Kennelly



L. D. Kramer



J. C. Martin (DC)



B. K. McInnes



G. L. Meiman



W. K. Murray



R. K. O Bryan



J. C. Pittard



R. J. Reeb



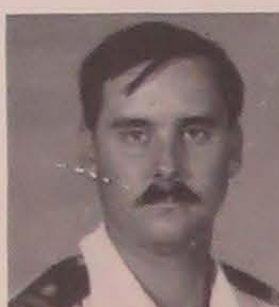
W. G. Reeves (DC)



E. S. Reynolds



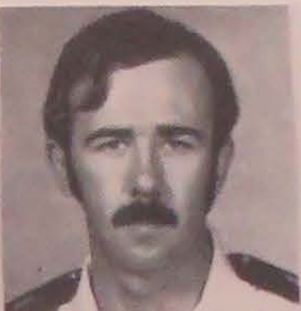
P. T. Selove



G. C. Swanson



C. E. Spann (DC)



P. F. Stannard (DC)



M. L. Thoene



P. H. Toomer



M. G. VanRonzelen



D. R. Zachary

THERE WILL BE A LABOR DAY WEEKEND
God watch between thee and we when we are
absent one from another.

USO CALLS for fun, fun, fun

The annual Hawaiian Luau and dance, sponsored by the Oakland USO junior volunteers, will be held at the USO Club, 518 - 17th Street on Saturday evening, 26 August, at 1900.

Hawaiian entertainment will be provided during the luau by the

DeServi's Show of Shows. A dance will follow. Admission is free.

The Oakland USO and the Sacramento USO and Presidio Service Club will sponsor a barbecue and one day trip to the Sacramento State Fair on Sunday, 27 August at 0900.

State Fair admission is free for all military with ID cards. Fifty cents will be charged for the evening barbecue.

Transportation will be provided free and will depart from the Oakland USO Club, 518 - 17th Street at 0900. Reservations are limited. Call 893-4966.



Although Dr. Chauncey D. Leake spoke 30 June 1972 to the graduating class of medical and dental interns, quite validly his message could well launch the new interns arriving at Naval Hospital Oakland in July. A senior lecturer in the history of health sciences and pharmacology from the University of California Medical Center, San Francisco, Dr. Leake spoke to the interns on "Medicine Builder of Morale."

He stressed the great importance of the psychological side of building morale, and remarked that the total effect caused by morale-building medics is to keep men in shape. "Use straight forward common sense with a smile," he said, "and it will go!" "Know compassion, have compassion—you'll be building morale in the finest way."

The July 1972 issue of "All Hands" dedicated their issue to "Women in the Navy: the Jobs They Do," and on page 27 appeared our LT Sue McCumber, NC, USN, aboard the USS SANCTUARY. Sue is presently charge nurse of a ward on the Surgical Service.



The many friends, shipmates and grateful patients of Captain Leo E. Potter, MC, USN (Ret.) extend their sympathy at his untimely death, Saturday, 19 August 1972, after a long illness. During his long Navy career as a plastic surgeon he served eight years at Naval Hospital, Oakland, and will long be remembered for not only his outstanding professional expertise but for his compassion and understanding.

Auto Prayer

"Lord, impress upon me the great responsibility that is mine as I take the wheel of my automobile. As I need thy guidance in all things, so now especially do I when I have life and death in my hands. Give me always human life.

When I would be careless, remind me of a deep reverence for and a desire to protect homes where there is sorrow and loneliness, of the hospitals where broken suffering bodies lie in anguish because someone forgot.

Write indelibly upon my conscience that each time I take the wheel of my car, I am a potential murderer; that in a few careless moments I could be face to face with dire tragedy for my own family as well as for others.

Give me grace to practice that Christian virtue of patience and thoughtfulness at all times.

Help me to show the same courtesy and kindness to other motorists that I expect from them. When others exceed the speed limit or otherwise break the law, let me not be tempted to do the same.

Forgive my stupidity if ever I think it is permissible to violate traffic laws so long as I do not get caught.

Remind me often that I am responsible to Thee as well as to the state to obey the ordinances of the highway; and when I do not, I sin against Thee as well as against my fellow men, even though nobody else may be watching and no accident result.

Lord, grant me control of my car and of myself at all times. Help me to live lawfully and peaceably, to save life and not to destroy it, and so by example to lead others to do the same. Amen." (Author Unknown)

IT'S TO YOUR ADVANTAGE TO TAKE ADVANTAGE

Take advantage of Mr. Deering. Not enough people do, and Mr. James Deering, librarian of the Crew's Library, wishes more patients would take advantage of his visit each Monday and Thursday to the wards, between 1030 and 1400, with books. If there is a special book you would like, phone ext. 2220.

The Crew's Library in Building 101 is open from 0800 to 1630, and from 1800 to 2100 Monday through Friday, and on Saturday, Sunday and holidays the library is open from 1230 to 1700. There are records available, mostly classical, 80 or 90 magazine titles, six or seven daily papers, and over 15,000 choices of fiction and non-fiction for your reading pleasure. From the paperback table, you

may pick a free book to take back to your ward.

Need a suggestion or several? There is Lyndon Baines Johnson's "The Vantage Point," the book of illustrations by Norman Rockwell, John Kenneth Galbraith's "A Contemporary Guide to Economics, Peace, Laughter." Want to read: "Up From the Ghetto," "The Bearded Lady: Going on the Commune Trip and Beyond," "First on the Moon," "The Fisherman's Almanac," "Great Ship Disasters," "Motive for a Mission, the Story Behind Hess's Flight to Britain," "A Plague of Sailors," "Mutants, a Science Fiction Adventure."

After all, we can't name 15,000 or 16,000 titles, can we? But the old saying that books are friends is not far from wrong. Want a friend?



"THAT WAS OUR OLD BUILDING."—Captain T. A. Daane, Chairman of the Medical Library Committee points to a picture of the Oak Knoll compound during World War II. The guest speaker at the Medical Library open house was Miss Ann Farren of the Biosciences Information Service. Onlookers are Mrs. Jane C. O'Sullivan, Medical Librarian NHO; Miss Lisi Melkus, Medical Librarian, Alameda-Contra Costa Medical Association Library, Highland Hospital, Oakland; CDR F. J. Gareis, MC, USN, Medical Library Committee; and Mrs. Ilah M. Anderson, NHO Library Technician.

These Have Left Us



LCDR JON H. DODSON APPEARS PLEASED to receive his certificate at the completion of the 3-year residency in Radiology. He will be on the staff at Naval Hospital, Long Beach, Ca.



LCDR PATRICK T. MALONE TRANSFERRED to Naval Hospital, Orlando, Fla., after receiving his 3-year residency certificate in Psychiatry.



AFTER COMPLETING A 4-YEARS' RESIDENCY, LCDR Thomas Clark left for Naval Hospital, Bethesda, Md.

Taking a Holiday South? Or Staying Put?

RADM Duerk

(Continued from page 1)

To the European, vacations are "holidays," and with a few weekend holidays on the government calendar for September and October, it is not too late to stop by Special Services for many discount tickets available.

The Knott's Berry Farm PAC-O-FUN ticket book includes admission to the ghost town, fiesta village and gypsy camp, plus seven rides or attractions. It's a \$2.70 saving for adults and \$2.95 for children.

DISNEYLAND's \$12.00 ticket book (only \$4.75) amounts to a \$7.25 savings for adults, and there are like bargains for children. If you're going to Florida, you can save time standing in line there too—and money.

Or if only to San Diego, don't forget that all members and dependents of the Armed Forces are entitled to a 15 per cent discount off Sea World's regular admission prices. You must have your Dolphin Club Card though. Personnel are admitted to the world-famous San Diego Zoo for one-half regular admission price.

Going North—or East to the Reno-Tahoe area? Special Services has "twofer" booklets which will save much money there or in the Bay Area. These Night Life booklets, which include dinners "two for the price of one" and "second night's lodging free," are good one year from purchase date. They cost \$4.00.

To use all of the coupons in the Gourmet and Entertainment booklet, price \$2.50, it would be necessary to schedule 4 or 5 nights out for most of the year, but think of it this way, you haven't wasted money if you use only one coupon. And there's a full night's reading just to see what you're going to miss!

orders are written, they become final.

The Admiral spoke to the nurses assembled to pay her honor as though she wanted to take them into partnership. Her delivery was very businesslike. She spoke as if decisions had been arrived at with Admiral Zumwalt on a mutual basis, because much is at stake. With a slight shrug of the shoulder, she said, "This is the way it is." Occasionally expressing herself with the throw of a hand, palms up, her long tapering fingers showing a certain strength, she concluded, "We'll live by the rules. A spade is a spade. It will help, not hurt us."

Admiral Duerk discussed, briefly, the Civil Rights Amendment, passed by Congress and ratified by 20 of the required 38 states, as an introduction to her comments on Z-gram 116, which pertains to the elimination of discrimination on the basis of sex. She indicated that the news media has made too much of this.

Navy nurses have been assigned duty aboard transports and hospital ships for many years. At the present, women are prohibited by law from being assigned to combatant ships. Integration of women into ship crews will be approached slowly; pilot projects have proven that it can be done. As the military approaches an all-volunteer force, women will become a more important personnel resource. To maintain an equitable sea/shore rotation, women will be relied on to fill more shipboard billets.

But for that matter, Admiral Duerk pointed out that as far as the Nurse Corps is concerned, it has never lacked for volunteers for sea duty.

Life Began . . .

LIFE BEGAN August 10, 1972, for Baby Boy Russel Louis, 8 pound, 9 1/2 ounce son of HN Michael S. Karfs and Joann.

remedial courses in the English language or mathematical skills. It starts 7 September. For further information, call LCDR Corbett, ext. 2203.

LANEY COMMUNITY COLLEGE OFFERS REMEDIAL COURSES

Laney Community College of Oakland will be offering a Predischarge Educational Program (PREP) for personnel whose educational or academic background indicates a need for

CHAMPUS Corner

CHAMPUS PROGRAM FOR THE HANDICAPPED—Part II COST SHARING PROVISIONS

Under the Champus program for the handicapped, the sponsor pays an initial share of the monthly cost based on his pay grade:

E-1 through E-5	\$25	0- 5	\$ 65
E-6	30	0- 6	75
E-7 and O-1	35	0- 7	100
E-8 and O-2	40	0- 8	150
E-9, W-1, W-2, O-3	45	0- 9	200
W-3, W-4, O-4	50	0-10	250

The government will then pay up to a maximum of \$350 per month for authorized services. Anything over that amount must be paid by the sponsor.

As an additional assistance to the patient and his sponsor, the program for the handicapped billings can be consolidated into quarterly statements. This means that the coinsurance cost payable by the sponsor can be used to cover 3 consecutive months rather than 1 month. This would mean that an E-6, for example, with a \$30 monthly cost, could save \$70 by combining 3 monthly billings and by paying only the initial \$30 quarterly charge.

A service member who has two or more dependents incurring expenses in a given month under the program for the handicapped will not be required to pay if he had one such dependent receiving benefits. The sponsor will be charged on the basis of the dependent who incurs the least expense under the program for the handicapped. The member, however, is obligated to pay at least the amount shown for his pay grade.

PAYMENT FOR CARE FOR NON-HANDICAPPING CONDITIONS

When a dependent who is receiving benefits under the program for the handicapped obtains or requires care which is not specifically required because of his handicapping condition, or which is in addition to benefits which may be available under this program, provisions are made for authorized benefits under the basic program.

Spell Otolaryngology

You, dear reader, may not know what otolaryngology means, but Sheiler Johnson, one of 23 summer aids, has learned the meaning, and what it had to do with ear, nose and throat.

The Summer Aid Program and the Youth Opportunity Campaign have been very similar. The aids are paid by Naval Hospital, Oakland; the NYCs by federal funding through the schools. Now that the summer is nearly over, there are many evaluations to be made: Did the student perform well? Did the supervisor do the job intended of him as a two-way contract?

Some of the aids were asked to tell in specific details what they had learned. Sheree Washington, library aid, among other things said, "I learned it isn't really so simple to work in a library." Perry Brown and Robert Calhoun worked with the Electronics Branch; Perry said he liked his work, and Robert summarized by saying, "I have learned more here than in school."

Danny Robinson, a ward clerk, familiarized himself rather thoroughly with ward duties, but concluded, "Most of all, I've learned how to deal with patients and other people." Susan Owen was so challenged that she plans to work at a hospital doing volunteer work. That's very nice, Susan. Gaye Boyer now realizes she likes laboratory work; she hopes to come back to us next year, as does Herbert Anderson.

It must be admitted that all the aids were not so favorably impressed with Naval Hospital, Oakland. A few youths who felt

somewhat disenchanted with their jobs were encouraged to respond, but there was a reluctance to speak out if problems existed. A too common complaint from both youth groups was that supervisors were "too busy" to train them thoroughly, and some tasks were too menial to offer a challenge.

One aid, Annie Wyrick, wrote a 14-point outline expressing what she felt she had learned during the summer. With her permission, her letter is reprinted.

"I like to take patient temperatures, pulses and respirations. It is a lot of fun when you learn about patients. Patients are very friendly. I like working with them because they're very understanding. When you are talking to the patient, it is fun. I like making beds, bringing fresh water to the rooms, then fixing their

Sports Shorts

The MSC Team won a close softball game over Surgical Service. At the bottom of the seventh inning with Surgical Slashers ahead 5 to 4, Flaming Fitchett loaded the bases. A walk at this time tied the game, then Murderous Mike Kouns did the unexpected, a suicide squeeze play at home plate to give the MSCs the go ahead run and the win of the game.

Flash! The Varsity slow pitch softball team took the Paganos 6 to 3 Monday night, winning the City League Championship.

Quote from the Judge Advocate's Office: Consumers are "People who are persuaded by persons whom they do not know to enter into contracts they do not understand to purchase goods they do not want for money that they do not have."—Morgan vs Reasor Corp. 69 Cal(2d) 881, 1968

pillows for them. 'Standing by' is when the doctor examines the female patients. One of the nurses is showing me how to assist a doctor with the medical instruments.

Other things I have learned:

1. Putting on hot packs.
2. Running the Xerox machine.
3. Making beds with mitered corners.
4. Cleaning patient units after discharge.
5. Taking samples to the laboratory.
6. Escorting patient to X-ray.
7. Picking up ward mail.
8. Learning technique of vaginal examinations and pap smears.
9. Filling out forms and getting records from the Archives.
10. Picking up outpatient records.
11. Filing chits in charts.
12. Stocking certain supplies.
13. Some ward typing.
14. Cleaning equipment when physical examinations are over."

Annie Wyrick did a nice job of typing, but she has learned so much being a nurse's aid—may be that Annie Wyrick will be a supervisor herself someday(?).

Neighborhood Youth Will Finish Summer's Work

Come September, a number of willing and helping hands will be missed in many of the divisions of our hospital. Since 19 June, 30 of our Neighborhood Youth Corps have been assisting in many areas. Having them around gets to be a habit—a very nice habit.

The youth, ages 16 to 18, are paid \$1.65 an hour for 4 hours a day by the Oakland Public School system in carrying out a national program. One boy, Kenneth Holmes, who was with us on the program last year, is again back in the Upholstery Shop. Duties for all end 31 August, in time to permit a short rest before the start of the fall school term.

Although one of the goals has been to help students remain in school, this hospital has received a reciprocal share of benefits. The boys and girls have been placed where there is a need and where they can receive valuable training.

Specifically, the placements are:

One aid in Crew's Library; in the Clinical Investigation Center, one student has been assisting the animal keeper; one, the dietitian, one, the laboratory technician. A clerical worker and a laboratory worker are in Preventive Medicine. Nursing Service has come to depend on their three ward clerks; a duplicating assistant has been helping the Operating Services Division; two recreation assistants have served in Special Services; one student was placed in the Public Works Upholstery Shop; one in the foreman's office and another generally assigned. The Patient Affairs Division has received two workers, and two each for Nursing Service Outpatient Clinic, Radiology Clinic, Orthopaedic Clinic and Navy Prosthetic Research Laboratory and two students have been working for the Patient Care Coordinator of the hospital. Three students have been helping the Supply Branch Warehouseman.

Youth and Supervisors Share The Summer of '72



The OAK LEAF



Vol. 34, No. 19

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, September 8, 1972

HERE IS ADMIRAL ZUMWALT'S Z-GRAM 116

There has been such widespread interest in and talk about Admiral Zumwalt's Z-Gram 116, having to do with equal rights and opportunities for women in the Navy, that the text of that message is printed below in its entirety.

1. THERE HAS BEEN MUCH DISCUSSION AND DEBATE WITH RESPECT TO EQUAL OPPORTUNITY FOR WOMEN IN OUR COUNTRY OVER THE PAST FEW YEARS. MY POSITION WITH RESPECT TO WOMEN IN THE NAVY IS THAT THEY HAVE HISTORICALLY PLAYED A SIGNIFICANT ROLE IN THE ACCOMPLISHMENT OF OUR NAVAL MISSION. HOWEVER, I BELIEVE WE CAN DO FAR MORE THAN WE HAVE IN THE PAST IN ACCORDING WOMEN EQUAL OPPORTUNITY TO CONTRIBUTE THEIR EXTENSIVE TALENTS AND TO ACHIEVE FULL PROFESSIONAL STATUS. MOREOVER, THE IMPORTANCE OF AN ALL VOLUNTEER FORCE HAS HEIGHTENED THE IMPORTANCE OF WOMEN AS A VITAL PERSONNEL RESOURCE. I FORESEE THAT IN THE NEAR FUTURE WE MAY VERY WELL HAVE AUTHORITY TO UTILIZE OFFICER AND ENLISTED WOMEN ON BOARD SHIPS. IN VIEW OF THIS POSSIBILITY WE MUST BE IN A POSITION TO UTILIZE WOMEN'S TALENTS TO HELP US ACHIEVE THE SIZE NAVY WE NEED UNDER AN ALL VOLUNTEER FORCE ENVIRONMENT AND STILL MAINTAIN THE SEA SHORE ROTATION GOALS FOR ALL NAVAL PERSONNEL TOWARDS WHICH WE HAVE BEEN WORKING. TO THIS END THE SECRETARY OF THE NAVY AND I HAVE ESTABLISHED A TASK FORCE TO LOOK AT ALL LAWS, REGULATIONS AND POLICIES THAT MUST BE CHANGED IN ORDER TO ELIMINATE ANY DISADVANTAGES TO WOMEN RESULTING FROM EITHER LEGAL OR ATTITUDINAL RESTRICTIONS.

2. AS ANOTHER STEP TOWARD ENSURING THAT WOMEN IN THE NAVY WILL HAVE EQUAL OPPORTUNITY TO CONTRIBUTE THEIR TALENTS AND BACKGROUND TO ACCOMPLISHMENT OF OUR MISSIONS, WE ARE TAKING THE FOLLOWING ACTIONS:

A. IN ADDITION TO THE ENLISTED RATINGS THAT HAVE RECENTLY BEEN OPENED, AUTHORIZE LIMITED ENTRY OF ENLISTED WOMEN INTO ALL RATINGS.

B. THE ULTIMATE GOAL, ASSIGNMENT OF WOMEN TO SHIPS AT SEA, WILL BE TIMED TO COINCIDE WITH FULL IMPLEMENTATION OF PENDING LEGISLATION. AS AN IMMEDIATE STEP, A LIMITED NUMBER OF OFFICER AND ENLISTED WOMEN ARE BEING ASSIGNED TO THE SHIP'S COMPANY OF USS SANCTUARY AS A PILOT PROGRAM. THIS PROGRAM WILL PROVIDE VALUABLE PLANNING INFORMATION REGARDING THE PROSPECTIVE INCREASED UTILIZATION OF WOMEN AT SEA.

C. PENDING FORMAL CHANGES TO NAVY REGULATIONS, SUSPEND RESTRICTIONS REGARDING WOMEN SUCCEEDING TO COMMAND ASHORE AND ASSIGN THEM ACCORDINGLY.

D. ACCEPT APPLICATIONS FROM WOMEN OFFICERS FOR THE CHAPLAIN AND CIVIL ENGINEER CORPS, THEREBY OPENING ALL STAFF CORPS TO WOMEN.

E. EXPAND ASSIGNMENT OF TECHNICALLY QUALIFIED UNRESTRICTED LINE WOMEN TO RESTRICTED LINE BILLETS AND, AT THE TIME OF LEGISLATIVE AUTHORIZATION, PERMIT THEM TO REQUEST DESIGNATOR CHANGES.

F. OFFER VARIOUS PATHS OF PROGRESSION TO FLAG RANK WITHIN THE TECHNICAL, MANAGERIAL SPECTRUM IN ESSENTIALLY THE SAME MANNER AS WE ARE CONTEMPLATING FOR MALE OFFICERS.

G. ASSIGN THE DETAILING OF UNRESTRICTED WOMEN OFFICERS TO THEIR COGNIZANT GRADE DETAILERS.

H. INCREASE OPPORTUNITY FOR WOMEN'S PROFESSIONAL GROWTH BY:

(1) ELIMINATING THE PATTERN OF ASSIGNING WOMEN EXCLUSIVELY TO CERTAIN BILLETS, AND

(2) ASSIGNING QUALIFIED WOMEN TO THE FULL SPECTRUM OF CHALLENGING BILLETS, INCLUDING THOSE OF BRIEFERS, AIDES, DETAILERS, PLACEMENT/RATING CONTROL OFFICERS, ATTACHES, SERVICE COLLEGE FACULTY MEMBERS, EXECUTIVE ASSISTANTS, SPECIAL ASSISTANTS TO CNO, MAAGS/MISSIONS, SENIOR ENLISTED ADVISORS, PEP, ETC.

I. EQUALIZE SELECTION CRITERIA FOR NAVAL TRAINING BY:

(1) OPENING MIDSHIPMEN PROGRAMS TO WOMEN AT ALL NROTC CAMPUSES EFFECTIVE IN FY-74, AND

(2) CONSIDERING WOMEN FOR SELECTION TO JOINT COLLEGES (NATIONAL WAR COLLEGE/INDUSTRIAL COLLEGE OF THE ARMED FORCES).

3. FINALLY, I ENJOIN ALL COMMANDING OFFICERS AND OTHER IN POSITIONS OF AUTHORITY TO ACTIVELY REFLECT THE SPIRIT AND INTENT OF THIS MESSAGE IN THEIR OWN COMMAND REGULATIONS, POLICIES AND ACTIONS. SPECIFICALLY, I EXPECT EACH COMMANDING OFFICER TO:

A. INITIATE SIMILAR EQUALIZATION ACTIONS IN MATTERS WITHIN THEIR PURVIEW TO ENSURE THAT WOMEN ARE ACCORDED FULL TRUST AND RESPONSIBILITY TO FUNCTION IN THEIR ASSIGNED POSITION OR SPECIALTY.

B. BE GUIDED BY STANDARDS OF DUTY, PERFORMANCE AND DISCIPLINE WHICH ARE TRULY EQUITABLE FOR BOTH WOMEN AND MEN.

4. IN SUMMARY, WE ALL MUST ACTIVELY WORK TOGETHER IN ORDER THAT WE MAY MORE EQUITABLY INCLUDE WOMEN IN OUR ONE-NAVY CONCEPT. E. R. ZUMWALT, JR., ADMIRAL, U.S. NAVY, CHIEF OF NAVAL OPERATIONS.

Promotion Day is Time for Togetherness



Whether getting better acquainted or sounding off, doing it over food adds a dimension. On this first "promotion day" luncheon, many of our new petty officers dined with the Commanding Officer, Admiral Faucett, the Executive Officer, Captain Kittrinos, and the Administrative Officer, Captain Miller.

Marking a red-letter day for many corpsmen who were advanced to Petty Officer THIRD and SECOND, the occasion was celebrated by a very special luncheon in the enlisted dining room. Featured were Australian lobster tails and rib-eye steaks.

On September 7 the above scene was repeated with much the same menu which again included all the trimmings. "A meal good enough to make the stomach clap for joy!" was how one celebrant described it.

THE SHORT SHEET

SECOND ENLISTED MAN IN HISTORY RECEIVES DISTINGUISHED SERVICE MEDAL

A newsgram too outstanding to withhold: Senior Chief Radarman Larry H. Nowell of the USS CHICAGO became the second enlisted man in history to receive the Navy's Distinguished Service Medal in ceremonies at the Pentagon in August. He is also the first enlisted man to win that award for action in combat. Nowell is credited with controlling Navy and Air Force aircraft in 12 MiG kills over North Vietnam between March and May of this year. That figure represents one-fourth of all MiG kills for American pilots to date in 1972. The citation from Secretary of the Navy John Warner reads in part: "By his superb professional competence and inspiring dedication, Nowell contributed significantly to U.S. efforts in Southeast Asia, thereby reflecting great credit upon himself, his ship and the U.S. Naval Service." The completeness of the team effort aboard the CHICAGO made possible the success of each mission.

BELL-BOTTOMS ARE BACK—UGH or HURRAH?

A decision to authorize flares followed an earlier announcement that doubleknit fabrics for dress blues have been approved. Moderately flared bell-bottoms have been approved for wear with the new enlisted dress blue uniform and with officer and CPO dress blues as soon as available. They will not, however, be issued, but will first be available in Navy Exchanges.

NAVY TO CELEBRATE 197 YEARS

The 13th of October will mark the 197th Anniversary of the founding of the Navy. It was on that date in 1775 that the Continental Congress passed legislation that became the Genesis of the United States Navy.

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

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+ + CHAPLAIN'S CORNER + +

A SPIRITUAL PRESCRIPTION

This is a medical opinion . . . "If you make a habit of sincere prayer, your life will be very noticeable and profoundly altered. Prayer stamps with its indelible mark our actions and demeanor. A tranquility of bearing, a facial and bodily repose, are observed in those whose inner lives are thus enriched. Within the depths of consciousness a flame kindles. And man sees himself. He discovers his selfishness, his silly pride, his fears, his greeds, his blunders. He develops a sense of moral obligation, intellectual humility."

These earnest words were not written by a clergyman; they were written by a very famous Doctor of Medicine. These are the words of Dr. Alexis Carrel, the French scientist who served with the Rockefeller Institute for Medical Research for 35 years and who was given a Nobel Prize for his work in physiology and medicine.

"Prayer," he declared, "is the most powerful form of energy that one can generate . . . It is a force as real as terrestrial gravity. As a physician, I have seen men, after all other therapy has failed, lifted out of disease and melancholy by the serene effort of prayer. It is the only power in the world that seems to overcome the so-called laws of Nature; the occasions on which prayer has drastically done this have been termed 'miracles.' But a constant, quieter miracle takes place hourly in men and women who have discovered that prayer supplies them with a steady flow of sustaining power in their daily lives."

CDR Ralph G. Caldwell, CHC, USN



EXEC-LINE

(Note: To dial the Exec Line, dial E-X-E-C, state name and rank or rate, and then complaint.)

— I had occasion to go up on your hill this afternoon in a 2½ ton Stake. I noticed the speed limit was 30 miles per hour. I have been

stopped for doing 20 m.p.h. on the main road with clear visibility and nobody else on the road. I was wondering, by reason of there being virtually no visibility on the hill—only 30 to 50 feet—why is the speed limit not 15 m.p.h. as it is on base?

The 15 miles per hour "standard" is applied to roads that have heavy traffic, are crossed by patients on crutches or in wheelchairs, or are in housing areas. Too, quail and deer have free range on the compound and occasionally bound from behind bushes and trees which provide obstruction to view until a driver is almost upon them, so the limit speeds are for their protection also.

— Why don't we do something about the long lines of civilian personnel standing at the time clocks in the evening. They can be seen lined up 15 or 20 people from 5-10-15 minutes before the time clock signified quitting time. Can you imagine the man-hours lost if this practice continues?

The Personnel Office informs me that the permanent staff has had a warning in March about this infraction, and it was one reason that Payroll requested time cards on Monday following the close of the pay period. The students working for the summer on a temporary basis were warned again this month that such practices might mean termination from work assignments. Employees are again admonished that they will remain on the job until quitting time and not at the time clock until "quitting" time. Personnel have been instructed to scrutinize time cards and to identify to supervisors those employees whose cards register a checkout time coincident with close-out time.

(We have other EXEC-Line items which will be answered in time. Patience please.)

I CARE!

DO YOU?

From early childhood our memories retain classroom definitions of democracy.

A government "by the people," run by the rule of the majority.

The majority? With our lack of voter turn-out?

We live in a country under democratic rule. And yet, an apathetic attitude among our citizens denies those privileges granted in such a society: majority rule, a government by the people.

This year, as always, voting is an essential part in the formation of a good government.

Those of us involved in the defense of our country and its national security are especially responsible for taking an active part in the selection of national leaders.

Absentee balloting makes it possible for members of the Armed Forces away from home to cast their votes.

To become familiar with the candidates and their proposals, and then to vote, is the responsibility of all U.S. citizens. And yet, in past years, as few as 30 per cent of all eligible voters cast their votes. When the majority has no vote the majority has no voice.

The caption of a recent political cartoon of Uncle Sam published in a leading newspaper read, "They say I'm apathetic . . . but I don't care." Do you? Well, do you?!

HA Pajak Recieves Award



The Military Order of the World Wars presented an Award Certificate to Hospital Apprentice Thomas Paul Pajak and a Letter of Commendation was received by him from the Commanding Officer of the Naval Hospital, San Diego, where he attended Hospital Corps School.

The Military Order is a national patriotic organization founded in 1920, composed of commissioned officers who are dedicated to the preservation of American institutions of freedom. The recognition of HA Pajak is for excellent scholastic achievement, exemplary military character and sympathetic attitude toward the care of the sick and injured.

Life Began . . .

LIFE BEGAN August 28, 1972, for Baby Girl Tamara Celeste Bone, 8 pound, 8½ ounce daughter of HM3 James M. Bone and Leonda.



RECOGNIZE A FRIEND WHO WAS ADVANCED? RECOGNIZE YOURSELF? Then why not send "yourself" home to Mother and Dad and make them proud!

One Man—
One Vote



Reenlistees Are VIPs

It is an important occasion when a decision is made to reenlist. Not only Naval Hospital, Oakland, recognizes this truth, but the Navy Department—as we move toward an All-Volunteer Navy—accents that reenlistment pleases Uncle Sam very much.

In an effort to give proper recognition to this important event, Naval Hospital, Oakland, has inaugurated a procedure which provides for the proper pomp and ceremony, and, at the same time, adds a feature of warm friendliness and direct interest in the new enlistee and his family.

The Commanding Officer welcomes the enlistee, his wife and children, division officer or supervisor to his office for a friendly introduction. Next comes the formal administration of the reenlistment oath. Afterwards the new enlistee, his family and friends are hosted by the Admiral, Executive Officer, Administrative Officer and Senior Enlisted Advisor to the Commanding Officer to coffee and refreshments in the CO's Conference Room.

Station-wide recognition of this event is noted by posting congratulations to the enlistee on the large bulletin board at the entrance of the hospital compound. The Admiral then offers the new enlistee and his party a tour of the compound in his sedan—not that it rides any better or gets there faster—but to show all that today we honor the new enlistee by all the material ways we can.

HM1 Darrol E. Bennett was the first reenlistee to be given the VIP treatment. He signed up for 2 years.

HM3 John Lane was the second; he signed for 5 years.

We Tell It In Pictures



The Announcement



Coffee Break with the Bennetts



The Oath



Swearing In



Coffee Break with Lane



Congratulations

The Tour

WHY ARE YOU STAYING IN?

- ☐ I like the pay.
- ☐ I like my job.
- ☐ I like the bonus.
- ☐ I'd like to have a tour in Europe.
- ☐ I'd like to have a tour in the Far East.
- ☐ I'd like to have a tour in Hawaii.
- ☐ I've made some great friends in the military.
- ☐ I can get a degree while in uniform.
- ☐ I like the advantages of the Navy Exchange and Commissary; they save me money.
- ☐ I like the free medical and dental care.
- ☐ I like the free housing.
- ☐ I like service clubs and the free entertainment.

- ☐ I like the recreation facilities and hobby shops.
- ☐ I like the tax break.
- ☐ I like the advancement opportunities.
- ☐ I like the idea of retiring at 38.
- ☐ I like the equal opportunities.
- ☐ I like the low-cost travel, especially when it's free.
- ☐ It's a chance to show patriotism for my country.
- ☐ I like the 30 days' leave with pay.
- ☐ I like the fair housing that the military gets.
- ☐ I like the chow.
- ☐ It's easy to get a VA, or FHA housing loan.
- ☐ I like moving around and seeing the different parts of the country.
- ☐ I like military life.

Who's Been Doing What . . . Everybody! Officers, Enlisted, Civilian, Patients . . . ALL.

Doing Everything . . . being advanced, getting promoted, retiring, greeting RADM Duerk!



20 YEARS OF GOVERNMENT SERVICE COMPLETED for Floyd Coleman, in Public Works; Harrietta Dixon, in Food Service; Ocie Buckner, in Nursing Service; and Donald Hurst, Food Service. In Admiral Faucett's office, each received a length of service certificate.



CONGRATULATIONS to Captain S. E. Smoker and Commander M. M. Ferguson as they receive their permanent grade.

NO LONGER HM1, DENNIS MOHLER IS NOW ENSIGN MOHLER. He went to Naval Hospital, Boston, Chelsea, Mass.

WITH THOU GOEST, I WILL GO—LT Patricia Jagger followed her husband, LT Robert Jagger, to Naval Aerospace Medical Center, Pensacola, Fla.



HM1 JAMES L. FRENCH RECEIVED LETTER OF APPRECIATION for sustained superior performance during a time when the Military Personnel Division was operating under a heavy workload. HMCM R. G. Brown stands by.



THE OCCASION IS COMPLETION of the Physician's Aide (Screener) Course. Congratulations HM1 Michael Houston Grizzle.



ROSALIND MESSING PASSES TIME AT THE ORGAN IN THE CHAPEL. She is a patient on 6-North.



CPL STEVEN T. HOGUE KEEPS IN PRACTICE in the Clinical Assembly. He plans to study piano and electronics at Colorado State College.



SIX MONTHS' TRAINING COMPLETED—HM3 Ronald Boatright, graduating student in urology techniques, is now a technician at Camp Pendleton Naval Hospital. HM3 Patrick N. Morris, after receiving his certificate from CAPT G. A. LeBlanc, Chief of Urology, went on to join the Naval Hospital St. Albans, N.Y., staff as a urology technician.



DENTAL TECHNICIAN THIRD CLASS GARY L. LUTMAN RECEIVED A LETTER of commendation for his outstanding performance and dedication to the mission of the Dental Service. He overcame hardships caused by a shortage of trained personnel and used his many talents to provide assistance to the doctors in periodontics. He assisted in operative procedures and in post operative treatment. In treatment and diagnosis of dental disease, his expertise in dental radiography was very helpful. Frequently he assumed the duties of the dental hygienist and the preventive dentistry technician.



IT HAS BEEN A GOOD THIRTY YEARS—At least if Claire Cepollina were the spokeswoman for the entire group receiving 30-year pins that would be the consensus. "I would not change a thing," she said, "I've made dear friends, have enjoyed my work, and have felt a part of Naval Hospital." On the day of receiving her 30-year pin, perhaps a bouquet of red roses from her husband made her very outgoing. Receiving recognition with Claire are Victor Calderon, Harold Hitz, Floyd Henderson, Carrol C. Jones, Ernie Sivertson and Isadore Lore.



Claire and her roses

Sports Shorts

The West Coast Badminton Championships will be held September 11 through 15 at Naval Air Station, Alameda. Any questions? Then contact HTC Gonzales at Special Services, ext. 2479, for information.

Horseshoes Competition to be Held

Surely there's some eager potential champions ready to compete in the first annual Twelfth Naval District horseshoe tournament to be held September 29 and 30 at Skaggs Island. There's single and double competition. Get details from Ron Brown, ext. 2350.

Talent Show

Do you have 6 minutes of "Show" with little Tell? Then you or your singing, dancing, comedy, drama, variety or musical group—not more than four—get to practicing for the semi-final elimination, Twelfth Naval District Talent Contest. The acts are to be presented in the Station Theater of Naval Air Station, Alameda, Ca. on September 26 at 10 a.m. Do not underestimate whatever performance you may have to offer as long as the act is in good taste and of an entertaining nature. Fourth positions will receive awards, and YOUR ACT JUST MIGHT BE JUDGED WINNER OR RUNNER-UP. You might get to be in the finals at 8 p.m. on the 27th of September!

While you're making plans to be a winner, might as well pack your bag and be ready to go on to the All-Navy Talent Contest that comes up in November at the Naval Training Center, San Diego. For your calendar notation, the date is November 13, and give Ron Brown a call on all rules for entry. Again, that phone number is 2350.

Cross-Country Schedule

Friday, September 15—NAVSTA Treasure Island, 1700, 3 miles.

Friday, September 22—Golden Gate Park, 1700, 4 miles.

Sunday, October 1—NAS Lemoore, 1300, 6½ miles.

Wednesday, October 1—Lake Merritt, 1700, 3 miles.

A Big Thanks Given Volunteers

An appreciation tea in honor of Volunteers from Alameda, Berkeley, West Contra Costa County and Oakland-South Alameda districts was given by the American Red Cross at the Officers' Club, Oakland Naval Hospital. During the summer, the Volunteers have given over 1,000 hours, "or the time it would take to build five Cadillacs," Admiral Faucett told them.



The Red Cross staff and hospital personnel at Naval Hospital, Oakland wish to express their thanks and appreciation for your service during the summer of 1972.

Whatever your particular assignment may have been, in the clinics, wards, record room etc., we do want you to know that it was an important job and one that was needed and requested by your supervisors. We hope that you found your experience as a Red Cross Volunteer an interesting and satisfying one. Patients and staff have nothing but admiration for your willingness to devote so many precious vacation hours in being of service to others.

On behalf of the supervisors under whom you worked and the patients you served, either directly or indirectly, we extend most grateful appreciation and warmest thanks.



Hospitalman Dennis M. Sheeran, while performing night duty on Ward 9-West, you acted promptly in initiating mouth-to-mouth respiration to a patient who appeared to be dying of a sudden cardiac arrest. Professional reaction made a significant contribution to the successful resuscitation of the patient. Your conduct is in keeping with the highest traditions of the Navy Medical Department. Your wife proudly shares our pride.

Scuttlebutt

Vas you there, Charlie? All the time, was you there snug in your own little bed? Charlie got off duty and headed for home. Then Security thought they heard a scream as a car slowed, then sped on. They started searching for Charlie—and two other police cars from the Oakland police joined in. About 3 p.m. when the Corps nurse was found sound asleep, as "little girl lost" she woke up and said, "Gee, I wish I had known I was lost, so I could look too."

There's the ex-tern who took a short cruise on the USS RANGER with a group off the coast of San Diego and then came back to military personnel making demands for award of the Pacific Campaign ribbon—which we think went out with WWII.

T'was no special project LCDR Myron Corbett, was on, on horseback on Labor Day, but he did get special advice from Pharmacy when they informed him the liniments don't REALLY cure aches and pains; they only relieve them.

In the REALLY department, we hear that HM3 Helen Sullivan is really going to Connecticut; indeed she is; indeed she is, so orders say!

Anybody want to borrow Mrs. Tinnie Winfrey's ashante stool? She's back from a marvelous trip to Ghana, Nigeria and points in Africa and she should know best that a Registered Nurse on 8-South has no time to sit. None!

OF COURSE HE'S PROUD

You'd Be Proud Too

Chaplain R. G. Caldwell will have a nurse in the family, and although the route is via the Army, the Chaplain did have the privilege of swearing in his daughter Jennifer under the WRAIN (Walter Reed Army Institute of Nursing) Program.

Jenny Caldwell's personality, 3.6 grade average and a few other plus factors paid off for her when she was selected for the scholarship as one of 700 finalists from a field of 20,000 applicants. Not only will she have the entire cost of her education paid for, but she will receive \$481 a month and other benefits while attending two years at Chico State University and two years at the University of Maryland undergoing her nurse's training.

When Jennifer Caldwell finally becomes an Army nurse, that is when the Army will have its payoff. We think they made a good investment in the daughter of our Senior Navy Chaplain.

Another of our "own" who was chosen by the Army under this same program is Pamela Jean Lewis, a summer Red Cross Volunteer. She will go 2 years to Berkeley prior to her training at the Walter Reed Army Institute of Nursing.



Pamela was secretary of her student body, served on the executive council of her school and has known for several years that nursing would be her goal. She was a Candy Striper at another hospital 2 years before coming to Naval Hospital. She is the daughter of Mr. and Mrs. Robert F. Lewis, 15044 Endicott Street, San Leandro.

Movie Schedule

September 8

THE NIGHTCOMERS—Marlon Brando and Stephanie Beacham. Melodrama. R.

September 9

SEVEN GOLDEN MEN—Rosanna Podesta and Phillippe Leroy. Action Drama. G.

September 10

THE TRYGON FACTOR—Stewart Granger and Susan Hampshire. Drama. PG.

September 11

TWINS OF EVIL—Peter Cushing and Damien Thomas. Horror. R.

September 12

A CANDIDATE FOR KILLING—John Richardson and Anita Ekberg. Drama. R.

September 13

FRENZY—Jon Finch and Barry Foster. Suspense Drama. R.

September 14

DR. JEKYLL and SISTER

HYDE—Ralph Bates and Martine Besivich. Horror. PG.

September 15

WAR BETWEEN MEN AND WOMEN—Jack Lemmon and Barbara Harris. Comedy. PG.

September 16

START THE REVOLUTION WITHOUT ME—Gene Wilder and Donald Sutherland. Historical Satire. PG.

September 17

GIANT—James Dean and Rock Hudson. Drama. G.

September 18

BOXCAR BERTHA—Barbara Hershey and David Carradine. Drama. R.

September 19

THE WAR DEVILS—John Ireland and Anthony Steel. War Drama.

September 20

FUZZ—Burt Reynolds and Raquel Welch. Comedy Drama. PG.

Announcements

Navy Wives Club To Have Bake Sale

The NHO Navy Wives Club of America 160 will hold a bake sale in the Navy Exchange Lobby beginning at 10 a.m. Friday, September 15. Wives of enlisted Navy, Coast Guard and Marine Corps are invited to meetings held the first and third Wednesday of each month at 7:30 p.m. in the clubroom, Chapel Annex, building 133. Meetings are informative and provide social opportunity for friendships and service. For further information, phone Anne Killian, 569-9428.

Alameda-Contra Costa Medical Association To Meet Here

This Command will host the Annual Naval Hospital Oakland-ACCMA Dinner Meeting at the Officers' Club on Thursday, September 28. The meeting will begin at 6 p.m. with a scientific program, "Alcoholism and Its Social Implication Upon the Community." The speakers will be CAPT Joseph Zuska, MC, USN, Director, Alcoholic Rehabilitation Center, Naval Hospital, Long Beach, Ca., and LCDR William C. Rader, MC, USNR, of that Center's psychiatric staff.

You Know It Already, Heed!

Steps All Can Take To Prevent Possible Car Theft

As in civilian life, auto theft in the military is a growing problem. In 1971 an estimated 940,000 cars were stolen in the United States . . . an average of one every 34 seconds, or one in every 99 registered.

Yet, there are a few simple steps which a serviceman can take to help minimize the possibility of having his car stolen:

- Most important, remove your ignition key and lock your car. Don't leave car doors unlocked or keys in your car just because you think it's parked in a "safe" place or because you'll only leave it unattended for a few minutes. Surprisingly, most car thefts occur in residential areas.

- Do not attract potential thieves by leaving valuable items exposed in your car. Often thieves will pilfer your car, then drive it away as an afterthought.

- Park in lighted, well trafficked areas, preferably near a street lamp or a lighted store window. Most thieves won't risk working on a locked car in the light when there's usually a car nearby that someone left parked in the dark.

- Have a private identification on your car—scratch your initials in some hidden place. This often helps identify a car when the engine numbers and other identifying features have been tampered with.

- Do not "hide" an extra ignition key under a floor mat, seat, the hood or some other "safe" place.

- Unless local laws require it, never leave the car's registration papers in the glove compartment. Professional thieves prize such proof of ownership.

- If your car is stolen, report the theft promptly to the police and to your insurance company.

- Record and keep at home your car's vehicle registration number, make and model, body type, type of engine, license plate number and other data you'll need in reporting a stolen car.



LCDR BRUCE DANIELS SHARES WITH HIS FAMILY in receiving his 4-year residency certificate in Surgery. Mrs. Daniels holds Victoria, and Lisa is standing.

HERE'S YOUR USO KEEP-SHEET—

The San Francisco USO Club at 1017 Market Street offers a roundup of events. Tear out and save.

Sept. 10, Sunday, 3:00 p.m.

"The Occult . . . and You," an explanation and demonstration of astrology, witchcraft, etc.

Sept. 15, Friday, 8:30 p.m.

DANCE with live band.

Sept. 17, Sunday, 1:00 p.m.

Tour to the Sheriff's Posse Horse Show, Golden Gate Park. FREE tickets through USO.

Sept. 23, Saturday, 8:30 p.m. to 11:30 p.m.

Discotheque Dance featuring Go-Go Girls, Hot Pants and Disc Dance.

Sept. 26, Tuesday, 7:00 p.m.

Presidio Service Club and SF USO join for a hayride, barbeque and open air dance.

Sept. 29, Friday, 8:30 p.m. to 11:30 p.m.

DANCE with live band!

Sept. 30, Saturday, noon.

Big Brother outing Golden Gate Park with children from Canon Kip Neighborhood Club. Sign up early to be a Big Brother.

Sept. 30, Saturday, 6:00 p.m. to 8:00 p.m.

Coffee house informality, music provided spontaneously by servicemen and junior volunteers.

CHAMPUS Corner

Definition of Facilities Under the Champus Program—Part 1

CRITERIA, INPATIENT FACILITIES, BASIC PROGRAM

For a hospital to be considered an eligible inpatient facility under CHAMPUS, the following criteria must be satisfied. The facility must:

- 1) Be engaged in providing to inpatients, by or under the supervision of physicians, diagnostic and therapeutic services for medical diagnosis, treatment and care of the injured, disabled or sick.
- 2) Maintain clinical records on all patients.
- 3) Have bylaws in effect with respect to its staff of physicians.
- 4) Have a requirement that every patient must be under the care of a physician.
- 5) Provide 24-hour nursing service, rendered by a registered professional nurse and have a licensed practical nurse or registered professional nurse on duty at all times.
- 6) Have in effect the hospital utilization review plan.
- 7) Be licensed or approved by the state or local licensing agency as meeting the standards established for such licensing.
- 8) Meet other health safety requirements found necessary by the Secretary of Health, Education and Welfare.
- 9) Not be primarily for the care and treatment of mental diseases or tuberculosis.

Hail & Farewell

ENLISTED REPORTING

From Naval Hospital Corps School, Great Lakes, Ill., HA Barbara Hearell; from Naval Hospital Corps School, San Diego, HN Timothy Johnson and HAS Stanley Carpenter, Robert Jenison, and Thomas Pajak. From Naval Shipyard Repair Facility, Yokosuka, Japan, MMC Robert Howard III.

ENLISTED DETACHED

To Naval Support Activity, Mare Island, Vallejo, Ca., HN Milton Morris. To Third Marine Division, HM3 Gene Haiar. To First Marine Division, HN Edward Lisle and HM3s William Bonifay and Earl Coryell. To Naval Hospital, Guam, M.I., HM3 Danny Javar. To Naval Air Station, Alameda, Ca., HN Bobbie Harris. Released to inactive duty in Naval Reserve: DT3 Gary Lutman, HM2s Guy Bailey, James Garman Jr., Lynn Houghton and James Youngquist, HM3 Kevin Hagen, and HN Edward Ackerman.

OFFICERS REPORTING

CAPTs Miguel Nieves Jr., MC, from NH San Diego, Chief, Radiology Service; James K. Cooke, MC, from NH

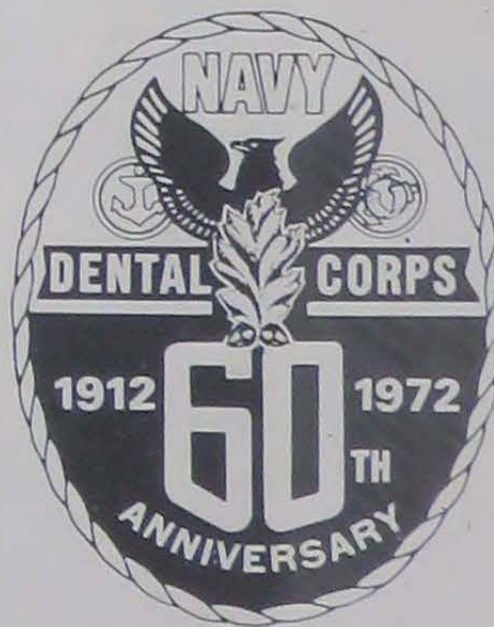
Jacksonville, Fla., as staff OB & GYN. CDR Norman K. Takaki, from Naval Hospital, Yokosuka, Japan, as staff OB & GYN. LCDRs Chester B. Humphrey, from USS CORAL SEA (CVA-40) staff Surgery; James R. Phelan, from USS KITTY HAWK (CVN-11), EN resident; Charles B. Slater, MSC, from inactive duty, NP Service; and Jan Weisberg, from MCAS Iwakuni, EN resident. LTs Milton Krisloff, MC, USNR, from DESRON 23 to Outpatient Service; John R. Neale, from USS CAMDEN (AOE-12) LTJG Victoria Lozano, NC, Philippine Navy, for server training with Nursing Service. ENS Catherine E. Page, MSC, from NSHCA, Bethesda, Md., as Occupational Therapist.

OFFICERS DETACHED

CDR Ernest M. Wood, released from active duty. LCDRs Garry C. Harris, NH Great Lakes, Ill., Alexander Kesselman to Naval Station, Pearl Harbor, Ewell C. Noel to USS WHITE PLAINS (AFS-4), Carroll S. Tuler, NH Portsmouth, Va., and LT Mark I. Tolonen released from active duty.



YNSN MARY NANNA received Letter of Appreciation for superior performance.



THREE-YEAR RESIDENCY COMPLETED IN ORTHOPEDICS. LCDR Dennis A. Rhyne will return to us after completing a period of temporary additional duty at Kaiser Hospital, Oakland.



LCDR CARROLL S. TUTEN DEPARTED for Naval Hospital Portsmouth, Va., after completing a 3-year Residency in Ophthalmology.

Sunday School Begins

It's back to classrooms for youth of the Chapel Sunday School which begins the new educational year this Sunday. Beginning at age four a class is provided for each age group, including a discussion unit for adults. A nursery is available for babies.

Sessions are held in the Chapel Annex, building 133 from 9:30 to 10:20 each Sunday. HMC Gerald Trapp, assisted by a staff of 14, superintends the school.

Combined Federal Campaign



**Give your fair share
thru payroll deduction**

1972

SAN FRANCISCO BAY AREA

**United
Crusade**



Sailor of the Month

His 'Can Do' Made Him



Donald H. Butler, Hospital Corpsman Second Class, is one corpsman who demonstrated leadership traits and judgment on assignments which normally might be expected of a senior petty officer.

He trained five civilian and two military personnel in the proper use and preparation of the forms used in the "JUMPS" system of personnel accounting. He was willing to spend many off-duty hours learning the system, and his commendation reads, "His positive 'can do' attitude has enabled him to complete all tasks assigned him in a most superlative manner."

HM2 Butler reenlisted on Friday the 15th of September. However, unfortunately for Naval Hospital Oakland, he is eager to terminate his shore duty, and so in October he will be leaving for Beachmaster

Unit One, San Diego. He literally joined the Navy to "see the world," and he liked duty best when he was shifting from such places as Formosa, Hong Kong, Vietnam and Pearl Harbor.

Had HM2 Butler not joined the Navy, with his 6' 2" frame and 220 pound push, he might have directed himself to being a football coach or college professor as did his brother. If he should not stay for his 20 years in the Navy, then he has an ambition to use his sea legs and perhaps work for an oil company in an off-shore drilling operation. Now he snorkels and dives for fun, but were it necessary on a job he could get his diving license and use his hobby in a more serious manner.

Our Sailor of the Month has a wife, Doris, and two children; Lori Jo is two years old and Billy is one year old.

The OAK LEAF

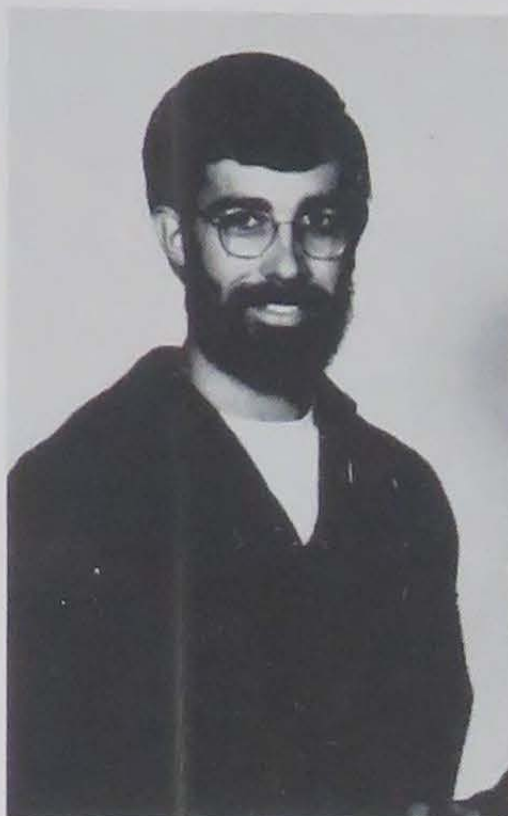
NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 34, No. 20

Friday, September 22, 1972

We Claim Activists!

— The OYMA Kind



HM3 Louis A. Silveira



HMC George R. O'Connor

Adlai Stevenson III defined a common quality for the Outstanding Young Men of America. They have "in common—and in abundance—that quality of civic energy. They are activists." Naval Hospital has two such activists now on base, HMC George R. O'Connor and HM3 Louis A. Silveira; and Ensign Dennis P. Hisoire detached to sea duty in June. The three made an imprint so strongly as to be included in the 1972 edition of "Outstanding Young Men of America."

O'Connor's nomination was made when he was assigned to the Security Division of Naval Hospital. Already he had received two Letters of Commendation when on the USS RANGER; he was its "Top Gun" (Sailor of the Month). He can claim some credit for the Meritorious Unit Citation recently awarded the USS RANGER for duty in Southeast Asia.

Since his arrival here, for two years he has managed the Little League Baseball Team in the NAS Alameda Youth League. For almost a year he served as Scoutmaster of Troop No. 412, Naval Hospital, Oakland.

Attention All Golfers

A field day is scheduled for September 28. All interested personnel should contact CDR Thomas Carson, exts 2101, 2408.

Currently he is the Neighborhood Commissioner on the District Commissioner's Staff, Boy Scouts of America. He is also a member of the Order of the Arrow, which is the Honor Camping Society of the Boy Scouts of America.

HMC O'Connor and his wife, Ruth, have six children; his home town is Brewerton, New York, where his parents live.

Silveira Studies Stresses

HM3 Louis A. Silveira works in Dr. H. V. Werner's Laboratory, Clinical Investigation Center, where studies are being conducted on the response of the liver in rats exposed to certain stresses. For example, stresses from starvation, exercise and drugs. HM3 Silveira has been instrumental in the development of a technique for obtaining intact liver parenchymal cells from these animals. The isolated cells are then studied in the metabolic experiments, after which he performs intricate assays of substances produced or used by the cells.

He has exhibited outstanding qualities in his dedication to and the conscientious performance of his work. The traits which make him an "outstanding young man of America" are the qualities which also are vital to the achievement of the goals of the Clinical Investigation Center.

HM3 Silveira's parents are Jess and Loraine Silveira, of Elk Grove, Ca. (For girls who are interested, HM3 Silveira is single.)

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 R. C. Bishop, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Beyond Electrons

The new believers of our age are they,
The men of science, who have come to learn
There is a will that points the cosmic ray,
A power that directs what they discern
In atmosphere, in star and wave and sod;
Beyond electrons they discover—God.

From microscope and tube evolve a faith
Of modern days, sustaining ancient creeds;
It is the scientist who makes a wraith
Of doubts, and finds a God behind his deeds.

—Adelaide Love

Most of us have sat enthralled for hours as we have watched the events of the Apollo flights into the new frontiers of space. Here in the hospital we have the opportunity to know first hand of some of the miracles of medical research and practice. I cannot begin to conceive of the planning, engineering and intellect that brought about these feats of science. I am reminded of Mrs. Neil Armstrong's acknowledgement, "Praise God from whom all blessings flow."

The writer of this poem said that beyond the electrons, beyond the discoveries and accomplishments of man, there is God. Surely the events of this scientific era have not destroyed this belief in God, but have opened our eyes to discover an even greater God. The Psalmist said, "The fool hath said in his heart there is no God." On the other hand he also said, "The heavens declare the glory of God, and the firmament showeth forth His handiwork."

LCDR J. R. PERDEW, CHC, USN

Many people in America need help today—the young, the old, the blind, the handicapped. Each year at this time the Combined Federal Campaign affords each of us the opportunity to help others in the community and overseas as well as across the nation. I strongly urge each of you to participate in the campaign by "GIVING UNTIL IT HELPS." Let us with gentle spirit and good grace share in our country's burdens as well as some of its joys.

R. E. Faucett

RADM, MC, USN



EXEC-LINE

Why are the trash receptacles located so far from Building 501? It is necessary to take a "hike" from the barracks to the dumpsters to get rid of the trash.

The trash receptacles are emptied by a large truck designed especially for that purpose. Placing the receptacles closer to the exit in a position for pickup would require the truck to pass by the stairway of one wing; the clearances are just too close for the truck to get in and out. Were the containers to be placed toward the front of the building, an unsightly appearance would be created because litter frequently spills out of the containers.

In early January several complaints were received asking for a change of location. After a study, suggested solutions were disapproved as being "too expensive." Would our present complainants have a feasible solution?

I want to lodge a complaint about the raising of the price of beer at the EM Club and utilizing a smaller pitcher. It doesn't seem fair!

The Navy Resale System Office consolidated purchases in the Bay Area EM Clubs to obtain a price advantage. The Food Services Manager, NAS Alameda, suggested an adjustment in prices in accordance with NAS pricing policies. The increased price was in effect only one day, prices were soon adjusted downward to reflect the lowest price possible to still obtain the minimum markup required by regulations. The choice of beer is one classed nationally as a premium beer. Maybe the quality is now tasting better since the price is back down for the 48 ounce pitcher! (?)

(There are still a few unanswered questions. Beer with us!)

OF COURSE YOU KNOW that the Combined Federal Campaign helps a great many agencies which help the Military directly!—United Bay Area Campaign, National Health Agencies and International Service Agencies.

Naming a few, included in its over 200 agencies:

American National Red Cross, USO,

Boy Scouts, The "Y,"

Salvation Army, American Cancer Society

and many, many more health agencies.

AND OF COURSE YOU ALSO KNOW THAT EACH OF US HAS A RESPONSIBILITY TO THE GREATER COMMUNITY OF THE UBAC, NOT FORGETTING THAT THE CFC EXTENDS NATIONAL AND INTERNATIONAL HOPE ALSO.

Every dollar given gets its maximum mileage—much less than 10 per cent of CFC funds collected goes for administrative costs primarily because the administrative organization has been set up for years and because nearly all work is performed by volunteers.

Total requests last year by CFC organizations were about \$30,000,000. Only about half of that was available for allocation.

How funds are distributed:

1. Each participating agency submits a detailed budget.
2. A budget panel examines the budget and makes an on-site visit to the agency.
3. The budget panel submits its recommendations to the general budget committee. (Note: Each budget panel examines 6 to 14 agencies.)
4. The general budget committee examines thoroughly all panel recommendations and makes its recommendations to the executive committee.



HMC GERALD D. TRAPP IS PIPED ASHORE and is retiring with over 19 years service. While at Naval Hospital Oakland he served on Staff Sick Call.



JENNIFER CALDWELL IS SWORN IN as an Army nurse under the WRAIN Program by her father, CDR R. G. Caldwell, Chaplain, Naval Hospital Oakland, as recruiter, SFC William Lobosco, USA, stands by.

Who's Doing What . . .



LOOKING HAPPY ABOUT HIS RETIREMENT, Mr. Carroll Jones is leaving after 30 years of government service. He has been employed in the Food Service Division.



JAMES OWENS, veteran and civilian employee, after a total of 15-years service has taken medical retirement. He served in Public Works.



THOSE PROMOTED . . . Let them eat lobster!

Life Began . . .

LIFE BEGAN for Stephanie Alison Evans on September 7, 1972, 7 pound daughter of HM3 John R. Evans and Judith Ellen . . . and on September 2 for Tricia Charlene Peters, 7 pound, 13½ ounce daughter of HM3 Louis J. Peters and Janice . . . September 10 for Eric Seiji Riddle, 7 pound, 21 ounce son of HMCS Theodore L. Riddle and Takako . . . September 12 for Justin Charles Peterson, 7 pound 21 ounce son of HM2 Gary C. Peterson and Jocile . . . September 14 for Troy Dean Moorman, 6 pound 12 ounce son of HM2 William D. Moorman and Diane.

Many Classes Are Graduating



CLASS No. 63 PREVENTIVE MEDICINE TECHNICIANS' SCHOOL FINISHES 22 WEEKS

1st Row: (staff) HM3 S. R. Bassett, HMCS D. D. Hofer, HMCS T. V. Wallner, CDR N. C. LaChapelle, LT J. D. Blaylock, HMCS W. Brown, HMCL R. Therrien
2nd Row: HM1 T. E. Riddle, HM2 W. C. Barnes, HM1 L. D. Mateo, HM1 J. L. Gray, HM2 W. C. Wong, HM2 M. J. Matthews, HMC J. E. Maxwell, HMC J. D. Drewyer, HMC H. R. Kelley, HM2 L. E. Evans, HMC C. E. Upton, HM2 B. A. Pope, HMC E. R. Fuller



CLASS 84-12 LABORATORY ASSISTANTS' SCHOOL COMPLETES 3-MONTH COURSE

1st Row: HM2 A. A. Netteville, HM2 J. A. Denogean, HM3 C. Carter, CAPT Poley, OIC
2nd Row: HM3 J. L. Rowe, HN G. D. Glass, HN J. D. Shepherd, HM2 P. W. Sacton
3rd Row: HM1 S. M. Henderson, Instructor, HM2 D. J. Morrison, HM1 C. M. Jackson, HMC M. L. Coburn, Lab CMAA, HMC C. E. R. Johnston, Senior Instructor



CLASS 7202 OPERATING ROOM SCHOOL GRADUATES FINISH 26-WEEKS TRAINING

1st Row: LCDC J. Higgins, NC, USN, staff nurse; LT R. Ellis, MC, USN (guest speaker); CAPT N. P. Kittrinos, MC, USN; CAPT D. H. McLean, MC, USN; LCDR J. Kelly, NC, USN (instructor)
2nd Row: HN D. Blackledge (honor student); HN K. Blevins; HN C. Smith, HA R. Rogers; HM2 M. Bagaason (student instructor)
3rd Row: HN N. Barnett; HA E. DuBois; HN M. Nettee; HM3 S. Hauger

Give hope to people

I GAVE TO GET!
I sold all my clothes,
my car and my boat.
I mortgaged the house,
sold my ski togs and coat.

The money I gave to
Combined Federal Campaign
(over 200 agencies
giving out aid).

My move was a smart one.
Nothing dumb about me.
CFC gave it all back, and
What's more, IT'S TAX FREE!
—by HM2 Neil L. Sanders



DR. WALTER BIRNBAUM RECEIVES RECOGNITION FROM THE NAVY SURGEON GENERAL for having given meritorious service as a civilian consultant in General Surgery since 1960.



"OH, GEE, THANKS, FELLOWS"—LCDR JOAN KELLEY SAYS as she accepts roses, expressing appreciation from the OR graduating class.

In Challenge Game Naval Hospital White Washes Skaags Island 49 to 6

S P O R T S

A N D S T U F F

Scenes by the Sidelines

—by Ron Brown

OR Defeats Pharmacy

The OR Flag Football Team took right up where they left off last year as they opened up the 1972 football season with an impressive 13-0 win over Pharmacy last Monday at the Naval Hospital football field.

OR got into the scoring column in the first half with a well executed pass-and-run play covering 47 yards with McClain on the receiving end of a McKenzie pass. McKenzie also hit Butler with a short pass to account for all the scoring in the first half, with OR leading 7-0.

With 11 minutes left in the game, McKenzie unloaded a 45 yard aerial shot to Deutsch for the final score of the game.

EENT Bombs X-Ray

EENT served notice that they were going to be tough all down the line as they defeated X-Ray to the tune of 26-0.

With 11 minutes to go in the first half, Lou Peters threaded his way down the field on the longest run from scrimmage as he took the snap on his own 10-yard line and scampered for 70 yards for the first score of the game.

Later in the first half, Peters found McCant all alone in the end zone for a 15-yard pass which gave EENT a 12-0 lead at intermission.

In the 2nd half, EENT scored with 11 minutes left on a 30-yard pass from Peters to Cox. Bradford caught an aerial shot for the P.A.T. Montes Romps X-Ray

With 11 seconds left on the clock and with the ball in the possession of X-Ray, Weaver faded back to throw a pass, only to find Joe Montes of EENT on the receiving end as Montes picked off the pass on his own 25-yard line, and with the aid of a couple of good down field blocks managed to scamper 55 yards for the score. Stone added the P.A.T. to give EENT their final score of the day.

You Are WANTED!

Basketball players are needed to form a station varsity team. The 12th Naval District's League play starts the week of November 20. Interested active duty personnel attached to Naval Hospital should contact Ron Brown, ext. 2350. The team is open to Officer or Enlisted Personnel.

Here Are Your Teams Showing Off Trophies



NP 1st Place Fast Pitch



EENT 2d Place Fast Pitch



FOOD SERVICE 1st Place Slow Pitch



X-RAY 2d Place Slow Pitch

ADMIRAL ZUMWALT is not God—but he is qualified to stand the watch!

Read A Book

Crew Library offerings include fiction, nonfiction, detective, western, science fiction and new books in almost any area to please and entertain.

Herman Wouk's "Winds of War" should be a good starter for fiction, or John Ehle's "Time of Drums."

If you wish to know some of our California lore, you might check out Ken Murray's "The Golden Days of San Simeon." Need a brushup for a test? Study "Shortcut Math" by Gerard Kelly. Job thinking? Then the U.S. Department of Labor "Occupational Outlook Handbook, 1970-71" might be for you.

Fred Grove is a prolific writer from Oklahoma; he has another western out entitled -"War Journey."

While you're checking out science fiction for yourself, maybe Curt Siodmak's "The Third Ear" take home a juvenile for your child. Perhaps Francis Kalnay's "It Happened in Chichipica."

"If You Want to Save Your Environment, Start at Home" That's the name of that one, an environmental handbook of practical suggestions—Harrington, Carroll, and others—very well, you don't have to read at all; permission granted to fall asleep over TV if that's for you!



NEW HM3s, HM2s and HM1s

The Chaplain told, at the August 13 picnic, about the Protestant family who invited the little Catholic boy next door to the mountains with the family. The mother told her young daughter that she could go wading in a nearby stream. Evidently the girl didn't comprehend what "wading" was, so she took off her clothes, not wanting to get them wet. The mother heard the neighbor boy exclaim, "Gee, I didn't know there was so much difference in Catholics and Protestants."

Also heard at the picnic. The Chaplain told about a friend who was performing a hippie wedding back when they were hippies, and for the record he couldn't find out which one was male and which was female. The couple kept protesting that it didn't matter. Finally, in sheer desperation he thought to settle it. "Which one of you has a menstrual cycle?" he asked, disgustedly. "Not me," quickly spoke up one of the wedding members, "I've got a Honda!"



THERE'S A VACANT TABLE. Any officers wives eager for a casual bridge game on Tuesdays and Thursdays? Here a guest, Maureen Stevens, reaches for a card; taking it slightly seriously are Andrea Lazarus, Louis Popenoe and Kathy Lopartz.



DURING THE NOON HOUR, BRIDGE IS THE PAUSE THAT REFRESHES for a big portion of the Kitchen Help.

mini-scuffle!
... there's the "green carpet" secretary who in her rush to get to work looked down and saw she had on one brown shoe and one black. Truly haste made waste! She backtracked and changed.

"Health problems are staggering today in America. The sick are likely to be poor and the poor are likely to be sick."

Ours Is A Big Family

Labor Room statistics show that for the period April, 1971, to April, 1972, there were 681 boys and 696 girls born at Naval Hospital, Oakland. When teenage girls sit and bemoan not having dates and when teenage boys have "no one to ask out," it is hard to believe that there could be a time when the ratio is so near equal. And of little statistical importance: There were more births in April and October of that period than in other months, and there were fewest births during the month of February. Since the inception of the Obstetrics and Gynecology Service in August, 1943, through July, 1972, there have been 56,014 deliveries. There were many sets of twins and three sets of triplets, which could easily add another 20 to the statistics. Thus Naval Hospital could have populated the cities of San Clemente, Port Hueneme and Palm Springs and still have had 4,933 people to send off to start an Oak Knoll on Mars.

Pocket Your Change

WASHINGTON—Extra pocket change turn you on?

Well, on July 1 you found some in your pay check when the premium rates for the Servicemen's Group Life Insurance (SGLI) were reduced by 15 percent.

Unless you declined in writing the insurance covers you throughout your active duty career for a few pennies a day.

Before mid-1972 you were paying \$3.00 for the full \$15,000 coverage. Now the premium will only be \$2.55 a month, which means that you will collect an extra \$5.40 a year in your paycheck.

New premium rates for reduced coverage also went down. For the \$10,000 insurance package, the cost will be \$1.70 a month, while those who took only \$5,000 coverage will be charged eighty-five cents a month.

Reservists and Guardsmen

Not to be left out are the guardsmen, reservists and ROTC cadets. While coverage extends only for their active duty training period and associated travel, the rates have been reduced to reflect the lower costs.

The Servicemen's Group Life Insurance, which is administered by the Veterans Administration, remains in effect for 120 days after discharge unless the individuals were absent without leave for more than 31 days and were not restored to duty with pay. During the 120 days men and women will have ample opportunity to replace the SGLI policy with individual policies issued by more than 600 insurance companies.

Disabled Servicemen

Totally disabled servicemen and women are permitted to retain coverage under the SGLI system for a year after separation or until their disabilities cease—whichever comes first.

Of interest to some soon-to-be-veterans is the special non-participating National Life Insurance. Those veterans separated from the Armed Forces on or after April 25, 1951, with a service-connected disability, but in otherwise good health, may apply for this type of coverage. Keep in mind that application must be completed within one year from the date that the VA notifies you that your disability has been rated as service-connected.

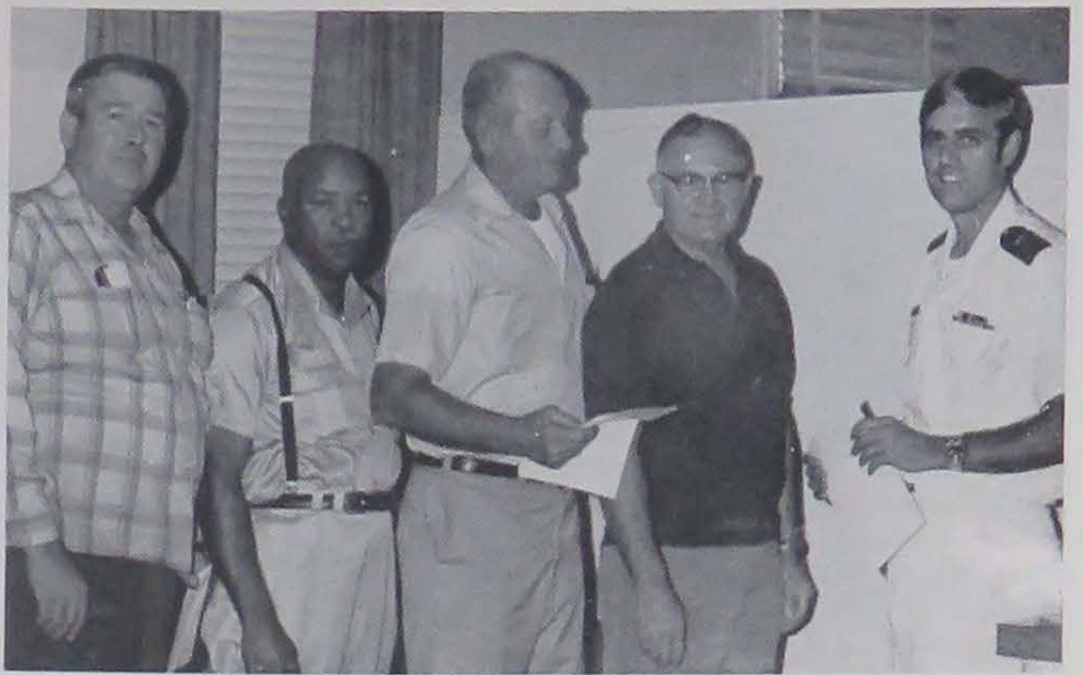
For more information on any phase of the Servicemen's Group Life Insurance program, contact the nearest VA office.

It pays in dollars and cents to keep informed.

"Statistics for 1971 revealed that for every dollar given charity by the American people, \$9.00 is spent for tobacco; \$13.00 is spent for cosmetics, jewelry and furs, \$18.00 is spent for alcohol, and \$21.00 is spent for entertainment.

About \$23 BILLION dollars was lost in gambling in 1971."

"What is it all about? Humanity. People need help."



CHECKS FOR OUTSTANDING PERFORMANCE RATINGS WERE RECEIVED BY PUBLIC WORKS DIVISION EMPLOYEES D. E. Brewer (electric), L. L. Hubbard (upholster), T. O. Hutchens (electric) and F. Byrd (heating). LCDR D. H. Fluharty, CEC, USN, is Public Works Division Officer.

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HENRIETTA DIXON, FISCAL BRANCH, COMPLETED 20 YEARS, not Harietta Dixon, Food Service. Sorry Henrietta.



NOW LCDR GORDON RAY, serving in Radiology. Congratulations on your advancement!



AFTER A 4-YEAR RESIDENCY IN EENT, LCDR GARRY HARRIS moved on to serve at Naval Hospital Great Lakes, Ill.



IT WAS CAMP PENDLETON FOR LCDR EDWARD BARVICK after completing his 2-year residency in Anesthesiology.

ALCOHOLICS ANONYMOUS MEETINGS

Tuesday, 2000, Naval Hospital, Oakland, building 77B.

Wednesday, 2000, Treasure Island, Chapel Annex.

Thursday, 2000, Naval Hospital, Oakland, building 77B, classroom 6-12.

Thursday, 2000, NAS Alameda, building 137.

Friday, 2000, Moffett Field, back gate.

Meetings are held every night in the Bay Area. For assistance and schedules, call 653-4300, or the Chaplain's Office, ext. 2251/2252.



HM3 Michael S. Kelly received a Letter of Appreciation and a "Well Done!" for his excellent service in the Specimen Receiving Section, Drug Screening Laboratory, at a time when the workload was rapidly expanding. The letter recognized his professional dedication as an "industrious, capable, highly motivated petty officer."

Ensign Francis Hughes, MSC, USN, Administrative Assistant, and Captain Melvin Borowsky, Chief of Laboratory Service, stand by.

Naval Drug Screening Laboratory Processes 100,000

On September 18, the Naval Drug Screening Laboratory, Naval Hospital, Oakland, Ca. processed its 100,000th urine specimen. This laboratory is one of five Naval Drug Screening Laboratories which are utilized for drug detection by the Department of Defense. The Naval Drug Screening Laboratory located at this hospital is tasked with screening all Army units in the State of California, all Air Force units and Naval units located in the 12th Naval District. It is expected that 386,000 specimens will be screened yearly at this laboratory.

Let's Do Again

We'll do it again, with your help. The Combined Federal Campaign is not emphasizing a goal of \$17 million. It's emphasizing that YOU ARE ONE, and each "ONE" is important. And CFC is not asking that you give 'til it hurts—just GIVE 'TIL IT HELPS!



"Freedom Has A Price," is the theme of the 1972 Freedom's Foundation Valley Forge Patriots Award letter writing contest for military members. The letters may be in essay or poetry form and should be limited to between 100 and 500 words.

Military contestants are also encouraged to enter the other categories of the contest that include, editorials, cartoons, essays, public addresses, and sermons.

All entries should be sent by November 1 to Freedom's Foundation, Valley Forge, Pa., 19481. Entries must include the author's name, rank, social security number, branch of service, complete unit and home state addresses and zip codes.

Winner of the best letter will earn \$1,000. There will also be 50 awards of \$100 and 50 more totaling \$50 each. George Washington Honor Medals and Honor certificates will also be awarded.

CFC Kicks Off for 'Go'!

The Combined Federal Campaign kicked off September 20 with the goal 100 percent participation. CDR Jean Heath, Head, Physical Therapy Branch, is Naval Hospital Oakland's campaign chairman. She has assigned keymen in each division of the hospital to contact every staff person individually. A one-time cash contribution may be made; or designation may be made for automatic deductions from future paychecks.

Give for what?

In 1971 around 200 agencies helped over one million recipients. It has been proven that a United Campaign is the best known voluntary way of benefiting all—young, old, sick, troubled—all races. This year Californians are looking realistically at unsteady employment, unhealed racial conflicts and uncertain urban crises. California's 18 million people are asking each other to give together to help the less fortunate.

Where does it go?

Last year, California's total contribution ran about \$72 million. The United Bay Area Campaign (UBAC) produced a little over \$15 million which, through its agencies, helped over one million recipients. Because of "volunteer power" (there were 68,000 dedicated volunteers working on the drive in the area) most local campaigns cost less than five cents of the donated dollar. And since there are nationwide 19 million of such volunteers, the total year-around operating cost is held at less than 10 cents on the dollar.

Navy Did Its Part

In 1971 in the Bay Area there were 108,000 Federal military and civilian employees who gave almost a million dollars. Naval facilities (civilian and military personnel) in the Bay Area gave almost 50 percent of that, or a total of \$450,000. That's higher than ever before. Dare we do less this year?

CHAMPUS Corner

Definition of Facilities Under the Champus Program—Part II PSYCHIATRIC TREATMENT FACILITIES

Psychiatric hospitals, residential treatment centers, special schools, alcoholic treatment centers, therapeutic camps and similar facilities which are engaged in the treatment of nervous, mental and emotional disorders may be considered (psychiatric treatment facilities) for the purpose of payment under the basic CHAMPUS Program when the following criteria are met: 1) The facility must have a professional staff which includes one or more consultants, full-time or part-time licensed physicians who are qualified psychiatrists, and ancillary psychiatric personnel as psychologists, social workers, psychiatric aids, occupational or vocational therapy personnel, teachers and nursing personnel as appropriate. 2) It must be operated in the accordance with the laws of the jurisdiction in which it is located.

Normally, when benefits are administered under the basic program involving services to be provided by a psychiatric treatment facility, the diagnosis must involve psychotic, neurotic and personality disorders or certain chronic brain syndromes requiring psychiatric treatment.

Additional considerations with which CHAMPUS is concerned for the purpose of insuring quality care, include the following: 1) All patients are directly or indirectly under the professional treatment or the supervision of a psychiatrist on the staff. 2) Clinical records are maintained on all patients. 3) A comprehensive mental program, to include teaching the children, is provided. 4) Individual or group therapy, as appropriate, is provided for patients either by a physician or ancillary mental health personnel when ordered by a physician. 5) Provisions are made for utilization review on a periodic basis. 6) Adequate provisions are made for the control and administration of medication.

Hail & Farewell

OFFICERS REPORTING

ENS Wallace Eichelberg from NSH-CA, NMMC, Bethesda, Md.; LCDR Robert Ellsworth from Naval Hospital, Bethesda; LCDR Ronald LaPorta (NMN) from USS ENTERPRISE (CVAN-65); LT Bernard Novak from USS SYLVANIA (AFS-2); LT Bryce Rand from Naval Hospital Subic Bay, Philippines; CDR Donald Roy from Naval Hospital, Philadelphia; CDR John Wallin from University of Texas, S. W. Medical School, Dallas.

ENLISTED REPORTING

From Naval Hospital, San Diego, HM2 Roy Shoemaker; from Naval Hospital Corps School, San Diego, HAS Gary Chapman, Loren Schrag Jr., Gary Crowder, John Richards and HN Terry Riley; from Naval Hospital Corps School, Great Lakes, Ill., HAS Linda

Roy and Marianne Brenner, and HM3 Craig Farmer and Johnnie Hill.

ENLISTED DETACHED

To Naval Station Adak Alaska, HM Kenneth Mallory; to Military Sealift Command Trans Unit One HP, Alameda, Ca., HM3 Leonard Pedrotte; to Naval Aerospace Medical Center, Pensacola, Fla., HM Thomas Deppa; to Field Medical Service School Marine Corps Base, Camp Pendleton, Ca., HM3 David Dye; to Headquarters 13th Naval District, Seattle, Wash., SN Margaret Kelley; to Naval Air Station Alameda, HN Donald Picard. Released to inactive duty in Navy Reserve, HM3s Anthony Nailor, Patrick Hawkins, Leland Fouts and Stephen Grandstaff, and HN Paul Bouldin, and HM2s Roger Frederick, Gerald Lechelt and George Burns. Discharged, HN Terlela Dabney and YN3 Sue Clayton.

Movie Schedule

21 September
PRIME CUT—Lee Marvin and Gene Hackman, Action Drama, R.
22 September
LADY LIBERTY—Sophia Loren and William Devone, Drama, PG.
23 September
THE EMERALD OF APTATAMA—Rory Calhoun and James Philbrook, Adventure, Not Avail.
24 September
THAT LADY FROM PEKING—Sid Melton and Carl Betz, Drama, Not Avail.
25 September
PICK UP ON 101—Leslie Ann Warren and Jack Albertson, Melodrama, PG.
26 September
EVERY MAN IS MY ENEMY—Robert Weber and Elsa Martinelli, Drama, Not Avail.
27 September
THE GROUNDSTAR GRADUATE—George Peppard and Michael Sarrazin, Drama, PG.

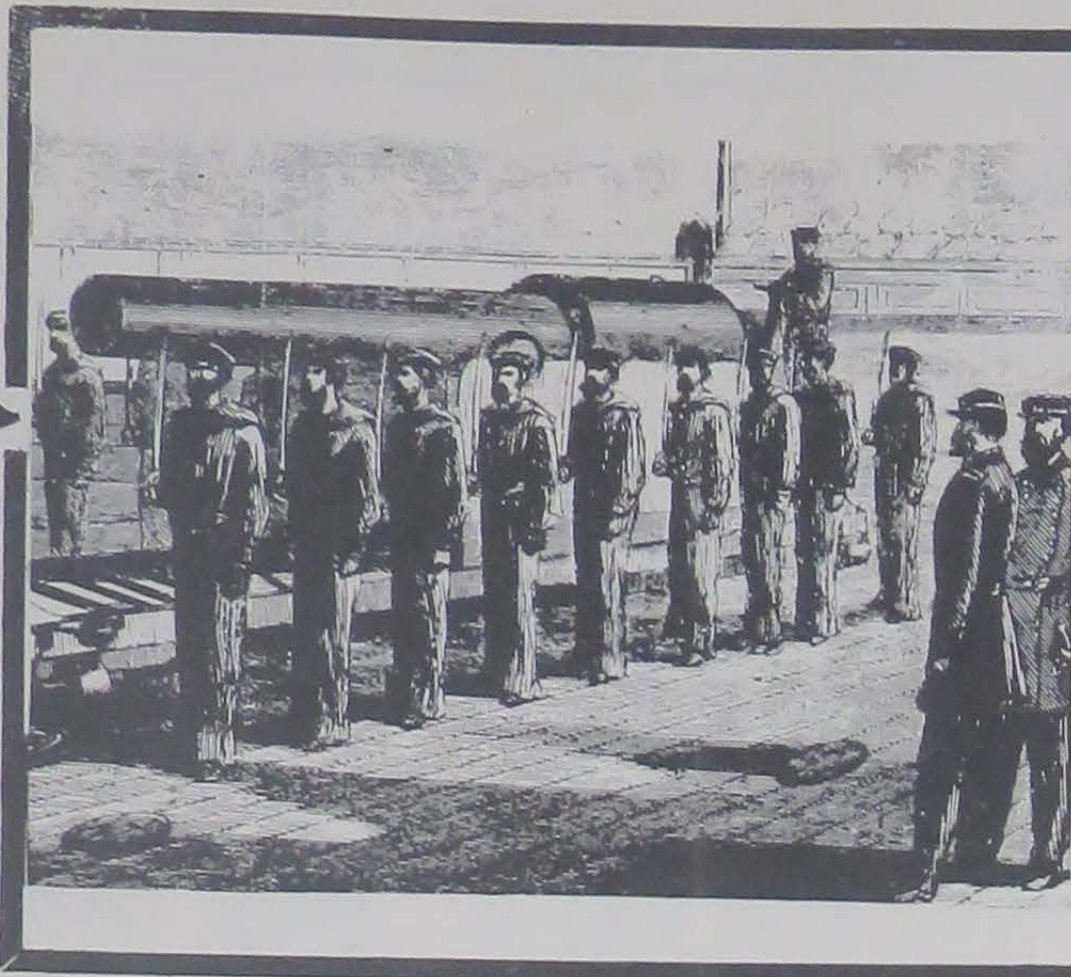
28 September
SLAUGHTERHOUSE FIVE—Michael Sacks and Ron Leibman, Comedy Drama, R.
29 September
CHATO'S LAND—Charles Bronson and Jack Palance, Western PG.
30 September
THE BIRD WITH THE CRYSTAL PLUMMAGE—Tony Musante and Suzy Kendall, Suspense Drama PG.
1 October
PATTON—George C. Scott and Karl Malden, War Drama, PG.
2 October
PUPPET ON A CHAIN—Barbara Parkins and Sven Bertil Tauter, Adventure Thriller PG.
3 October
DETECTIVE BELLI—Franco Nero and Adolfo Celi, Drama, R.
4 October
THE BURGLARS—Omar Sharif and Dyan Cannon, Suspense Drama PG.
5 October
THE SANDPIT GENERALS—Alejandro Rey and Bulthuis Lamounier, Drama, PG.

High School Diploma Offered

Starting this month, classes leading to high school graduation will be offered on Tuesdays and Thursdays, building 105 (Education and Training). Military personnel and dependents are eligible. The program will last about 2 months. When the student

completes all requirements, he will receive a high school diploma from the Oakland High School. For information, contact Becky Pappas, Project Transition, Bob Fuller or HT1 Dick, Education and Training, ext. 2237.

The OAK LEAF



**MEN WANTED
FOR THE
NAVY!**



All able-bodied men not in the employment of the Army, will be enlisted into the Navy upon application at the Naval Rendezvous, on Craven Street, next door to the Printing Office.

H. K. DAVENPORT,
Com'r. & Senior Naval Officer.
New Bern, N. C.,
Nov. 2d, 1863.

Vol. 34, No. 21

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, October 6, 1972

UNITED STATES NAVY IS 197 YEARS OLD . . .

Remarks at First Inspection by Admiral Faucett

With so many unfilled tasks and incomplete work waiting to be done, one may seriously ask why we spend so much time and effort on personnel inspections and ceremonies such as this. I would answer this challenge by stating that this exercise is held:

1. In compliance with higher authority which directs that such exercises be conducted. This is not a capricious or demeaning decision, but a course of action which over the years has shown positive results and productive effort. Our medical profession is composed of individuals with a great deal of egotism—I state this not to impugn them but really to admire them, because egotism demands a certain amount of confidence, projection and command authority. The conflict arrives when egotists do not learn to temper their conduct for the common good. Exercises such as these require a certain amount of restraint—a little give and take on the part of everyone, and thus recognition and respect of individual rights and privileges which are focused upon the common object—The Naval Hospital Oakland.

2. This exercise also sets the

stage for a bit of self-discipline and obedience. The smartness of dress and movement demanded here has helped to produce a corporate pride which is truly an important part of our service tradition. Individual companies—the same as individual staff members—have learned to work together—for a common goal—a smart military appearance as well as better understanding of our individual problems and goals.

3. Inspections also provide the opportunity to recognize unusual contributions and achievements. Too often these accomplishments warrant only a fleeting moment in my office or a line or two in the newspaper. I believe that public recognition provides a mutual sharing experience whereby both the audience and recipient see the results of tasks well done.

I extend my compliments to those whose appearance and conduct reflect good grooming. I would ask that you join me in my determination to present a staff that looks sharp. I have yet to see a sloppily attired crew perform in a smooth and efficient manner. The same character attributes which lead to poor dress also lead to poor performance.

Chief Dickens Is Pinned SEA



Master Chief Hospital Corpsman Jack C. "Dick" Dickens, USN, has been designated full-time Senior Enlisted Advisor to the Commanding Officer in all matters pertaining to enlisted personnel. He will assist in the continual review of all Navy policies, directives and procedures, and the implementation of same, with a view of identifying and eliminating those which unnecessarily demean the dignity and status of Navy enlisted personnel.

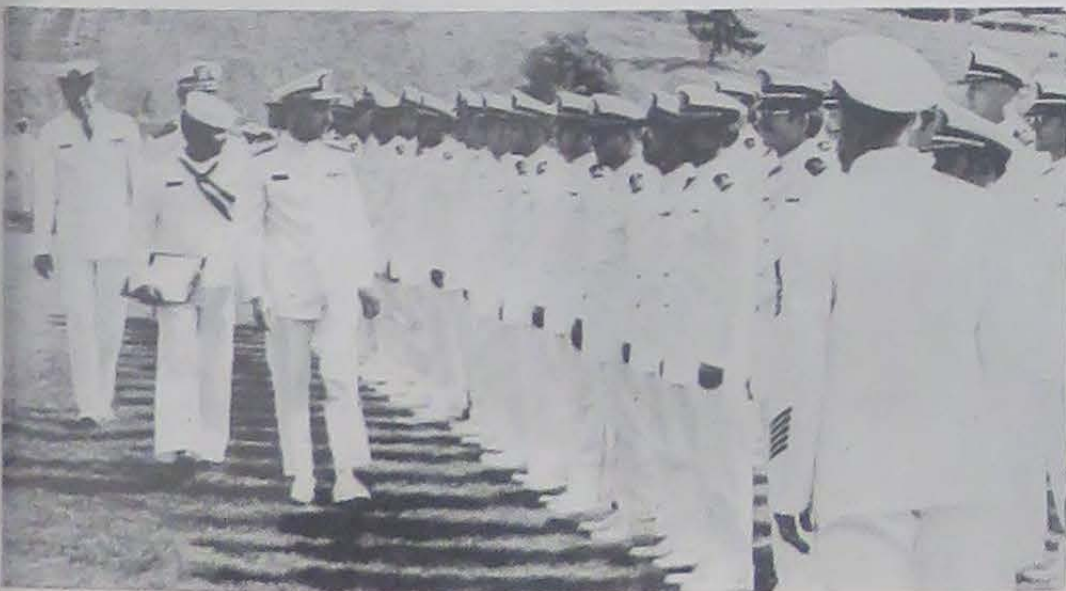
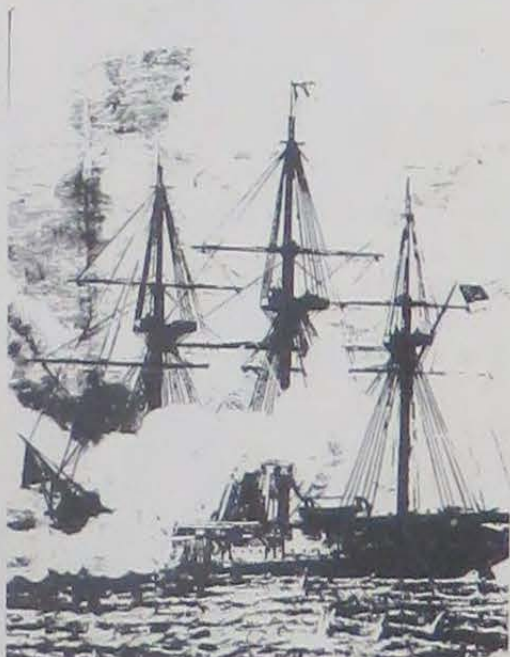
The Office of the Senior Enlisted Advisor maintains an open-door policy for all enlisted personnel and their families. The aim will be to prompt keen sensitivity to enlisted men's and women's needs and points of view and to stimulate further meaningful communication at all levels of command. Master Chief Dickens may be found in Room 3-1-20, third floor, administrative offices, and his extension is 2358.

And Still Shipshape

On October 13, U.S. Navy ships and stations worldwide will join the Navy League of the United States in celebrating the Navy's 197th birthday. Sailors everywhere should pause and identify themselves as living parts of a living tradition. That proud seafaring tradition extended to colonial days and the Revolutionary War. When Washington took command before Boston in 1775, he saw the possibility of capturing unprotected transports and supply ships. He converted several small schooners into warships and enlisted Massachusetts sailors into "Washington's Fleet," the first organized American naval force.

The first ship Hannah, put to sea on September 5. During the fall and winter of 1775-76, this small squadron captured some 35 ships. The Second Continental Congress passed legislation on October 13, 1775, authorizing the acquisition of ships and the establishment of a navy.

OUR NAVY, LONG MAY SHE LIVE TO CARRY INTO THE FUTURE THE NOBLE TRADITIONS OF THE PAST 197 YEARS.



The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kitrinis, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 R. C. Bishop, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.

THE OAK LEAF is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July 1958.

THE OAK LEAF receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

TROUBLED WORLD

No need to tell you that we are living in troubled times and many examples could be cited to indicate that things are not really as pleasant as we would like them. Taxes are up; living expenses are up; we are trying to disengage ourselves from the long, drawn-out Vietnam fighting, but always with an eye to potential future confrontations. Yes, people have troubles all right—but did you ever think of it, that people's troubles are made by people? Looking at it another way, if all the people should suddenly vanish from the earth, the earth would just as suddenly become quiet and peaceful. People's troubles are people. In this regard, I recently came across a poem, written anonymously, which has a bearing on many "people problems":

If there were just—

A little more praising, a little less jeering;
A little more trusting, a little less fearing;
A little more patience in trouble and pain,
A little less willing at times to complain,
A little more kindness worked into strife
Are all that is needed to glorify life.
A little more honor, a little less greed;
A little more service, a little less creed;
A little more courage when pathways are rough;
A little more action, a little less buff;
A little more kindness by you and by me,
And Oh, what a wonderful world this would be!

LT ROBERT F. GROTHAUS, CHC, USNR

He Puts the Pep in the Other Fellow's Pepper



Captain Robert L. Nolan, MC, USNR, is the commanding officer of Naval Reserve Medical Company 12-6, working to integrate activities of the unit with Naval Hospital Oakland. Also, he is a one-man dynamo!

If he does for Unit 12-6 what he did for student participation in the Naval Reserve Medical programs at Morgantown, W. Va., the present 14 membership will be increased by 300 percent. That would make 56 interested reservists attending monthly meetings on our compound.

Dr. Nolan is also the new chief of staff for the Veterans' Ad-

ministration Hospital, Martinez, Ca., and he will be coordinating educational activities between that institution and the University of California at Davis. Besides being doctor, chief of service and an educator, he is an attorney. For his outstanding contributions to the Navy Medical Department, the Navy Commendation Medal was recently presented to him, adding to a lengthy array of past honors. He is a member of the National Advisory Council on Health Manpower Shortages Areas, a statutory policy-making board within the Department of Health, Education and Welfare.

Naval Hospital Oakland wishes to salute Reserve Unit 12-6 whose members are helping in various duty areas aboard the hospital. Expressly to their leader we affirm that it is our good fortune that he did not "retire" from having a continuing interest in military service when the "R" was added to his title.

NAVY DAY WEEKEND

Santa Cruz Beach
and Boardwalk

Noon to 5:00 p.m.

Saturday-Sunday,

October 14-15

Bonus Ride Booklets

\$2.50

Military—Show ID Card in Santa Cruz for admittance and booklet.

Civilians—Pick up tickets at Special Services and redeem for booklet in Santa Cruz.

Lewis is Selected Minority Affairs Rep



A. J. Lewis, HMC, will now have direct access to the Commanding Officer on equal rights and minority affairs problems for Naval Hospital Oakland. He has been appointed Minority Affairs Representative, replacing Richard Baldwin, QMC, who has departed for sea duty.

Chief Lewis has been in the Navy 17 years; he has been at NHO since February, 1970; has served with LST squadrons out of San Diego and Guam; on the USS TICONDEROGA; and in 1965 was equal rights representative on the USS HOWARD W. GILMORE, a submarine tender.

Outside hospital boundaries, Lewis is active in civic affairs. He has been manager of Little League at NAS Alameda and has given time to the West Oakland Health Center as an X-ray technologist. He has three children, ages 13, 11 and 8; and his wife, Barbara, is presently studying at Alameda Junior College to be a Medical Assistant. He was originally from Springfield, Ohio.

Chief Lewis sees his present appointment as one in which he will try to help establish communication, since, he believes, many problems are caused through misunderstanding. If there are complaints, one may have an avenue for expressing them by getting in touch with HMC Lewis in Staff Sick Call, ext. 2366.

TO CHINA ROSE DID GO

By now, Rose Tom, Procurement Officer, Supply Division, should be enjoying a cultural adventure in the Peoples' Republic of China with a group of 20 persons from the San Francisco Chinese Cultural Center. It was a long wait from May to September in getting permission for the trip through the Embassy at Ottawa, Canada—the only place for approval in the Western Hemisphere. But at last on September 22, the visas arrived and the troupe was airborne on the 24th.

They flew directly to Hong Kong where arrangements had been made with representatives of the Interior Travel Service. Rose expected to be in Canton by the 28th and to observe the celebration of the Peoples' Republic of China the equivalent to May Day in Red Square, on October 1. Then on to Peking and other mysterious and exciting points of interest.

Rose's family has relatives in the villages. Although Rose Tom hopes to visit the smaller towns, she does not expect to seek them out. In the 35 days she will be gone, she does hope to scout around for antique gold jewelry, and to have some clothes made and to purchase some of the beautiful silks of China. But naturally! for our beautiful Rose.

Each JANGO Pledges

Before God and this assembly I pledge a conscientious and loyal service to the hospital which I serve. I will hold in confidence all personal and professional matters which may come to my attention.

I promise to be worthy of wearing the JANGO uniform by giving unselfishly of my services and by respecting the rules and regulations of the activity I represent.

I will aspire to set an example for those who follow in my footsteps.



On The Wards

IT WAS ENTERTAINMENT WEEK

The Bunnies Were Here and Not Yet Easter

"WHEEEEEeeee! WhEEEEeeee!" was all one ambulatory patient could say as he followed the two Playboy Bunnies down the halls on the Orthopedic Wards, 7th Floor.

The bunnies were placing Hawaiian leis around the necks of patients confined to bed. And if Mrs. Lucy Lum in Waipahu, Hawaii, who stayed up all night to make the garlands, could have seen the happy smiles, she would have thought her efforts not in vain.

Made of plumeria and crown flowers, some 80 garlands were shipped to Mrs. Marvin Lum of Union City and she immediately arranged for distribution to Naval Hospital Oakland and Letterman Hospital. Thanks to both families, and to KGO-TV who came along to record the event. And bunnies, "WHEEEEEeeee!" Thanks.



Spice Added to a Sunday Afternoon



Ginger Mede and her "Spicers" added a bit of flavor to a Sunday afternoon by dropping in at the Clinical Assembly to entertain the fellows who had not been able to make it to her 6-nights' run at the CPO Club. A country pop singer, Ginger was generous with request numbers. She gave the group "Louisiana Man," "The Green Green Grass of Home," "Country Road," "Beer Barrel Polka," and the frequently requested "Tennessee Waltz." When requests were over, she took off for a visit on 6-North.

Ginger remembers appearing here in 1970 with the "Three Gents." The Spicers and Ginger left NHO for an engagement at NATSTA Treasure Island.



These Entertainers Entertained

The Audie Murphy Memorial Chapter 69 of Disabled American Veterans provided a few surprises on September 25 as they strolled about the wards visiting patients, alerting all that a performance was in the offing in Clinical Assembly for the evening.

First, the movie of the evening was a pleasurable switch, because Ralph Nelson, writer-producer of such movies as "Duel at Diablo," "Fate Is the Hunter," "Charley" and "Father Goose," let the audience in on behind-scene production. The show of the evening was "The Wrath of God,"

a \$2 million production under his direction.

Bob Wieland proved to the group that weight lifting can be done with neck muscles and that it doesn't necessarily take lower limbs to lift 220 pounds. Skip Young came through with jokes; Barbara Gates briefed the audience on the making of a film in which she "took" nine lives. And then Pam Baird gave forth in song, one being "You've Got a Friend," written by Carol King.

Naval Hospital Oakland felt they had several friends when the visitors from Hollywood bid farewell.





CLASS No. 65 MADE IT. HERE ARE NEW NEUROPSYCHIATRIC TECHNICIANS:
Mary Reams, HM3; Joel Grissom, HN; Ronald Kaye, HN; Paul Martineau, HN; Ram
Jensen, HN; Keith Phillips, HN; Ronald Jarrett, HN; Keith Mundis, HN; Philip Harris
Dennis McCormick, HN; Tom Schmidt, HN; William Gilchrist, HM3; John Parker, HN; S
Bair, HN (Honorman); John Malignen, HN; Paul Crews, HN.

Who's Been Doing What . . .



From the Judge Advocate

The month of October is legal assistance checkup month.

Questionnaires will be distributed throughout the command, and all staff members are encouraged to review their legal affairs. If any of the answers to the questionnaire uncover potential problem areas, you are encouraged to make an appointment with the Staff Judge Advocate, exts. 2482 - 2483.

Updating your legal affairs is a continuing process.

It happened on a Saturday that 240 patients were seen in the emergency room-outpatient services and eight major surgical procedures were completed. That's dedication on the part of Watchstanders; it shows that this hospital has a staff that "really cares" for its patients.



THREE NEW LIEUTENANT COMMANDERS ARE ON OUR STAFF: Germain Harry Rupp, in Medicine, Jon Philip Wack, Radiology, Merrill Nicholas Workhoven, Anesthesiology.

HMCS Riddle's Eric did not weigh 7 pounds, 21 ounces. He weighed 7 pounds and was 21 inches long.

"Let us be a part of the FEDERAL FAMILY WHO CARES."

By contributing to the CFC, federal employees show their interest in the community and raise the image of the federal establishment.

This is the 50th year of the crusade.



SINGING BELL-BOTTOMED TROUSERS "That's my Pop, reenlisted for 6 years," little Trista beamed. And Pop William J. Stone, Jr., HM, signed on the dotted line while Admiral Faucett entertained Trista Stone's wife, Susan, looked on approvingly.

Movie Schedule

October 6
THE PUBLIC EYE—Mia Farrow and Topol, Romantic Comedy. G.

October 7
THE BATTLE OF EL ALAMEIN—Frederick Stafford and George Hilton, Drama. PG.

October 8
CROOKS AND CORONETS—Telly Savalas and Warren Oates, Comedy. PG.

October 9
THE RESURRECTION OF ZACARY WHEELER—Leslie Nielsen and Bradford Dillman, Drama. G.

October 10
PIGEONS—Jordan Christopher and Jill O'Hara, Comedy. G.

October 11
DUCK, YOU SUCKER—Rod Steiger and James Coburn, Action Drama. PG.

October 12
THE REVENGERS—William Holden and Ernest Borgnine, Western. PG.

October 13
REVENGE IS MY DESTINY—Chris Robinson and Elisa Ingram, Drama. PG.

October 14
DAYTON'S DEVILS—Rory Calhoun and Leslie Nielsen, Action Drama. N/A.

October 15
THE SOUND OF MUSIC—Julie Andrews and Christopher Plummer, Musical. G.

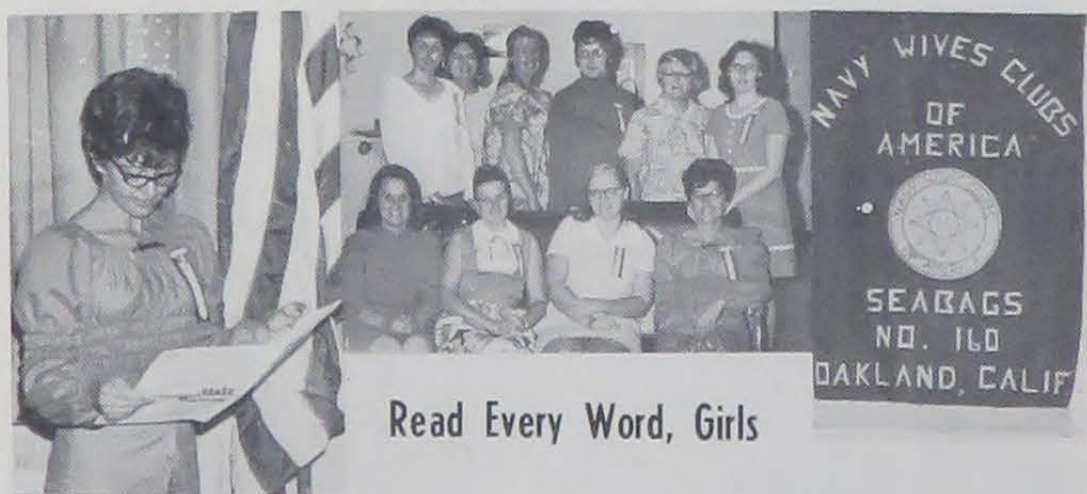
October 16
GEORGE—Marshall Thompson and Jack Mullaney, Comedy. G.

October 17
SOUL SOLDIER—Janee Michelle and Robert Doqui, Western. PG.

October 18
CANCEL MY RESERVATION—Bob Hope and Eva Marie Saint, Comedy. G.

October 19
NIGHT OF THE BLOOD MONSTER—Christopher Lee and Marie Rohm, Horror. PG.

October 20
CACTUS IN THE SNOW—Richard Thomas and Maggie King, Comedy Drama. PG.



Read Every Word, Girls

Pat Bechthold, left, has been a self-appointed newspaper girl since she volunteered to deliver "The Oak Leaf" to some 40 families living in enlisted housing "on the hill." Sometimes though, if she cannot get into the office to pick up the papers, a paperboy acts—Jan Matthews' husband.

The group of Enlisted Navy Wives who form Club No. 160 are not large in numbers, but would you believe that nine of them were energetic enough this month to bake and sell \$29 worth of goodies! Most of the money goes for national dues, scholarships and local welfare projects. If little charities, such as furnishing suckers for the Pediatrics Clinic, were omitted, the contribution by the enlisted wives would be greatly missed.

Programs are not entirely chit and chatter and socialization. At the club's last meeting, members were instructed by a professional meat cutter in the proper selection and purchasing of different cuts and grades of meat.

To join the club and to learn meeting time and places, get in touch with Anne Killian, 569-9428.

THOSE PLUMBERS IN PUBLIC WORKS WERE PLUMB SMART to be the hospital's first unit plunging 100 per cent behind the Combined Federal Campaign!



Signing In

HE PUT IT RIGHT THERE. With signature on the dotted line, ADAM T. ANTONOPOULOS, LT, MSC, USN, augmented to the Regular Navy. To the Lieutenant, NHO owes much gratitude for the good services he gives as Chief of the Food Service Division.

Here
is
HMC
Eddie
Lee



The Lord loveth a cheerful giver. He also accepteth from a grinch.

This Is Statistically Speaking

The United Crusade is a part of the Combined Federal Campaign. It is a "people helping people" organization. From a national point of view the United Way of America (or United Crusade) is the largest voluntary social welfare services delivery system in the world. It is organized in some 2,000 communities with a network of more than 37,000 voluntary non-profit agencies. These agencies deliver an estimated 85 percent of all voluntary health and welfare services in the nation. And with the help of 19 million volunteers it forms the backbone of our voluntary system. And all because You Give. And for Federal employees, giving to CFC helps the United Crusade.



SHARING PART OF HIMSELF, Paul Otheim, HN, was the FIRST fair share giver from the hospital in the Combined Federal Campaign.

'How To' Win Contests

- NUMBER ONE: Sharpen your pencil and have a few clean sheets of paper before you.
 - NUMBER TWO: Phone Special Services—ext. 2479—and ask for a copy of rules for the 1973 General Prize Essay Contest or the Enlisted Prize Essay Contest. Don't stop there; secure rules for the Naval and Maritime Photo Contest.
 - NUMBER THREE: Give your original best. Somehow get the results of the essays into typewritten form. GET MAILED before deadline date, then sit back and dream how you will spend \$1,500 or \$700 or \$100.
- Yes, easy as 1-2-3 to dream, ain't it?

PROMOTION TIME RAISED
The day of the speedy promotion to lieutenant (junior grade) and lieutenant is over. Ensigns must now have 18 months of commissioned service to make jaygee. To make lieutenant, it will take another three-and-a-half years. The time-in-grade requirement before making lieutenant will go up to four years next July. The change will delay promotions for over 4,000 junior officers.

.....
"We don't have a dollar quota—just participation."
"The humanity of our times—give 'til it helps."
"People in America are in need of help. Do your share."
Search your conscience—can you honestly turn a deaf ear to human life and its problems?
.....

Bus 56 Connects With BART

The Alameda-Contra Costa Transit District provides bus transportation throughout the East Bay and to San Francisco. Line 56—Seminary Ave. gives direct service to the hospital door at least every 25 minutes during the day and at a slightly longer interval at night. Line 56 connects with the Bay Area Rapid Transit (BART) station near the Oakland-Alameda County Coliseum where a transfer to AC Transit's Line 57—MacArthur Blvd. will take passengers to Oakland International Airport. Line 56 also connects with other bus routes to downtown Oakland and Jack London Square (Line 34), San Francisco (Line N), and the Berkeley-Albany area (Lines 40, 43 and 43A).
Exact fares are 25 cents one-way to Oakland Airport, 35 cents to downtown Oakland and Jack London Square, 65 cents to San Francisco and 35 cents to the Berkeley-Albany area.
Information concerning schedules, fares and charter excursions may be obtained by calling AC Transit Information, 653-3535.

Here Is Another Service



Out-patient and home care, speech and language therapy, a program for Parkinsonism, therapeutic pool programs for arthritis and orthopedic conditions, clinical teaching for physical and occupational therapy interns—those are just a few of the many rehabilitation services offered at the Easter Seal Rehabilitation Center, 2757 Telegraph Avenue, Oakland. These are offered because of You, and your Combined Federal Campaign contributions. Only recently our Physical Therapy Division received from the Center free copies of the booklet, "American Standard Specifications for Making Buildings and Facilities Accessible To, and Usable By, the Physically Handicapped." That campaign is a worthwhile project for any CFC agency.

S H A R E

In 1971, \$950,352 was raised by the federal community—this nearly equaled funds raised the previous year even though the work force decreased.

COMING DOWN THE UP STAIRCASE ARE NEW OFFICERS OF THE OFFICERS' WIVES' CLUB:



Roma Metz, Treasurer;
Peggy Miller, Vice President;
Francie Douglas, President;
Mary Louise Combs, Recording Secretary;
Cheryl Woerz, Corresponding Secretary.

The next luncheon of the Officers' Wives' Club will be October 11 at the Commissioned Officers' Mess (Closed) at 11:30 a.m., followed by a demonstration by Vi Martinson on holiday decorating ideas.

Red Roses Awarded



Pictured are: Gloria Carandang, Anna Martinez and Lourdes Carandang.

A single red rose is presented to the individual in each JANGO class which is felt to be exemplary of all JANGOS. It symbolizes the kindness and thoughtfulness by which a worker expresses her concern for others in voluntary deeds and service.
The Red Rose Award originated in 1968 when Mrs. James Young was Senior Guild Chairman at Naval Hospital Oakland. The rose is now presented as a memorial to her.
A new JANGO class will soon start, and deadline for applications is October 27. Classes will be held Saturdays, November 4, 11 and 18, and December 2.



HM3 Frank Harrison in Clinical Assembly, all alone, was caught in the act.

SPORTS

Scenes by the Sidelines

—by Ron Brown

PHARMACY Upsets EENT 12-6 (Game of Sept. 18)

PHARMACY came up with their best game of the season as they scored a touchdown in each Half, and by limiting EENT to a solo touchdown late in the 2nd Half went on to win 12-6.

With 20 seconds left in the first Half, Porter found DeSalvo all alone in the end zone and threw a perfect strike for PHARMACY's first score. They failed on their point after touchdown.

PHARMACY took a 12-0 lead in the 2nd Half as Porter connected on a quick pass to Bain from the 2-yard line. Again the P.A.T. failed. It was a frustrating day for EENT as nothing seemed to work. The only bright spot for them was a 30-yard pass interception, good for a score by Montes with no time left on the clock.

X-RAY 6; LAB 0 (Game of Sept. 19)

With the exception of a miscalculated try for a pass interception, X-RAY and LAB would have provided the League with the first overtime game of the season. But with only 40 seconds left in the game, Beatty connected with Thoene on a 22-yard pass, with Thoene taking the ball in the remaining 18 yards for a 40-yard pass-and-run play. With the play in progress, a LAB defender gambled on intercepting rather than batting the ball away, and his gamble lost, with Thoene hanging on to the ball and scampering in 18 yards for the score.

OR 13; EENT 12 In Controversial Overtime (Game of Sept. 20)

With OR and EENT battling to a 12-12 tie, the game according to the rules had to go into an overtime to break the tie.

By using the eight-alternating-play method EENT really had the game won on yardage, but with the

AND STUFF

ball on the OR's 30-yard line, McKenzie tried a desperation pass to Deutsch. All EENT had to do was to knock the pass down, but an EENT defender elected to intercept the ball. As he intercepted, he fell and downed the ball in EENT's territory. With the penetration rule in effect, the ball ended up in EENT's side, and that gave the game to OR. OR led at Half 12-6 on passes from McKenzie to Crowe with a lateral to Deutsch good for 25 yards and a score. And with :11 seconds left, McKenzie hit Deutsch for a 30-yard pass and a second touchdown.

EENT scored a touchdown in each Half on a pass from Peters to Powell good for 40 yards and a score. With 1:27 left in the 2nd Half, Peters scampered in from the 2-yard line for EENT's final score. Neither team was able to convert the P.A.T. on any of the touchdowns, which forced the game into overtime.

In games previous PHARMACY defeated LAB 8-7 in overtime; EENT got back on the win trail with a commanding 31-0 win over LAB, and OR kept on their winning way with a 25-8 win over X-Ray.

OR Comes From Behind To Defeat LAB 31-13 (Game of Sept. 28)

EENT Makes It Two in a Row Over X-RAY 26-12 (Game of Sept. 28)

STANDINGS (As of September 29)

Team	W	L	PF	PA
OR	4	0	82	33
EENT	3	2	101	37
PHARMACY	2	2	26	39
X-RAY	2	3	39	83
LAB	0	4	20	76



PAIRING WITH CDR JENE REDDICK OF THE 12TH NAVAL DISTRICT CAPT DONALD MCLEAN WAS RUNNER UP IN SENIOR DOUBLES at the 1972 Pacific Coast Regional Tennis Championship.

CHAMPUS Corner

VOCATIONAL REHABILITATION SERVICES THROUGH CHAMPUS

Vocational Rehabilitation Services are available under CHAMPUS. A vocational program conducted in an industrial environment provides for the evaluation and determination of a person's ability to function in a competitive work setting. In addition, training is available in the clerical area, geared to placement in medical facilities. Common placements that result from these programs are entry level positions in the manufacturing trades and service areas, or as a typist, medical transcriptionist, medical record clerk or in similar positions.

The program is especially geared to serve those persons having a physical, mental or emotional handicap. All interested personnel should see their health benefits counselor.

The Life You Save May Be Your Own

So why not attend the Senior Lifesaving Course to be offered military personnel and their dependents 7 p.m. to 9 p.m. from October 10 through November 9. Sign for instruction at 7 p.m. on October 10; become a certified senior lifesaver or renew an expired certificate.

Wanted

Cross-country runners to represent Naval Hospital in the Twelfth Naval District meets.

Cross-Country Schedule
October 13—NAS Moffett Field
October 18—Golden Gate (San Francisco)
October 27—Mare Island
November 3—12 ND Championships (Golden Gate Park)

San Francisco is a proud city and the people who live in and around it are proud. The federal community is a proud one, too, and takes pride in its contribution to the Bay Area United Crusade through the Combined Federal Campaign. Help the community in which you live.



LTJG ELLEN STOEHR IS A BOWLING WINNER. She wouldn't brag about her win but getting to 12th Naval District competition is in itself worthy of Most Honorable Mention.

WANTED!

Varsity basketball players to represent Naval Hospital in 12 ND League. Contact Ron Brown, ext 2350. League starts week of November 20, 1972.

Hail & Farewell

ENLISTED REPORTING

From Naval Hospital, San Diego, Edward Phillips, HM3; from Naval Hospital Corps School, San Diego, Lennie Miller, HN, and Philip Storm, HM3; from Naval Hospital, Bremerton, Wash., Mary Sleighter, HM3; from Naval Medical Training Institute, Bethesda, Md., Steven Spring, HM1; from Naval Air Station, Alameda, Ca., Richard Venegas, SD2; from Naval Hospital Corps School, Great Lakes, Ill., HAs Cornelia Davis, Carole Mitchell and James Williams; from Navy Dispensary, Seattle, Daniel Matule, HM3.

ENLISTED DETACHED

To Naval School Diving and Salvage, Washington, Dennis Kurz, HM2; to Naval Hospital Corps School, San Diego, David Powell, HM3; to Nav Unit Lowry Air Force Base, Denver, Robert Bishop, HM1; to Nav Sub Med Center, New London, Conn., Daniel Allen, HM2; to Marine Corps Base, Camp Pendleton, Ca., John Yost, HM2; to Third Marine Division, Richard Wallace, HM1; to Naval Hospital, Guam, M.I., James Eastepp, HM3; to Marine Corps Air Station, Santa Ana, Ca., Janice Havens, HM3; and released to inactive duty in the Navy Reserve, HM3s Paul Habel, James Reed, William Scofield, James Bone, Michael Karfs, HN; Kevin Bortolussi, HM2.



GRADUATES FROM LAB SCHOOL ARE:

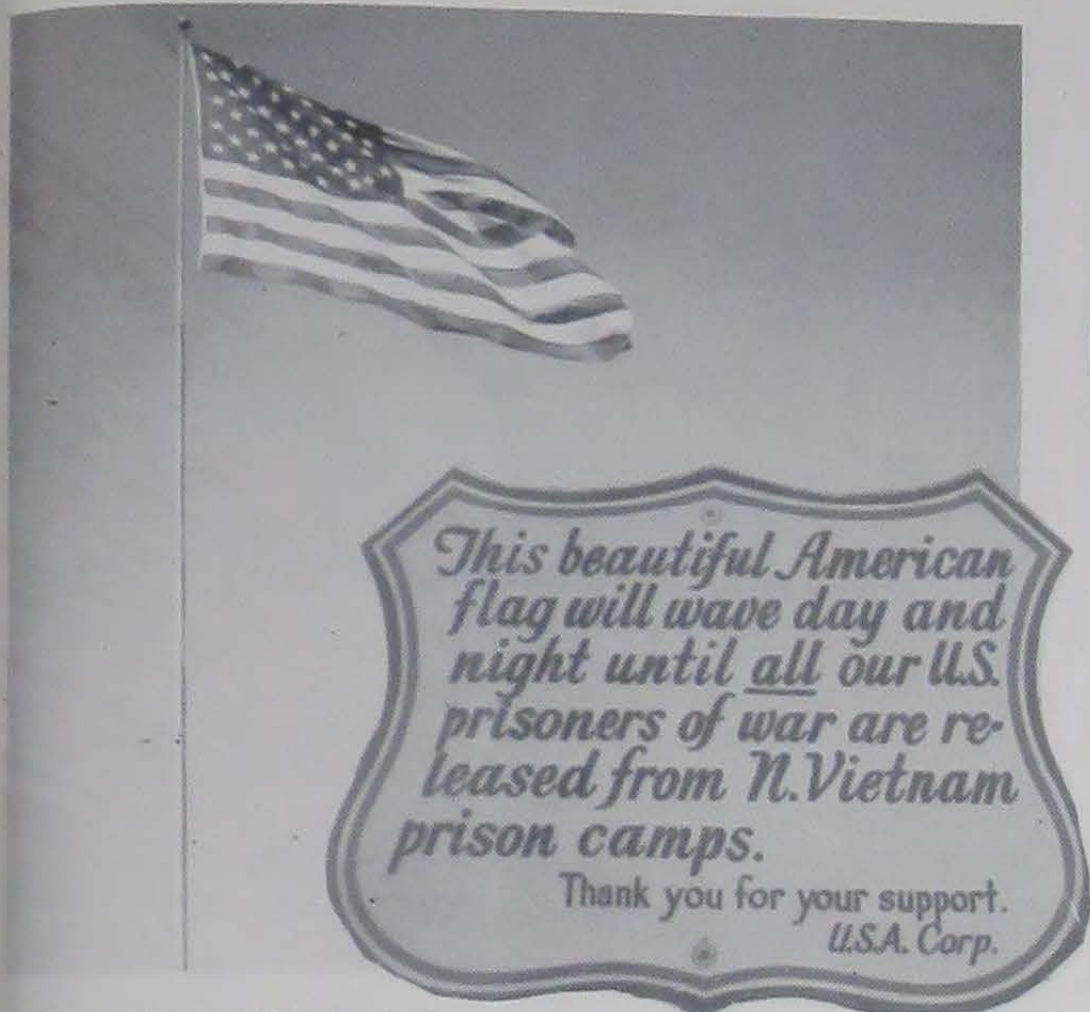
Front Row: PO2 Rojas; HMC Rocca (Interpreter); HN Milo; CAPT Poley (Officer in Charge, Lab School).
Back Row: HM1 Henderson (Instructor); HN Allison; HN Burgner; HMC Johnston (Instructor).

Have Fun at the AHRA

Celebrate the Navy's 197th birthday early. Attend the American Hot Rod Association's world championships October 6, 7 and 8 at the Fremont Raceway. Take the Fremont Boulevard exit off the Nimitz Freeway, present your military ID and \$2 on Friday, \$4 on Saturday, and save. Or be there with \$6 on Sunday for "Navy Day at the Drags." (However, if you

want a pit pass, you can get in for \$2 on Friday and Saturday and \$3 on Sunday.) Children under 12 will be admitted free when accompanied by their parents.

Postscript: Pretty weather has been ordered for the weekend. Do you think you should remember sun glasses and something to protect from the sun's rays?



This flag may be viewed from the MacArthur Freeway, Foothill Square, about 106th Street. The inscription is at the base of the flagpole.

This beautiful American flag will wave day and night until all our U.S. prisoners of war are released from N. Vietnam prison camps.
 Thank you for your support.
 U.S.A. Corp.

Loyalty

If you work for a man, in heaven's name, work for him. Speak well of him and stand by the institution he represents. Remember an ounce of loyalty is worth a pound of cleverness. If you must growl, condemn and eternally find fault, why—resign your position and when you are on the outside, damn to your heart's content—but as long as you are part of the institution, do not condemn it.

If you do, the first high wind that comes along will blow you away and probably you will never know why.

ELBERT HUBBARD

THE SHORT SHEET

Remarks made by Ambassador U. Alexis Johnson, Under Secretary of State for Political Affairs

"The American military professionals I have known have served with devotion and skill the well-being—and the peace—of this land. To picture them otherwise is to draw a caricature. I find extremely painful and dangerous the growing tendency in this country to belittle the United States Armed Services and the contribution they have made to our country and to the world."

"... the first responsibility of Government is the physical safety of our people."

"A national commitment to the search for peace, not backed up by military strength, would not be a policy at all. It would be a pious expression of hope, devoid either of credibility or effect."

"... unless our foreign friends understand our policies clearly, and have confidence in the continuity—the dependability—of our policies, then they cannot concert their policies with ours. Let me put it bluntly. If they cannot count on us—they will not for long be willing to be counted with us."

"... If we try to purchase a better relationship with the Communists at the price of our strength and our friends, we shall—without a doubt—end up losing all three."

"The number of our critical national needs which can only be met through international action and cooperation is continuing to grow. Narcotics cannot be controlled any other way. Air traffic cannot be made safe any other way. The flow of goods vital to our economy and health cannot be guaranteed any other way. The benefits of satellite communications cannot be enjoyed any other way. Let me stress that I am not saying these problems are made easier by cooperation between nations. I am saying there is—literally—no other way to solve them."

100,000 Applications for Veterans' Home Loans

G. I. home loans in fiscal year 1972 jumped 81 per cent—the highest level in 15 years, the Veterans Administration revealed. Mortgage money availability and cuts in interest rates have had an influence.

Fleet Reserve To Observe Veterans' Day

The Fleet Reserve Association, Branch 10, Oakland-San Leandro, and Branch 241, Hayward, will enter a float and color guard in the Veterans' Day Parade to be held in San Leandro on October 23.

Branch 10 has its annual Halloween Dinner Dance at the San Leandro Veterans' Memorial Building, Saturday, October 28. A donation of \$3 at the door will admit you to the refreshment hour beginning at 6 p.m., followed by dinner and dancing to live music. Costumes are optional. There will be door prizes, and the party doesn't end until 1:00 a.m.

The OAK LEAF

Vol. 34, No. 22

Friday, October 20, 1972

Long Weekend Trips Compound Holiday Road Hazards

All too often there is a tendency to try to go too far in too short a time on a weekend pass. On a long weekend like Columbus Day or Veterans' Day the temptation to overextend is greatest.

Sure, you can drive a thousand miles round trip on a 3-day holiday. You might even get a chance to spend more than a few hours at your destination if you push your car, yourself and the law to their limits. On the other hand, you might not get there at all.

According to the Insurance Information Institute, for military alone, 24 servicemen didn't go to the beach Labor Day weekend. For them, last year's 3-day holiday ended not only the summer season but also their lives. Only these statistics live on as grim reminders that caution on the road is not an "ought" but a "must."

Over this year's 4th of July holiday, 21 servicemen went out on their last pass. Unfortunately, it's just part of the larger national pattern.

Eight-hundred twenty Americans lost their lives in auto

accidents during last year's Labor Day weekend, and the toll for the last 4th was 950.

While the number of military persons killed may seem small, the percentage is about the same for licensed service drivers as it is licensed civilian drivers. However, when the number of men confined to base, ship, or duty station is taken into consideration, the percentage of military personnel involved in auto fatalities is much higher than the civilian rates.

As a serviceman, the odds against your becoming a statistic may be greater than those for the average civilian, but a few simple rules work advantageously for everyone:

1) Take someone with you to help with the driving or just to "rap" with then you're night driving.

2) Observe traffic laws, especially the speed limits.

3) Don't drink before you get behind the wheel.

4) Don't try to go too far in three days.

Drive carefully. ONE FATALITY IS TOO MANY!!

VETERANS DAY 1972

in honor of those who have served.



The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 Steven L. Spring, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Love

Love is becoming a shopworn term; we bandy it about like a dime store trinket. Fortunate are those for whom love is experience. William Flanders has captured this truth in a poem called, "Love Is a Verb."

Don't count on love to come flying in your window.
Don't count on love to mysteriously appear,
Born from above, as an answer to your troubles,
Filling your heart with intentions most sincere.
Love as a noun may be kind, may be patient.
But love as a noun always tends to be unreal.
When love becomes loving, real things start to happen.
Then love is received as a fact, not an ideal.
Not boastful nor rude, never selfish, slow to anger,
Is love the abstraction, a virtue some would praise.
But living here and now calls for down to earth expression,
And loving can't expect to be approved in all its ways.
Love isn't there, some possession to acquire.
Love is no thing, nothing good to have around.
Yet people, at times, can be loving in their actions.
Love is a verb not a noun.

LCDR A. R. TREIBEL, CHC, USNR

Try the Museum

You can entertain yourself without cost for days at the fine Bay Area museums, or . . .

Ten dollars will buy you a participating membership in the Oakland Museum. Added to the joy of investing in the arts goes many additional privileges: preview showings of exhibits, discounts on purchases at the museum store, on film festival, dance and other programs. You'll receive the newsletter and calendar. If you missed the Arthur and Lucia Mathews' collection, there are coming exhibitions of great worth. Try them, you might like them.

Hail & Farewell

ENLISTED REPORTING

From Naval Hospital Corps School, Great Lakes, Ill., Joyce Ranne, HA; from Naval Hospital Corps School, San Diego, HNs Darial Engels and Miles Hayden; HAs Robert Dobson Jr., Bruce Helm, Debra Jackson and Hubert Quaid; and Robert Tassinari, HM3.

ENLISTED DETACHED:

To School of Health Care Sciences, Sheppard AFB, Texas, James Rich, HM1.

SHARE



COMBINED FEDERAL CAMPAIGN



NAVAL RESERVE MEDICAL COMPANY 12-6 MEETS the 4th Wednesday in each month at the Officers' Club. Join the group. At the September meeting the officers' wives attended and CAPT Kittrinos presented slides on the medical aspects of his tour in Vietnam.



EXEC-LINE

* What is the possibility of getting bicycle racks to which one may lock his bicycle and have it under observation to help prevent theft? I like to ride my bicycle to work for both transportation and exercise.

There is a bicycle rack installed in front of Barracks 501 which will accommodate 40 bikes. The peak usage rate has been less than 10 bikes. If the staff member bikes to work for exercise, the short jog down the hill is just—as the young child says—"more better."

* Could lights be installed at the tennis court?

I would often like to play after working the P.M. shift, when nothing else is open. If cost is a factor, how about a coin meter to run the lights for an hour for a charge of 25 cents or 50 cents?

Construction of lights for the tennis court is programmed in a Special Project for FY 1974 under BUMED's execution plan, but it may possibly be funded later this fiscal year. The coin meter plan would pay for utilities only and might encourage vandalism.

* I am hoping there is something that can be done about the parking situation for motorcycles at the barracks. I park my cycle up there each night, and it is getting increasingly hard to find space to park or to get out each morning.

The Public Works Officer states that the job is being written up for relocation of the motorcycle parking area at Barracks 501. The new area will afford more parking space and a master chain is to be installed between two poles, which will allow an individual to secure his motorcycle to the chain.

* I would like to know the policy concerning the waking of the A.M. and night shift personnel to sweep floors, clean heads and so forth every weekday morning. It seems the same people get all the callup for cleaning duty of the barracks, and there's an inference that if you get off of nursing service you get out of cleaning detail.

Cleaning details are made out for one week at a time, the P.M. and night shift crews are expected to check when they get off work to see if they are assigned a detail. However, Thursday evening, the A.M., night shift and student personnel are expected to muster in the main lobby, Building 501, at 1800, for field day assignments.

In the past, three janitors were assigned to help clean the community spaces in Building 501. Due to recent cutbacks in temporary help, there is one male and one female doing the work, and with the exception of the game room, TV lounge and the quarterdeck area the female janitor is not allowed to clean, hence there is too much work for one, and the male janitor needs help.

* Why can't a professional hair stylist be hired for the Navy Exchange?

The Manager of the Barber Shop, NAS Alameda, spent 2 weeks at Naval Hospital to train barbers in hair styling, but there seemed to be low demand for such service; a cosmetologist was also hired on a commission basis, but after an unsuccessful trial period, the cosmetologist resigned. The barber shop at NAS Lemoore has been equally unsuccessful in its attempts to provide styling service. Investigation has revealed that it is just not economically feasible to provide such a service at the Exchange.

* I have a complaint about arrangements for inservice training here. I see no reason to take people from jobs where they are needed, and to hold them for an entire week in warm, stuffy rooms 6 to 8 hours a day. I think it would be better to switch to a system of 2 or 3 hours a week and require attendance.

The present system was established because of unsatisfactory comments on the last Inspector General medical inspection. Relying on Chiefs of Services and Division Heads to provide both instructors and students has been less than satisfactory in many ways, but some problems have been eliminated partially by Inservice's assuming more and more of the instructoral duties.

Not too much can be done about the physical aspects of a classroom, but the instructor shares the responsibility of making it as comfortable as possible within those physical constraints, and the instructor also has the responsibility to motivate and stimulate the students. Although some instructors are inadequate to provide a challenge to keep students awake, many have performed exceptionally well.

A better attitude on the part of the students as to the need for having a well-rounded knowledge of all areas of the Hospital Corps would be helpful. Inservice Training does not represent banishment from a department, as some corpsmen seem to feel.

Alternative methods of presenting Inservice Training programs are being studied. Hopefully the program can be made more meaningful to all and for all.

Who's Been Doing What . . .



LTJG PATRICK CRONIN needs his shoulder boards straightened before returning to the hospital pharmacy to receive congratulations of co-workers on his promotion.

TURN ABOUT IS FAIR PLAY. After having served Flag officers for almost eight years, Mariano Dulce, SD1, is quite pleased to take his turn and let Rear Admiral Faucett serve him on the occasion of his recent promotion. Steward Dulce volunteered to remain at NHO after Admiral Mahin's departure. The Senior Enlisted Advisor looks on.



CAPT RICHARD D. BARRICK, SR. IS PIPED ASHORE after serving 20 years. He was head of the Allergy Branch of the Medical Service.

THE ROAST SUCKLING PIG COULDN'T SEE TO TELL US WHAT WENT ON AT THE LUAU AT THE OFFICERS'S CLUB: HE WAS ALSO TOO STUFFED TO TELL US . . . and Photographer J. J. Kammen, GM3, we suspect, was enjoying his assignment too much to make notes—so we'll just have to guess whether "a good time was had by all."



Scuttlebutt

He is a diplomat this, that and the other—belonging to some 12 professional societies. He is a member of the American Alpine Club, the Alaska Mountaineering Club, Audubon and about 10 non-professional societies. He holds licenses to practice medicine from Alaska, Haiti, New York State and California. He was licensed as a lobsterman while at Newport, R.I.; he was a dog driver while on an Antarctica Expedition; crossed Palmerland by dog sled; sailed by yawl through the Bay of Fundi and the Reversing Falls of St. Johns; sailed a gaff rig Danish ketch; was crewman on the cutter "Worry" in an Annapolis to Newport Race; crossed the Alps on skis; on skis traveled through the mountains from Fairbanks to China Hot Springs, the new "Oat" Route; as leader made the first ascent of the North Peak of Mt. McKinley by way of the "Cook Route." He has some of the secretaries in the hospital claiming that he is the "handsomest" man they know. Thus winning tennis championships becomes very minor, and even the ability to perform "thoe" operations (toe to thumb transplants) takes a backseat when considering the interesting career of CAPT Donald McLean. He is so one-of-a-kind that the recommendation is made that he be removed from the Plastic Surgery Division and put on display in the lobby.

--- -- ---

MAN OF THE WEEK, of quite another kind, is the Admiral's driver. Yes, sir, he's **ONE OF A KIND** also. Tom Landingham, ran out of gas making the freeway approach. While the Admiral relaxed in the stalled car and read last week's funnies, his official driver meekly walked back a few blocks, purchased 50 cents worth of gas, and returned to bring the Admiral on in to NHO.

--- -- ---

MITSTAK—from October 6—LTJG Ellen Stoehr, now LTJG Ellen Gallavan went to All-Navy at San Diego for winning 4th place in the Pacific Coast Bowling Tournament. She placed 14th in All-Navy. It is no mistake that HM3 Patricia M. O'Reilly was second runner-up, women's singles, in the 1972 Pacific Coast Tennis Regional Championships.



IT IS A GREAT DAY WHEN ONE CAN MAKE CHIEF PETTY OFFICER IN THE NAVY. It is even better when three can do it. Pictured: Thomas J. Marria, Security Division; Joe Raley Hampton, X-Ray Division; Arthur Wm. Nicewander, in Medical Repair.

Definition—

The difference between amnesia and magnesia is: With amnesia, you don't know where you've been, but with magnesia you certainly know where you're going.



HERE IS ANOTHER OUTSTANDING HOSPITAL CORPSMAN. Daniel R. Allen, HM2, received commendation for providing invaluable assistance to the Nursing Service Enlisted Detail Officer. HM2 Allen has received orders to the Naval Submarine Medicine Center, New London, Conn., for training in the specialty of submarine medicine.



MORE SHORT SHEET

(Continued from Page 1)

Korean Vets Schooling Rights Have Limitations

Millions of post-Korean Conflict veterans separated from service between January 31, 1955, and June 1, 1966, have only until May 31, 1974, to complete their GI Bill schooling, the VA announced recently.

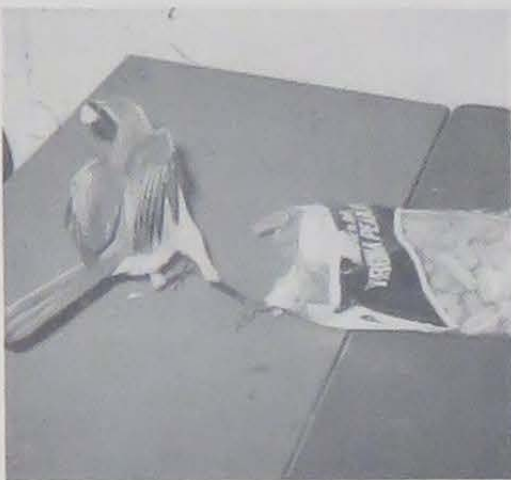
January Pay Raise Is Recommended

The Office of Management and Budget and the Civil Service Commission are recommending an across-the-board 5.14 percent pay raise for the government's nearly 2 million white-collar employees. President Nixon was expected to send to Congress a message or an alternate plan to put the pay raise into effect January 1st instead of this October as the law originally contemplated.

Transportation . . . is for the Birds!

Especially for Mr. Blue Jay, their daily visitor.

Photos by George Manchester



What ho! Think I can escape with one.



That worked, now for two!



I'm not greedy, but it may be a long winter.



Okay, so I pose for them. Small thanks for their 42 cents per day.



Back to the business at hand. Nuts to them too.



This, on a daily basis, could become work!

Two Help Save Buildings

LCDR Michael Hogan was entering the Naval Hospital compound and discovered a fire outside the Transportation Building. Hospitalman Randy Haight, assigned to Special Detail, was alerted and the spontaneous action of the two men, by combating the flames with CO2 bottles, helped save the building. By containing the fire, until the Fire Department could respond and bring the fire under control, in excess of \$50,000 worth of government property was saved in the Transportation complex area.

The two men were commended by the Commanding Officer for their prompt action.

Treat To A Baked Treat

The Navy Wives' Club of America 160 will have a special Halloween Bake Sale, October 30, beginning at 9 a.m. in the lobby of the Navy Exchange. Don't trick yourself into baking; enjoy their treats.

The Ten Commandments Of Patient Consideration

THE PATIENT is not in a normal condition—he is in a state requiring medical attention and personal understanding.

THE PATIENT is not a routine concern—he is an individual case requiring individual evaluation and treatment.

THE PATIENT is deserving of the most courteous and attentive treatment we can give him.

THE PATIENT has devoted part of his life to our country or is dependent on someone who has.

THE PATIENT is not an interruption to our work—he is the purpose of it.

THE PATIENT is here because he needs to be—not necessarily because he wants to be.

THE PATIENT is not a cold statistic—he is a flesh and blood human being with emotions and feelings like our own.

THE PATIENT is not someone with whom we should argue or match wits.

THE PATIENT is deserving of professional treatment by personnel who keep abreast of the latest knowledge and techniques of modern medical research.

THE PATIENT is the most important person in our mission.

Read A Book

For you men, how about trying "Antique Collecting for Men," by Louis H. Hertz. "Chess Catechism, including the Ten Best Games of the Modern Era," by Larry Evans. Interested in reptiles, plants, insects, birds, mammals? Then check the 581 and 598 series.

Nobody tires of an Erle Stanley Gardner evening. Try reading "The Case of the Careless Cupid." There's another cupid story by Zilpha Keatley Snyder called "The Headless Cupid."

Interesting titles anyway: "The Stainless Steel Rat," by Harry Harrison; "The Day the Cowboys Quit," by Elmer Kelton; "I Know Why the Caged Bird Sings," by Mary Angelou; "Future Shock," by Alvin Toffler; "Denver Is Missing," by D. F. Jones; "A Measure of Dust," by Steven Turner; or "The Fortune Machine," by Sam Ross.

Hurrah for the Navy—in 1971 naval installations in the area give almost 50 percent of the entire amount pledged, East Bay Area military AND civilian. We'll do it again with your help!

Life Began . . .

LIFE BEGAN on October 6 for Pegem Denise Rhyne, 6 pound, 14 1/2 ounce daughter of LCDR Dennis A. Rhyne and Maureen . . . October 8 for Cory Beck Johnson, 8 pound, 3 1/2 ounce son of HN Timothy V. Johnson and Cynthia Sue . . . October 4 for Jeffrey Ronald Turpin, 8 pound son of HN Ronald F. Turpin and Joan . . . October 11 for Erik Lee Johnson, 7 pound, 13 ounce son of HM3 Gary L. Johnson and Karen Marlis . . . October 17 for Jennifer Lee King, 2 pound 1 1/4 ounce daughter of HN Bobby J. King and Teresa.

Movie Schedule

October 21
NOW YOU SEE HIM, NOW YOU DON'T—William Windom and Joe Flynn. Comedy (G).

October 22
HOMER—Don Scardino and Tisa Farrow. Drama (PG).

October 23
THE STEPMOTHER—Alejandro Rey and Katherine Justice. Drama (R).

October 24
THE JERUSALEM FILE—Nicol Williamson and Bruce Davison. Adventure Drama (PG).

October 25
THE OTHER—Uta Hagen and Chris G. varnoky. Humanistic Horror (R).

October 26
TALES FROM THE CRYPT—Sir Ralph Richardson and Joan Collins. Horror Drama (R).

October 27
SON OF BLOB—Godfrey Cambridge and Carol Lynley. Science Fiction (PG).

October 28
THE BISCUIT EATER—Earl Holliman and Patricia Crowley. Comedy Drama (G).

October 29
POINT OF TERROR—Peter Carpenter and Dyanne Thorne. Mystery Drama (R).

October 30
STANLEY—Stanley and Chris Robinson. Horror Drama (PG).

FLASH!

Mr. Laurence Bowling, president-elect of U.B.A.C., a tremendous speaker, will be with us at 2:30 p.m., Wednesday, October 25, in the Clinical Assembly on behalf of CFC. Pack that room!



INFORMATION SERVICES PROVIDED FOR HEALTH PROFESSIONALS

By: JANE C. O'SULLIVAN,
Medical Librarian

The Surgeon General of the Navy is an ex officio regent of the National Library of Medicine at Bethesda, Maryland. Many programs are funded by Congress to develop and improve information services to physicians and other professional health workers throughout the country, via the system of regional medical library networks.

Naval Hospital Oakland participates in the Pacific Southwest Regional Medical Library Service, which serves California, Nevada, Arizona and Hawaii. The regional library is the Biomedical Library at the University of California, Los Angeles. A special staff there provides many services. The University of California Medical Center Library at San Francisco provides interlibrary loan service to Northern California hospitals.

Program Range

National Library of Medicine (NLM) programs range from high-level, long-range technical experiments to practical local assistance. The Lister Hill Center at NLM has begun a pilot project to use satellite transmission of biomedical information, both for patient care and for continuing education, to remote areas of Alaska, Idaho and Appalachia. A similar project links science resources at the University of Hawaii with Micronesia, including NH Guam. Our hospital has already offered direct copy service from our journals to NH Guam. We are now planning to extend local loan service, by telephone and guard mail, to any dispensary or science library in the proposed Norcal region.

The NLM provides many tools, derived from the computerized Index Medicus data base, to expedite searches of the journal literature in specialized fields. Our subscription list includes such serially published special searches as the Toxicity Bibliography (at

the Drug Reference Station) and the Neurosurgical Biblio-Index (shelved as a supplement to the Journal of Neurosurgery). We also maintain a master file of published literature searches, and will list new searches received in the New Book List to service chiefs.

Demand Search

We accept and process questions for individual "demand" searches of the following types:

MEDLARS (Medical Literature Analysis and Retrieval System). A comprehensive search of the 23,000 journals reported in Index Medicus, retrospective to January 1969. The programming station is at UCLA and the printout comes by mail in about four weeks.

MEDLINE (MEDLARS on-line). A fast search of 11,000 titles in the Index Medicus which covers 60 per cent of the entries. The terminal is at the University of California Medical Center, San Francisco. Turnaround time is about a week. At present the searches are retrospective to January 1969, but NLM plans to extend this period back to 1966 next year.

AIM-TWIX. A fast search of the 125 clinical titles covered by the Abridged Index Medicus, retrospective to 1966. The terminals are at Sacramento and UCLA. Turnaround time is about a week.

Printout Availability

Recipients of the printouts are requested to return an evaluation form, which helps NLM analyze the relevancy of the programming and improve search techniques.

Interlibrary loan service via NLM networks is free to all professional health workers, and should be available through the closest hospital, medical school or public library. Medical staff members who do not receive this service through the hospitals where they affiliate should ask the administrator to designate a staff member to establish and maintain search and loan activities with the appropriate regional medical

Easter Time Is The Time For Eggs

But So Is November!



These are the skilled hands of Dorothy Tovatt. It also takes a creative mind to design an "egg" tree with each scene within the egg so artistically different. Dorothy is in the Steno Pool, and over the years she has individualized many gifts for staff members, stressing their particular hobbies or the seasons of the year. You may see her inventive creations at a Holiday Decorations Program of Oakland, Oakland Auditorium Theatre and Arena, from 9 a.m. to 5 p.m. Saturday, November 4, through Tuesday, November 7.

library network.

At NHO our first contact for loans is with local hospitals; then we go to the University of California Medical Center through daily guard mail. Turnaround time for requests is 48 hours or longer. If the item is not available in San Francisco, the request will automatically be referred through the network; some eventually go to NLM Bethesda. For this reason, if there is a deadline date for a request, it should be noted on the Request for Interlibrary Loan form. Urgent questions pertaining to patient care may be brought to the attention of the librarian for special processing. Other requests will go through routine channels.

REMEMBER to drive carefully on your holiday weekend. To that "other guy," YOU are the other guy!

Take a Mini-Vacation

Disneyland Mini-vacations, ranging in price from \$43 to \$85 per adult, are available to Magic Kingdom Club Members. Special Services has details, but sample prices run \$43 for an adult and \$9.20 for junior for 2 nights deluxe accommodations at the Disneyland Hotel, including 2 special MKC ticket books (per person). On the 3-night and 4-night stays the package attraction includes one or two of Los Angeles' other major attractions as a "goodtime" feature. Advance reservations must include your MKC chapter number, and your membership card must be presented at the time of hotel registration. Have a good good-time.

THE ALAMEDA-CONTRA COSTA MEDICAL ASSOCIATION MEETING IS THE ONE TIME EACH YEAR WHEN PHYSICIANS, MILITARY AND CIVILIAN, GET TOGETHER TO DISCUSS PROFESSIONAL SUBJECTS AND TO SOCIALIZE. One speaker of the evening, LCDR Wm. Rader, MC, USN, a staff psychiatrist at the Long Beach Alcoholic Rehabilitation Center, Naval Hospital, answers a question from the floor. The subject: The Alcohol Rehabilitation Unit at the Naval Hospital, Long Beach, Ca. Seated to the rear of Admiral Faucett is the president of the Alameda-Contra Costa Medical Association, Dr. Conrad Anderson, and Captain Joseph Zuska, MC, USN, the other guest speaker, and Captain Kittrinos, Executive Officer.

Your
Vote
makes
a difference



Sports shorts

Naval Hospital Oakland To Host Four Twelfth Naval District Sports Events In 1973

Following is a list of 12ND athletic events to be hosted at Naval Hospital Oakland in 1973: Feb. 13-7 p.m.

Women's Volleyball

June 12-14-9:30 a.m.

Senior Men's Tennis

June 21-22-10 a.m.

Women's Tennis

July 5-7-10 a.m.

Men's Slow-pitch Softball
Tournament

ASK RON BROWN

Ron Brown, our athletic director, says that the Twelfth Naval District Women's Badminton Tournament, to be held November 1 and 2, is open to all enlisted or officer personnel. Call him for entry information.

The Twelfth Naval District Cross-country Championships will be November 3 at Golden Gate Park. Also ask Ron Brown for those rules, ext. 2350.

TWELFTH NAVAL DISTRICT SPORTS AND RECREATION SCHEDULE FOR 1972

October 27-5 p.m.—Cross-Country Invitational (NAVSUPACT Mare Island)

November 1-2-7 p.m.—Badminton, 12th ND Women's Championships (NAS Lemoore)

November 3-4:30 p.m.—Cross-Country, 12th ND Championships (Golden Gate Park, San Francisco)

November 6-11-10 a.m.—Seven-Man Touch Football, 12th ND Championships (NAS Lemoore)

November 21-7 p.m.—Basketball, 12th ND Men's League Invitational (NAVSHIPYD Hunters Point)

December 6-7:30 p.m.—Wrestling Invitational (NAVSHIPYD Hunters Point)

Wrestling, Invitational (NAVSUPACT Mare Island)

Please Note

You may be too late to hop aboard unless there are cancellations. But take the chance and quickly phone 392-0577 about the Armed Services YMCA trip leaving today (October 20) at 6:30 p.m. for a weekend camping trip to the Pinnacles National Monument, extending through Veterans' Day. The cost is \$10 plus a share of car expenses.

Then get the habit of watching the bulletin boards near the main dining room for information on other "Y" entertainment. Maybe it is not too late to catch up on scuba diving lessons which began October 12 for 10 sessions. The "Y" is also offering special rates for servicemen for pre-ski classes starting October 25.

YOUR ARMED SERVICES YMCA IS A COMBINED FEDERAL CAMPAIGN AGENCY.

Human Goals is . . .



Domestic Action!

Show Your Spirit — Get Involved Now

You have less than one month to complete your crafts projects, gather together your white elephants and complete preparation for the Christmas Bazaar held annually by the Officers' Wives' Club of Naval Hospital. This fund raising event helps support the pediatric clinic, day care center, hospital patient care areas, JANGOS and other club projects such as presentation of Christmas baskets. In previous years the event has been a big success, all because so many from the Naval Hospital community have shown their true spirit of unity. They gave and they bought! But contributions come first. Deliver them to the Officers' Club between 9 a.m. and 3 p.m. on Monday, November 13.

Practically any donation of craft or art work is welcomed: paintings, decoupage, stitchery, ceramics, Christmas decorations, white elephants, baked goods, candy, nuts, jellies or whatnot. Even money is acceptable! And all donations go to the Club's charities. The Bazaar planners will accept consignment items with 25 percent of sales going to the Club and 75 percent to you or your group.

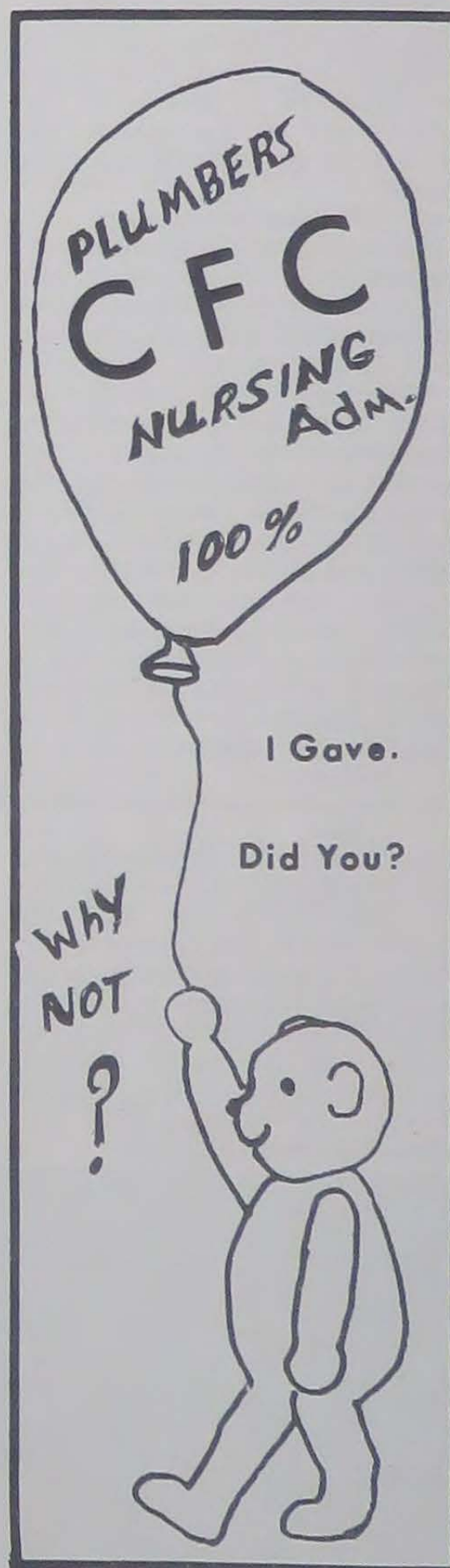
Plan to do your Christmas shopping at the Bazaar; buy yourself a present; have a buffet lunch for \$1.25 if you wish while you are doing it. Sure, hubby will have fun too, so bring him along to receive YOUR hints. And if there are any questions, call Teen Wurzel, 828-1489, or Jute Gorsuch, 638-5685.

The date? IT IS WEDNESDAY, NOVEMBER 15, 11:30 to 1:30, "O" CLUB.

(ADMISSION, SMELLING AND LOOKING FREE!)



JAMES HENSHAW, HM3, was presented a certificate for completion of On-the-Job Training in Orthopaedic cast-room technique. Congratulations!



Know Some Motorcycle Facts

During the years 1960-1971, the number of motorcycles registered in the United States increased 449 percent. In 1971, motorcycle fatalities in the Armed Forces totalled 184 and disabling injuries exceeded 2,000. On October 1, there were only two amputees at Naval Hospital Oakland as a result of motorcycle accidents, but that statistic represented a low low; the usual statistic is that 50 percent of the amputees at NHO show cause attributable to motorcycle entanglement. From July 1, 1971, to July 1, 1972, the Admission Room report (data processing readout Code 106) shows 200 admissions at our hospital as a result of motorcycle accidents.

In collisions with other vehicles, the motorcyclists are not always to blame. In most cases, automobile drivers claimed they did not see the motorcyclist in time to avoid an accident.

If you must ride a motorcycle, wear protective headgear; draw attention to yourself as much as possible by distinctive color or shape. Face shields and eye protection prevent injury from foreign objects in the air. Wear boots, gloves and jackets to protect against contusions and abrasions. Be knowledgeable about operation of your vehicle relating particularly to turning, stopping and riding properly in traffic. Since the level of skill is a partial function of vehicle familiarity, training and licensing, more effort in these areas is indicated.

California in 1971 reported that 89 percent of the motorcycle accidents in this state occurred at speeds of 50 mph or under. Eighty-four to 96 percent of motorcycle accidents occurred on dry roads, which might be expected since cycles are not driven so frequently on wet or icy roads. Accidents happen with equal frequency at intersections and between intersections; they most often occur between 4 p.m. and 6 p.m. and Saturday is the worst day of the week (also true of other vehicle accidents). Naturally since motorcycles are used the most in the summer months, June, July and August tally the most accidents. Usually the operators involved are under 24 years of age; most state studies show from 42 to 66 percent of the motorcyclists in accidents to be under 20 years. In excess of 90 percent of the motorcycle operators were males, but about 15 to 20 percent of the people killed or injured were females and passengers on the machines. Most cyclists involved had little or no riding experience. The most serious type of injury is that occurring to the head. In motorcycling, use your head. Some would even say, if you DO use your head, you will not ride a motorcycle on any road used by four-wheel vehicles.

The OAK LEAF

Vol. 34, No. 23

Friday, November 3, 1972

One Vote Makes a Difference

One vote gave America independence. Patrick Henry's famous resolution in favor of American independence was passed by one single vote.

☆☆☆

One vote elected a United States President. Rutherford B. Hayes was elected President of the United States over Samuel J. Tilden by one electoral vote.

☆☆☆

One vote kept President Monroe from a unanimous election. A single vote by John Quincy Adams: Adams wanted history to show only Washington elected unanimously.

☆☆☆

One vote made you speak English. The American Revolution filled those on both sides of the conflict with deep bitterness. The American people decided to sever all ties with the mother country and change the official language from English to German for



the newly formed country. A bill was presented to Congress but the vote ended in a tie. The deadlock was finally broken by a single vote cast by the son of a German immigrant.

☆☆☆

One vote admitted Texas to the Union. In 1845 the Senate deadlocked on admitting Texas to the Union. Finally Indiana's senator changed his vote for admission.

☆☆☆

One vote helped win World War II. In 1941 Congress extended the draft law by one vote. Four months later we were at war; thanks to that one vote we were better prepared.

+ + CHAPLAIN'S CORNER + +

OUR AMERICAN HERITAGE: WHAT IS IT?

You cannot really see it or touch it, but it has given us our government, liberty of thought, freedom of movement, our standard of living, private property, the greatest economy in the world.

Our founding fathers fled the oppression of old world rulers. They had seen "justice" meted out without a jury of one's peers, where one was always "guilty" until rarely adjudged innocent.

They provided the framework of a government that separated church and state, that separated legislative, executive and judicial branches. They assumed that honor dictated the thoughts and actions of those individuals endowed with the spark of leadership, and that their fellow citizens would elevate them to positions of significance at each level of government.

It is appropriate just before election day of '72 to speak out in recognition of our fellow citizens, the young and old, the rich and poor, who cherish our American heritage . . . who see through its weaknesses and value its strength . . . who, while wanting and working for a better world, are mindful of their share in history . . . their opportunity . . . their responsibility . . . to keep the one we have safe by the only standards we know until we have found something better.

The rules embodied in our American heritage call for citizen participation, especially in voting. The majority governs. The need is for everyone's vote so that all will know who and what is wanted by the majority of our fellow citizens: young and old, rich and poor, black and white, ambitious and discouraged, confident and fearful.

On November 7th, our American heritage gives us the right to vote, not only a right but a privilege and a responsibility.

LCDR JAMES C. CLIFT, CHC, USNR

One Man- One Vote



Editorial

Fakers Or 'Revolutionaries?'

By A1C Rowland Stiteler

The 26th Amendment to the U.S. Constitution may well be the basis for the next generation gap. I'm afraid we "revolutionaries" under 25 are showing up as a bunch of fakers.

We are being laughed at.

The amendment is the one that, in essence, said "put up or shut up" to our generation by giving 18-year-olds the vote.

Surveys show we are not turning out to register to vote in any larger numbers than our parents, or theirs.

I used to think "the revolution" was just dawning when I was a college junior back in 1968.

Things were going to change.

We were going to change them.

How could it be, I used to think, that our parents were so out of touch and we had such a direct line to right and wrong?

This country could really be beautiful if "we" just had some power, I said when I was 20.

Why, we'd stop war for good; end racism and poverty and really get this country together.

"They" know better than to let 18-year-olds have the vote because they know we'd change things too much," my friends used to say.

We believed it. We believed in us, the younger generation.

But I don't find it that easy to believe anymore.

There are 25 million of us who are under 25 and eligible to vote in the upcoming presidential election.

Do you realize the impact of 25 million votes?

Politicians do.

But it doesn't really matter if there are 25 billion of us young people if we don't vote.

We can sit and let others run our lives for us. And that's what will happen if we don't vote. Somebody else can make the laws that we have to obey.

We in the United States have a flexible form of government in which anything—literally anything—is possible if the majority of the electorate gets behind it.

Want to start E-1s at \$900 a month? Want a 2-hour work week?

These are rather absurd examples, but the point is anything is possible the majority wants. There are no limits.

And it all starts—or stops—at the ballot box.

Get your names on voter registration certificates in significant numbers and the politician will start courting you.

The name of the game is get reelected, as far as a politician is concerned, and everyone from the President to the city dog catcher knows the only way to preserve himself in office is to show the voters he is their servant and not their ruler.

He's got to do what the majority wants or he can forget it.

The crushing reality is that the enthusiasm of youth is just hot air if we don't register and vote.

Contact your voting officer and find out how to register in your home state.

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Sorry, Mate, you have missed the registration date for this election. HURRY for the next one.

REMEMBER . . . The Officers' Wives' Club wishes your Christmas Bazaar donations by November 13th, call Teen Wurzel, 828-1189. The bazaar is on November 15th at 11:30 a.m. at the "O" Club.

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kitrinis, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey (HM3 T. L. Bethel)

Photography: HM1 Steven L. Spring, HM3 T. J. Town, HM3 T. L. Bethel, GM3 J. J. Kammen, HN R. L. Juschka.

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Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627

Movie Schedule

November 3 SNOOPY COME HOME—Animated Cartoon (G)	November 10 TEN DAYS' WONDER—Anthony Perkins and Orson Welles. Melodrama (PG)
November 5 NIGHT OF THE BIG HEAT—Christopher Lee and Patrick Allen. Science Fiction (PG)	November 11 THEY PAID WITH BULLETS—Ingrid Schoeller and William Bogard. Drama (N A)
November 6 LOOT—Richard Attenborough and Lee Remick. Comedy (PG)	November 12 PLAY MISTY FOR ME—Clint Eastwood and Jessica Walters. Suspense-Drama (R)
November 7 WILD IN THE SKY—Brandon DeWilde and Keenan Wynn. Comedy (PG)	November 13 THE DOBERMAN GANG—Byron Mabe and Hal Reed. Comedy-Drama (PG)
November 8 VENGEANCE—Richard Harrison and Alan Collins. Western (PG)	November 14 SHAFT—Richard Roundtree and Moses Gunn. Melodrama (R)
November 9 THE DEAD ARE ALIVE—Wamatha Eggar and Alex Cord. Mystery (R)	November 15 THE CANDIDATE—Robert Redford and Melvyn Douglas. Drama (PG)

AT THE DINING IN

TRADITION PREVAILED

A FEW SCENES from the Dining In ceremonies on October 6. With background music provided by the Navy band, the guests, attired in Dinner Dress Blue Jacket uniforms and under the strictest rules of military etiquette, chatted quietly during cocktail hour. At the direction of Mr. Vice, the band struck "Officers' Call" and all officers, followed by honored guests, stood at their seats. At the striking of the gavel by Mr. President, all sat. The menu, written in French, consisted of melon balls, salmon steaks, filet mignon, Caesar salad, baked Alaska, three wine courses, after-dinner drinks, and cigars.

Following the meal, appropriate toasts ran the gamut from the Commander-in-Chief down to the "whole thing." Completion of toasting was followed by an invitation to join the mess President at the bar.



EXEC-LINE

* The stamp machine in the Snack Bar has been broken for several months; it is the only place in the hospital where you can buy stamps; it should be fixed.

The contractor was notified and the machine is presently in service. Vending machines under the control of the Exchange, whether contract or Exchange-owned, are identified by a decal. It will be appreciated if anyone discovers a machine inoperative or empty if he will call ext. 2151, and service will be restored to the patrons as quickly as possible.

* The washers and dryers on B-3 deck, Enlisted Barracks, do not work properly. The controls do not work, doors will not stay closed and many times the spinning cycle does not extract water properly. Can they be repaired or replaced?

Some new washers and dryers have been placed on budget and approved, but delivery is often 60 days after order. In other cases parts are on order, and in still other cases a plumber goes daily to the barracks and makes minor repairs, which are usually the result of misuse of the machines. The present machines are less than 2 years old and are commercial-type machines. With proper care they should last longer than 2 years. Wear and tear is frequently caused by overloading, excessive detergents, slamming and rough treatment in closing doors. Even machines serve better when given Tender Loving Care.

Hail & Farewell

ENLISTED REPORTING:

From Hospital Corps School, San Diego came HN's Robert Young and John Jacobson and HA's Patrick Rose, Charles Trotter, Jr., Terrance Young, and David Dixon. HN Charles Wilson II reported from NH Camp Pendleton, and HMC Doyle Bryant came from Naval Station, Treasure Island. HN Susan Hobbs, HA Perla Arguezza, and HR Thelma Chavey reported here from Hospital Corps School, Great Lakes. From USS JOHN F. KENNEDY (CVA 67) came YN2 Daniel Odegard.

ENLISTED DETACHED:

HM3 Helen Sullivan was detached to Naval Submarine Medical Center, New London, Conn.; HA Richard Fourkiller to USS MIDWAY (CVA 41); SN Lila Neal to NAS, North San Diego. To Third Marine Division went HN Tommy Wright; HN Ellis McCant to First Marine Brigade; HM2 Donald Butler to Naval Amphibious Base Coronado, San Diego.

To the USS SANCTUARY (AH 17) reported HM2 Russell Alameda, HM3's John Evans, Ronald Hug, Bruce Mills, and HN's Edward Jameson, Dennis Rekeal, Robert Billheimer, Jim Coffman, Robert Davies, Alexander Smith III, and Stephen Wright. HN Nancy Hulvey reported to NAS Moffett Field; HM3 Bruce Trimble to Force Troups, Atlantic; HM Thomas Denmark to MCAS Futenma, Okinawa; HN John Crowell to USS DAVIDSON (DE 1045); HN Ester Wilson to Naval Hospital Camp Pendleton.

HM2 Gary Eastburn and HM3's Nickolas Aguirre and David Arndt were released to inactive duty in the Naval Reserve.

Life Began . . .

LIFE BEGAN on October 19 for Katrina Suzanne Zachary, 7 pound, 5 ounce daughter of LT David Zachary and wife, Suzanne.

STAMP EXPO COMING

Stamp Expo 72 (North) will be at the St. Francis Hotel, San Francisco, November 24, 25 and 26. Discount tickets are available for \$1.50 from HMC Crisostomo in Special Services.



Your Reference Sheet of Services

(Pull and Save)

ALCOHOLICS ANONYMOUS MEETINGS

Tuesday, 2000, Naval Hospital, Oakland, building 77B.
Wednesday, 2000, Treasure Island, Chapel Annex.
Thursday, 2000, Naval Hospital Oakland, building 77B.
Thursday, 2000, NAS Alameda, building 137.
Friday, 2000, Moffett Field, back gate.
Meetings are held every night in the Bay Area. For assistance and schedules, call 653-4300, or the Chaplain's Office, exts. 2251, 2252.

BANK OF AMERICA

The Bank of America maintains a branch in building 73, Gendreau Circle. Hours are 0930 to 1300, except on Navy and civilian paydays when the bank remains open until 1400. Ext. 2050.

BARBER SHOP

The Barber Shop in building 500, third floor, across from the Main Dining Room, has hours 0800 to 1630 on Monday and Friday; 0900 to 1630 Tuesday, Wednesday and Thursday. Appointments may be made. Haircut, \$1.25. Ext. 2230.

The Barber Shop in building 38, second floor, is open 0800 to 1630, Monday through Friday; 0800 to 1200 on Saturday. No appointments. Haircut, \$1.25. Ext. 2320.

BEAUTY PARLOR

The beauty parlor is also in building 38, second floor. Hours are from 0830 to 1630 Monday through Friday. Prices vary from \$3.25 upward according to length of hair and styling. Ext. 2000.

BEVERAGE SHOP

Located near the main gate, the "Beverage Shop" is a small convenience Navy Exchange Store which carries items ranging from dairy products and snack items to sporting goods. Hours are from 0900 to 1730, Monday through Friday, and 0900 to 1330 Saturday. Ext. 3987.

BUSES

The Alameda-Contra Costa Transit District provides bus transportation throughout the East Bay and to San Francisco. Line 56-Seminary Ave. gives direct service to the hospital door at least every 25 minutes during the day and at a slightly longer interval at night. Line 56 connects with the Bay Area Rapid Transit (BART) station near the Oakland-Alameda County Coliseum where a transfer to AC Transit's Line 57-MacArthur Blvd. will take passengers to Oakland International Airport. Line 56 also connects with other bus routes to downtown Oakland and Jack London Square (Line 34), San Francisco (Line N), and the Berkeley-Albany area (Lines 40, 43 and 43A). Exact fares are 25 cents one-way to Oakland Airport, 35 cents to downtown Oakland and Jack London Square, 65 cents to San Francisco and 35 cents to the Berkeley-Albany area. Information concerning schedules, fares and charter excursions may be obtained by calling AC Transit Information, 653-3535.

CAFETERIA

The cafeteria in the Navy Exchange Store (Community Services Building) is open Monday through Friday only, from 0700 to 1600. Ext. 2354. The cafeteria has recently been renovated.

The Navy Exchange also operates the Snack Bar, third floor, building 500, Monday through Friday, 0700 to 1400 and 1445 to 2100; Saturday and Sunday, 0700 to 2100. Ext. 3928.

CHAPLAINS, CHURCH SERVICES

The chaplains' offices are open from 0800 to 1630 Monday through Friday. A Catholic and a Protestant chaplain are on duty 24 hours a day. Offices are on the third floor of building 500, adjacent to the Chapel of Hope. Exts. 2251, 2252.

Divine services:

PROTESTANT

SUNDAY WORSHIP—0930 Chapel of Hope (third floor)
1030 Main Chapel*

SUNDAY SCHOOL and ADULT

DISCUSSION GROUP—0930 Chapel Annex*
HOLY COMMUNION—First Sunday of each month and following 1030 services each Sunday
Weddings and Baptisms: By appointment
Choir Rehearsals: Every Wednesday at 1930

CATHOLIC

SUNDAY MASS—0830 Clinical Assembly (third floor)

1215 Main Chapel*

DAILY MASS—1200 Chapel of Hope (Monday-Saturday)

HOLY DAYS OF OBLIGATION

1200 Mass, Chapel of Hope

1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (before daily Masses)

OTHER

The Jewish Rabbi visits the hospital on call. For appointments call Extensions 2251 or 2252 or 357-8505.

Services for Latter Day Saints scheduled upon request.

*A nursery for small children is available in the Chapel Annex (bldg. 133) during these services.

"The Navigators" hold meetings at 1930 in the Chapel Annex every Tuesday. Contact a Chaplain's Office for further information. Exts. 2251, 2252.

CHIEF PETTY OFFICERS' MESS (OPEN)

Adjoining the main gate parking lot to the left, building 78B, the CPO Club is a popular meeting place for staff chiefs and their friends. Refreshments and luncheon are available weekdays, and evening events are frequent. The club may be reserved by authorized patrons for special parties upon arrangement. Ext. 2457.

COLLECTION AGENT OFFICE

Payments for hospitalization and meals in the dining rooms are made at the office on the third floor next to the Officers' Dining Room. Ext. 2265.

COMMISSARY

The military frequently use the commissary stores at Naval Air Station Alameda and Moffett Field, Naval Station, Treasure Island, Naval Shipyards at Hunters Point and Mare Island, the Air Force bases of Travis and Hamilton, and the Oakland Army Base and the Presidio of San Francisco. The Naval Hospital Oakland Beverage Shop sells convenience items. Ext. 3987.

COMMISSIONED OFFICERS' MESS (CLOSED)

The Commissioned Officers' Mess (Closed) is the scene of a wide variety of social activities for staff officers and their families. Hall and Farewell parties are held to welcome newcomers and say goodbye to those departing. Other events include dinner dances, outdoor barbecues, celebrations of anniversaries significant to the staff. Lunch is served weekdays in the Galleon Room. Ext. 2181.

Treasure Island, Alameda Naval Air Station and several other military facilities in the Bay Area have officers' clubs which are open messes.

CREW'S LIBRARY

This library contains over 15,000 book titles, receives 80 or 90 magazine titles, and four or five area and national newspapers. Records are mostly classical. There is a table of free (donated) paperback books, and a library cart is on the wards Monday and Thursday from 1030 to 1400. The library is in building 101 off Gendreau Circle, and is open from 0800 to 1630 and from 1800 to 2000 Monday through Friday. Saturday, Sunday and holiday hours are 1230 to 1700. Ext. 2220.

DAY NURSERY

A day nursery for the dependents of military personnel is located in building 77A, open 0730 to 1700 weekdays. Operated by the Navy Exchange, weekly care for one child, lunch included, is \$18.50; hour care, one child, 50 cents, with lunch 60 cents if day to day care. Additional children, rates differ. Ext. 2010.

DECAL OFFICE

Open 0800 to 1600 Monday through Friday, decals for admittance to hospital compound may be secured in building 16C. Ext. 2401.

EDUCATION AND TRAINING

Open from 0800 to 1630 Monday through Friday, this branch of the Military Personnel Division conducts in-service training for staff personnel, indoctrination for incoming medical officers and wives and for enlisted personnel, and it administers examinations for advancement in rating. Education and Training also provides counseling on many educational and vocational training opportunities. Building 105, ext. 2237.

ENLISTED MEN'S CLUB

The Enlisted Men's Club is in building 78A and is operated for enlisted military personnel, their dependents and guests. Facilities include ballroom, television room and bar, where snacks are available. Ext. 2160.

FOOD SERVICES

Dining rooms for staff officers and for other military and civilian staff and patients are located on the third floor of the main hospital building. Both are open daily from 0600 to 0745 for breakfast; 1100 to 1300 for lunch and 1600 to 1800 for dinner. Charges are minimal. Across from the Main Dining Room is a Snack Bar; a Navy Exchange cafeteria is located in building 38; there is a closed mess at the Officers' Club, which was the old Rancho de San Antonio House of the Oak Knoll Golf and Country Club.

GOVERNMENT DRIVER'S LICENSE

Permits for government driver's licenses are secured from the Transportation Division, building 111, on Wednesdays. Ext. 2177.

HOUSING

The Housing Referral Office, building 60A, is open from 0800 to 1630, Monday through Friday, and gives assistance to both military and civilian personnel in locating temporary or permanent housing. Family housing on the hospital compound consists of five senior officers' quarters, ten junior officers' quarters and 36 units for enlisted personnel. Priorities are assigned and there is usually a waiting list. Names of reputable real estate agents will be made available to prospective home buyers. Exts. 2309 and 2532.

The Navy Exchange Motel, on the hospital compound, offers 16 rooms with connecting baths in building 66A for next of kin of seriously ill patients. When space is available, incoming staff and other eligible military patrons may use these facilities. Charges are \$5.00 for one; \$6.00 for two; rollaway beds or cribs \$1.00. Ext. 2051.

The Naval Supply Center, Oakland, has 18 units, some with kitchen facilities at \$8 per day (1 double and 2 single beds); \$7 with no kitchen. Double bed single units are \$6 per day. For reservations, phone 466-6187 before 2000 on weekdays and by 1330 Saturday or 1500 Sunday.

Temporary low cost housing on a limited basis (5-day minimum) is available at Jacobs Hall, Oakland Army Base, \$3.60 for one; \$6.20 for two. Phone 466-3067 for reservations.

Also for temporary quarters, the Navy Lodge at Alameda Naval Air Station has 79 units (\$8.00 a night) and there are 19 quonset huts (\$6.00 a night). There is a kennel available. Phone 523-4917.

Applications must be made at Alameda for permanent family housing. Waiting lists are 10 to 12 months. Phone 869-2036.

IDO OFFICE

Open 0800 to 1600 Monday through Friday, building 78, ext. 2156. Patients, staff and dependents may obtain identification cards at this office. Naval personnel should first obtain applications through the Personnel Office, third floor, building 500, exts. 2246 (officer) or 2027 (enlisted). Marines may obtain forms through Marine Liaison, building 61B, ext. 2137.

Your Reference Sheet of Services

(Pull and Save)

INFORMATION DESK

Personnel are available at all times to assist patients, staff and visitors. The information desk is located in the main lobby of the hospital on the second floor. Ext. 2411.

During normal working hours Mrs. Jane Tipton, information receptionist, is regularly on duty to assist you. Mrs. Tipton has a broad background in Naval Hospital Oakland patient affairs and is one of our most highly qualified contributors to the excellent public relations image we already enjoy.

JANGO

The Junior Army-Navy Guild Organization for daughters of members of the Armed Services provides opportunity for valuable experience for girls to serve as nurses' aids to gain a feeling for community service. JANGOs must be between the ages of 13 and 21. For information, call the Chief of the Nursing Service, ext. 2196.

LAUNDRY, DRY CLEANING, TAILORING

Located in building 38 (Navy Exchange), the hours are 1000 to 1700, Monday through Friday; 0900 to 1300, Saturday. Representative prices: 2 piece military uniform, \$1.30; sailor whites, 83 cents; sailor blues, \$1.10; plain dress, \$1.60; skirts and slacks, 80 cents; woman's long coat, \$1.60. Tailoring charges vary according to the job. Ext. 2151.

LEGAL OFFICE

Open from 0800 to 1630 Monday through Friday. The Staff Judge Advocate is available to provide legal assistance to staff, patients and dependents. The office also serves as the hospital's Civil Rights Office. A notary public is available. Administrative complex, third floor, ext. 2463.

MEDICAL LIBRARY

The Medical Library, building 500, room 3-4-1, provides books and journals in medical and paramedical sciences. All hospital staff members engaged in patient care, training or research programs have access to this vast library during open hours. Professional library assistance is available from 0800 to 1630 Monday through Friday, and an enlisted watch is on duty from 1630 to 2200 weekdays and from 0800 to 1600 weekends. Staff doctors have access at any other time by application to the Administrative Watch Officer. The library participates in all activities of the Pacific Southwest Regional Medical Library Service. Ext. 2070.

MOTELS

Refer to Housing.

NAVY EXCHANGE STORE

Authorized military personnel may purchase clothing, household appliances, kodaks, cosmetics, jewelry, sporting gear and everyday necessities at the Navy Exchange Store, Community Services Building, building 38, Monday through Friday, 1000 to 1700. Saturday, 0900 to 1300. Ext. 2151. A small outlet serves patrons on the first floor of building 500. It is open from 0900 to 1630 Monday through Friday. Ext. 3917.

NAVY RELIEF SOCIETY

Specially trained volunteers conduct interviews in the Duty Chaplains' offices from 1200 to 1400 on Tuesdays and Fridays. Patients and staff are eligible for emergency financial aid through this agency. For further information, contact the Chaplains' offices, exts. 2207 or 2251.

NOTARY PUBLIC

A Notary Public is available in Decedent Affairs and in the Judge Advocate's office, building 500, third floor. Exts. 2045 and 2482.

OAK LEAF

The Oak Leaf is a semimonthly publication offering news of hospital personalities and events for staff and patients. Written contributions and news tips are welcome. Administrative Complex, third floor, building 500, ext. 2113.

OFFICERS OF THE DAY

A Medical Officer of the Day, an Administrative Watch Officer and a Command Duty Officer are on duty around the clock. These watch officers are primarily responsible for coordinating hospital activities after regular working hours. The OOD's Desk is located in the Main Lobby. Ext. 2344.

OFFICERS' WIVES' CLUB

A social and service organization, the officers' wives hold luncheon meetings at the Commissioned Officers' Mess (Closed) on the second Wednesday of each month September through June. Bridge, on Tuesdays and Thursdays at 0930. As part of the club's philanthropy, the members sew layettes for Navy Relief, interview for Navy Relief and contribute other services. Ext. 2207.

PATIENT AFFAIRS

Patient Affairs Division provides for the admission and disposition of patients and coordinates procedures for the processing of medical records, reports and statistics pertaining to the professional treatment and care of patients. Building 500, second floor, ext. 2422.

PATIENT CARE COORDINATION TEAM

Designated as a special assistance team to the Commanding Officer, the Patient Care Coordination Team works closely in all patient areas in the hospital to assist patients in the resolution of personal problems. Contact with the patients is made through daily Patient Care Area visitation. Patients and other interested personnel may contact the team by visiting the PCCT office, third floor, building 500, or by dialing 2384.

PAY DAY

Every other Thursday is civilian pay day. The military is paid the 15th and 30th of each month. Military pay checks are distributed in the Main Dining Room from 0815 to 0845 (Marine Corps, 0900 to 1100) and in building 101 thereafter. Disbursing Office ext. 2341.

PERSONNEL OFFICES

Officer, enlisted and civilian personnel offices are on the third floor near the Main Dining Room. All matters of employment, insurance and beneficiary designations, health benefits, retirement, injury, payroll and credit union deductions, withholding and merit promotion matters are handled through personnel. Exts. 2116 (civilian), 2246 (officer) and 2027 (enlisted).

PHARMACY

Twenty-four hours a day, the Pharmacy provides service for military personnel, active and retired, and dependents. Inpatient Pharmacy is on the first floor, building 500; Outpatient Pharmacy, second floor. After 1630 on weekdays, and on weekends and holidays, service is provided only at the first floor Pharmacy. Ext. 2467.

PHOTOS FOR DADDY

Naval Hospital Oakland will send a photograph of each baby born here to the father at sea or overseas if the mother, prior to leaving the hospital, will make an appointment with the Photo Laboratory, ext. 2200.

PLAN OF THE DAY

Published daily, the Plan of the Day carries announcements of interest to patients and staff. Ext. 2451.

POST OFFICE

Staff personnel collect their mail at the staff mail room, third floor, building 500. Mail comes in at 1000 and 1500 daily. Mail room hours are 0800 to 0830, 1000 to 1400 and 1500 to 1630 Monday through Friday; 1000 to 1200, Saturday. Insured, certified and registered official mail is available not later than 1530 weekdays. Ext. 2202.

The Main Post Office, building 101, is open 0830 to 1130 and 1200 to 1630 Monday through Friday; no Saturday service. Money orders close at 1530. Special delivery mail is handled only through the Main Office. Ext. 2381.

PROJECT TRANSITION

The transition program is a source of manpower for industry and an aid in helping enlisted men plan for their return to civilian life. Counseling about GI or VA benefits or about education, training and job or educational referral are part of the transition services. Some 100 or more on-the-job training courses are a part of the program at Naval Hospital. Restaurant and hotel management, air conditioning, printing, insurance, real estate and computer programming are typical course offerings. Offices are open from 0800 to 1630 Monday through Friday, building 105, Education and Training. Ext. 2238.

RED CROSS

Professional Red Cross case workers are on call day and night to aid military personnel and their dependents in times of emergency. Between 0800 and 1630 weekdays they may be reached by dialing 7 or 632-5767. At other times they are reached through the OOD's Desk, ext. 2344.

Offices are on the third and fourth floors of building 500 and service offices are on the top floor of building 38. The Red Cross recreation lounge is located in building 71A.

More than 150 uniformed volunteers serve the hospital regularly, and many non-Red Cross volunteers, including community groups and groups from nearby colleges, assist the professional staff. Between 50 and 75 volunteers devote their time during the summer vacation.

SECURITY

The Security Division is responsible for enforcing all hospital regulations. Personnel wishing to operate a vehicle aboard the station must first obtain a decal through the Security Office, building 73, ext. 2401.

SENIOR ENLISTED ADVISOR

Office open 0800 to 1630 Monday through Friday. Assists the Commanding Officer in all matters pertaining to enlisted personnel. Enlisted personnel and their families are urged to communicate with the Senior Enlisted Advisor concerning suggestions and information regarding Navy policy. Third floor, administrative complex, ext. 2356.

SERVICE STATION

Near the main gate, the gasoline station is open for authorized patrons only Monday through Friday from 0830 to 1730; Saturday, 0800 to 1200. Ext. 2436.

SOCIAL SECURITY CLAIMS REPRESENTATIVE

Information concerning social security eligibility and benefits is available during the hours of 1230 to 1500 Mondays and Thursdays. Located on the first floor, Archives, building 500. Ext. 2274.

SPECIAL SERVICES

For fun times, the extension number of Special Services, 2479, is a good one to keep handy.

Special Services, located on the second floor of building 38, coordinates all recreation and entertainment at the hospital and cooperates with local civic and professional groups in sponsoring special events.

Flying and sailing opportunities are often available. Camping, fishing, hunting or skiing gear may be checked out from the recreation gear issue room at nominal rental fees. Free dinners and night club evenings come up frequently, offered by restaurants in the area or other generous hosts. Deep sea fishing excursions are not uncommon. Tickets for major entertainment and sports events are regularly available free or at reduced prices.

Whatever the hobby or interest—name it—and it may be found in the Bay Area, but there is much going on right on the hospital compound.

Badminton, Basketball or Volleyball—played in the gymnasium.

Bowling and pool—at building 103 near the Navy Exchange; open Monday through Friday, 1100 to 2200; Saturday, Sunday, holidays, 1300 to 2100. Closed Monday.

Golf—the team plays its home games at nearby Chabot Golf Course; special fees are \$1.50 for enlisted men; \$3.00 for officers.

Movies—held nightly, Clinical Assembly, third floor, building 500, at 1900. Minimal charge.

Softball—diamond located near the swimming pool.

Swimming—the pool, 60 feet by 100 feet, located diagonally below the service station is open 1130 to 1300 for the staff; 1300 to 1630 for dependents, patients and staff. From 1700 to 2030 swimming is unrestricted. Ext. 2330.

Tennis—the courts are near the picnic area, toward the Officers' Club.

The Director of Athletics, through Special Services, schedules a variety of intramural sports and coaches teams for Twelfth Naval District competition. Ext. 2350.

SURVIVOR'S ASSISTANCE FUND

This fund is designed as an aid to assist next of kin of civilian personnel by sharing the load of funeral and other member expenses. Membership initially is \$4 and the assessment upon death of a member is \$2.00. Presently there are over 200 hospital civilian staff members; each may designate a beneficiary. Ext. 2204.

TRANSPORTATION

See listing BUSES.

VETERANS' ADMINISTRATION REPRESENTATIVE

Office hours are 1000 to 1200 Monday through Friday. Assists active duty personnel awaiting disability discharge. First floor, building 500, exts. 2326 or 2496.

VOTER REGISTRATION/ABSENTEE BALLOTS

Absentee ballots and information concerning laws of the various states are obtainable at the Staff Judge Advocate's Office. Ext. 2482.

Who's Been Doing What . . .



SERVICE TO THEIR COUNTRY earned these three sailors recognition. Recipients of the Good Conduct Medal are MM1 Glen Pierce of Operating Services, HM2 John Brown, PMT School student, and GMG2 Wayne Chambless, assigned to the Patient Care Coordinator Office.

COMMISSARYMAN FIRST CLASS WALLACE ARNDT receives a Letter of Commendation in recognition of services as Assistant Patient Care Coordinator. The letter cited Arndt's performance of duties in an aggressive and dedicated manner, initiating suggestions that have directly benefited the patients and staff of NH Oakland. As a result of his contributions and the outstanding performance of the Patient Care Coordination Team, other naval hospitals have instituted similar programs.



LTJG HADLEY HARTSHORN gets a hardy handshake from Admiral Faucett after signing promotion papers. LTJG Hartshorn is a member of the Civil Engineer Corps, currently assigned to Public Works Division. A 1970 graduate of Stanford University, Mr. Hartshorn resides in Oakland with his wife, Henrietta and their daughter, Rachel.



Veterans Have A Bang-up Time At Tahoe



It was anything but an average Wednesday when the plane loaded up 35 military amputee patients and quickly sped them toward Lake Tahoe and two days of nothing but fun and royal treatment. The trip was arranged by funds raised from the Vietnam Amputee Golf Tournament, coordinated by Joe Bucciarelli, acting chairman.

The 18 veterans from NH Oakland and 17 from Letterman Hospital were met by Mr. Neil Olsen, direct representative of Harvey's, who took the men to the Tahoe Inn, where everyone unpacked and headed for Harvey's Resort Ranch. There the guests shot trap to "practice up" for a few hours and spent the remainder of the afternoon pheasant hunting. With game bags full, it was time to return to the hotel for Sammy Davis, Jr.'s show at Harvey's.

Spotlight on our visiting amputees, Mr. Davis stopped the show to dedicate his performance to them and thanked the men for the great sacrifices they and others like them have given—for our country. After the show the men were taken backstage to briefly talk with Mr. Davis.

Then it was back to the gambling tables, with Harvey's furnishing stakes. Anecito Alcontin went away the big winner, taking \$2,000 with him.

Thursday morning began with continental-style breakfast at Harvey's Pancake House and a cruise on Harvey's private two-story cabin cruiser, complete with bartender and patio. After a day on the water the men returned to Harvey's for a prime rib dinner and boarded the buses for the return flight to Alameda Naval Air Station. It had been a fast two days for the men, two days of being treated like kings. As HM1 Snyder put it, "We were really treated like VIP's—in fact, we were more than VIP's to everyone with whom we came in contact. They just couldn't seem to do enough for us."





HANDS RAISED for swearing in ceremonies, HMC David Curtis reenlisted for four years as his family looked on; HMC Donald Pickinpaugh signed for his fourth enlistment, and HM3 Harold Lawson swore for six more years in the Navy.

Traffic Violation Procedures Revised

As of November 15, 1972, the Oakland Naval Hospital will adopt the U.S. Magistrate Commissioners' Court System on all traffic violations. This will mean that all persons receiving tickets issued by Security patrols have an option of mailing the amount of the standard fine or electing to appear in Oakland Commissioners' Court. (Examples of such violations include parking, speeding, not stopping at stop signs). Each ticket will have an envelope attached (free postage) stating the amount of the fine and addressed to the Central Violations Bureau, San Francisco. If the offense is serious enough, there will be a mandatory court appearance.

This new system will affect all military and civilians who drive on the hospital compound. Some of the violations and their fines are as follows:

- Parking—\$5.
- Following too close—\$15.
- Failure to yield right of way—\$15.
- Speeding ten miles over speed limit—\$10 plus \$1 for each mile over.
- Noisy muffler—\$10.

May Good Luck Go With You, Mrs. Burrus



After 23 years with Naval Hospital in the Food Service Division you deserve to sit and crochet while you rest a bit. Mrs. Mary Burrus had 4 years at Mare Island in the Nurse Quarters and the Cafeteria before coming to our hospital; she is the kind of person who performs her work cheerfully. One of her main ambitions now that she has retired will be to take some of her sunshine to the sick. This she has not had time to do during her employment. Since she plans also to sell Avon products and to work in her flowers, she may have to write a few no-no notes to herself—one to be, "Don't get too busy helping at your Rose Street Christian Church in Berkeley."

Yes, save a little time for yourself, Mrs. B.

THE SHORT SHEET

Survivor Benefit Plan Was Signed Into Law

Widows of retired or retirement-eligible servicemen will be able to receive a maximum survivor benefit of up to 55 percent of the serviceman's retirement pay. Unless they specify otherwise, future retirees will automatically be covered by the program; personnel already retired will have one year in which to join. (This is an important law. Check details through your personnel office on how it affects you.)

Personnel May Choose Separation Facility

BuPers has announced that commanding officers may now authorize the transfer of personnel, at their request, to a separation facility closer to the individual's intended school or job, and grant up to 29 days delay in reporting.

Bill Authorizes Uniformed Services University of Health Sciences

President Nixon has signed a bill clearing the way for a uniformed services medical and dental school and a comprehensive new medical and dental scholarship program.

Drug Education Training to Be Expanded

The Navy's training program for command drug education advisers is slated for expansion to four new locations in the near future. The program, sponsored by BUPERS (PERS-PC), is part of the Navy's Human Resource Development Project, begun last April. Later this month it will be implemented in the CINCUSNAVEUR area. Long Beach will be added November 6, and the Philippines and Newport, R.I. later this month. The program provides two-day training sessions for two representatives from each command in an area. The two receive instruction in the use of basic education resources provided by PERS-PC, and the development of an effective drug education program for their units. Current plans call for the PERS-PC Drug Education Training Program to be implemented throughout the Navy by next spring.

CHAMPUS Corner

WHAT IS CHAMPUS?

CHAMPUS is a program of health care from civilian sources for the following: (a) retired members of the uniformed services; (b) dependents of active duty and retired members of the uniformed services; (c) dependents of persons who at the time of their death were active duty members or retired members of the uniformed services; (d) dependents of active duty military personnel of foreign NATO nations who, in conjunction with their official duties, are stationed in or passing through the United States.

The uniformed services are composed of Army, Navy, Marine Corps, Air Force, Coast Guard, Commissioned Corps of the U.S. Public Health and the Commissioned Corps of National Oceanic and Atmospheric Administration.

Parents and parents-in-law are not entitled to health care in civilian medical facilities under CHAMPUS. However, a parent or parent-in-law of active duty or retired member, dependent on the member for over one-half of his support, and residing in a dwelling place provided by the member, may be considered a dependent and eligible for benefits in a military facility.

Sports Shorts

The 1972-1973 hospital Intramural Basketball League will start Wednesday, November 29. All games will be played on Wednesday nights, with the first game commencing at 6 p.m. There is still time to enter a team. Deadline for entries is 12 o'clock noon Friday, November 17.

The league is open to all active duty military personnel attached to Naval Hospital Oakland. Entries can be made by calling Extension 2350 or by mailing entries to Director of Athletics, Bldg., 38, Room 229.

FINAL FLAG FOOTBALL STANDINGS

Team	W	L
OR	8	0
EENT	5	3
Pharmacy	4	4
X-Ray	3	5
Lab	0	8

VARSITY SCHEDULE

Basketball	
Monday, November 13—8 p.m.	Hunters Point (Here)
Tuesday, November 14—8 p.m.	NWS Concord (There)
Thursday, November 16—7:30 p.m.	Oakland Army Base (Here)
Monday, November 20—8 p.m.	Moffett Field (Here)
Tuesday, November 21—8 p.m.	Skaggs Island (There)
Monday, November 27—8 p.m.	Mare Island (Here)
Tuesday, November 28—8 p.m.	Coast Guard (Here)
Thursday, November 30—8 p.m.	Treasure Island (There)

Staff Children's Christmas Party

Information forms for the Children's Christmas Party will be available at the Special Services Office on Friday, November 3. Completed forms must be returned by the military member to be exchanged for a ticket for the party **NO LATER THAN Monday, November 20.**

D. D. THORSON,
LT, MSC, USN,
Special Services Officer.

From the Desk of the SEA on Abuse of Dungaree Privileges



In March, the Chief of Naval Operations asked the Master Chief Petty Officer of the Navy to conduct a survey of 1,000 CPO's and POI's to determine senior petty officer feelings regarding continuation of the present policy of permitting wearing dungarees off base by enlisted personnel. The results of that survey, in which 2,682 opinions were actually polled, overwhelmingly (2,006 in favor of retaining; 676 against) supported the present policy.

The survey also indicated that the majority of those polled feel that there is a great deal of abuse of the dungaree policy. Some examples noted were unauthorized, incomplete, dirty, and tattered dungarees being worn by Navy enlisted, in bars, civilian business establishments, and while hitchhiking. **THIS WAS NOT THE INTENT OF THE "TO AND FROM" POLICY.**

While policy concerning uniform wear has changed, standards of smartness have not. Proper and responsive action should be taken in those instances where our traditional standards of smartness are not being met.

All hands are urged to assist the Commanding Officer in insuring that the dungaree privilege is not abused at our Command.

J. C. DICKENS, HMCM, USN



NOW THAT DOESN'T HURT, does it? Everyone needs his flu shot this year... did you get yours?

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 34, No. 24

Friday, November 17, 1972

Recognize This Man ?



September's Sailor David L. Krueger Is Enthusiastic

There's an adage, "ACT enthusiastic and you'll BE enthusiastic!" David L. Krueger, Sailor of the Month for September, according to his commendation, exhibits "bursting enthusiasm," and he didn't take a Dale Carnegie course to learn a paper-pounding lesson. His kind of enthusiasm is almost contradictory to that "taught," because Corpsman Second Class Krueger has a "quiet, courtly and cautious manner which obscures a rugged and perseverant determination; he chooses his words coolly and carefully, avoiding unnecessary controversies with bland and lucid logic." (Quite a trait!)

Petty Officer Krueger is assigned to the Inservice Training Program, and he is very happy with what he is doing. He has been able to update many lesson plans in the program, and has a very good foundation in medical skills and a habit of seeking out new information from every available source; he is making a knowledgeable contribution to the Education and Training Branch, Military Personnel Division.

He has been in the Navy a few days over 5 years, and when his tour here at Naval Hospital is up in March, 1975, he will probably re-enlist. With the benefits that the All-Volunteer Navy is offering, he feels he "just can't pass it up."

Our Sailor of the Month has been married two years. He met his Southern belle wife, Georgann, when he was in training as an EENT technician at Camp Lejuene, N.C. She works at the Bank of California in Hayward, and Hayward is "home," although Dave is originally from Nebraska.

Dave devotes many of his off-duty hours to community projects such as helping out with the scouting program at Alameda and coaching a Little League Baseball team. Some of his off-duty time goes for conducting advancement in rating classes for those individuals competing in Fleet-wide advancement examinations, so in many ways he's a "Big Brother" to shipmates right here on the compound.

Make no mistake about it, this is your President. Your President for the next 4 years. But in 1952 when he was shaking hands with patients from "Oak Knoll," when they were attending the Old Spanish Days Fiesta in Santa Barbara, he was then about to become the nation's Vice President.

A Thanksgiving Prayer

Although this prayer for the nation was written by one of the founders of this country nearly 190 years ago, the message it delivers so eloquently is just as timely and heartfelt for us today as it was then. I would ask that as you read this prayer, you rededicate yourself to your fellowmen, to your Navy, to your country and to your Deity on this special Thanksgiving Day.

"Almighty God, who has given us this good land for our heritage, we beseech Thee that we may always prove ourselves a people mindful of Thy favor and glad to do Thy will. Bless our land with honorable industry, sound learning and pure manners.

"Save us from violence, discord and confusion: from pride and arrogance and from every evil way. Defend our liberties and fashion into one united people the multitudes brought hither out of many kindreds and tongues.

"Endow with the spirit of wisdom those to whom in Thy name we entrust the authority of the government, that there may be justice and peace at home, and that through obedience to Thy law, we may show forth Thy praise among the nations of the earth.

"In the time of prosperity, fill our hearts with thankfulness and in days of trouble, suffer not our trust in Thee to fail."

—Thomas Jefferson

R. E. FAUCETT
Rear Admiral, MC, U.S. Navy
Commanding Officer.

Christmas Plans Are Go!

This 1953 photograph shows the Oakland Tribune photographer Lonnie Wilson snapping a picture of Mr. Joseph R. Knowland, then editor and publisher of the Oakland Tribune, and Miss Mary Valle, secretary of the Veteran Hospitals' Christmas Committee. The two served the committee from its inception at the Livermore VA Hospital in 1924, a year when contributions amounted to \$2,700 and 150 patients were remembered.

In 1945, during World War II, four additional hospitals were added and



11,393 patients were given a gift on Christmas Day with \$43,000 donated by generous citizens of the area. The four hospitals included "Oak Knoll" Hospital, the VA Oakland Hospital (now Martinez VA), Navy Hospital of San Leandro (which was situated on a hill behind our hospital) and Camp Parks. The San Leandro and Camp Parks hospitals are no longer, but in 1971 the Christmas Committee had \$25,000 with which to spread cheer to the three remaining hospitals' 1,051 patients.

On November 9, this year, Naval Hospital Oakland hosted the Christmas Committee at an appreciation dinner. The planners were addressed by the former publisher's son, The Honorable William F. Knowland, who has helped to carry on the fine tradition of publishing the name of each contributor to the fund. Miss Mary Valle is still endearing herself to the committee.

The aim of the committee is not so much to bring Santa Claus to the veterans at the three hospitals, but to bring the full meaning of Christmas. This they do by early decorating of the halls and wards and by bringing the total smells and "feel" of the season on board. Some 700 to 800 people help to deck the halls with holly and to purchase and wrap presents for each patient.

At the dinner for the committee members, little "Pips Squeak," a pink-eared mouse entertainer of ventriloquist Linda Phillips, Hayward, Ca., assured us that the time to be jolly had begun. Mrs. Faucett, wife of our Commanding Officer, was presented the first gift of the season, and as she opened it, although Thanksgiving is not yet here, our jolly season of Christmas started.

All who wish to share in this Christmas giving should send contributions to the Veteran Hospitals' Christmas Committee, 4444 East 14th Street, Oakland, Ca. 94601.

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kitrinis, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
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+ + CHAPLAIN'S CORNER + +

REVELATION, PAST OR PRESENT?

Revelation is God's way of revealing Himself to men. In Scripture He not only moves His chosen one to record His active presence in the outgoing history of His people but also inspires him to interpret the meaning and purpose of His intervention to others.

For me to benefit from Scripture I must be able to extend these prophetically interpreted events to myself as I face the migrations of changing jobs; the raptures and pain of love and the constant present challenge of life itself. Scripture is not a recounting of the past feats of a historic God but rather a key to his present revelation in me and an aid to anticipating the growth pattern of His relationship with me in the future.

A fresh revelation of my loving Father comes frequently during my day through each person and circumstance that contributes to my day's experience. Some prophetic interpretations of these events I make myself with the help of prayer and the use of His word; in others I need the aid of my fellow prophets. Thus a very thoughtful and personal God makes Himself known to a very needy me.

LCDR W. E. UNDERHILL, CHC, USNR

Social Security Changes Affect You

Recent amendments to the Social Security law can have an immediate impact on naval personnel, according to John Rotsten, Social Security Field Representative of the Oakland District Office.

The new changes provide:

1. Entitlement to "free wage credits" of \$300 per calendar quarter retroactive to 1956 for those who have active duty during that period. This could raise the amount of monthly benefits payable to those who are now retired, or survivors of retired servicemen, and are now getting monthly Social Security payments. This increase is effective in January 1973.

2. Those who are still in the service and who are receiving disability benefits are also entitled to this credit. In addition, disabled servicemen who have been on

Social Security disability for 24 months will be entitled to Medicare benefits effective July 1973.

An application for recalculation of monthly benefits will be necessary for those now getting Social Security retirement, disability or survivor benefits to include the new credits, according to Mr. Rotsten, who is the liaison representative to Naval Hospital, Oakland.

The number of working years under Social Security for men will be reduced to agree with those now required for women. This will be effected on a yearly basis by reducing 1 year of work required in each of the next 3 years.

For additional information, or to file an application for any benefits, you may contact Mr. Rotsten at Naval Hospital on Monday or Thursday afternoons from noon to 3 p.m. in Room 1-1-6 (Archives), or telephone 639-2274. On other work days, telephone 273-7087.

In the past 5 years the Oakland Social Security office has processed more than 3,000 claims for retirement, disability, survivors' and Medicare insurance at Oakland Naval Hospital.

Motorcycles are not in themselves dangerous and, in fact, possess unique safety features. Among the most significant safety features are unobstructed visibility, rapid responsiveness, and maneuverability.

In order for the two- and four-wheel vehicles to co-exist the motorist needs to watch out for cyclists and know what to expect of them.

EXEC-LINE

* We disagree with the current motorcycle policy at this command. We feel that the restriction of our movements on base does nothing toward bettering the safety of those concerned. Most motorcycle accidents happen on the city streets and highways, not on military reservations. As for the noise factor, motorcycles driven on city streets in California must meet state vehicle code standards before being licensed. Safety courses and inspections could be held at regular intervals; that would take care of any modifications to cycles by owners. It is our (4 corpsmen represented in this one Exec Line call) opinion that the Command intentions are good concerning motorcycle policies, but they do little to contribute to the safety of motorcycle riders.

A hospital compound in no way can be compared to a California city street or highway. Although the state vehicle standards are adequate for the latter, they do not offer the necessary quiet that is mandatory on a hospital compound. One of this size can be compared to a small city, but the demands of our patients in regard to noise level are greater than those of the passersby and inhabitants of the city streets and highways.

It has not been the Command's policy to deny privileges to anyone; however, we must adhere to a policy of the greatest good for the greatest number. We ask only that motorcycles not be used on the base beyond the need for transportation from the gate to the place of duty. Certainly one reason that more motorcycle accidents happen on city streets and highways rather than on military reservations is due to the safety programs on military bases. Safety requirements for helmets, face masks, no double riding and like protections definitely help keep down accidents. The suggestion for safety courses and inspections has merit, but financial and personnel constraints preclude this on a continuing basis. Although safety can be improved by inspection, it can be further improved by self-discipline and limitation of unnecessary traffic.

* The sound system at the hospital flicks is very bad. More people would attend if something were done about the sound.

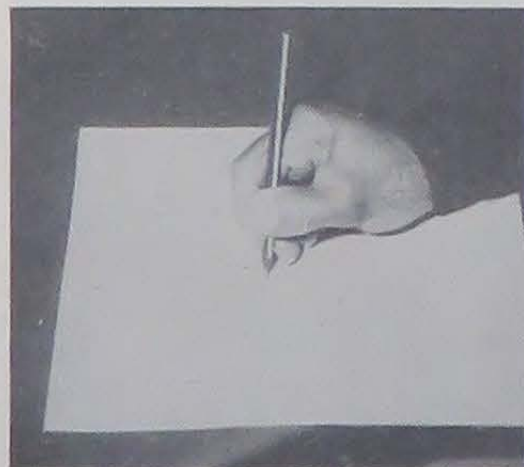
It is realized that the system is inadequate, and it is hoped that personnel and patrons in the clinical assembly theatre will notice a marked improvement within the next 3 weeks. The system is being completely renovated.

In the October 20, 1972, issue of "The Oak Leaf," the Exec-Line noted improvements to be made for parking motorcycles at the Enlisted Men's Barracks, building 501. To clarify this situation it must be noted that the area at the main entrance of the building is too small to accommodate all of the motorcycles. Therefore, to encourage parking on the lower lot, the cycle rack for securing vehicles will be installed at that location. If the crowded situation in the front is too much, use the designated area on the lower parking lot at building 501.



WHICH IS THE TONI? We mean the No-boni! All right, so you did guess it: it is the second from the right, but certainly an improvement over the old black glove without any guessing! And NPRL through research keeps on improving in prosthetics. You do know that there now is such a thing as a flexible ankle prosthesis?

NH Oakland's treatment, training and research mission parallels the theme of one section of the Association of Military Surgeons of the United States when they hold their 79th annual convention this winter. The theme of the Medical Specialists Section will be "Today and Tomorrow: Practice, Training, Research." The convention will be held in San Antonio from 10 through 13 December.



THE THINGS THEY DO IN PLASTIC SURGERY! AND OUR SURGEONS HELP DO THEM! This thumb might be recognized as a toe, but for a better word it is nicknamed a "thoe," (toe to thumb transplant). We have heard that the right hand of this former patient is "aging" to look more and more like the left hand.

This May Be The Most Important Z-Gram You Will Ever Read

IT IS MY DESIRE THAT THIS Z-NAVOP RECEIVE THE WIDEST POSSIBLE DISTRIBUTION TO ALL HANDS ON BOARD.

ON 10 NOVEMBER I ADDRESSED THE QUESTION OF RECOGNIZING THE IMPORTANCE OF ASSURING EQUAL OPPORTUNITY AND OF FOSTERING MUTUAL UNDERSTANDING IN RACE RELATIONS AT ALL COMMAND LEVELS OF THE NAVY. MY REMARKS WERE DIRECTED PRIMARILY TO ALL IN A POSITION OF LEADERSHIP, URGING THEM TO DIRECT THEIR FULLEST EFFORTS AT ENSURING THAT THESE PROGRAMS WERE BEING CARRIED OUT IN FULL.

AT THAT TIME I ALSO STATED THAT THERE MUST BE NO SUBSTITUTION OF ONE PREJUDICE FOR ANOTHER. THAT THE PREJUDICE AGAINST GOOD ORDER AND DISCIPLINE IS AS BAD AS THE PREJUDICE OF RACE. IT IS TO THIS POINT THAT I WOULD ADDRESS ALL HANDS.

ADMIRAL ERNEST KING, IN SPEAKING TO MY GRADUATION CLASS, STATED THAT TRUE MILITARY DISCIPLINE IS THE "INTELLIGENT OBEDIENCE OF EACH FOR THE EFFECTIVENESS OF ALL." AS I HAVE SAID BEFORE IT IS THROUGH ENLIGHTENED LEADERSHIP THAT WE OBTAIN THAT TRUE MILITARY DISCIPLINE ABOUT WHICH ADMIRAL KING SPOKE SOME 30 YEARS AGO.

DURING THE PAST 28 MONTHS I HAVE SET AS MY OBJECTIVE THE BRINGING ABOUT A NAVY ENVIRONMENT THAT WOULD ASSIST OUR NAVAL COMMANDERS IN PROVIDING THAT ENLIGHTENED LEADERSHIP THAT WOULD ENSURE "INTELLIGENT OBEDIENCE FOR THE EFFECTIVENESS OF ALL." I BELIEVE THAT WE HAVE BEEN SUCCESSFUL. WE HAVE OUTSTANDING PERFORMANCE BY OUR PEOPLE WHO HAVE RESPONDED WITH BRAVERY AND DEDICATION TO THE RECENT MASSIVE INVASION OF SOUTH VIETNAM. THEY HAVE DONE SO IN THE FACE OF GREATLY EXTENDED AND EARLY DEPLOYMENTS, REDUCED SHIPBOARD MANNING AND OVER-LONG HOURS SEVEN DAYS A WEEK, NAVY-WIDE. WE HAVE SEEN OVERALL DISCIPLINARY AND CONFINEMENT RATES REDUCED FROM THEIR EARLIER FIGURES WITH COMMENSURATE REDUCTIONS IN SHORE PATROL REQUIREMENTS. I AM PROUD OF NAVY'S PERFORMANCE. FOR IT HAS TRULY BEEN SUPERB.

ON THE OTHER HAND, IT OCCURS TO ME THAT THIS IS PERHAPS A GOOD TIME TO REITERATE TO THOSE OF OUR MORE JUNIOR PERSONNEL WHO HAVE ENTERED THE NAVY IN THIS PERIOD OF TRANSITION AND WHOM I HAVE NOT HAD THE OPPORTUNITY TO SPEAK WITH IN THE PAST YEAR. MY PERSONAL PHILOSOPHY REGARDING THEIR RESPONSIBILITY TO LEADERSHIP IN OUR NAVY I DO THIS ESPECIALLY SINCE I NOTE THAT OF THOSE WHO HAVE BEEN INVOLVED IN RECENT INCIDENTS OF VIOLENCE OR OTHER DISRUPTIVE ACTIVITIES, THE OVERWHELMING

MAJORITY ARE THOSE IN THE 18-TO-20-YEAR AGE CATEGORY AND WITH LESS THAN ONE YEAR OF NAVAL SERVICE.

THIS SAYS TO ME THAT MANY OF THOSE WHO ARE NEW TO THE NAVY VERY WELL MAY NOT BE AWARE OF THE FRAMEWORK WITHIN WHICH WE HAVE BEEN WORKING TO MAKE THE NAVY A CHALLENGING, INTERESTING AND REWARDING CAREER, NOR OF WHAT THEIR RESPONSIBILITIES ARE TO THE NAVY WITHIN THAT SAME FRAMEWORK.

LET ME SPEAK TO YOU, IN TURN, OF YOUR RESPONSIBILITIES TO THE NAVY AND OUR COUNTRY. WHAT IS REQUIRED OF YOU IS SELF DISCIPLINE, ESPECIALLY IN THESE TIMES OF EXTENDED DEPLOYMENTS AND REDUCED MANPOWER. IT IS YOUR DUTY TO YOUR SHIPMATES AND THOSE WHO ARE RESPONSIBLE FOR YOUR WELFARE IN TIME OF PEACE AND ESPECIALLY IN TIME OF WAR TO CONDUCT YOURSELVES IN A MANNER THAT CONTRIBUTES TO THE OVERALL GOOD AND WELFARE OF YOUR DIVISION, YOUR SHIP, YOUR STATION AND, IN THE LONG RUN, OF YOUR COUNTRY. YOU HAVE TAKEN AN OATH TO DO SO AND THE NAVY WILL EXPECT NOTHING LESS NOR WILL IT ACCEPT ANYTHING LESS.

THIS SELF DISCIPLINE AND SUBORDINATION OF SELF FOR THE GOOD OF ALL IS ABSOLUTELY MANDATORY FOR ANY ORGANIZATION, CIVILIAN OR MILITARY, TO FUNCTION PROPERLY. IT CANNOT BE ANY OTHER WAY.

THE RESPONSIBILITIES OF COMMAND ARE NOT EASY IN THIS MODERN DAY OF COMPLEX MACHINES AND EVEN MORE COMPLEX MEN. YOUR COMMANDING OFFICER HAS RESPONSIBILITIES TO HIGHER AUTHORITIES AND TO HIS COUNTRY THAT STAGGER THE IMAGINATION, AND THE MAGNITUDE OF HIS RESPONSIBILITIES HAS BEEN MADE EVEN GREATER BY THE FACT THAT WORLD TENSIONS ARE NOT ALWAYS WHAT WE WOULD LIKE THEM TO BE. THESE PAST NINE MONTHS HAVE BEEN EVEN MORE STRENUOUS BECAUSE OF THE INCREASED EFFORTS OFF THE COAST OF VIETNAM.

ON THE DAY THAT I TOOK COMMAND OF THE NAVY I SAID THAT I WAS ASSUMING AS MY FIRST TASK THE IMPROVEMENT OF ALL ASPECTS OF THE NAVAL CAREER. I HAVE DEDICATED MYSELF TO THAT TASK AND HAVE MADE MANY CHANGES DESIGNED FOR THAT PURPOSE. I ALSO SAID, AND I REPEAT, THAT THOSE CHANGES WILL ONLY BE MADE WITHIN THE FRAMEWORK OF THE MAINTENANCE OF GOOD ORDER AND DISCIPLINE, AND THAT THOSE FEW WHO WOULD ABUSE THESE PRIVILEGES MUST BE HELD TO ACCOUNT.

FOR THOSE OF YOU WHO ARE NEW TO THE NAVY OR WHO MAY NOT BE AWARE OF MY STATEMENTS IN THIS REGARD, LET ME ASSURE YOU THAT I MEANT WHAT I

SAID THEN AND HAVE REITERATED IN EVERY SUCCEEDING CHANGE THAT COULD BE INTERPRETED TO HAVE AN EFFECT ON PERSONNEL BEHAVIOR. I EXPECT, AND WILL CONTINUE TO INSIST UPON, THE STRICTEST POSSIBLE ADHERENCE TO OUR DISCIPLINARY STANDARDS IN EVERY RESPECT. THOSE WHO DO NOT ACCEPT THESE STANDARDS CAN EXPECT TO BE PROMPTLY AND FAIRLY DISCIPLINED AND HELD RESPONSIBLE FOR THEIR ACTIONS IN ACCORDANCE WITH THE UCMJ (Uniform Code of Military Justice).

OTHER CHANGES MADE DURING THE PAST TWO YEARS ARE DESIGNED TO ASSIST BOTH THE INDIVIDUAL AND THOSE IN COMMAND TO DRAW ON THE ASSISTANCE OF THEIR SUPERIORS TO RESOLVE PROBLEMS BEYOND THEIR IMMEDIATE ABILITY OR RESPONSIBILITY. THESE INCLUDE MATTERS SUCH AS PERSONNEL ASSIGNMENTS, TRANSFERS, PERSONAL SERVICES, ETC. THESE ARE NOT INTENDED NOR IN ANY WAY CAN THEY BE CONSTRUED TO MEAN AN ACCEPTANCE OF "SHORT CURCUTTING" THE LEGITIMATE CHAIN OF COMMAND. COMMANDING OFFICERS RECOGNIZE THESE FOR WHAT THEY ARE—A TOOL TO BE USED WHEN SOLUTIONS ARE OUTSIDE HIS AREA OF RESPONSIBILITY. YOU SHOULD ALSO RECOGNIZE THEM FOR WHAT THEY ARE, A SOLUTION TO PROBLEMS THAT CANNOT BE SOLVED WITHIN YOUR OWN COMMAND STRUCTURE.

FINALLY, LET ME CONCLUDE BY ADDRESSING THE MATTER OF YOUR PERSONAL RESPONSIBILITIES TO THE MAINTENANCE OF GOOD ORDER AND DISCIPLINE. FOR IN THIS MATTER THERE CAN BE NO COMPROMISE. I ADDRESSED MYSELF TO OUR NAVAL LEADERSHIP ON THIS SUBJECT ON 10 NOVEMBER. NOW, LET ME TELL YOU WHAT I EXPECT OF YOU. I AM FULLY AWARE OF THE EXTRA HOURS WORKED AND THE OVERLONG DEPLOYMENTS EXPERIENCED BY MANY, BUT THE NAVY IS NO DIFFERENT THAN ANY OTHER INSTITUTION IN THAT IT REQUIRES COMPLETE AND TOTAL OBEDIENCE. IT CAN BE NO OTHER WAY.

I PLEDGE MY CONTINUING EFFORTS TO ENSURE THAT ALL OF OUR NAVY MEN AND WOMEN WILL CONTINUE TO RECEIVE MY FULL SUPPORT IN MAKING THIS NAVY OF OURS AN EXCITING, CHALLENGING ENVIRONMENT IN WHICH TO WORK AND LIVE WITH THE EQUAL OPPORTUNITY WHICH CAN ONLY BE ACHIEVED WITHIN A FRAMEWORK OF DISCIPLINE. IN TURN I LOOK TO YOU TO MATCH THE CONTRIBUTIONS OF THOSE WHO ARE YOUR SENIORS IN WORKING TOWARD THE SAME GOALS.

E. R. ZUMWALT, JR.,
ADMIRAL, U.S. NAVY,
CHIEF OF NAVAL OPERATIONS.

Look Out For A Look In Shop Early; Keep Your Shopping Safe From Burglars; Lock Your Car

Enlisted personnel will want to take a frequent look at the bulletin boards around the complex, particularly those near the Main Dining Room and 3rd floor Post Office, to inform themselves concerning entertainment for November and coming months. Thursday, November 23, at 7:30 p.m., there will be a Thanksgiving buffet and social. The Friday and Saturday following, beginning at 8:30, dancing is on the schedule. This is at the San Francisco USO Club.

The Armed Service YMCA has a lot going also. Yoga, pre-ski, scuba or karate classes are open for men and women with special rates for the military. Dances, Tahoe fun trips, lots of activity.

SO, Keep in Touch.

Lend Your Ears

The Twelfth Naval District has purchased a limited number of orchestra seats for each of the 22 Friday night programs of the 1972-1973 San Francisco Symphony Concerts. They will be available for \$3 on a "first come, first served" basis for active duty Navy and Marine Corps personnel. If you are interested, call Special Services, ext. 2479.

Whenever you do your Christmas shopping, early or late, and whether you shop the on-station Navy or Post Exchanges, or go to the nearby shopping center, one thing to remember is to put those beautiful packages in the automobile trunk and lock it.

You have put lots of time into selecting the gifts and part of your hard-earned pay as well. Those bicycles and trikes, dolls and special items for spouse or special friend and parents represent too much love to have them stolen from your unlocked car. Don't tempt a burglar.

There are no statistics on the amount of merchandise stolen from unlocked cars and from locked cars in which articles are left in plain view, but it almost certainly runs into the millions of dollars.

And there are statistics which tell about the number of cars stolen every year. Christmas season is an especially bad time to be without your car! A car thief can find as many errands that need running at this season as you can. Be sure he doesn't use your car.

The Insurance Information Institute warns that a large proportion of the 941,600 autos stolen last year were easy thefts, because the owner either left his keys in the car, or left the door unlocked.

If you'd like to have your car throughout the holidays be sure you lock it and pocket the keys. May your car be safe from tigers—and burglars.

PLEASE NOTE

Children should not be left unattended in automobiles. On this base it is particularly dangerous because of the rolling topography. Besides inviting an accident, the practice may well result in a suspension of base permit and is also a violation of the California Motor Vehicle Code.

Also remember, Naval Hospital now follows the U.S. Magistrate Commissioner's Court System on all traffic violations. The fines will hurt!

Deadlines Are Near For Overseas Mailing

Surface parcels bound for members of the armed forces serving overseas should have been mailed by November 10 to assure delivery by Christmas, so don't wait if you still hope to send overseas Yuletide parcels.

Space Available Mail (SAM) should be mailed by November 25, including letters, parcels, voice recordings and post cards. Parcel Airlift Mail (PAL) should be mailed from October 30 to November 30. Airmail parcels, letters and cards should be mailed from November 30 until no later than December 13.

If in doubt as to suitable gifts, the Red Cross, ext. 7, has suggestions.



AHHH, SWEET PEACE—a sailor lets the rest of the world go by, as he takes a break for lunch (?).

NOT IN THIS RAIN!

Who's Been Doing What . . .





FOCUS IN ON THE CENTER WHITE. That is LTJG Jim Lynn on promotion day. The entire Physical and Occupational Therapy staff came along to pay him honor, and that's solidarity!

Surgical Team 7 Left Its Imprint

To be a member of The Royal Order of The Rusty Scalpel, and to hold a certificate, as pictured below, from the United States Pacific Fleet, is comparable to holding a shellback card for having crossed the equator. At least two team members on the salty Surgical Team Number 7, which was deployed from NHO during the period May 28 to August 30, 1972, received more recognition.

Hospitalman Daniel Pixley and Hospital Corpsman Second Class Lawrence Cornwell were given letters of commendation for their ingenuity and effort while on that tour, for serving as operating room technicians aboard the USS OKINAWA. They performed such services as taking weekly bacteriological cultures of air within the rooms, carefully controlling personnel entering the area and the objects they might bring with them, and modifying the air circulating filter systems.

Also, voluntarily, and in the interest of improving the quality and efficiency of surgical care aboard ship, they inventoried, cataloged, repackaged and sterilized, in hermetically sealed plastic, all surgical instruments belonging to the Medical Department of the USS OKINAWA.

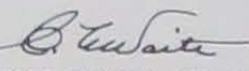


THE UNITED STATES PACIFIC FLEET

To All Who See These Presents, Greetings

This is to certify that LINE MAKIINO CRESANTOMO
Having served as a member of Surgical Team No. 7
deployed during the period 28 MAY 1972 to 30 AUG 1972 has been
tried and found duly qualified and in token thereof
is appointed to life membership in

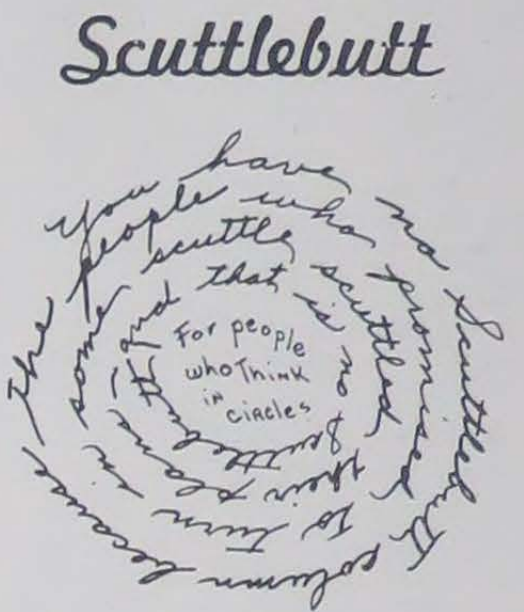
The Royal Order of The Rusty Scalpel
and as such is entitled to all honors and privileges
of the order



REAR ADMIRAL, MC, USN
FLEET MEDICAL OFFICER

The Marines Have Been Celebrating

There are often 65 to 75 Marine patients around the Hospital, and on November 10 it was their turn to perform the cake-cutting ceremony in the Main Dining Room. So, Happy Birthday to you, too, Marines!



HE IS NOW REGULAR NAVY. LCDR Robert F. Brewer, USN, a Surgical Resident, is our newest augmentee. He is shown taking his acceptance oath.

Life Began . . .

On October 31, 1972, Aaron Jereny Evans, 7 pound, 13 ounce son of HM2 Larry E. Evans and Cecelia Arlene . . . on November 4, Matthew Vincent Walker, 8 pound, 1 ounce son of LCDR Frank W. Walker and Therese . . . on November 9, Julie Anne Paskewitz, 6 pound, 4 1/2 ounce daughter of LCDR G. J. Paskewitz and Anne Louise.

Women's Equity Has New Voice

Mrs. Betty Winsby, Patient Affairs Assistant, will carry on as Federal Women's Program Adviser to the Commanding Officer, replacing Miss Helen T. Cupper who has served so creditably in that position since August of 1969.

Stated simply, the goal of the office is to see that women are treated fairly within Federal employment. It may be remembered that attention was first focused on employment of women during the administration of President John F. Kennedy. It was by his executive order that steps were instituted toward certain reforms. Miss Cupper, after her appointment to the position, kicked off a study of conditions here at Naval Hospital by issuing a questionnaire. She then summarized needs and attempted to respond to them. While carrying on her busy job as Head Psychiatric Social Worker, she has followed through in trying to ascertain where improvements were made and where negligence occurred. It might be said that after years of diligent effort, she "broke ground" in fighting for women's equity.

For Mrs. Winsby this will also be a follow on and an important collateral duty. She will need the support of Naval Hospital personnel. Women in particular who have complaints to make or who have creative suggestions should let her be their voice in speaking to the command. Her extension is 2422.



CDR RICHARD DEANER received a gold star in lieu of the Second Navy Commendation Medal Award for his achievements as Officer in Charge of Surgical Team Seven while on the USS OKINAWA (LPH-3). The team provided medical care and treatment of the highest calibre under emergency situations. Professionalism on at least six separate occasions helped save the lives of combatants serving with the Seventh Fleet.



INSPECTION TIME FOR THE MONTH OF NOVEMBER

NHO Wins Opener

The Naval Hospital Varsity Basketball Team in their first game of the season served notice that they were not going to be pushovers for anyone in the 1972-1973 season. They came through with an impressive 77-72 win over an established five from San Mateo, Ca.

Although two men from the hospital team scored in the 20-point bracket, it took a combined team effort as our five worked together at all times to pull off the win.

Top scorer for the NHO was Phillips, who split the net for 22 points on 11 field goals, 8 of them coming in the second half. Following close was Kolling with 20 points on 9 field goals and 2 free throws. Kolling garnered 14 of his points in the first half.

Kendricks and White aided the winners cause with 14 points each. Not scoring heavily, but contributing much to the cause, Shepherd and Culbertson added 5 and 2 points. Top scoring honors however went to Schmidt of San Mateo; he made 27 points.

Listed below are our those who reported for the season, with box scores shown:

Player	FG	FT	TP
Kendricks	6	2	14
Shepherd	2	1	5
Ehresman	0	0	0
Brown	0	0	0
Lawson	0	0	0
Kolling	9	2	20
Culbertson	1	0	2
White	6	2	14
Phillips	11	0	22
	35	7	77

Varsity Basketball Schedule

Friday, December 1-8 p.m.
NAS Lemoore (There)

Monday, December 4-8 p.m.
NSC Oakland (Here)

Tuesday, December 5-8 p.m.
NAS Alameda (There)

Thursday, December 7-8 p.m.
Hunters Point (There)



THE SEASON IS OVER but these winners have their memories and trophies to prove that they were football champs.



Human Goals is . . .



Jobs For Vets!

Transition to A Job

Staff personnel who are within six months of separating from the Navy, and thinking about or undecided about a chosen vocational career or an educational program upon separation from the service are invited to call and visit your local TRANSITION Office, Bldg. 105, X 2238.

We can provide such counseling services as vocational planning and guidance through the Occupational Outlook Handbook (1972-1973), the Dictionary of Occupational Titles, our volumes of Occupational Guides published by the Dept. of Labor, American College and University Directories, State Licensing Requirements for all Allied Health Occupations, and many more valuable resource materials.

Also through a counseling session in Job Search Techniques Resume and Job Referral Assistance, personnel will become more confident, and better prepared for the employment interview and the civilian world of work. For example: Staff personnel who separated from this Naval Hospital were placed on jobs through the MEDIHC contact in this local area and others were hired by the civilian hospitals and health agencies that placed their job openings with the TRANSITION Office, and still others were hired by the private industries in the area, who trained them under the TRANSITION Program prior to separation from active duty.

Y U M !



- THANKSGIVING DINNER**
- Chilled Fruit Cup
 - Chilled Tomato Juice
 - French Onion Soup
 - Croutons
 - ROAST TOM TURKEY
 - Giblet Gravy
 - Sausage Dressing
 - Fresh Cranberry Sauce
 - STEAMSHIP ROAST OF BEEF
 - Mushroom Gravy
 - BAKED HAM
 - Fruited Sauce
 - STUFFED JUMBO PRAWNS
 - Tartar Sauce
 - Whipped Potatoes
 - Candied Yams
 - Buttered Corn
 - Buttered Green Peas
 - Tossed Green Salad
 - Relish Tray
 - Thousand Island Dressing
 - French Dressing
 - Blue Cheese Dressing
 - Dinner Rolls
 - Butter
 - Mince-meat Pie
 - Ribbon Cake
 - Pumpkin Pie
 - Ice Cream
 - Coffee
 - Tea
 - Milk
 - Candy

Yummmmm, Good

Twins Are Scholars As Well As JANGOS

You have seen Gloria and Lourdes Carandang in our columns before. We present them again as two who made all A's while attending school in Solano, Ca., and now it has become habit at the King Jr. High School, Oakland. The sisters were accepted into the California Junior Scholastic Federation and received that honor for their straight A's while in JUSMAG (Joint U.S. Military Advisory Group, Manila).

As JANGOS the girls together have put in a total of 743 hours of service. They were selected as JANGOS for the month of September, each having served 47 hours. No selection was made for October, there being no service over 20 hours.

Gloria has ambitions to be a doctor and Lourdes hopes to become a nurse. Background, and maybe incentive, for these goals has at least been furnished by Naval Hospital Oakland.

Their father, MMC Graciano Carandang, works in the Security Division of our hospital.

CDR Roy Receives Bronze Star Medal



The Bronze Star Medal is pinned on the chest of CDR Donald E. Roy, MC, USN. Dr. Roy received the award for meritorious service while in the Republic of Vietnam. As the Navy's only Ophthalmologist "in-country," CDR Roy was directly responsible for the surgical and medical care to United States and Vietnamese personnel who sustained eye injuries or aquired eye disease. As a vital member of the MEDCAP team, he provided his skillful services to hundreds of Vietnamese civilians in their own hospitals, orphanages, and remote and often hostile hamlets. Throughout his tour CDR Roy performed his duties under imminent threat of enemy fire and his exemplary initiative demonstrated skill and outstanding professionalism significantly contributing to the United States efforts in the Republic of Vietnam.

LOST AND FOUND

Rain, rain, go away—but if it doesn't, somebody may be looking for a blue umbrella found in front of the Navy Exchange. It may be claimed in "The Oak Leaf" office, ext. 2113.

A poem is a poem is a poem, and a book of poetry inscribed "Happy Birthday, Seba," was found in the parking lot. Data Processing, ext. 2166, will return it if given an opportunity.

For a daily report on what to see and do in San Francisco, dial 391-2000.



IF YOU SEE A FRIEND in the above photograph, step right up and congratulate him on his new rate. These are your new lobster and steak men—meaning they were treated as VIPs at a luncheon with their Commanding Officer.

North and South Are at War

The north elevators, Nos. 4, 5 and 6, are fighting for a fair share of the load. Only recently have these three "freight" elevators been released to active duty to be used by ALL HANDS, which will now include staff, patients and the general public.

Since the occupation of building 500, Elevator No. 4 has been used by Housekeeping; No. 5, by Food Service; and No. 6, by Surgery; consequently, the total mileage for the three elevators, as of October 20, was 38,057 vertical miles compared to 81,037 for Elevators Nos. 1, 2 and 3, the south-side elevators.

"That's up and down trickery!" the northern service elevators shouted.

"Tain't fair to us either!" the southern threesome argued, since they were carrying 113 per cent of the load. So in the future, only for limited portions of the day will Food Service and Housekeeping be permitted to "lock out" for special use.

If you get mad taking a stand for the south, then go north, young man!

CFC Gives Final Report

At the close of the Combined Federal Campaign, ending November 8, Naval Hospital Oakland's total, pledged or collected funds, was \$12,001.53. The units reporting 100 percent participation include the American Red Cross personnel, Administrative Nurses, and the Plumbing, Carpentry and Machines service sections of the Public Works Division.

MR. CHARLES ASBELLE DEMONSTRATES new techniques in NPRL to LTJG Aluiziu, from the Brazilian Navy ship C. G. MARAHAO (D-33), and to CAPTS Itapacy Braz and Ernani Aboim of the Brazilian Naval War College while they were touring Naval Hospital. While here the three visited our Clinical Investigation Center, ICU, Recovery Room, Laboratory, X-Ray, NPRL, and our Coronary Care Unit. They are shown at right with Mrs. Kyle, charge nurse.



We Give Thanks

Thanksgiving Day is an opportune moment to recall a few facts concerning our national and spiritual heritage. Reference to God is made four times in the Declaration of Independence. In addition to the national constitution, preambles to the constitutions of the states give positive recognition to the role God plays in the establishment and maintenance of human social institutions. In keeping with this tradition let us, each one, military and civilian staff, active duty and retired, and dependent patients, join together on our national day of Thanksgiving expressing gratitude and thankfulness to God for the blessings of life in this great land of ours.

MAKE A NOTE

Take "Your Reference Sheet of Services" from the last issue of "The Oak Leaf," and write a note to yourself that we do have opticians in the Navy Exchange and that appointments may be made by calling ext. 2250. There now, your list is already beginning to look used and friendly.

In about a month the Exchange's optical section will be in new, expanded quarters and you will be hearing more.



CHAMPUS Corner

PAYMENT FOR CHAMPUS BENEFITS VOLUNTARY PARTICIPATION

Physicians and other providers of services participate in the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS) on a voluntary basis. To participate means that: (a) The physician or other provider of services will furnish the authorized services to the beneficiary; (b) The physician or other provider of service will submit the claim to the CHAMPUS fiscal administrator for payment; (c) The provider of care agrees to accept the reasonable charge as determined by the government as full payment for his services, with the understanding that neither the patient nor the sponsor will be responsible for further payment of any charges for authorized care.

"Reasonable charges" are determined by taking into consideration the customary charges to the general public for similar services generally made by the provider of services, and the prevailing charges made to the general public by other providers of services in the locality for similar services.

"Full payment" concept means that when a civilian provider of care accepts a patient for treatment under CHAMPUS and files a claim for him, he agrees to accept the reasonable charges as determined by the government as full payment for his services.

Hail & Farewell

OFFICERS REPORTING

LCDR Karel J. Bossart, MC, USNR from USS HANCOCK (CVA-19), staff Surgery; ENS Murriel E. Goodloe, MSC, USN from NSHCA, NMMC, Bethesda, Md.; CDR Khalid N. Beg, MC, Pakistan Navy from Karachi, Pakistan, Observer, Ophthalmology; LCDR Emery J. Hatch, MSC, USN from 1st MarAirWing, Asst. to Administrative Officer; LT Kathryn M. Oakes, MSC, USNR from NH, Boston, Mass., Occupational Therapy; ENS Judith A. Benny, MSC, USN from NSHCA, NMMC, Bethesda, Md., Asst. Personnel Officer; LCDR David O. Matthews, DC, Royal Air Force, United Kingdom, Dental Exchange Officer.

OFFICERS DETACHED

CDR Carl M. Pedersen, MC, USN to USS SANCTUARY (AH-17).

ENLISTED REPORTING

From Naval Hospital Corps School San Diego, HAS Steven Ayola, James Cox, William Flower, Gary Knapp, Duncan Meadows, Louis Mitchell, Jerry Owens, Angel Rogue Jr., James Schmidt, Roderick Simpson, Richard Sinning, Gary Smith, John Sullivan Jr., and HNs Joseph Giordan III, Charles Hinds, Ralph Hughes Jr., and John Soper; and HM2s Scott Beard and Richard Janes; and HM3s Ross Carlino, David Jordan and Dennis Wolfe. From Naval Hospital Corps School Great Lakes, Ill., HN Edward Smith; from Naval Station Long Beach, Ca., HM3 Robert Harris; from Naval Reserve Center, Vallejo, Ca., UTC Herbert Jessen; from Naval Dental Center Dental Technical School, San Diego, DA Karl Watson.

ENLISTED DETACHED

To USS SANCTUARY, HNs Monty Carter, John Cinkan, John Klabacha and Addison Lowry; HM3 Ronald Turpin; and HM1 James Cormier. To USS KISKA (AE 35), CS1 Wallace Arndt; to USS WACCAMAW (AE 109), HM3 Kenneth Nunn; to Navy Submarine Base Pearl Harbor, Hawaii, HN Rochelle Weber; to Attack Squadron 22, Naval Station, Lemoore, Ca., HN Joseph Jaber; to USS MIDWAY (CVA 41), HN Norman Benish; to Military Sea Lift Command, TRANSUNITONE HP: ALAME-DA, HM2 Gary Peterson.

Going San Diego Way? All Military Dolphin Club members will have two new water specialty acts added without additional charge if they attend Sea World before December 8.

Movie Schedule

- November 17
COME BACK CHARLESTON BLUE—Goddard, Cambridge, Raymond St. Jacques, Comedy Drama (PG)
- November 18
EL CONDOR—Jim Brown, Lee Van Cleef, Western (R)
- November 19
SABATA—Lee Van Cleef, William Berger, Western (PG)
- November 20
MELODY—Mark Lester, Tracy Hyde, Comedy (G)
- November 21
J. W. COOP—Cliff Robertson, Geraldine Page, Rodeo Drama (PG)
- November 22
PORTNOY'S COMPLAINT—Richard Benjamin, Karen Black, Comedy Drama (R)
- November 23
BEN—Lee Harcourt Montgomery, Rosemary Murphy, Suspense Horror (PG)
- November 24
THE PROUD AND DAMNED—Chuck Connors, Aron Kincaid, Western (PG)
- November 25
THERE'S A GIRL IN MY SOUP—Peter Sellers, Goldie Hawn, Comedy (R)
- November 26
MACHINE GUN McCAIN—John Cassavetes, Britt Ekland, Drama (PG)
- November 27
DAY OF THE WOLVES—Richard Egan, Martha Hyer, Drama (G)
- November 28
GUMSHOE—Albert Finney, Billie Whitelaw, Satire (PG)
- November 29
COOL BREEZE—Thalmus Rasulala, Raymond St. Jacques, Adventure Drama (R)

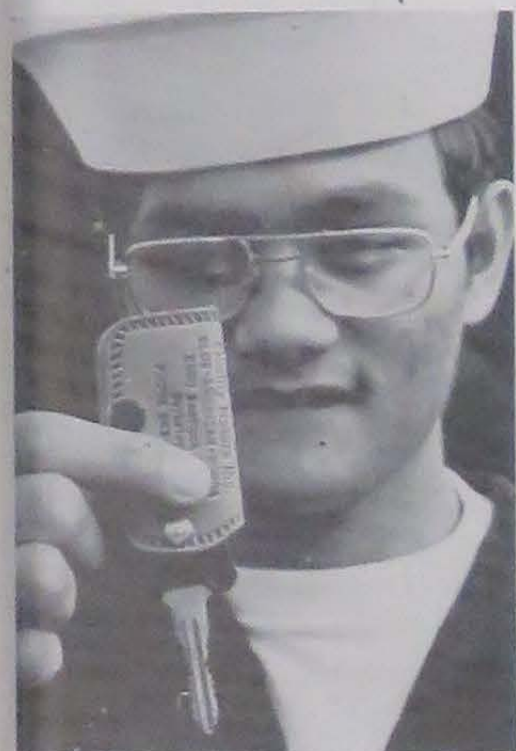
The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 34, No. 25

Friday, December 1, 1972

DT2 Bambico Shows Perfect Timing



That he was chosen Sailor of the Month is the important noteworthy thing. That he was chosen for the month of October is his fortunate bonus. Dental Technician Second Class Vancio Bambico will be the first to have the special courtesy of a shiny new orange Honda car to drive for one month. This benefit is furnished free, gratis, insurance paid, without charge, no obligation by Fidelity Motors, 2600 Shattuck Avenue, Berkeley, Ca. Bambico isn't married, so he will not have to share part time with a wife. Naval Hospital will designate a Sailor-of-the-Month parking space.

In nominating DT2 Bambico, the Chief and the Senior Petty Officer of Dental Service were extremely enthusiastic in their praise of their dental radiographic technician. They expressed warm gratitude for his above average professional ability, his efficient organization and management of his unit and his interest in patient care. "He doesn't bypass patients with a curt 'have a seat please,'" they said, nor is he the type who avoids a task by shrugging and saying, "But that's not my job."

Although small in stature, Petty Officer Bambico's supervisors suggest that no one should be deceived by what Bantam Vancio Bambico can accomplish. They point out that he is very forceful in leadership responsibilities. With such a strong recommendation from supervisors, our Commanding Officer could not resist adding official approval to the selection of October's Sailor.

Our Sailor of the Month for October is big in sports too. He

(Continued on page 5)

Enlisted Advise CO

The Commanding Officer's newly appointed Enlisted Advisory Board had its first meeting November 17. The board was formed to promote mutual understanding and better communication between Administration and enlisted personnel. It will concern itself with problems which need to be brought to the attention of the Commanding Officer, and any member of the board may be contacted when an enlisted man or woman desires to present a proposal or lodge a complaint.

At the organizational meeting, HM2 Hankel-Shepherd (Legal) was made Chairman and HM1 Henderson (Patient Affairs), Recorder.

Other members on the board are: HMC Curtis, Laboratory; HMC Lewis, Outpatient; HM1 French, Officer Personnel; HM2 Young, Physical Therapy; HM3 McCormick, Operating Service; HM3 Wright, Pharmacy; HN Blackmarr and HN Leiter, Ward 9E.

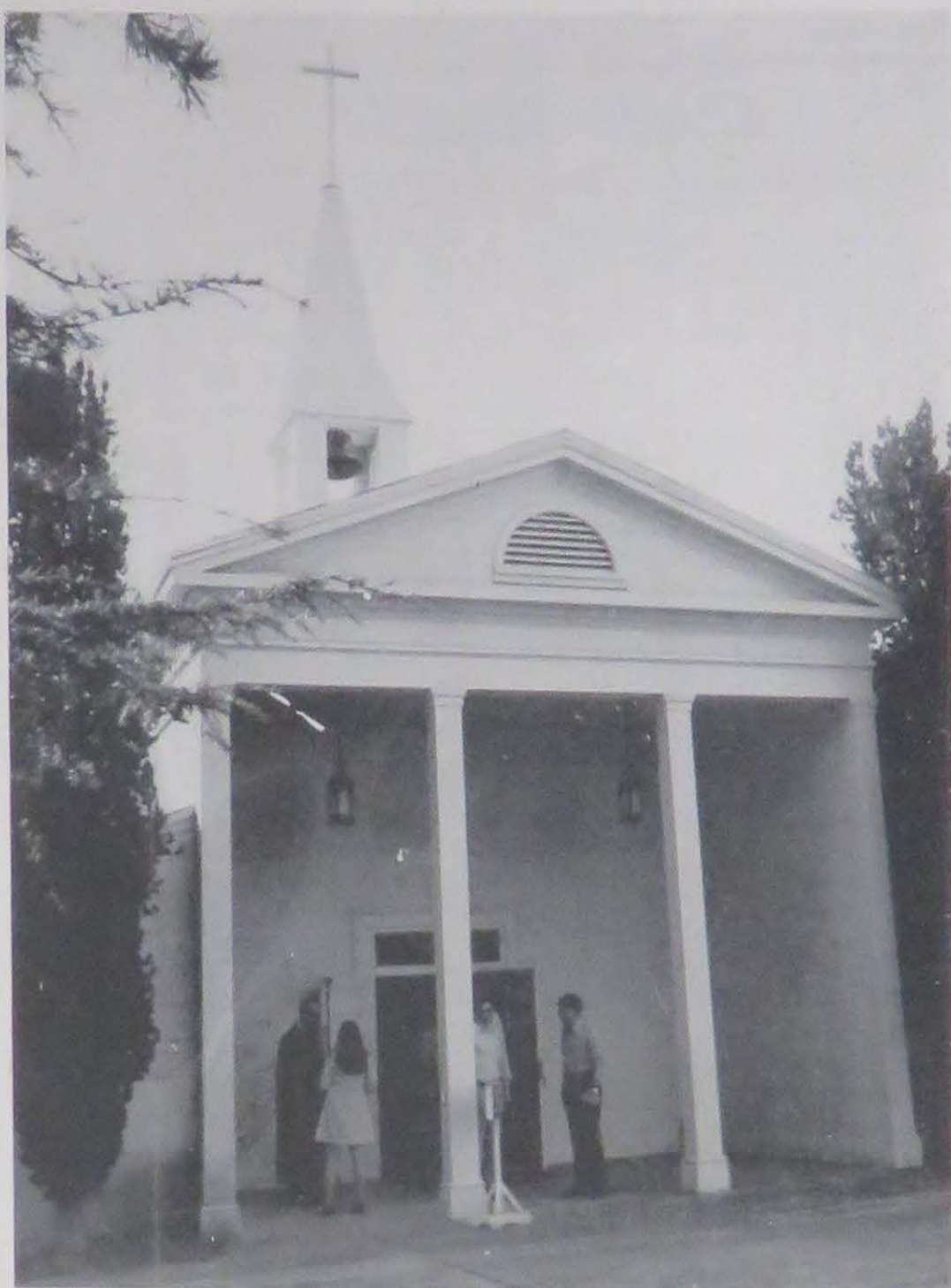
Attention, Enlisted! Are You Getting Out?

"I hereby waive my participation in the Early Separation from Active Duty Program to participate in the Skill Center Program" is a quote taken from the BUPERS INST. 1510.110, Ch. 1, dated 24 March 1972.

Enlisted personnel in pay grade E-4 or below who are non-high school graduates, or not eligible for reenlistment, or who possess a Vietnam Campaign Ribbon are now permitted to waive an early out for up to 60 days in the Skill Center Program. Personnel will receive the following four interrelated services: (1) Counseling, (2) Educational guidance, (3) Vocational training, and (4) Job or training referral assistance.

While enrolled in a Skill Center training program, each man will continue to be paid his full pay and allowances, and upon completion of Skill Center training the individual will be separated from the naval service.

For further information call your TRANSITION Counselor, Becky Pappas, at 2238.



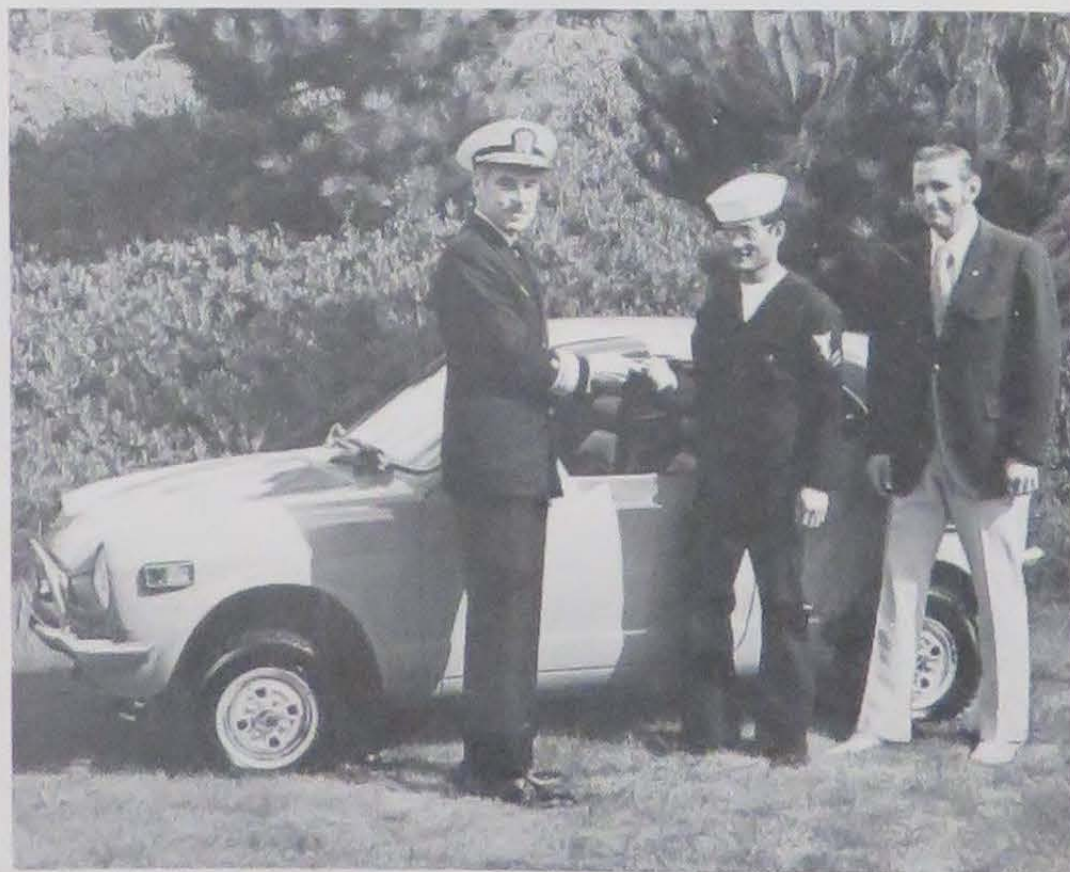
The Chaplain Corps

Celebrates Its 197th Birthday

The Chief of Chaplains, Francis L. Garrett, RADM, CHC, USN, was the speaker at the birthday reception and dinner held November 28 at The Fleet Admiral Nimitz Club, Treasure Island.

Naval Hospital has two pastoral counseling residencies, three Protestant chaplains and two Catholic chaplains. Perhaps ward visitation is more routine for military chaplains of hospitals than for most pastors, but other duties are comparable to their civilian counterparts.

Naval Hospital chaplains are always available on call on a 24-hour basis.



A FIRST AT NHO. October's Sailor of the Month, DT2 Vancio Bambico of Dental Service, accepts the key from RADM Faucett to a shiny new Honda car. He will have use of the car for one month before turning the key over to his successor. Also pictured is R. E. "Bob" Dixon (retired Navy), representative of Berkeley's Fidelity Motors, who provide the car.

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 Steven L. Spring, HM3 T. J. Town, HN R. L. Juschka
HN M. G. Johnson

THE OAK LEAF is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July 1958.

THE OAK LEAF receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

The Power Of Prayer

There is an eye that never sleeps, beneath the wings of night;
There is an ear that never shuts, when sink the beams of light;
There is an arm that never tires, when human strength gives way;
There is a love that never fails, when earthly love decays;
There is a power which man can yield, when mortal aid is vain;
That eye, that ear, that love to reach that listening ear to gain,
That power is prayer, which soars on high, through Jesus to the Throne;
And moves the hand which moves the world to bring salvation down.

These poetic lines by Wallace vividly express the Christian concept of how communications are brought up on the line between man and God. Prayer is creation's vital link with the Creator. Although man literally lives and moves and has his being in God, he remains a complete stranger to the very power that sustains him until contact is established through the medium of prayer, "... which soars on high through Jesus to the Throne; And moves the hand which moves the world to bring salvation down."

CDR RALPH G. CALDWELL, CHC, USN

Tips For Job Hunting

Here are a few tips on getting a job in civilian life.

Upon leaving the service be sure to seek an employer that can meet the following conditions:

You should receive at least \$480 take home pay per month after taxes, dues and medical insurance. Request regular promotions with pay raises for length of employment.

Request 30 days paid vacation per year starting with your first year. Also, you should have low rate or free world travel privileges anytime on vacation.

You must be able to continue your education with the company paying 75 per cent of the cost of learning. If you are selected for college, your tuition should be paid and your normal salary continued.

Ask for \$300 worth of clothing and a monthly maintenance allowance, plus rations and housing allowance.

Make sure the company has a swimming pool, tennis courts, golf course, library and movie theater for your use.

Your employer should also provide unlimited sick leave with pay, and don't forget, dental and medical care should be free for yourself and your family.

The company should provide a grocery, department, laundry, variety and other stores which reduce your expenses up to 30 per cent.

Make sure the retirement clause states that you may retire after 20 years, at half pay.

You should be able to relocate at your request, anywhere in the United States or free world. Have the company pay your travel expenses up to six cents a mile and move your household articles free of charge. If you are married, make sure your dependents travel for free and that you receive one month's extra housing allowance each time you move.

Inform your employer you want up to \$10,000 to stay on with him.

Don't forget to let your employer know that you are not experienced in the work, but you would like to train and receive all company benefits right from the start.

Now, if your would-be employer cannot meet the above requirements, see your Career Counselor — he works for an employer that can!

People who take care make accidents rare.
Accidents begin when caution stops.

Gasoline should never be used as a fire aid or as a cleaning agent. Gasoline is a motor fuel—use it only for its intended purpose.

EXEC-LINE

★ Why is it that the only way one can get a refund from the Navy Exchange in the case they lose some money in one of the coin operated machines in building 500 is to walk all the way down to the cashier's cage in building 33. It seems ridiculous to me that this has to be done.



The following action has been taken to correct this situation:

1. During normal hours of operation, refunds will be made at the Exchange Retail Store, 1st floor of building 500.
2. When the store is closed, refunds will be made in the Snack Bar, 3rd floor of building 500.

The patron will be asked to identify the type of machine (candy, coke, cigarette, etc.) and to give its location. Vending machines at this Command appear to be receiving more than normal abuse. Coin slots are often blocked by foreign objects and machines have been damaged and pilfered. The Exchange is responsible for all repairs caused by misuse; repairs become a direct charge to profits which would normally be provided to the Command Welfare and Recreation Fund. Cooperation to use the machine in a nonabusive manner is requested.

New Navy Command Commissioned In San Francisco Bay Area

On January 1, 1973, the Naval Regional Medical Center, Oakland, will be commissioned under the direction of the Chief of Naval Operations and in the management of the Bureau of Medicine and Surgery. The purpose of this new organization is to guide and direct the San Francisco Bay Area Navy Health Care Delivery System. The new command is comprised of the medical departments of the following stations: Naval Air Station, Moffett Field; Naval Air Station, Alameda; Hunters Point Naval Shipyard, San Francisco; Mare Island Naval Shipyard, Vallejo; Naval Support Activity, Vallejo; Naval Security Group Activity, Skaggs Island; Naval Weapons Station, Concord; Naval Communications Station, Stockton; Naval Supply Center, Oakland; and Naval Dispensary, Treasure Island, San Francisco. The Naval Hospital, Oakland, remains a separate command (as

will the Naval Dispensary, Treasure Island), but functions as an integral element of the health care delivery system within the Naval Regional Medical Center.

The first objective of this new regionalization concept is to provide improved health care services for all eligible military personnel and their dependents. In carrying out this objective, the Naval Regional Medical Center will embrace the latest concepts in medicine and administration.

The impact of this new command will not be felt immediately as most of the changes being effected at this time are of an administrative nature. However, expansion of the visiting specialty clinic concept will be accomplished throughout 1973.

Changes involving personnel will be phased in. When in full operation, it should be possible to extend the clinic hours at some of the dispensaries.

Looking For A Challenge?

Each year the Secretary of the Navy may appoint 85 enlisted men from the regular Navy and Marine Corps, and 85 enlisted men from the Naval or Marine Corps Reserves (active and inactive) to the Naval Academy. If you are interested in a chance to obtain a Bachelor of Science degree in one of 26 majors offered, and a commission in the Regular Navy or Marine Corps, and meet the general qualifications outlined below, see your Career Counselor at the Education and Training Office, building 105.

GCT ARI of 120 or higher.

Age: 17 and not have passed 22nd birthday on 1 July 1973

Never married

Acceptable college board or ACT scores

Good scholastic record

Excellent physical condition

Member of the naval service since 1 July 1972.



REENLISTING FOR TWO YEARS is DTCS Leroy A. Kohn of the Dental Service. Chief Kohn has over 18 years service.

Who's Been Doing What . . .

BAZAAR NETS \$\$\$\$



Despite the rain, there was a good turnout for the Christmas Bazaar held November 15 at the Officers' Club. Sales far surpassed those of two years ago, and profits netted for hospital charities showed that everybody wasn't just-a-looking.

The hard work that went into the knitting, pottery and candle making, sewing of aprons and stuffed toys, sketching and crafts of all kinds by many, many individuals was repaid by the success of this annual project sponsored by the Officers' Wives' Club.

原作 アリス・T・ホバート
脚色 ケーシー・ロビンソン
シネマスコープ・絵天然色
ビンテージ・プロ作品
ユニヴァーサル配給

Hong Kong Herald

Translating the Hongkongese above, it is saying that Glenn Haywood is worth his weight in gold (liberal translation) on any show!

Stay tuned in for the Christmas Show, Naval Hospital, at 7:30 p.m., Tuesday, December 19, and you will have laughter fits when this comic attacks your funny bone, and you'll have special artistry when the Marimba trio, "The Wheelers," give their certain accent to the program.

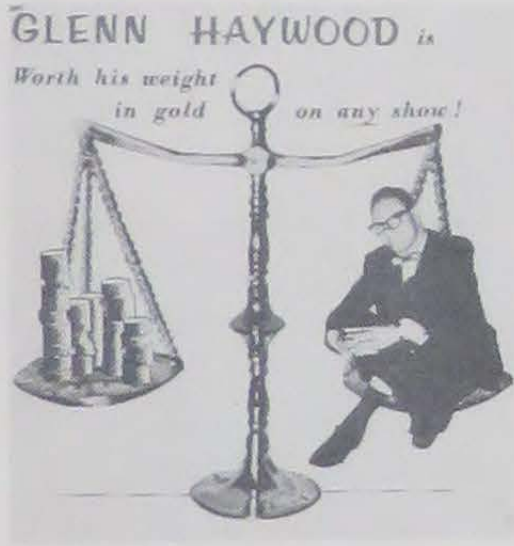
Wait, that's not all. The gala program planned by the Veteran Hospitals' Christmas Committee for your entertainment brings on "The Kobelt Sisters," two who have put together an entertainment package that has won them acclaim from the Cultural

Exchange Tour of the U.S.S.R. to the Wisconsin State Fair.

Still more. Bring on "The Lancers." Maybe you already know those four from their successful recordings, and it matters not that they stay on top of comedy whether it is dished out in London's Palladium or New York's Copacabana.

And more! What does Sabak do in way of performance? She doesn't have to. Wait until you see her.

A good program is planned for military staff and patients and their dependents.



OPERATING ROOM CLASS 7203 GRADUATES.



LABORATORY SCHOOL CLASS 7302 GRADUATES.

Congratulations

Captains William L. Meehan, of Urology, Stanley D. Harmon, of Orthopedics, George S. Martin, Jr., of Neurosurgery and Lieutenants Junior Grade Catherine Brinda, Juanita M. Campbell, Gladys F. Feller, Michael Gosha, Peggy L. Grohnke, Patricia A. Linscott, Patricia A. Oaks, Doris T. O'Conner, Dolores I. Ortlieb, Karen K. Overby, Gennet A. Parker, Ann Marie Steffens and Mary H. Sunderman on your recent promotion.



HMC LEO THERRIEN recently received a letter of appreciation for performing his collateral duty as Acting Mess Manager as one CPO with "know how" and a "can do" attitude. Chief Therrien's primary duty is instructing at Preventive Medicine Technicians School.



WITH DOORS AND WALLS, not excluding pots, painted, windows washed and venetian blinds in place, "The Oak Leaf" is getting that "settled in" feeling. Many thanks to Public Works and Housekeeping. Pictured is Larry Osorio of the Public Works paint shop.



LAUGHTER WAS CONTAGIOUS when the variety show "The Company" performed at Naval Hospital. Some of the members were brought back with so many encores that the troupe was held for a 2-hour show. Bill Barry was the M.C. for the show and Sandi Heans directed.



THE DAYS WE DITCHED A LOT OF DIRT IS NOW BUT MEMORY. Now fully paved, parking places have been assigned.

The Prayer of a Nurse

When I falter, give me courage
When I tire, renew my strength
When I weaken because I am human
Inspire me on to greater length.

If doctors and patients become
demanding
And days are too short for all my duty,
Help me to remember I chose to serve
And to do so with grace and spiritual
beauty.

In humility, Lord, I labor long hours,
And though I sometimes fret
My mission is mercy.
So abide with me that I may never
forget.

—Submitted by
Allergy LVN Technicians
Allergy Clinic 67B
Author Unknown



Born at Naval Hospital, November 26, 1972,
Keith Daniel Alford, 7 pound 11 ounce son of
HM3 Steven C. Alford and Sharon.

JUST ARRIVED

A KISS IS THE ANATOMICAL JUX-
TAPOSITION OF TWO ORBICULARIS ORIS
MUSCLES IN THE STATE OF CON-
TRACTION



Christmas Mail DEADLINE for Parcel Airlift Europe - Today



WHETHER RETIREE, DEPENDENT OR ACTIVE DUTY it pays to be Navy. YN2 Daniel Odegard (of Legal Division) and his family have found that the Hospital's Navy Exchange Toyland is open and shelves are stocked for Christmas. Dan and his wife, Joyce, look over a possible purchase for Santa's closet, while Billy and Jeff do a little neck stretching. (Note: Billy has his car.)



I want THAT car!

Movie Schedule

November 30
DR. PHIBES RISES AGAIN—Vincent Price,
Robert Quarry—Horror Drama (PG)
December 1
MR. KINGSTREETS WAR—John Saxon,
Tippi Hedren—Action Drama (None)
December 2
THE OMEGA MAN—Charlton Heston, An-
thony Zerbe—Science Fiction (PG)
December 3
SOMETIMES A GREAT NOTION—Paul

Newman, Henry Fonda—Drama (PG)
December 4
BLACULA—William Marshall, Vernetta Mc-
Gee—Horror (PG)
December 5
PIECES OF DREAMS—Robert Forster,
Lauren Hutton—Drama (PG)
December 6
CORKY—Robert Blake, Charlotte Ram-
pling—Drama (PG)
December 7
DULCIMA—John Mills, Carol White—Drama
(PG)
December 8
MOVING TARGET—Ty Harding, Michael
Rennie—Drama (None)
December 9
BEDKNOBS AND BROOMSTICKS—Angela
Lansbury, David Tomlinson—Musical
Comedy (G)
December 10
THE ABOMINABLE DR. PHIBES—Vincent
Price, Joseph Cotten—Horror (PG)
THE CAREY TREATMENT—James Coburn,
Pat Hingle—Drama (PG)
December 12
WHAT'S UP DOC?—Barbara Streisand, Ryan
O'Neal—Comedy (G)
December 13
SLAUGHTER—Jim Brown, Stella Stevens—
Action Drama (R)
December 14
PANTO VILLA—Telly Savalas, Clint Wal-
sh
December 15
LEGACY OF BLOOD—Merry Anders, John
Caradine—Horror (PG)

Announcement

It pays to watch the bulletin boards, especially the one outside the Main Dining Room, for many exciting USO Club entertainments, both Oakland and San Francisco.



I'LL TAKE ANOTHER 2 YEARS. HMC George W. Hatcher took "The Oath" for his fourth reenlistment. Chief Hatcher is assigned to PMT and has over 16 years service.



MRS. ROSE COOPER, long-time secretary to the Chief, Obstetrics and Gynecology Service, said "aloha" to her many friends and coworkers at a recent retirement ceremony after 20 years Civil Service, 19 of which were at Naval Hospital, Oakland. Pictured with her are CAPT. T. A. Daane, CAPT. J. F. Wurzel, Chief, OB&GYN Service, and CDR N. Takaki.

NAVHOSP Annual House Decorating Contest To Be Held

The second exterior Christmas decorating contest has been announced by Mr. D. E. Rose, Housing Manager. The contest is to determine the best adorned family quarters at the hospital. Last year's competition was very close.

Competition is open to all occupants of family housing located at the hospital. Prizes will be awarded in officer and enlisted categories. As of press-time, exact prizes are not confirmed. Mr. Rose indicates that housing occupant responses have surpassed last year's.

Judging will be based on best general appearance and originality. It will take place the week before Christmas, exact date to be announced. Winning entries will appear in "The Oak Leaf." Families wishing to participate should contact the Housing Office, extension 2309 or 2532.

Test Grades May Not Bar Advancement

The Navy's system of competitive examinations is designed to fill available billets with the most highly qualified people. Thus, advancement usually goes hand in hand with training, experience and greater job proficiency.

Once you're qualified, three major items will govern your chances for advancement: How many petty officers in the rate and rating the Navy needs, how high you score on the exam, and how well you've done your present job. Each factor is important. Each was considered in recent advancements at Naval Hospital.

In the vast majority of cases, the Navy's system of competitive examinations is recognized as the most equitable way of determining which Nymen are best qualified for advancement. However, it is considered that outstanding career petty officers who have trouble taking tests should not be barred from further advancement. The Navy, therefore, formulated a pilot program, the Meritorious Advancement Program, designed to give these 1st and 2nd class petty officers a better chance for advancement.

As an incentive for volunteers, 1st class petty officers and below who are assigned to advisory duty in Vietnam are guaranteed field promotion to the next higher pay grade, as long as they meet minimum standards for satisfactory performance. No examination is required for advancement as high as PO1; advancement to CPO requires only having passed a previous exam for E-7.

To learn all the details of your career advancement, see your Personnel Officer or Career Counselor.



An eligible veteran who has not completed elementary or high school may receive VA educational assistance without charge to his basic entitlement.

Hail & Farewell

OFFICERS REPORTING

ENS Margaret E. Williams, MSC, USNR, from NSHCA, Bethesda, Md., to Physical Therapy

OFFICERS DETACHED

LCDR Dennis A. Rhyne, MC, USN, to Children's Orthopedics, A. I. Dupont Institute, Wilmington, Del.

ENLISTED REPORTING

From Naval Medical Training Institute, Bethesda, Md. HMB Harvey L. Simpkins. From Naval Hospital Corps School, San Diego, HAS Bruce B. Gordon, John E. Baker, Bruce M. Long, Larry E. Taylor Jr., David M. Juarez, Prince R. Lewis, and HNs "G" Dallas Kassing, Alan J. Schmidt. From Naval Dental Center Dental Technician School, San Diego, DN Colbert B. Williams.

ENLISTED DETACHED

To USS SANCTUARY (AH-17), HNs Michael D. Woods, David P. Beeman, Marc R. Earnshaw. To Naval Facilities Centerville Beach, Ferndale, Ca., SN David B. Burton. To 3rd Marine Division, FMFPAC HP, Okinawa, HN Ronald J. Hooks. To Service Craft Naval Station, Long Beach, Ca., SN William J. Deibert.

RELEASED TO INACTIVE DUTY

IN NAVAL RESERVE

HN Patrick M. Watt. HMBs Dennis C. Iles, David L. Benedictus. HM2s Michael R. Townsend, Gary A. Burton, Russell R. Crockett.

Gentlemen

**In a Social Circle
of which
one member is officially a
subordinate of another,
the Superior,
if he is a gentleman,
will never think of it,
and the subordinate,
if he is a gentleman,
will never forget it.**



Dependent Benefits Are Many

One of the most valuable items a member of your family may receive is DD Form 1173—the dependent's ID card. This serves as the holder's entitlement to a wide variety of Navy privileges and benefits, and Navy Exchanges and Commissaries rank near the top of the list. These facilities afford Navy people the opportunity to stretch their dollars and yet purchase top quality merchandise.

Also important to Navy dependents are the medical benefits available. Two programs which fall into this category are the Uniformed Services Health Benefits Program (USHBP) and the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS).

Of course, everyone has personal problems from time to time and Navy people are not exceptions. Help and advice in this area are available from several sources. Some of these are: chaplains, legal assistance officers, Navy Relief Society, American Red Cross, housing referral offices, Navy Wives' Clubs, Family Services Centers and so forth.

Yet another item in the great wealth of Navy dependent benefits is that of schooling. Practically every Navy family with orders to overseas shore duty wonders what kinds of schools are available. The answer is simple. Each of the military departments is responsible for operating schools in geographical areas assigned by the Office of the Secretary of Defense. But if you remain right here at NHO, don't forget about scholarships.

Perhaps you have a child approaching college age. He or she may be eligible to compete for scholarships which have been made available to dependents of Navy, Marine Corps and Coast Guard members.

Navy dependents also have a wide variety of recreational facilities at their disposal. These facilities come under the Navy's Special Services program.

If you're looking for more details on these or other dependent benefits, you might consult the December '71-January '72 ALL HANDS.

JUST OLD AGE—90 percent of all tire failures occur during the last 10 percent of the tire's life.

When you are behind the wheel, use your eyes, your ears and your knows.



SIGNING UP for another 4 years is HMC George O'Connor of the Education and Training Office. Chief O'Connor has over 16 years of service.

Sailor Of The Month

(Continued from Page 1)

went right out without fanfare and very quietly emerged a winner in bantam boxing in 12th Naval District competition. He did a bit of punching out on Guam, but that was only to keep in practice following a boot camp win. In the "Bay to Breakers" cross country, he finished with top competition.

Sportsman Bambico's home town is Lathrop, Ca. San Joaquin College trained him two years in electronics, and he is now using that knowledge putting together a 23-inch color TV (Heath) kit. That's just for fun. For the future, Vancio thinks he has found the right career in the dental field, and that is where he would like to remain.

VARSITY BASKETBALL SCHEDULE

Monday, December 11—7:30 p.m.
Concordia Bible College (There)

Tuesday, December 12—8 p.m.
NWS Concord (Here)

Wednesday, December 13—7:30 p.m.
OARB (There)

Thursday, December 14—8 p.m.
Moffett Field (There)

Tuesday, January 2—8 p.m.
Skaggs Island (Here)

Thursday, January 4—8 p.m.
Mare Island (There)

Sunday, January 7—1 p.m.
NAS Lemoore (Here)

Monday, January 8—8 p.m.
Coast Guard (There)

Tuesday, January 9—8 p.m.
Treasure Island (Here)

Thursday, January 11—8 p.m.
NSC Oakland (There)

Tuesday, January 16—8 p.m.
NAS Alameda (Here)

THE SHORT SHEET

Denim Dungaree Is In Says CNO

The blue denim dungaree trouser and light blue chambray shirt (enlisted uniform) will be retained as an optional working uniform indefinitely. The old-style dungarees, scheduled to be phased out, proved to be more popular than the heavier new working uniform, particularly in warm climates.

Summer Uniforms Authorized on Year-round Basis

On November 1, 1972, uniform requirements for the 12th Naval District were revised to permit the wearing of summer uniforms on a year-round basis within the 12th Naval District.

IT IS OUR FLAG AND OUR COUNTRY

Our flag is a symbol of a growing, changing, dynamic nation. It is the flag of the people—all the people in the United States. It is a flag of glory from the past and, like our country, it has a great future.

Men have defended our flag with their blood and their lives because it stands for all that is good about our country. Others have defiled the flag as a symbol of things about the United States they don't like. In each case it wasn't the flag that was defended or attacked, but rather the Nation itself.

No country has ever given its citizens a better chance. In spite of this, there are those who have grave doubts about our country. The United States is great. A penalty of greatness is in not being as great as some think you should be. Greatness lies partly in being able to change when change is needed. The United States of America can and has changed over the years. Maybe the changes haven't been as fast as some would like, but there have been changes nevertheless.

The United States of today isn't the United States of 1800 or 1900 or even 1950. The country our flag—your flag—will represent in the year 2000 will be different, too, and it will take good citizens to see that the changes are right.

All too often we fail to pay respect to the flag during colors. Some of us try to run to the door to get out of saluting and standing at attention. Others keep right on walking, acting as though they don't hear the sounding to the colors. In any case, the much talked about "awareness" that has supposedly swept the Nation has failed to bring about an awareness of the rights, privileges and responsibilities we assume as citizens of this great country.

I, like many other naturalized citizens of the United States, realize the importance, and cherish all that goes with the privilege of citizenship—after all, it took me five years to attain it!

To those who have an indifferent attitude towards citizenship and all this country has to offer, you will never, and can never, realize what you have until it is taken away; and then it will be too late.

—PETER W. HANKEL-SHEPHERD, HM2, USN

Know The Facts Before Retirement

Planning for retirement soon? If so, there are several important things to consider. One of these is the new Widow's Equity program. Under this program, every military retiree can leave his surviving dependents 55 percent of his retired pay at minimal cost. Get the facts; know the costs and benefits.

Also, plan carefully an insurance program. A sailor leaving active duty receives 120 days of free coverage under the Servicemen's Group Life Insurance (SGLI) plan. Long before that time, however, consideration should be given to the type of insurance plan that will offer protection during the retirement years. The Veterans Administration (VA) can provide full information on policies available for both officers and enlisted personnel.

Social Security coverage is yet another item worth checking before retirement. During active duty years, a Navyman contributes to a Social Security program. The amount of benefits he and or his family may receive will be affected by many things. For full details, consult your

nearest Social Security Office.

Perhaps you're considering employment after retiring from active duty. The Department of Defense's Referral program offers the services of a computerized skills bank. This system is programmed to match the skill of a military man or woman with job openings as reported by industry the various parts of the United States. A man may register in the referral program up to six months before retiring. If not immediately matched with a job opening, his application will remain in the computer for six months after retirement.

Above all, visit your Personnel Office before retirement and make sure all your personal records are in order.

Make Note

Robert Gonzales, operator of the Exchange Beauty Salon, located on the second floor in building 38, wishes all to know that the Salon is open Tuesday through Saturday from 8:30 a.m. to 4:30 p.m., and that he styles for both men and women. The phone number for appointment: 639-2000.

Learn How To Keep Cool

Mr. S. G. Beck, Fire Crew Chief, and LT B. T. Sparks, Fire Department Supervisor, urge that all Naval Hospital personnel help us keep cool. Learn fire exits, location of extinguishers and all emergency fire skills and procedures.

Fire safety is important. Last year 10,100 fires, resulting in damages totalling \$11 million, occurred in hospitals across the country. Some 18,000 patients and hospital employees were injured.

Fortunately, NHO, with its 2-engine company, has not had a major fire for over 5 years. The firemen are well trained in water hydraulics, rescue techniques, first aid, the operation of all apparatus and pumps and in the science applied to fires.

They must know about knots, ladders, sprinklers, alarms, and electrical and mechanical objects. A very important item in training is Fire

Prevention—we can't keep cool without it.

Let's not let Naval Hospital become a fire statistic. Call ext. 2310 and our well-trained firemen will answer questions. Keep in mind three 3's for fire reporting—333!

Here Is Savvy On Lab Tech Shortages

Good news! Although across the nation there exists an acute shortage of clinical laboratory technicians, the Navy, under its HM-8417 Program, can train you to do this job. New changes in obligated service and arrangements for academic credit make clinical laboratory technology an attractive career in the Navy and a preparation for the future on retirement.

Obligated service has been shortened and dates from the convening of a HM-8417 class. This means that a trainee has only 26 months of required service after course completion. Also, upon recommendation of the Commanding Officer, waivers may be made of the prerequisite 8412 training. At this command, Admiral Faucett believes an individual should be judged on his capabilities for making a well-qualified 8417 candidate, rather than on his previous experience under 8412.

As for accreditation of courses, the Naval Medical Training In-

stitute, NNMC, Bethesda, working with The George Washington University, expects to have an agreement to provide accreditation of courses before the end of this calendar year. College affiliation and credit are also planned at NH San Diego. A trainee then, even outside the service, would have full academic status; his civilian status would thus be protected.

Naval Hospital Oakland plans to promote interest in every possible way. It will review its manpower structure and take all remedial action which might be indicated to prevent any crises in our laboratories. It is realized that here is a long lead time in production of a fully qualified technician, and Administration intends to provide every possible incentive to make laboratory school attractive to recruits. It is of vital importance that there be no shortages in future years. Not at Naval Hospital Oakland! Not if planning can prevent them!



ALFRED CRAWFORD INSTRUCTS HN R. L. JUSCHKA IN CORRECT USE OF FIRE EQUIPMENT.

Season's Greetings

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 34, No. 26

Friday, December 15, 1972

Christmas Services

Ecumenical Christmas Cantata
Sunday, December 17—7:30 p.m.
(Main Chapel)

Catholic
Sunday, December 24
8:30 a.m.—Mass (Clinical Assembly)

12:15 p.m.—Mass (Main Chapel)
8:30 p.m.—Ecumenical Coffee Fellowship (Main Chapel)

9:00 p.m.—Christmas Eve Mass (Main Chapel)

Monday (Christmas Day), December 25

8:30 a.m.—Mass (Clinical Assembly)

12:15 p.m.—Mass (Main Chapel) Protestant

Sunday, December 24

9:30 a.m.—Worship (Chapel of Hope)

10:30 a.m.—Worship (Main Chapel)

7:30 p.m.—Carols and Candlelight Service (Main Chapel)

8:30 p.m.—Ecumenical Coffee Fellowship (Main Chapel)

Monday (Christmas Day), December 25

11:00 a.m.—Christmas Communion (Chapel of Hope)

Commanding Officer's Holiday Greeting

In this 1972 holiday period, I would hope that the love, the genuine care for one another, the ability and the desire to help our fellowmen with compassionate understanding, patience and respect would seize our souls and direct our lives to the true fulfillment of the prophecy of old, "Peace on Earth and goodwill toward men." One does not purchase this calmness and strength of inner spirit by making gift purchases at the store counter. It is, however, easily obtained by truly giving of oneself to help others. If we can but generate that electrical spark and apply the created energy to new tasks, we may see an increased brightness in our world, a lighter step in our stride and a cleaner perception of our true contribution to fellowmen. The New Year offers the opportunity to start fresh—to redouble our concern, our awareness and our responses—to communicate our effort and enthusiasm into services for all. With perseverant dedication to this cause, with pride in our work and with a truly benevolent eye to every fellowman, the New Year promises untold joy and peace for all.

R. E. Faucett

R. E. FAUCETT
RADM, MC, USN

1000 Hours Is Much



Mrs. Matthew J. Millard was awarded the Navy Relief Society's 1000-hour charm at a monthly Officers' Wives' Club luncheon. The presentation was made by Mrs. Ralph E. Faucett (left), with introductory remarks by Mrs. Edwin B. Miller. Mrs. Millard is the wife of a former Administrative Officer of NHO, CDR Matthew J. Millard, MSC, USN (retired).

Mrs. Millard has been active in Navy Relief work since the early 1960s. She is one of few in the nation to receive a 1000-hour award. She is one of only two in the East San Francisco Bay Auxiliary to have received the distinction for 1972.

What could Mrs. Millard have done with 1000 hours? Not that she would have wanted to, because she did what she wanted to—but in California it takes only 160 hours training to become a commercial pilot, and just 40 to get a private license. A medical assistant or dental laboratory technician can train in 520 hours, but a dental assistant trains in 300 hours. The state requirement for becoming a masseuse is just 70 hours. Had Mrs. Millard spent her time in beauty training, she would have completed five-eighths of the required 1600 hours toward being licensed by the State of California.

But Mrs. Millard, a resident of San Leandro, Ca., chose to volunteer 1000 hours toward Navy Relief work—all at Naval Hospital Oakland.

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kittrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 Steven L. Spring, HM3 T. J. Town, HN R. L. Juschka.
HN M. G. Johnson.

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THE OAK LEAF receives American Forces Press Service material.
Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

IS THERE A SANTA CLAUS??

"There isn't a Santa Claus!" Nothing new about that statement. Children have said it before and probably will continue to say it in the future. But the point is, are they right or wrong?

In spite of our scientific and sophisticated generation, there is a Santa Claus! He comes once each year from his workshop. There has never been another with greater power. He travels through space, even mountains and valleys, in a sleigh drawn by reindeer. If you see a Santa getting out of an airplane, he's definitely a phony—not the real stuff.

If you disagree with me and say there isn't a Santa Claus, what is it that moves among men and causes a magical uplifting of the human spirit and impels men to a service of love, especially during this season?

Yes, there is a Santa Claus. He's the world's master maker of friends and influencer of people. He instills into the hearts of men and women the Christmas spirit, which warms them into a love for humanity which most needs the love, care and sympathy of their fellow citizens. Thank God that in each of us there is a little bit of Christ with His spirit of love, kindness, charity and forgiveness toward our fellowman.

LT ROBERT F. GROTHAUS, CHC, USNR

Hail & Farewell

OFFICERS REPORTED

ENS Thaddeus H. Sparkman, MSC, USN from NMMC, Bethesda, Md.; LTJG Nguyen T. Hien, MC, VN, from NavAdvGrp, U.S. Military Assistance Command, Vietnam as Observer, ENT

OFFICERS DETACHED

LCDR David M. Lichtman, MC, USN to NH San Diego; CDR Joseph G. Gregonis, MC, USN, to inactive.

ENLISTED REPORTING

From Naval Hospital, Jacksonville, Fla., HM1 Roberta K. Kiedrowicz; from Naval Hospital Corps School, San Diego, HN Warren Ng, HA Steve Conley, HM3 Gene A. Lincoln, HA Patrick O. Davidson, HM2 Domingo Madlangbayan, HA John R. Prosser; from

Naval Station, Treasure Island, San Francisco, HM1 Francis J. Titze; from Naval Medical Training Institute, Bethesda, Md., HN Gary E. Dostalek, HM3s Douglas L. Behling, George C. Denton, James A. Norton, HM2 Joyce A. Burris; from Naval Station, Long Beach, CA, HM3 Dennis L. Baumer.

ENLISTED DETACHED

To Naval Station, Treasure Island, San Francisco, SM1 Gaylon R. Wilcox, HMC Clifford C. James, HM2 James A. Bierschbach; to Naval Support Activity, Mare Island, Vallejo, CA, HN Charles L. Lateur.

Released to inactive duty in Navy Reserve, HM3s Gary S. Neely, Rick B. Thiriot, Robert J. Hensleigh, Steven R. Bassett, Roland L. Rodell

EXEC-LINE

* It seems unfair that the staff members who park in the Outpatient Parking Lot get parking tickets, but that Security allows outpatients to park in the Staff Personnel Parking Lot without giving them tickets.

Security does not allow outpatients to park in the Staff Parking Lot, but not all offenders get caught. The need for restricting staff parking privileges in the space provided for outpatients is that many outpatients are incapacitated or acutely ill, and it is essential that a parking area adjacent to the hospital be available to them.



The officers' wives whose husbands are deployed in Southeast Asia on the USS ENTERPRISE (CVA(N)-65) presented a large number of gifts to Naval Hospital's Pediatrics Ward. They came bearing all kinds of toys and small crafts, games and children's furniture. Ward 7NE, although not yet decorated knew that indeed the holiday season had arrived. Pictured are Carol Greve, RADM Faucett holding Jody Kemp, Kay McManus, Kathy Troiche (Navy Relief visiting nurse) and Diane Reason.

CHRISTMAS CANTATA TO BE SUNDAY

The spirit of Advent will be proclaimed through music on December 17, 1972, when the ecumenical chapel choir, under the direction of Mr. Roy Culbertson, presents H. Alexander Matthews' Cantata, "The Story of Christmas." This ecumenical service will be held in the Main Chapel at 7:30 p.m. with a brief fellowship to follow. Choir members are Cathy Wheat, Jackie Johnston, Marion Johnston, Sally Schneider, Mary Beth Willson, Kathy Alves, Peggy Grohnke, Janie Perdew, Nancy Jacques, Joyce Taylor, Mary Anne Tirrell, Michelle Blieu, Jan Workhoven, Gene Gassman, Wally Eichelberg, Jack Taylor, Richard Tirrell and Jim Perdew. Organist is Dave Scott. Participating in the cantata are members of both Protestant and Catholic congregations. All personnel and their families are invited to attend.

JANGOS Michele Miller and Karen Metz entertain a threesome on the Pediatrics Ward.



Photo by Richard L. Juschka, HN



Members of the staff are deeply grieved to learn of the death of RADM Thomas G. Hays, MC, USN (Ret). The Admiral, who served as Commanding Officer of this hospital from July 1, 1958, until his retirement June 29, 1963, died of a heart attack Thursday morning. He was 69.

Following his retirement, Admiral and Mrs. Hays made their home in San Francisco where he became Medical Director, Western Area, American National Red Cross. He retired from that post

several years ago, but despite failing health continued to report to his office at intervals to assist on a volunteer basis. He was there when death came.

Doctor Hays will be greatly missed by shipmates who served with him throughout his career as a Navy surgeon and administrator, including those who had the privilege of working with him during his five-year tour of duty here. All extend deepest sympathy to Mrs. Hays and son, Thomas G. Hays, Jr.

Canvas Comes To Life



Eva Sikorski is an artist of note. German born, she studied in Berlin before coming to the United States 20 years ago, later studying at Mills College. She had many one-woman showings, including sculpturing, throughout the Bay Area, and has taught for 5 years at the Academy of Art in San Francisco.

A couple of years ago she read an article about an artist in Vietnam who made sketches of convalescing military personnel, which gave the patients a real lift. What can I do for their morale? she asked herself. She thought of giving free art classes to veterans, then a Navy officer friend of hers put her in touch with Naval Hospital. Over the past 18 months, Eva has painted portraits of nine amputees from Naval Hospital Oakland.

Eva is doing more for some of the amputees' morale than months of counseling would accomplish. And for Eva it has been a morale booster too. She becomes attuned to her subjects so as to paint not only likeness but, in a relaxed atmosphere, visits and talks while she paints and captures the inner soul as well. One likeness brought

tears to the eyes of a Chinese mother as she beheld her son on canvas. She brings the subject of the portrait into her studio (the sikorski atelier) usually for two 1½ hour sittings.

Anecito Alcontin is the most recent veteran to have his portrait finished by Eva, and is he pleased? "Very much; very much! She is a very nice lady," he said. And Alcontin is going to send the picture of the portrait home to his family in the Philippines.

Mini

Scuttlebutt

During a recent Wednesday night, Bowling League's George Cartmell rolled a 265 game (with a 625 series) while Dick Hinds was rolling a 256 (588 series) which was followed by Jack Dickens' 231 (618 series). Turn Pro, Fellas!

Did you know there's an editor who is always misplacing her office key or leaving it home so frequently that she was presented with a 15-gauge (17) chain to wear around her neck to help keep tabs. Now we know who left a purse in the rest room and luckily had Jennie Coit turn it in at the Beauty Salon, I.D. et al. Thank you, Mrs. Coit.

Our Legal Office member blushes a Christmas red upon being kidded about certain white sleeve insignia by one who got the kidding himself just a short span ago. He deserves the rib, doesn't he, Van?

One more guess before finis—what two recent Sailors of the Month have neglected to get their portraits taken for the public display near the OOD's desk. Down to Photo Lab, Boys, lest your Public forgets.

ANNOUNCEMENT

Anyone interested in a no-cost transfer to other regional medical facilities, for example, a dispensary such as NAS Alameda, contact the Personnel Office on ext. 2027 or 2028.

As the holiday season approaches, United States Armed Forces personnel stationed throughout the world can look forward to enjoying the traditional roast-turkey-with-trimmings dinners on Christmas Day.

Our Commanding Officer received the Christmas Day Menu from U.S. Naval Hospital, Guam, plasticized on a large coconut.

USO ENTICES FUNSTERS

The Oakland USO Club will be staging a Poinsettia Dance at 8 p.m. on Friday, December 22. December 31, at 5 p.m., there will be a buffet with a party following into the New Year's whistle blowing. It just might be more fun to be at the decorating party at 8 p.m. on the 28th however; relaxed work doesn't seem like work.

More information on the bulletin boards near the 3rd floor Post Office.

MAG SAVINGS OFFERED

Special Services has forms available for discount subscriptions to such magazines as Newsweek, Playboy, Reader's Digest, True and TV Guide. You can save up to 50 percent off regular one-year prices on over 100 magazines. Call Chief Crisostomo at 2478 to get a form sent to you in the Guard Mail. Offer expires December 24.

Movie Schedule

December 15
LEGACY OF BLOOD—Merry Anders, John Caradine—Horror (PG)

December 16
SOLDIER BLUE—Candice Bergen, Peter Strauss—Western (R)

December 17
MURDERS IN THE RUE MORGUE—Jason Robards, Herbert Lom—Horror (PG)

December 18
SKYJACKED—Charlton Heston, Yvette Mimieux—Suspense Drama (PG)

December 19
LEMANS—Steve McQueen, Elga Andersen—Drama (G)

December 20
KING ELEPHANT—David Wayne—Documentary (G)

December 21
HICKEY AND BOGGS—Bill Cosby, Robert Culp—Suspense (PG)

December 22
DAUGHTERS OF SATAN—Tom Selleck, Barra Grant—Horror (R)

December 23
DIRTY DINGUS MAGEE—Frank Sinatra, George Kennedy—Western Comedy (PG)

December 24
NO MOVIE—CLOSED FOR CHRISTMAS

December 25
NO MOVIE—CLOSED FOR CHRISTMAS

December 26
KLUTE—Jane Fonda, Donald Sutherland—Melodrama (R)

December 27
RETURN OF SABATA—Lee Van Cleef, Reimer Schone—Western (PG)

December 28
EVERY LITTLE CROOK AND NANNY—Victor Mature, Lynn Redgrave—Comedy (PG)

A violation of a safety rule which did not result in an accident does not mean that you can get by with it again.

Gift Wrap Service Made Available

The NWCA No. 160 will again have a Christmas gift wrapping booth in the Navy Exchange lobby, opening today. Hours and prices will be posted at the booth. Last year the enlisted wives earned \$130 from this project for club charities. They expect to do even better this year.

Since the 1st of December, the Officers' Wives' Club has been sponsoring a free gift wrapping service for patients and military staff. The officers' wives donate services on Mondays, Wednesdays and Fridays, and the Red Cross performs the wrapping on Tuesdays and Thursdays. Hours are from 10 a.m. to 4 p.m. in the gymnasium of the Navy Exchange, building 38.

"Ours must be a Navy family that recognizes no artificial barriers of race, color or religion. There is no black Navy, no white Navy—just one Navy: the United States Navy."—ADM Zumwalt



Bassett Is Commended



It's home in time for Christmas for HM3 Steven Bassett, and then follows enrollment in the University of Wisconsin to study medical statistics. However, before departure, Bassett received a Letter of Commendation for his outstanding professional skill and planning ability as an Infection Surveillance Technician at Naval Hospital.

While working in PMT, Bassett established innovations for effective statistical reporting procedures for drug usage rates and for antimicrobial sensitivity data. His energetic efforts helped keep the nosocomial infection rate at Naval Hospital at a low level.

Lonesome Christmas Eve? Join the Christmas Eve Party at the San Francisco USO Club, 1017 Market Street. How 'bout New Year's Eve? The SF USO has a 5 p.m. buffet and a Resolution Dance from 8:30 to 1:00 a.m.



VERSATILITY IS THE NAME for HM3 T. L. Bethel, and his departure for his home in St. Louis is a loss to the Navy. Although trained as a corpsman and expecting to pursue further education in the medical field, Terry competently filled in as a photographer after completing a year as editor of "The Oak Leaf." He is shown receiving a well deserved Letter of Appreciation.

DANGEROUS HOURS—25 percent of all auto deaths and 28 percent of all auto injuries happen between the hours of 4 and 8 p.m.

Who's Been Doing What . . .

Some Have Won With Win

Sylvia Stimson is the star example of a dental assistant who won with WIN. The WIN program, which has four trainees working in Dental Service here at Naval Hospital, is one way of helping to overcome the acute shortage of dental technicians. When a corpsman becomes proficient, he is usually needed in more critical areas, and thus the dental services such as ours are left to operate with limited personnel. But the picture is not all gray.

One source of assistance is the hiring of temporary Civil Service employees in addition to the active duty dental, and permanent Civil Service, personnel. Then there is WIN, which is a 52-week training program, offering minimal monthly incentive pay, but one which educates the students to become dental assistants and to finally go out and get permanent and good paying jobs. Except in the case of Sylvia, we kept her and didn't let her "go out." At the end of her year's training, she received her BuMed certificate and was put on our payroll.

The training program for dental assistants under the Title V work

When you hang those decorations—curtains, or anything—use a stable, level platform. Don't be missed under the mistletoe.

experience program (Economic Opportunity Act) is outlined in about three pages of type, single spaced. There is no doubt as to the proficiency of a trainee who departs our base. If a WIN cannot produce, she is released early in the training period.

Naval Hospital's Dental Program also has four students from Chabot Junior College who receive no pay, but come aboard each Wednesday for two months to learn what it is all about. They help us, yes, but the benefits are reciprocal. They, too, will some day go to good paying jobs.

No one can lose for winning.



JUDY ANN BELLUOMINI, Mimi Hamilton and Sharon Leach, who are in the Dental Assistants' Program from Chabot Junior College, observe the plaque control methods of Lilian Dennis (Civil Service employee) and Dr. David Hochberg, in the Dental Clinic.



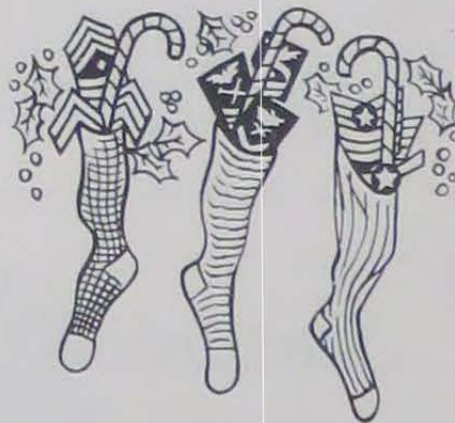
HM3 SKELLEY ALLAN GOFSTEIN reenlists for six years. His fiancée, Violet Tabagon, attended the ceremony.



MRS. CLARA TURNER had a birthday and was proud to announce it was her 79th. Helen Jean William and Martha Blanton of the Allergy Clinic thought her so "sweet and dutiful" in helping them during rush periods that they baked her a cake the Tuesday they knew she was coming. Mrs. Turner recently received her 25-year pin as a Red Cross volunteer.

ho, ho, ho,

it's that time again



Congratulations

CONGRATULATIONS on your promotion to Lieutenant Junior Grade, Debra D. Bitting, Kathleen Eastman, Nancy Jo Ericksen, John D. Frusha, Judy J. Glenn, Kristine E. Jespersen, Sherryl L. Kinchla, Cody E. Kittel, Leslie D. Laughlin, Victoria M. Monroe, Susan Sdao, Judy K. Vian, Pamela S. Wareham, Alison L. Williams, Cristy L. Williams and Robert R. Young.



CONGRATULATIONS on your recent advancements.



HM2 DONALD J. KATZ reenlisted for six years and is now an OR student.



Born November 30, 1972, John Hartnett Lewis, 6 pound, 12½ ounce son of Jan and LCDR Stephen B. Lewis. December 3, Keri Lynn Brown, 9 pound, 5½ ounce daughter of Terri and HM2 John C. Brown. December 5, Angela Dawn Porch, 7 pound, 13 ounce daughter of Shirley and HN Michael J. Porch.

SPORTS

Scenes by the Sidelines

NHO WHITEWASHES NSC 121 to 39

Naval Hospital, in the varsity game of December 4, dealt Naval Supply Center, Oakland, one of their worst shellackings of the 1972 basketball season as they scored almost at will, with five hospital players scoring in double figures.

Ed Phillips of Lab led all scorers with 22 points on 11 field goals with Al Brown of ND following closely with 10 field goals and one free throw for 21 points.

Ed Kindred of Lab split the net for 16 points with Bob Ring and Tony Penn of Ortho and Security each garnering 14 points. Larry Shepard and Jack Bradford of Lab and PT, scored 8 each for the winners. Naval Hospital led at the half by a score of 53-18 as they dominated play from the opening tipoff.

BOX SCORE								
NHO 121 — NSC 39								
	FG	FT	TP			FG	FT	TP
Kindred	8	0	16	Maier		6	1	13
Shepard	4	0	8	Kopp		2	0	4
Simkins	3	0	6	Lee		0	0	0
Brown	10	1	21	Ramirez		3	2	8
Bradford	4	0	8	Gonzales		5	0	10
Ring	6	2	14	Walters		1	2	4
Culbertson	2	0	4					
Phillips	11	0	22			17	5	39
Northcutt	1	0	2					
Carroll	3	0	6					
Penn	7	0	14					

59 3 121
Fouled Out—None
Officials—Bainter, Gabriel
Scorekeeper—Odegaard

Wrestlers Are Wanted

The NHO Athletic Director, Ron Brown, is looking for wrestlers for the 12th Naval District meets. Today's meet is at 6 p.m. at Treasure Island. January's schedule follows:

- January 10—7:30 p.m.
Coast Guard
- January 17—7:30 p.m.
Moffett Field
- January 20—4:00 p.m.
Arcata
- January 20—9:00 p.m.
Eureka
- January 31—7:30 p.m.
Concord



AND STUFF

FOUR TEAMS TIED FOR FIRST

By Ron Brown

With the 1972-73 Intramural Basketball League going into its third week, Pharmacy, ENT, OR and NP have emerged with identical 2-0 records while Special Services records a 1-0. All other teams in the League have at least one loss, and in some cases two.

Pharmacy breezed by Al Wood's team by a final score of 51-34. Lou Peters led the scoring attack with 18 points on six field goals and six free throws on an assortment of timely shooting and key rebounding. Jerry Kolling and Woody Porter followed with eight and seven points.

Jack Bradford scored well for Al's MSC team as he pumped in 14 points on seven field goals; six of them coming in the second half.

Bob Pierce led ENT's attack with 17 points; 14 of them coming in the second half as ENT defeated GMO by a score of 52-33.

ENT led at half time 21-14. At one time in the game, the score was tied 25-25. Then ENT reeled off 14 straight unanswered points before GMO could get back on the score board.

John Gerwels aided ENT's cause with eight points. Jan Weisberg followed with seven markers. Bob Quinones did most of the scoring for GMO as he pumped in 18 points.

OR made it two in a row as they barely nosed out the Interns by a score of 40-39. With the score tied 39-39 and 20 seconds left in the game, the Interns were called for a foul which gave Ron Deutsch a chance to win the game for OR; and that he did as he sank the game-deciding point. Ron also led the game's scorers with 16 points on six field goals and four free throws. Mike Thoene led the Interns with three field goals and eight free throws. Incidentally, Mike hit eight for eight from the free throw line. Chris Martin also garnered eight points for the Interns.

Special Services and IC hooked up on one of the lowest scoring encounters of the season with Special Services emerging as 23-13 victors.

Mike Cabrell led all scorers in this game with 10 points on five field goals. Mike Smith followed with six markers. Louis Wood led IC with eight points.

In the remaining game of the week, NP dealt Anesthesia their second loss in as many games by a score of 32-27.

Al Brown scored 15 points for the winners with Kent Taylor splitting the net for nine points for Anesthesia.

STANDINGS

DECEMBER 14, 1972

Team	W	L	Pct
NP	3	0	1.000
ENT	2	0	1.000
Pharmacy	2	1	.667
Interns	2	1	.667
OR	2	1	.667
Special Services	1	1	.500
IC	1	2	.333
MSC	1	2	.333
Anesthesia	1	2	.333
Ortho	0	2	.000
GMO	0	3	.000

RESULTS OF GAMES PLAYED

DECEMBER 13, 1972

Team	Score	Team	Score
Anesthesia	46	Ortho	39
NP	62	Special Services	33
IC	30	OR	22
Interns	38	Pharmacy	37
MSC	45	GMO	29

High Scorer Each Game

Larry Cordell (Ortho)—14.
Al Brown (NP)—18.
Louis Wood (IC)—12.
Mike Thorne (Interns)—20.
Mike Drobot (MSC)—13.
No more Games until January 10, 1973

Bowling

In the Monday Night Women's League, after completion of the ninth week of play, the team comprised of Fran Diven, Marge Rowland and Rita Robuck lead the League with a record of 24 wins and 12 losses. Fran Diven is carrying high average with a 153. Gina Pulido has high game with a 191. High series is held by Linda Morrison at 510; high game handicap by Faye Frederick at 241 and high series handicap by Maria Montes at 611.

In the 12th ND Men's Bowling League, Bill Murphy leads the team with a 180 average in 13 games and Gary Bryan is second with a 169 average in 20 games. Below is the standings of the League through the eighth week of play.

Standings

No.	Name	W	L	Avg.	Pins
8	NAS LEMOORE	20	1	936	19671
4	MOFFETT FIELD	14	10	933	22404
1	TREASURE ISLAND	13	11	916	22005
7	MARE ISLAND	13	11	877	21060
5	NAS ALAMEDA	11	10	914	19194
2	SKAGGS ISLAND	11	13	867	20811
3	NAVHOSP OAKLAND	6	18	821	19717
6	HUNTERS POINT	5	19	792	19029

Meet Our Sailor Of The Month



SM2 Robert "Dusty" Rhodes, from Gettysburg, Pa., takes the Navy seriously. He has been Navy 9½ years, and is on his second reenlistment. He doesn't consider his work an avocation.

Dusty was selected Sailor of the Month for November against very stiff competition. He has an outstanding performance record as Security Dispatcher and Barracks Master-at-Arms, and was directly responsible for increased efficiency in the Security Division and for bringing the Enlisted barracks to a highly acceptable level of appearance, cleanliness and maintenance. He is our first General Service rating staff member to be selected as Sailor of the Month.

Since being in the Navy, Rhodes has had a variety of duties and they have taken him from the North Atlantic to the West Pacific. "Name it," he says, "and I've been there"—Hong Kong; Yokosuka, Japan; Cannes, France; Ireland. Although a favorite duty spot is Subic Bay because of the "good liberty" there, he has several favorite people in Ireland, and chose for himself an Irish colleen named Mary—brown hair and brown eyes—from Londonderry. Their child, Glenn, is age two.



SHAKING HANDS with President Harry S Truman was one of the highlights of the trip for amputees who demonstrated their artificial limbs in Washington in May 1950. In the group visiting the White House were PFC Edward Mitchell, CPL Frank Whorley, SGT John Martin, PFC Kenneth McGuire and Charles Asbelle.



THE GOOD BOYS AND GIRLS in the Internal Medicine Clinic had a visit from Mr. and Mrs. Santa Claus on December 7. With carols floating down the bedecked hallways, and doctors, nurses, corpsmen and civilians sharing a catered luncheon, the Clauses—otherwise known as HNs Jay Colis and Andrea Bundas—passed out gifts to all.

Christmas Eve Pulpit Exchange

During the Protestant carols and candlelight service on December 24, at 7:30 p.m., the senior Catholic Chaplain, William Underhill, will give the Christmas meditation. Also featured will be carol singing and special music "Gesu Bambino" sung by Sally Schneider, "Virgin's Lullaby" sung by Cathy Culbertson Wheat, and "Virgin's Slumber Song" sung by Roy Culbertson. Mrs. Olivia Dunn will preside at the organ. During the Catholic Christmas Eve Mass (9:00 p.m.) the senior Protestant Chaplain, Ralph Caldwell, will give the homily. There will be an ecumenical coffee fellowship by the two congregations between the scheduled services.

Don't spend all your time on-the-job on the safety program and then lose it to off-the-job carelessness.

Operation MEDIHC Can Open Doors

Military Experience Directed Into Health Careers (MEDIHC) is a program conducted by the Department of Public Health in cooperation with the U.S. Public Health Service.

By completing a simple registration form which outlines military-medical experience and future plans and aspirations, Hospital Corps personnel will be placed in contact with a potential employer in order to continue their health career development in civilian life. MEDIHC has placed Hospital Corps personnel of this command with employers in health careers. There are no fees for counseling and placement services.

Interested personnel may obtain MEDIHC registration forms and further information through the TRANSITION Office, building 105, ext. 2238.

Send Your Copy of THE OAK LEAF HOME!

Place
Stamp
Here

From _____

To _____

(Fold twice and staple.)

NEW YEAR'S PARTY SET FOR ENLISTED

Once again, New Year's, a traditional time of celebration for the end of the old and the beginning of the new, is here. The new EM Club Advisory Group and Enlisted Recreation Committee announces the traditional New Year's party at the EM Club, but as part of the "new" it's making plans for more interesting activities for the enlisted men and women of the hospital staff for the coming year. Back to the traditional...

The party, starting December 31 at 6:30 p.m. until 2:00 a.m. promises to be exciting. From 8:30 p.m. to 12:30 a.m. drinks will be provided at no charge, with only the restriction that they not be call

drinks. From 6:30 p.m. 'til 8:30 p.m. and from 12:30 a.m. 'til 1:30 a.m. (last call) drinks will be served at Happy Hour prices.

The band, "The Happy Medium," new to the command, will play beginning at 8:00 p.m. They play a little of everything and encourage requests.

Food, "munchies" and sandwich setups will be available in the bar area during the evening.

The party is limited to an enlisted staff member and ONE guest. Bring your ID's as they will be checked against the staff listing. Let's keep this as our party and have fun!

See you then!

Plan what you would do if fire should break out in your building. Do you know how to use the nearest fire extinguisher? Do you know where the nearest call box is?

A Veterans Administration publication reveals that nearly three million veterans and servicemen have trained under the current G.I. Bill since June 1966.

A Very Merry Christmas To You All!

THE PHOTOGRAPHER rushed up to Pediatrics Ward, 7th Floor, thinking he was going to see a child holding a dog. He found a dog holding not one but several children—big and little. There was baby Kathy Marr, also blonde Dana Smith, bigger Bonnie Pratt, with Charge Nurse Virginia Willis and HM3 Michael Summit, Senior Corpsman, cuddling up to the huge dog given Naval Hospital by MERVYN'S of San Lorenzo.

Photoby

Steven L.

Spring, HM1





I RESOLVE, This Year 1973 To Be a Better American

... So I must understand

WHAT IS AN AMERICAN?

By: CAPT Arthur L. Barnes, USAF

If one can look at America's tall, snow capped mountains and realize that she is beautiful,

and

See her miles upon miles of waving fields of grain and realize that she is fruitful,

and

Watch her mighty rivers flowing to the sea and realize that she is powerful,

then

HE IS AN AMERICAN

If one can look at America's vast, dry wilderness and know that she is harsh,

and

Walk through her lush, green forests and know that she is wild,

and

Observe her soggy, damp swamps and know that she is full of adventure,

then

HE IS AN AMERICAN

If one can gaze at America's towering skyscrapers and know that she is progressive,

and

Watch her men walking on the moon and know that she is constantly seeking knowledge,

and

Watch machines probing into her abundant natural resources beneath the earth and know that she is rich,

then

HE IS AN AMERICAN

If one stands a little taller when he hears her National Anthem,

and

Senses a thrill when he sees her flag waving in the gentle breeze,

and

Realizes her freedom when he watches her great bald eagles winging silently in space,

then

HE IS AN AMERICAN

If one can be proud when she is faithful,

and

Hurt when she has been wronged,

and

Fearful when she is restless and violent,

then

HE IS AN AMERICAN

If one can read her history and realize that she is not perfect,

and

Look upon her many races of people and cultures and see only one,

and

Attend one of her numerous religions and know that she is devout,

then

HE IS AN AMERICAN

If one is willing to speak in her behalf when she has been criticized,

and

Willing to fight for her when she has been threatened,

and

Willing to die for her if she calls him to her aid,

then

HE IS AN AMERICAN

If one can dream impossible dreams and know that America Dreams also,

and

Hope with all one's heart for a better and more perfect tomorrow and realize that she is trying with all her might,

and

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 34, No. 27

Friday, December 29, 1972

Have faith in her when she fails but turns to try again,
then

HE IS AN AMERICAN

If one can watch her long, straight lines of men in uniform and know that she is strong,

and

Watch her gather the world's needy to her bosom and know that she is compassionate,

and

Observe her courts in process and know that she is just,
then

HE IS AN AMERICAN

If one can speak one's thoughts without fear of punishment,

and

Write one's ideas for the whole world to read,

and

Simply be allowed to be one's self without fear of criticism from others,
then

HE IS AN AMERICAN

If one can sing when America sings

and

Shout when she shouts,

and

Laugh when she laughs,

and

Pray when she prays,

and

Struggle when she struggles,

and

Cry when she cries,
then

then

HE IS AN AMERICAN

Ye Olde

NEW YEAR'S

Driver's Pledge

- I. The good driver keepeth his car in safe condition.
- II. He driveth only when sober, and never to great weariness.
- III. His mind doth not wander, for safe driving keepeth a man busy.
- IV. He keepeth always to the speed which giveth perfect control.
- V. He passeth intersections and grade crossings with care.
- VI. He obeyeth the law of the land, knowing obedience may increase his years.
- VII. For the hazards of driving in the night, he maketh allowance.
- VIII. Though his soul be tired, the good driver remembereth that courtesy is the first law of self-preservation.
- IX. When he goeth on foot, the good driver remembereth the Golden Rule.
- X. DRIVETH SAFELY!

The Oak Leaf

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

RADM R. E. Faucett, MC, USN, Commanding Officer
CAPT Nicholas P. Kitrinos, MC, USN, Executive Officer
CAPT Edwin B. Miller, MSC, USN, Administrative Officer
Editor: Jo Spivey

Photography: HM1 Steven L. Spring, HM3 T. J. Town, HN R. L. Juschka
HN M. G. Johnson

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THE OAK LEAF receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of THE OAK LEAF, Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

The following poem by a 10 year old boy was included in his family's Christmas letter:

"I got two sisters older than me
And they pinch and they hit when I try to get free.
We got two babies who pull my hair.
I'd like to bop 'em but I don't dare.
Still, we got something sort of above—
We yell and we fight, but we sure got Love."

The holiday season seems to bring out the best in most people. We suddenly become more tolerant of the people who dart in front of us on the freeway; of those who shove and push in the crowded stores; of the neighbors who allow their dogs to dig in our flower bed. It is a time when even nations are somehow able to lay down the weapons of war in order that the angelic proclamation might be heralded once again for Christians throughout the world; when the terrifying noise of bombs and gunfire give way to a kind of mystical quietness and hope.

What makes this possible? Is it just a horizontal relationship between man? I believe not. Rather I am convinced that it is born out of a vertical relationship that begins with God's gift of love to us through the person of Jesus Christ, and then is extended to the expressions of our love for one another. Jesus Himself said, "This is my commandment, That you love one another, as I have loved you." The ten year old said, "Still, we got something sort of above—we yell and we fight, but we sure got Love."

May this spirit of love and giving continue beyond the holiday season to become a hope and reality in 1973.

LCDR J. R. PERDEW, CHC, USN

MWOY Might Be Your Neighbor

Since 1965 there has been a global search for Military Wife of the Year. The program honors the woman whose contributions to humanity best typify those made by all the wives of American servicemen throughout the world. The nominee must be very active in the civilian community with programs fostering people-to-people relationships. She must also be able to articulate her story and that of the military community before large audiences.

Is she your neighbor? Your wife?

Will the MWOY for 1973 be Navy? The 1972 choice was the wife of a Coast Guard Chief Warrant Officer. Finalists and their husbands will be flown to Washington to participate in a week of festivities culminating in a gala banquet at which Art Linkletter will present the awards, and to the top winner will go an all-expense-paid personal appearance tour to military bases and major cities across the U.S.A.

Enter your nominee now! Today! Check with Special Services for entry forms.



ARITHMETICALLY SPEAKING, 310 years of government service were represented in the awarding of Length of Service Awards on December 18, 1972.

30 Years of Service: Philip Harkov, Orthopedic Service; Gertrude Smith, Patient Affairs; Charles Asbelle, Orthopedic Service; Eugene Parrish, Food



Service; Benjamin Nelson, Public Works; Jerry Collins, and Willie Drew (not pictured), Food Service.

20 Years of Service: Lawrence Busby, CIC; George Perry, Food Service; Earlene Brown, Fiscal and Supply; George Brice, Operating Services; Leonard Wilford, Operating Services.

EXEC-LINE

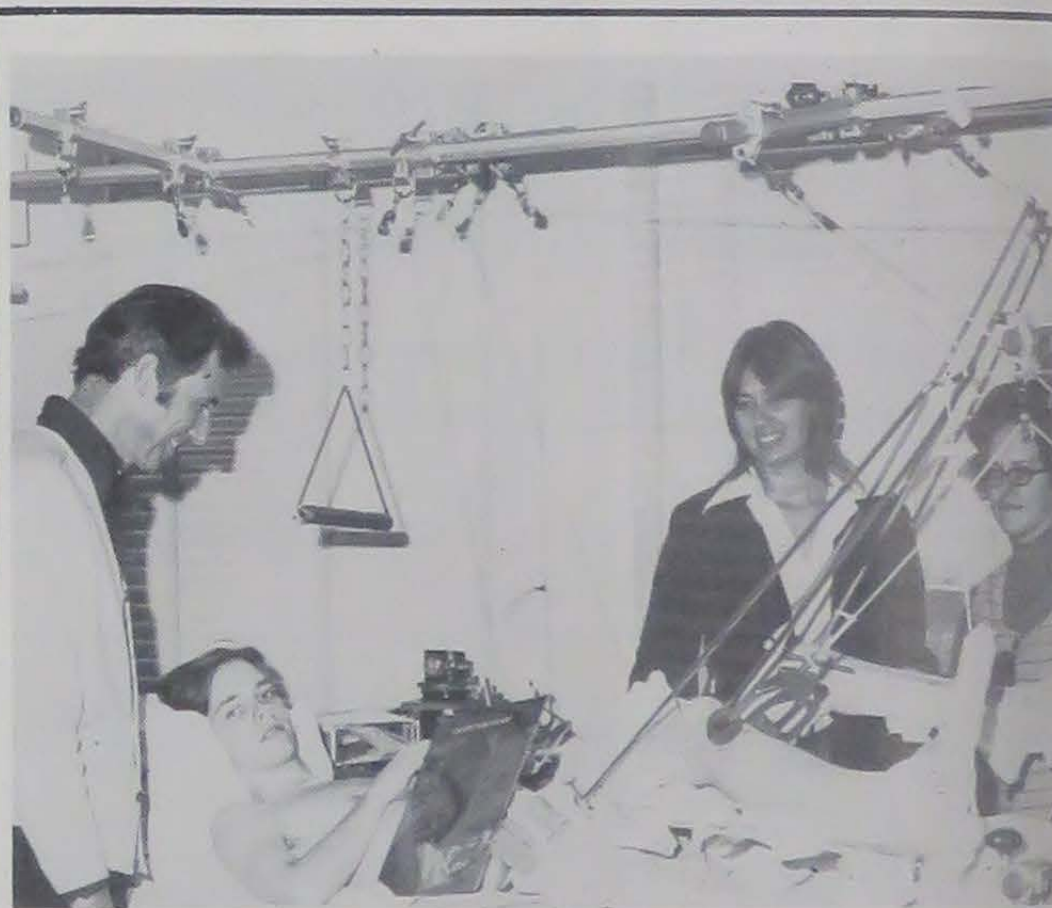
* Why do prices at our exchange differ so much from those at other exchanges, especially Alameda's? It is expensive and an inconvenience to travel to Alameda to use commissary privileges. Even within our own compound, the price of beer differs at the Beverage Shop and the Package Store.

Naval Hospital Exchange is a branch of the Alameda Exchange and prices on all retail merchandise are established there. Unless merchandise is marked down for reasons of being slow in moving or damaged—which determination is made by the Store Manager—there should be no variation in prices.

The Package Store and Beverage Shop, however, are operated under different managements with some differences in guidelines.

Is it possible for the Small Stores (1st floor, building 500) to be open on paydays?

The Officer in charge of the Small Stores (CDR Carberry, Treasure Island) informs us that when paydays fall on Fridays, as has happened twice recently, coverage cannot be provided because of personnel shortages. The outlet for convenience items is now kept open on a 10 hour, 4 days a week basis and there are not enough employees to permit rotating shifts when paydays fluctuate.



MGM RECORDS of top recording stars were handed out by representatives of Ben Scotti, Vice President of that Hollywood company. Tom Testerman was one of more than 75 patients who received the music-to-get-well-by. His mother, far right, shared the occasion.

Mud, dust, snow, and even ice can obscure your headlights. Make sure they are clean before you drive.

Navy Relief Training Is Offered

Learn about allotments, pay scales, benefits available to dependents of servicemen, Navy Relief activities and other useful information concerning Navy Life—and you might desire to be a volunteer for Navy Relief.

Taking the Navy Relief training course, which will be offered at Naval Hospital, (Chapel Annex, building 133), will qualify you to become a volunteer, but will not obligate you. The course is open to all Navy and Marine Corps wives. Classes are from 9 a.m. to noon on the following dates:

Monday	January 8
Wednesday	January 10
Friday	January 12
Monday	January 15
Wednesday	January 17

Contact Sandy Ollenburg if you have questions. Phone 632-0921.

A Challenge?

Each year the Secretary of the Navy may appoint 85 enlisted men from the regular Navy and Marine Corps, and 85 enlisted men from the Navy or Marine Corps Reserves (active and inactive) to the Naval Academy. If you are interested in a chance to obtain a Bachelor of Science degree in one of 26 majors offered, and a commission in the Regular Navy or Marine Corps, and meet the general qualifications outlined below, see your Career Counselor at the Education and Training Office, building 105.

GCT ARI of 120 or higher.
Age: 17 and not have passed 22nd birthday on 1 July 1973.
Never married
Acceptable college board or ACT scores
Good scholastic record
Excellent physical condition
Member of the naval service since 1 July 1972.

Matthews Joins Oral Surgery Staff



Under a new Department of Defense program with the British Armed Forces, Squadron Leader David O. Matthews of the Royal Air Force has recently been assigned to the Dental Service of the Naval Hospital, Oakland. By a selection process in the Department of Defense, Commander Peter Connole from the dental service staff at Oakland was selected to represent the U.S. Armed Forces oral surgeons on a two-year exchange arrangement. Commander Connole and family left Oakland on October 1 and now are stationed at Royal Air Force Hospital, Ely, Cambridgeshire, England. Squadron Leader and Mrs. Matthews arrived in Oakland on October 21.

Dr. Matthews was educated at a Quaker boarding school situated not far from the hospital where



YOU KNOW THE YOUNG MAN on the left as a doctor at NHO who was recently promoted to Captain. He comes from a long line of Navy forebears. He is shown above with his father, a Medical Corps officer during World War II. Who is it? (See "Tired Guessing" on page 5.)

Commander Connole is now assigned. He attended London University and qualified in Pharmacy; after a period of research and then National Service in the Royal Air Force, he entered the Guy's Hospital, London and studied dental surgery, during which time he was sponsored by the RAF. He has now served a total of 14 years with the Royal Air Force. Two years ago, he gained the Fellowship of the Royal College of Surgeons of England, in Dental Surgery. His duty stations have included several RAF hospitals in England, including Ely, and abroad. He has served in Germany and the Persian Gulf.

Mrs. Matthews attended the same boarding school and then qualified from the Royal Academy of Music in London as a violinist. When her two children were not demanding most of her time, she taught music in several English schools.

The two Matthews children—Stephen, aged 14, and Jennie, 13, are continuing the family tradition by attending the same boarding school as their parents. They will be flying to Oakland about 3 times each year, to spend their main school holidays here—something that makes them the envy of all their school friends.

Hail & Farewell

ENLISTED REPORTING
From Naval Hosp Corps School, San Diego.
HAS Kenneth Johnson, Alfonso Pardo, Jr., Terry Dunford, Gregory Bennick, Victor Bailey and HM3 Donald Browning

ENLISTED DETACHED
To Nav Hosp National Naval Medical Center, Bethesda, Md., HM2 William Stone, Jr., Camp Pendleton, Ca., HA John Ingram, Third Marine Div FMFPAC HP, Okinawa, HAS Douglas Herschbach and James Hamilton, III, HN Thomas Brush, USS BLUEBACK SS 581, HM1 Hugh Wheat, Nav Hosp Philadelphia, Pa., HN James Staker. Released to inactive duty in Nav Res., HM3 Terrence Bethel

Don't worry about dying like a man; worry about living like one.

Friday, December 29, 1972

THE OAK LEAF

Page Three

Movie Schedule

December 29
THE SALZBURG CONNECTION—Barry Newman, Anna Karina—Suspense Drama (PG)

December 30
WHOEVER SLEW AUNTIE ROO—Shelley Winters, Mark Lester—Suspense Drama (PG)
Clinical Assembly—Building 500
7:00 p.m.

December 31
No Movie—Closed for New Year's Eve
January 1
No Movie—Closed for New Year's Day
January 2
THE DIRTY HEROES—Frederick Stafford, Daniela Bianchi—Drama (G)

January 3
STRANGE VENGEANCE OF ROSALIE—Bonnie Bedelia, Ken Howard—Horror (PG)
January 4
WITHOUT APPARENT MOTIVE—Jean Louis Trintignant, Dominique Sands—Mystery Drama (PG)

January 5
JUNIOR BONNER—Robert Preston, Steve McQueen—Drama (PG)

January 6
THE TOUCH—Elliott Gould, Bibi Anderson—Drama (R)

January 7
BROTHER JOHN—Sidney Poitier, Will Geer—Drama (PG)

January 8
WHERE DOES IT HURT—Peter Sellers, Jo Ann Pflug—Comedy (R)

January 9
THE FRENCH CONNECTION—Gene Hackman, Fernando Rey—Crime Drama (R)

January 10
THE MECHANIC—Charles Bronson, Jan Michael Vincent—Drama (PG)

January 11
WHAT BECAME OF JACK AND JILL—Vanessa Howard, Mona Washbourne—Drama (PG)

Again, It Is Time To Save For Christmas



You know how fast this Christmas rolled around, and didn't you wish you had started right after Christmas last year stashing money into the old sock?

A better way is to deposit it for interest at your Credit Union (CU). Last year they paid 6 percent compounded semi-annually, and that percent on \$100 could mean another gift at no extra cost.

The Alameda Coast Guard Federal Credit Union serves members of the U.S. Armed Forces, active or retired, and their dependents, and civilian and Nonappropriated Fund employees of NHO. Dividends are paid on shares; life insurance is provided on shares; automobile and education loans are available.

Peggy Griffin, your NH CU representative, is available Monday through Friday, from 10:30 a.m. to 1:30 p.m., in building 101, to provide fuller information and service. Her telephone number is 568-4421. Drop in sometime and pick up one of the explanatory brochures.

GOOD WISHES FOLLOW

DR. PREEYANONT



"A safe return to your homeland," is the wish NHO extended to Dr. Panya Preeyanont as he departed for Bangkok, Thailand (the G. T. Bangson Dusit (District)).

CDR Panya Preeyanont of the Royal Thailand Navy arrived at Naval Hospital Oakland on June 26 for 26 weeks of medical observership in General Surgery. It was not easy to leave his wife Sinthra and his three teenage children and come alone to our country. But Dr. Panya, as he is called by most friends, feels that the new techniques and methods he has learned while here will be most worthwhile as he returns to his people.

Dr. Panya came to us under a bilateral agreement with our government, which established a military assistance program with Thailand. Before coming here, Dr. Panya had seen service with two naval hospitals, one at Bangkok and the other at Choburi. There he was performing some 300 to 400 operations a year—hardly with the equipment with which he found NHO endowed.

Dr. Panya wears the 2d Class Crown Award and the 3rd Class White Elephant Award, which are the King's awards to military and civilian officers who are outstanding in the medical field. He also wore a decoration for 18 months service in Vietnam.

The Commander's wife became ill shortly after his arrival in this country and close friends have been caring for her. Because of his wife's health, Dr. Panya departed a few days early. Our further wish for him: "May 1973 be a healthy and prosperous year for you and your family."

Give Life. . .

One To Another

On Monday, January 8, 1973, Irwin Memorial Blood Bank will conduct a blood donor drive in the main laboratory of the Naval Hospital. The drive will run from 9:30 a.m. to 3:00 p.m. To reduce waiting time, appointments may be made by calling ext. 2283.

In this season of brotherly love, give the gift that only one human can give to another, donate a unit of your blood. Civilian and military personnel eligible.

There Were Gala Times All Over NHO



HUGGING SANTA was easy for Paul Mason, one of 21 guested patients who had just received a gift from Mr. HO Ho Ho with a crisp five bucks tucked inside. John McKenna and his wife, from VFW Post 7636, Hayward, played host and hostess to the group at the party given at the CPO Club by the Military Order of

the Louse, Fuzzy Wuzzy Hut No. 3. Keith Pettingill laughs it up with Santa, but 'tis not certain whether Richard Ray was merely holding his stomach after having a good laugh or after just finishing a prime rib dinner—all part of the evening's program.

The Spirit of Christmas will linger on into the New Year with the many warm memories of shared thoughtfulness. The Daughters of the American Revolution—the Peralta Chapter of Hayward and the Santa Clara Chapter of San Jose—were very generous with gifts. Many gifts were brought aboard by kind-hearted and thoughtful individuals caught up in the cheerfulness of the Yuletide.

FOUR HUNDRED AND FIFTY SACKS of Christmas cookies were passed out to NHO's patients on behalf of "Operation Cookie." For over 6 years "Operation Cookie" of Grass Valley, Ca., has been providing this annual contribution.



NAVY MOTHER'S CLUB No. 13 sent reps bearing gifts of fruit, candy, magazines and 22 lap robes made by loving hands. This one, covering the lap of Tom Thompson, is the old fashioned patchwork gone mod under the new ecological craze. Mrs. Donna Beard and Mrs. Emil Hanson made the presentation to Tom and others.



PACIFIC TELEPHONE COMPANY of Berkeley distributed cookies and homemade candy to the patients during the Happy Holiday season. David Scott is ready to satisfy his sweet tooth.



We Told You So!

Just as good, or better, than we told you it would be! The Christmas Show at Naval Hospital (paid for through the Veteran Hospitals' Christmas Committee funds) was a good show, featuring many enjoyable acts.

We are now acquainted with The Wheelers and will say, "Hello, Frank," as he told us, but we must say more too: That Frank's "mother" and "grandmother" are equally great on the marimbas and when it comes to operating those marionettes, wham-bang, the three puppets quickly become real personalities. Same goes for Glenn Haywood's dummy. But that dummy is really no dummy! One with so much personality shouldn't have to spend time in a suitcase ever. No wonder he screamed!

The Kobelt sisters came on as "two living dolls" to gain our admiration as they flipped so skillfully to the rhythm of the swinging rope—even on our small stage. The Lancers Four were heartily applauded for their songs. They gave forth quite generously with encores, some being in acknowledgment of the late TV advertisements we've been hearing. Then their bass singer Corky Linwood gave us "Ole' Man River" as an encore. Ah, great!

As the entertainers finished their acts in the Clinical Assembly they took off for the wards. Sabak gave our own Andrew Todd a few pointers on the artmanship of her dance. After finishing a tour of the 7th Floor and dressing to go home, she learned that patients, corpsmen and others had gathered on the 6th Floor awaiting her, so she passed up her ride to linger and entertain an extra hour.

Most of the corpsmen would vow the principal enjoyment of the evening was granted John Monday—he got to escort Sabak home.



"YOU MUST BE PUTTING ME ON!" the Special Services coordinator said when the voice on the telephone told him that Vida Blue would like to stop by (enroute to his home in Louisiana for the holidays) and say "Howdy" to NHO's patients. Vida Blue did make the hospital rounds to talk with the patients, and Tito Andrade was able to rap and dap.

HAPPY

NEW

YEAR!

HAPPY

NEW

YEAR!

Who's Been Doing What . . .



LCDR JAN BOSSART, MC, USN, received the Navy Commendation Medal for professional service on the USS HANCOCK. Dr. Bossart is a member of Surgical Service.



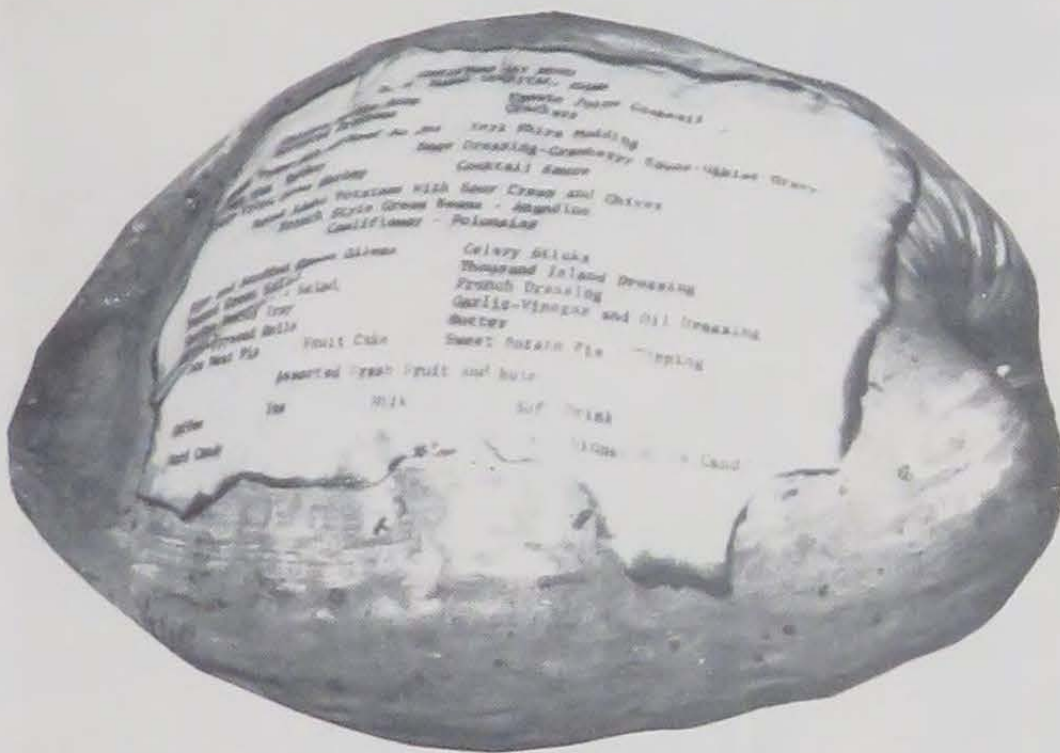
TIRED GUESSING? The youth shown with his father on page 3 is Captain George S. Martin, Jr., MC, USN, who is Chief of Neurosurgery.



HM2 DAVID KENNEDY, third from right, received a Letter of Appreciation for his superior ability in applying the principles of good psychiatric and neurological nursing care as senior corpsman on Ward 5-West. Sharing the moment of recognition are CAPT. R. W. Steyn, Chief of Neuropsychiatry, HM1 B. Carson, NPTS instructor, HM2 H. Gerlt, NPMAA, CDR M. M. Ferguson, NP Nursing Supervisor, and ENS L. S. Watts, Administrative Assistant. HM2 Kennedy initiated the current recreation program for the neuropsychiatric patients.



AIRLINE STEWARDESSES give Larry Scaglione a lift. These three from PSA (Pacific Southwest Airlines), along with smiles, had candy canes and stacks of records to pass out; and three guitars for the patients to use. One lucky patient, who was trying to get to San Diego for Christmas, had a "Courtesy PSA" trip handed to him.



THIS IS NO FOOTBALL. However popular that game might be around the New Year season, let there be no doubt about it, this is a coconut carrying the Christmas menu from the U.S. Naval Hospital, Guam.



IT IS FOUR MORE YEARS for HM1 Enrique C. Resultan, Jr. He works in X-Ray and has had over 11 years active service. His wife, Esperanza, stands at his side.

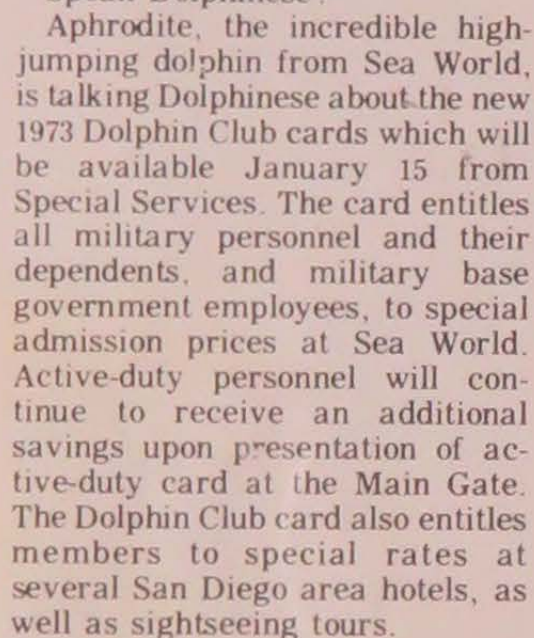


WHO WOULD BELIEVE—Kite flying in wintertime? Happened right here in December 1972, our coldest winter in 32 years.

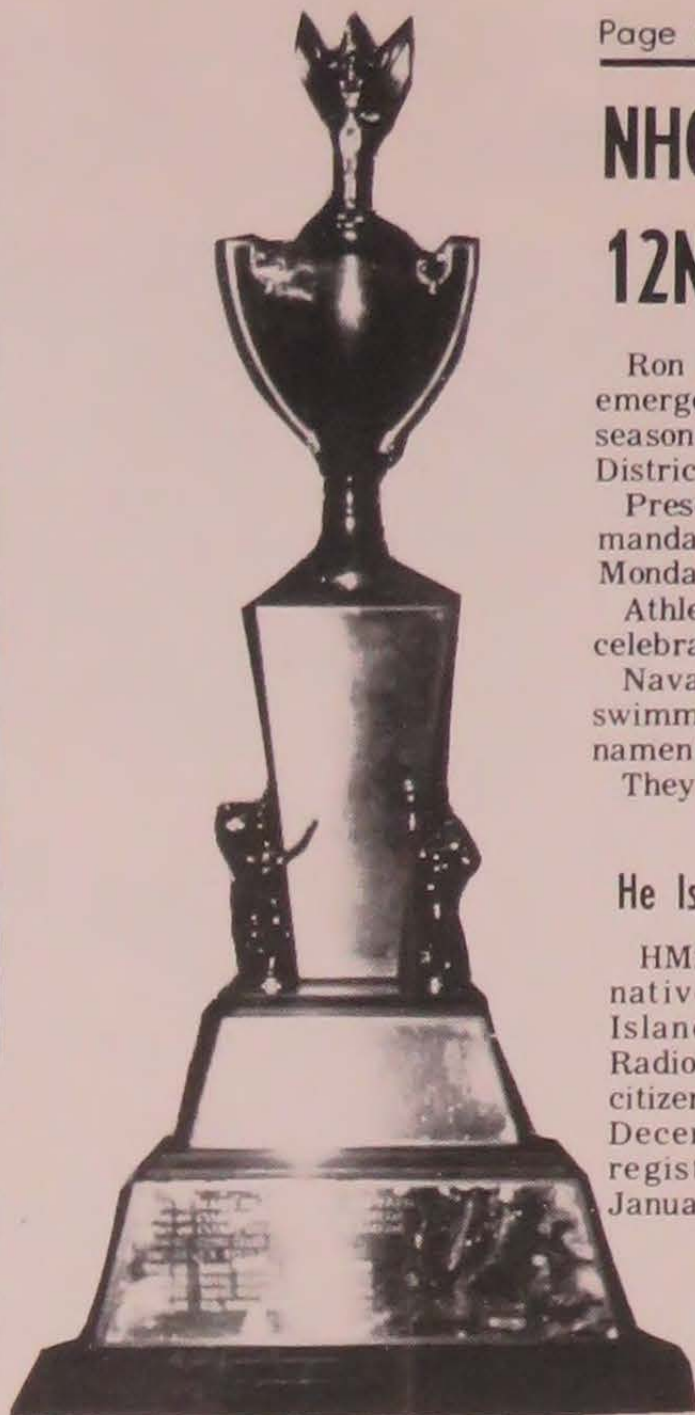
Americans generally take good care of their cars, and they keep pedestrians in good running order, too.



WESTERN ELECTRIC COMPANY of San Leandro sent a host of people bearing gifts and goodwill. Santa's helpers brought games, records, magazines, candies, goodies and all sorts of gifts. Al White is the Santa, and has organized this annual project for over 6 years.



Dr NORIO FUJIKI
KYOTO PREFECTURAL
U.O.F MEDICINE JAPAN



You and those like you did it!

They garnered a second in table tennis, and a third in basketball

HM2 Rolando T. Farinas, a native of the Philippine Islands, who works in Radiology Service, became a citizen of the United States on December 19, 1972. No registration for him on January 1!

Born on December 12, 1972, Shawn Michael Willcutt, 8 pound, 12 ounce son of Lana Kay and HN Michael A. Willcutt. December 14, 1972, Richard Julius Yuhas, 9 pound son of Alberta Clareen and HM 2 Ralph J Yuhas. December 15, 1972, Jason Clinton Tompkins, 7 pound, 12 ounce son of Barbara and LT Charles A Tompkins, Jr.

JUST ARRIVED

DEPENDENTS

PATIENT DATA		SERVICE MEMBER DATA	
1. NAME (Last, First, Middle Initial) SMITH, RICHARD E.	2. DATE OF BIRTH MAY 26, 1960	3. NAME OF SPONSOR (Last, First, Middle Initial) SMITH, PETER O.	
4. ADDRESS (Include Zip Code) 32 E. MAIN ST. STATE COLLEGE, PA 16801		5. SERVICE NUMBER OR SOCIAL SECURITY NUMBER (See instructions) 283-30-0951	6. GRADE SSG (E-6)
7. PATIENT IS X (Check one) <input type="checkbox"/> (1) SPOUSE <input type="checkbox"/> (2) DAUGHTER <input checked="" type="checkbox"/> (3) SON <input type="checkbox"/> (4) RETIREE		8. ORGANIZATION AND DUTY STATION (Home Port for Ships) (Address for Rations) 1ST USA ROTC INSTA GR PENH STATE, STATE COLLEGE, PA 16801	
9. IDENTIFICATION CARD (DD Form 1173, DD Form 3 or PHS Form (SAM-3)) AC ID U16,352A	EFFECTIVE DATE MAY 26 1960 EXPIRATION DATE MAY 25 1976	10. SPONSOR'S OR RETIREE'S BRANCH OF SERVICE <input checked="" type="checkbox"/> (1) USA <input type="checkbox"/> (2) USAF <input type="checkbox"/> (3) USMC <input type="checkbox"/> (4) USN <input type="checkbox"/> (5) USCG <input type="checkbox"/> (6) USPHS <input type="checkbox"/> (7) ESSA	
11. BASIS FOR CARE - ACTIVE DUTY DEPENDENTS ONLY (Check One) <input type="checkbox"/> RESIDING APART FROM SPOUSER <input type="checkbox"/> RESIDING WITH SPOUSER <input type="checkbox"/> IN OUTPATIENT <input type="checkbox"/> IN OTHER (Specify during over 30 days from medical attending facility) RESIDING WITH SPOUSER		12. STATUS <input checked="" type="checkbox"/> (1) ACTIVE DUTY <input type="checkbox"/> (2) RETIRED <input type="checkbox"/> (3) DECEASED	
<p>I certify to the best of my knowledge and belief the above information in Section 1 is correct. To the extent that I have authority, do so I hereby authorize the release of medical records in this case to both the contractor and the Government.</p> <p>If a RETIRED MEMBER or dependent of a retired or deceased member, I certify that to the best of my knowledge and belief, I am not (the patient is not) enrolled (neither is sponsor) in any other insurance, medical service, or health plan provided by or through employment.</p> <p>(the patient is) enrolled (so is sponsor) in another insurance, medical service, or health plan provided by or through employment, however the particular benefit(s) claimed on this form are not payable under the other plan.</p>			
SMITH (or type)		FATHER (Relationship to Patient)	
12 JAN 72 Date		Peter O. Smith Signature	

Don't forget
to Sign!

Peter O. Smith
Signature

5. IDENTIFICATION CARD (DD Form 1173, DD Form 2 or PHS Form 1886-3)

CARD NO. EU 18,352 A

EFFECTIVE DATE	MONTH	DAY	YEAR
	<u>MAY</u>	<u>26</u>	<u>1960</u>
EXPIRATION DATE	<u>MAY</u>	<u>25</u>	<u>1976</u>

6. BASIS FOR CARE - ACTIVE DUTY DEPENDENTS ONLY (Check One)

☐ (1) RESIDING APART FROM SPONSOR ☐ (2) RESIDING WITH SPONSOR DD FORM 1251 ATTACHED ☐ (3) OUTPATIENT

☒ (4) OTHER (Specify) Living over 30 miles from nearest military facility

Only dependents
of active duty
complete Item 6.

SAMPLE
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